### Sunday, October 4

27th Sunday of Ordinary Time Respect Life Sunday

COVID 19 Guidelines, indoor Masses attendance capped at 100.
Check the website for updates

### **MASS**

### **Monday-Friday | Lunes-Viernes**

7:30 am—Livestream Only

### Saturday/Sