



CATHEDRAL OF THE BLESSED SACRAMENT

Stewards of God's Gifts

June 28, 2026 Thirteenth Week in Ordinary Time

ANNIVERSARY OF THE DEDICATION OF THE CATHEDRAL OF THE BLESSED SACRAMENT

Welcome!

MASS SCHEDULE

Sunday | Domingo

English: 8:00 am, 10:00 am*, 4:00 pm

Español: 12:00 pm*, 6:00 pm

Chinese: 2:00 pm*

*livestream available.

(No livestream in July.)

Daily Masses

Monday - Friday | Lunes - Viernes

12:10 pm

Adoration | Adoracion

Wednesday & Thursday

Miercoles y Jueves

11:00 pm - 4:00 pm

(hours subject to change if needed.)

Reconciliation | Reconciliacion

Monday - Friday | Lunes - Viernes

11:30 am - 12:00 pm

Saturday | Sabado

4:00 pm - 5:00 pm

Cathedral Hours

Monday - Thursday | Lunes - Jueves

10:00 am - 4:00 pm

(hours subject to change if needed.)

Office Hours

Monday - Thursday | Lunes - Jueves

9:00 am - Noon & 1:00 pm - 4:00 pm



CONNECT WITH US!



If you'd like something in the bulletin or website, email

communication@cathedralsac.org

Office and Church will be closed Friday, July 3 for Independence Day.

1019 11th Street
Sacramento, CA 95814

916-444-3071

Blessed@cathedralsacramento.org
www.CathedralSacramento.org

02 • DISCOVER, PRAY, GATHER

REMEMBER
in your prayers

- | | |
|------------|-----------------|
| Krystal | Jessie D. |
| Ryan M. | Susan R. |
| Kathryn S. | Carole D. (RIP) |
| Anne R. | Valerie |
| Ben | Monica |
| Tiffany | Larry |
| Ray R. | Maria A. |
| Elizabeth | Imelda C. |
| James | Janet B. |



Cathedral Prayer Chain

Prayer.chain.sacramento@gmail.com

Today

DONUT SUNDAY

June 28, join the **Order of Christian Initiation of Adults (OCIA)** after the 8am and 10am Masses for a donut and coffee mixer in the Lower Level.

DOMINGO DE DONAS

El 28 de juni, únete al **La Orden de Iniciación Cristiana de Adultos (OCIA)** después de las misas de las 8am y 10am para disfrutar de un café con donas en el nivel inferior.



KEEP THE FLAME ALIVE
with Father O'Reilly

Wednesdays, 7:00pm via Zoom
Contact Donna: flamealive22@gmail.com

MANTENGA LA LLAMA
Con Padre O'Reilly

Miércoles, 7:00pm vía Zoom
Contacto con Donna:
flamealive22@gmail.com



RECONCILIATION

Monday - Friday
11:30 am - 12:00 pm
Saturday 4:00 pm - 5:00 pm

RECONCILIACIÓN

Lunes - Viernes
11:30 am to 12:00 pm
Sábado 4:00 pm to 5:00 pm

ADORATION

Wednesday & Thursday
1:00 pm - 4:00 pm
(hours subject to change if needed)

ADORACIÓN

Miercoles y Jueves
1:00pm - 4:00 pm
(horario sujeto a cambios si es necesario)



THE HOLY ROSARY

1st and 3rd Wednesdays 6pm
St. Josephine Bakhita Room, lower level.
praytherosarywithus@yahoo.com

EL SANTO ROSARIO

1er y 3er miércoles, 6:00 pm
Aula St. Josephine Bakhita, nivel inferior.
praytherosarywithus@yahoo.com

HOLY HOUR OF REPARATION

Friday, August 7 — First Friday of each month immediately following the 12:10 Mass in the Blessed Sacrament Chapel.

HORA SANTA DE LA REPARACIÓN

Viernes, 7 de agosto — Primer viernes de cada mes inmediatamente después de la Misa de las 12:10 en la Capilla del Santísimo Sacramento.

Complimentary Sunday
Cathedral Docent Tours

English at 9 am & 11 am and Spanish at 1 pm
English at 5 pm, 2nd and 4th Sundays.
Chinese at 3pm, 4th Sunday
Meet at the Baptismal font.

Docents share how our beautiful and important works of art symbolically express spiritual beliefs intrinsic to our Catholic Faith.

VISITAS GRATUITAS POR LA CATEDRAL
CON DOCENTES LOS DOMINGOS

En español a la 1pm; inglés a las 9am y a las 11am.
Inglés a las 5pm, 2º y 4º domingos
Chino a las 3 pm, 4º domingo
Encontrarse cerca de la fuente bautismal. Los docentes comparten cómo nuestras bellas e importantes obras de arte expresan simbólicamente las creencias espirituales fundamentales a nuestra Fe católica.

YOU CAN MAKE A DIFFERENCE!!

Next Sunday, July 5, will be our **FIRST SUNDAY COLLECTION FOR REPAIRS AND MAINTENANCE**. For the year, we've raised \$38,000 for projects like lighting, artwork restoration, water heater, painting, and all those things that heighten our focus on worship. We are a stewardship parish and offering treasure is a vital way to share Christ's gifts.

¡¡TÚ PUEDES MARCAR LA DIFERENCIA!!

El próximo domingo, 5 de julio, tendrá lugar nuestra **PRIMERA COLECTA DOMINICAL PARA REPARACIONES Y MANTENIMIENTO**. A lo largo del año, hemos recaudado 38 000 dólares para proyectos como la iluminación, la restauración de obras de arte, el calentador de agua, la pintura y todas aquellas cosas que nos ayudan a centrarnos mejor en el culto. Somos una parroquia comprometida con la administración responsable de los recursos, y la ofrenda es una forma esencial de compartir los dones de Cristo.



Congratulations to *Russ Almaraz*
for winning the Father's Day raffle
of the gold Our Lady statue donated by the Gift Shop.



Create Your Plan



Estate Planning Guide



E-newsletter



GIVING MADE EASY

Use our website to make a reoccurring or one time gift at
CathedralSacramento.org/donate

DAR ES FÁCIL

Utilice nuestro sitio web para hacer un regalo recurrente o único en
CathedralSacramento.org/donate

Dear Friend,

Do you own stock or other investments that, if sold, would result in a higher tax bill? Are there CDs or other investments producing lower returns or less income than desired?

Through planned giving, a number of charitable strategies exist that can assist you financially and also support the church to help those in need. Three options to consider:

1. **OUTRIGHT GIFT** - One of the easiest ways to lower taxes on an investment is to make a tax deductible gift of the asset to one of our Catholic charities.
2. **CHARITABLE GIFT ANNUITY** - CDs or other investments that produce little or no income can be exchanged for a charitable gift annuity that makes fixed payments for life.
3. **CHARITABLE REMAINDER TRUST** - Investments that have appreciated can be used to fund a charitable remainder trust that will generate income and tax savings.

The Catholic Foundation has the expertise and tools to help you make your legacy gift a reality. Please contact us for more information by calling us at (916) 733-0266.

04• UPCOMING PILGRIMAGE

TRAFALGAR

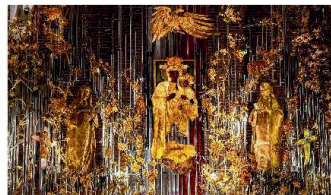


Pilgrimage to Italy & Medjugorje | November 2, 2026

★★★★★ 4.5 feefo



JOIN FATHER O'REILLY ON THIS PILGRIMAGE



HIGHLIGHTS AND MUST-SEES

VISIT MUST-SEE LANDMARKS

Explore the Eternal City of Rome and enjoy a Papal Audience, St. Peter's Basilica, Holy Staircase, Catacombs. Visit major basilicas including St. John Lateran & St. Paul outside the walls. St. Padre Pio sites in San Giovanni Rotondo & Pietrelcina.

ICONIC EXPERIENCES

We'll see the Eucharistic Miracle in Lanciano & Holy House of Loreto. Also includes the Assisi Basilica of St. Francis & St. Clare, Monte Sant'Angelo. Witness the Millennium Cross in Mostar, and Apparition Hill for worship, reflection & spiritual immersion.

SPIRITUAL EXPERIENCES

Daily mass opportunities (subject to availability). Guided visits with Local Specialists. Time for prayer, reflection and personal exploration.

Includes a Scenic visit to Kravica Waterfalls

INCLUSIONS AND ADDITIONAL INFO

13 Nights, 3 countries

Balanced Activity Level | 1-3 miles of walking per day, might involve some uneven surfaces, such as cobblestones or stairs.

Exclusive Travel Group Departure

Includes a dedicated Travel Director, Driver, portorage and numerous Local Specialists to highlight each unique region.

PRICING PER PASSENGER

Twin Room: \$3,500

Single Supplement: \$575

Plus Airfare



For more information or to book your spot, contact Maria Rosario, Travel Advisor

Hands on Travel | 101 Parkshore Dr. Ste #100 Folsom, CA 95630 | 916.230.7756 | maria.rosario@handsontravel.net

UPCOMING CONCERT

SACRED VOICES CONCERT

WITH SINGERS FROM THE ROMAN AND VATICAN CHOIRS

**ONCE-IN-A-LIFETIME EXPERIENCE...
DON'T MISS OUT!**



FRIDAY
AUGUST 28, 2026 • 7:30 PM

CATHEDRAL OF THE BLESSED SACRAMENT
1017 11TH STREET • SACRAMENTO



ADRIANO CAROLETTI
CONDUCTOR
OF SACRED VOICES
WITH POPE LEO XIV



TO PURCHASE
TICKETS
SCAN
QR CODE



DIocese OF
SACRAMENTO



CATHEDRAL
OF THE
BLESSED SACRAMENT



coro.fondazionebartolucci.it/en

06 • OPPORTUNITIES

CATHEDRAL OCIA

OCIA
Companions:

Be a Living Witness of *faith*




WALKING TOGETHER.
GROWING IN FAITH.
SHARING CHRIST.

Are you an ordinary, joyful Catholic who wants to help others find Christ? Just like Barnabas paved the way for Paul's welcome into the early Christian community (Acts 9:27), you can do the same.

Sign up for information night, to take place Monday, July 27, 7:00pm.

<https://is.gd/ociacompanions>

¿Eres un católico corriente y alegre que quiere ayudar a otros a encontrar a Cristo? Al igual que Bernabé allanó el camino para que Pablo fuera acogido en la comunidad cristiana primitiva (Hechos 9, 27), tú también puedes hacer lo mismo.

Apúntate a la sesión informativa, que tendrá lugar el lunes 27 de julio a las 19:00 h.

Coming Soon . . .

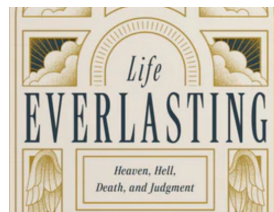
Breakfast with the Saints - July 1

An online Summer email Series with a short, daily reflection throughout July and August, highlighting various amazing Saints of the Catholic Church. Sign up: <https://is.gd/breakfastsaints>



Summer Bible Study - July 23

A short (5 week) Summer Bible Study will be offered: **Life Everlasting: Heaven, Hell, Death, and Judgment.** Ever wonder what happens when we die? What is our 'everlasting life' and how do we prepare ourselves for eternity? Sign up today: <https://is.gd/bibleeternity>



OCIA Companions - July 27

Come see how you can share your faith with those exploring the Catholic faith. The only experience needed is a welcoming heart! Sign up to learn more: <https://is.gd/ociacompanions>



Do you have
a heart
— for **Christ** 
and a desire to —
make a difference?

The Cathedral is seeking dedicated Catholics to help hand on the beauty and truth of the Catholic faith within the Family Faith Formation and Adult Catechetical Programs. As a catechist, you are not just a teacher— **you are a witness.** You help others encounter Jesus, grow in understanding, and live out their faith with confidence and joy.

- Deepen your own relationship with Christ
- Strengthen our parish community
- Help shape the faith of the next generation and those seeking to grow
- Respond to Jesus command: *“Go, therefore, and make disciples...”* (Matthew 28:19)

This mission belongs to all of us!

marcar la diferencia?

Sé la luz. Comparte el amor. Transforma vidas.

Como catequista, no eres solo un profesor, sino también un testigo. Ayudas a los demás a encontrarse con Jesús, a profundizar en su comprensión y a vivir su fe con confianza y alegría.

- Profundiza en tu propia relación con Cristo
- Fortalece nuestra comunidad parroquial
- Ayuda a formar la fe de la próxima generación y de quienes desean crecer en la fe
- Responde al mandato de Jesús: «Id, pues, y haced discípulos...» (Mateo 28, 19)

¡Esta misión nos pertenece a todos!

Contact simdoty@cbssac.org
Visit: <https://bit.ly/cathedralcatechist>

BUILT INTO A SPIRITUAL HOUSE | JUNE 28, 2026

INCORPORADOS A UNA CASA ESPIRITUAL

- **First Reading** – Nehemiah 8:1-10 – the Prophet Ezra gathers the people to listen to the Book of the Law. The people respond with reverence and repentance when they recognize how far they have fallen from God's ways.
- **Second Reading** – 1 Peter 2:4-9 – Peter teaches that those who come to Christ become like living stones with Jesus the Cornerstone in the foundation in God's new creation. Through Christ, we believers become a chosen people, a royal priesthood, and a holy nation called to proclaim God's goodness. Our identity is not found in isolation but in belonging to God and sharing His light with the world.
- **Gospel** – John 4:19-24 – Jesus speaks to the Samaritan woman and reveals that true worship is not limited to particular place or external practice. The Father seeks those who worship Him "in spirit and truth." Jesus invites us into a deeper relationship with God – one that comes from the heart and is guided by the Holy Spirit. True worship flows from knowing God and allowing Him to transform our lives.



- **Primera lectura** – Nehemías 8, 1-10: el profeta Esdras reúne al pueblo para escuchar el Libro de la Ley. El pueblo responde con reverencia y arrepentimiento al darse cuenta de lo mucho que se ha alejado de los caminos de Dios.
- **Segunda lectura** – 1 Pedro 2, 4-9 – Pedro enseña que quienes acuden a Cristo se convierten en piedras vivas, con Jesús como piedra angular, en los cimientos de la nueva creación de Dios. A través de Cristo, los creyentes nos convertimos en un pueblo elegido, un sacerdocio real y una nación santa, llamados a proclamar la bondad de Dios. Nuestra identidad no reside en el aislamiento, sino en pertenecer a Dios y compartir su luz con el mundo.
- **Evangelio** – Juan 4, 19-24 – Jesús habla con la mujer samaritana y revela que la verdadera adoración no se limita a un lugar concreto ni a una práctica externa. El Padre busca a quienes le adoren «en espíritu y en verdad». Jesús nos invita a una relación más profunda con Dios, una que brota del corazón y está guiada por el Espíritu Santo. La verdadera adoración surge de conocer a Dios y permitir que Él transforme nuestras vidas.

This Sunday's readings take the place of those for the 13th Sunday of Ordinary Time. This Sunday the Cathedral is celebrating the Solemnity of the Dedication of the Cathedral of the Blessed Sacrament.

Looking around our beautiful worship space – its stained glass windows portraying the Mysteries of the Rosary and various Saints along with Christ and the Blessed Virgin Mary; the Chapel of the Americas and the Chapel of Martyrs; the rich symbolism etched into every wall – reminds us of the Sacraments and of God's primary place in our worship. In the Scriptures, God's people gathered around His Word and were renewed. The Dedication of our Cathedral points beyond the building itself. It calls us to remember that each disciple is called to be a living temple of God's presence. The Lord desires not only to dwell within these sacred walls but also to dwell in our hearts, our families, our ministries, and our daily lives. Just as Jesus prepared the Samaritan woman to share the truth of who He was to the people of Samaria, so are we, who encounter Christ in the Eucharist (Blessed Sacrament!), called to become witnesses of Christ's presence everywhere.

Challenge this Week:

This week, consider:

- Where/when you first encountered Christ personally, like the Samaritan woman, and felt renewed and called to share the Good News with others?
- How can you share your testimony of what God has done in your life this week?

Las lecturas de este domingo sustituyen a las del decimotercer domingo del Tiempo Ordinario. Este domingo, la catedral tiene el privilegio de celebrar la solemnidad de la dedicación de la Catedral del Santísimo Sacramento.

Al contemplar nuestro hermoso espacio de culto –con sus vidrieras que representan los misterios del Rosario y a diversos santos junto a Cristo y la Santísima Virgen María; la Capilla de las Américas y la Capilla de los Mártires; el rico simbolismo grabado en cada pared que nos recuerda los sacramentos y el lugar primordial que ocupa Dios en nuestro culto–, vemos que, en las Escrituras, el pueblo de Dios se reunía en torno a su Palabra y se renovaba. La dedicación de nuestra catedral va más allá del edificio en sí. Nos llama a recordar que cada discípulo está llamado a ser un templo vivo de la presencia de Dios. El Señor desea no solo morar dentro de estos muros sagrados, sino también morar en nuestros corazones, nuestras familias, nuestros ministerios y nuestra vida cotidiana. Al igual que Jesús preparó a la mujer samaritana para compartir la verdad de quién era Él con el pueblo de Samaria, también nosotros, que nos encontramos con Cristo en la Eucaristía (¡el Santísimo Sacramento!), estamos llamados a convertirnos en testigos de la presencia de Cristo en todas partes.

Reto de esta semana:

Esta semana, reflexiona sobre:

- ¿dónde y cuándo te encontraste por primera vez con Cristo de forma personal, como la mujer samaritana, y te sentiste renovado y llamado a compartir la Buena Nueva con los demás?
- ¿Cómo puedes compartir esta semana tu testimonio de lo que Dios ha hecho en tu vida?

St. Thomas
Pray for us!

Apostle & Martyr

He travelled outside the Roman Empire to preach the Gospel, and ultimately reached India, where he was martyred.

Mass Intentions & Observances

SUNDAY, JUNE 28**ANNIVERSARY OF THE DEDICATION OF THE CATHEDRAL**

8:00 AM: Bernardo Geluz S.I.

10:00 AM: Maria Nieves +

12:00 PM: Linda Valencia S.I.; Melina Valencia S.I.

4:00 PM: The Nguyen Family S.I.

6:00 PM: Para los Feligreses de la Parroquia S.I.

MONDAY, JUNE 29**SAINTS PETER AND PAUL, APOSTLES**

12:10 PM: Allen Canlas +

TUESDAY, JUNE 30**THIRTEENTH WEEK IN ORDINARY TIME**

First Martyrs of the Holy Roman Church

12:10 PM: For the People of the Cathedral Parish S.I.

WEDNESDAY, JULY 1**THIRTEENTH WEEK IN ORDINARY TIME**

Saint Juniper Serra, Priest

12:10 PM: Fred & Wilhelmina Lenius +

THURSDAY, JULY 2**THIRTEENTH WEEK IN ORDINARY TIME**

12:10 PM: Maria I. Griffith +

FRIDAY, JULY 3**SAINT THOMAS, APOSTLE**

12:10 PM: Ronald L. Mills +

S.I. = for special intention

+ = for repose of the soul

FOR MASS INTENTIONS

Please email

vramos@cathedralsacramento.org

or call 916-444-3071 ext. 10

08 • FAITH FORMATION & EVANGELIZATION

CATHEDRAL OF THE BLESSED SACRAMENT

FAMILY Faith FORMATION

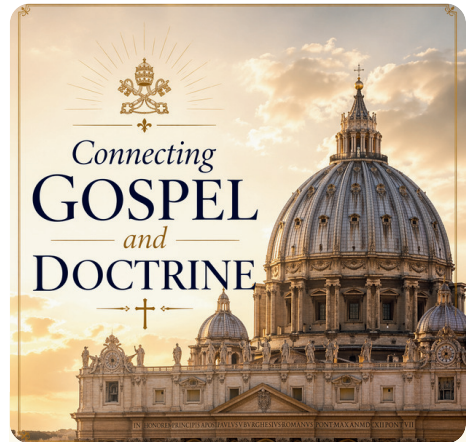
Grow in Faith... Together

Family Faith Formation recognizes parents and guardians as the **first and most important teachers of the faith**. We partner with families to nurture a living relationship with Jesus and support you in bringing faith to life at home.

FAITH ISN'T JUST SOMETHING WE LEARN.
It's something we live.

Registration Happening Now - Calendar on page 9
or Register online: <https://tinyurl.com/fffreg2026>

- | | |
|---|---|
| <p>◆ Encounter Christ
Through prayer, Scripture, and the Sacraments</p> <p>◆ Grow in Faith
Through understanding Catholic teachings and traditions</p> <p>◆ Live the Gospel
Through service, community, and daily witness</p> <p>◆ Build the Domestic Church
Making your home a place where faith is lived and shared</p> | <p>◆ Encontrar a Cristo
A través de la oración, la Escritura y los sacramentos</p> <p>◆ Crecer en la fe
A través de la comprensión de las enseñanzas y tradiciones católicas</p> <p>◆ Vivir el Evangelio
A través del servicio, la comunidad y el testimonio diario</p> <p>◆ Construir la Iglesia doméstica
Haciendo de su hogar un lugar donde se vive y se comparte la fe</p> |
|---|---|



The Catechism states that the Church is built on Christ, who is the “cornerstone” (CCC756). We become living stones only because we are joined to Him – who is our strength, identity, and purpose when in relationship with Jesus. Our Baptism strengthens this bond making us members of the Body of Christ. (CCC1267). As part of Christ’s body, no one is unnecessary; all are built into the “temple of the Holy Spirit” (CCC 797). The dedication of our Cathedral reminds us of this mystery: the church building points to the greater reality that God desires to make His home among us. We are called to be visible sign of His presence through our love, unity and witness. This is done together, not alone. A single stone cannot become a house. It is in our communin of life, love and truth in the Church we find our mission. (CCC771). Ask Christ to where He wants to place you in building up the Church.

Relaciondo
EVANGELIO+DOCTRINA

El Catecismo afirma que la Iglesia está edificada sobre Cristo, que es la «piedra angular» (CIC 756). Nos convertimos en piedras vivas únicamente porque estamos unidos a Él, quien es nuestra fuerza, nuestra identidad y nuestro propósito cuando estamos en relación con Jesús. Nuestro Bautismo fortalece este vínculo, haciéndonos miembros del Cuerpo de Cristo (CIC 1267). Como parte del Cuerpo de Cristo, nadie es prescindible; todos formamos parte del «templo del Espíritu Santo» (CIC 797). La dedicación de nuestra catedral nos recuerda este misterio: el edificio de la iglesia apunta a la realidad más grande de que Dios desea hacer de entre nosotros su morada. Estamos llamados a ser un signo visible de su presencia a través de nuestro amor, nuestra unidad y nuestro testimonio. Esto se hace juntos, no en solitario. Una sola piedra no puede convertirse en una casa. Es en nuestra comunión de vida, amor y verdad en la Iglesia donde encontramos nuestra misión (CIC 771). Pídele a Cristo dónde quiere colocarte en la edificación de la Iglesia.

Thinking About
BECOMING CATHOLIC?

Have you ever felt a desire for something more—*more meaning, more purpose, more truth?*
You're not alone.

Across the country, more people than ever are entering the Catholic Church. Many are drawn by a longing for deeper faith, a sense of belonging, and the beauty of a life rooted in Christ.

Perhaps you've experienced that quiet invitation in your own heart.

Have you felt a quiet pull toward something more — a longing for truth, for belonging, for God? That is not coincidence. That is Christ, inviting you to follow Him.

¿Has sentido alguna vez un suave impulso hacia algo más —un anhelo de verdad, de pertenencia, de Dios? No es una coincidencia. Es Cristo quien te invita a seguirle.

SCAN TO LEARN MORE

YOU ARE INVITED

COME AND SEE!
Contact us to learn more!
(916) 444-5364
slmdoty@cbssac.org

VEN A VER
MONDAYS 7:00 PM
(walk-ins welcome!)
Mercy Hall

PREPARACIÓN PARA LA MISA DEL PRÓXIMO DOMINGO • 09

Small Groups



is.gd/cathedralsmallgroups



no homework or complicated programs

SIMPLE



small enough to build real friendships

PERSONAL



centered on prayer and the Word of God

FAITH-FILLED



encouraging one another in daily Christian living

SUPPORTIVE

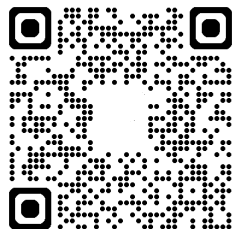


Inviting others into the same experience

GROWING

Take the Survey!

is.gd/cathedralsmallgroups



NEXT SUNDAY MASS PREPARATION JULY 5, 2026 – 14TH SUNDAY IN ORDINARY TIME

MENSAJE PRINCIPAL

- Jesús es un ser humilde que trae paz.
- Dios cuida de los débiles y los cansados.
- Jesús nos invita a acudir a él para descansar.
- Confía en Dios y vive según este Espíritu.
- de amor cada día.

Las lecturas:

- **1ª lectura:** Zacarías 9, 9-10. Un rey humilde trae la paz.
- **Salmo 145:** Dios es bondadoso y ayuda a los necesitados.
- **2ª lectura:** Romanos 8, 9, 11-13. Vive según el Espíritu y tendrás vida.
- **Evangelio:** Mateo 11, 25-30. Jesús invita a los cansados a encontrar descanso en él.

Preguntas para la reflexión:

1. ¿Qué preocupaciones puedo entregarle a Jesús?
2. ¿Cómo puedo confiar más en Dios esta semana?
3. ¿Cómo puedo mostrar amabilidad y paz a los demás?
- 4.

Desafío y Acción:

Desafío: Cuando nos cuesta mucho mantener todo bajo control, nos resulta difícil «dejar ir y dejar que Dios actúe».

Paso a dar: ¿Qué aspecto de tu vida te estás aferrando y sientes que debes entregar a Jesús? Reza: **«Jesús, confío en ti. Ocupate de todo.»**

MAIN MESSAGE

- Jesus is a humble king who brings peace.
- God cares for the weak and tired.
- Jesus invites us to come to him for rest.
- Trust in God and live by his Spirit.

THE READINGS

- First Reading**
Zechariah 9:9-10
A humble king brings peace.
- Psalm**
Psalm 145
God is kind and helps those in need.
- Second Reading**
Romans 8:9, 11-13
Live by the Spirit and have life.
- Gospel**
Matthew 11:25-30
Jesus invites the weary to find rest in him.

REFLECTION QUESTIONS

- What burdens can I give to Jesus?
- How can I trust God more this week?
- How can I show kindness and peace to others?



God's Gentle Peace

WHAT THIS MEANS FOR US

- Trust Jesus with your worries.
- Choose kindness and patience.
- Slow down and spend time with God.
- Let the Holy Spirit guide your choices.

KEY SCRIPTURE

“Come to me, all you who labor and are burdened, and I will give you rest.”

Matthew 11:28

Challenge and Act:

Challenge: When we are finding ourselves struggling to hold everything together, we find it difficult to **“Let go and let God.”**

Action Step: Where is one part of your life that you are holding on to that you feel called to turn it over to Jesus. Pray: **“Jesus, I trust in you. Take care of everything.”**

JUNE 28 SUN	JUNE 29 MON	JUNE 30 TUE	JULY 1 FRI	JULY 2 THU	JULY 3 FRI	JULY 4 SAT
8 AM Breaking of the Word OCIA	6:30 PM Vespers	4-6 PM FFF Registration Parish Office	7:00 PM Keep the Flame Alive	6-8 PM FFF Registration Parish Office	FFF Office Closed	FFF OFFICE CLOSED
DONUT SUNDAY HOSTED BY OCIA	7:00PM OCIA					HAPPY INDEPENDENCE DAY!

10 • PARISH INFORMATION/INFORMACIÓN PARROQUIAL



CATHEDRAL PARISH REGISTRATION & UPDATE

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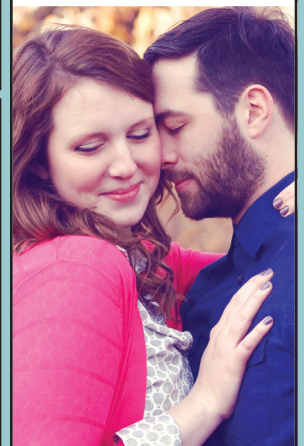


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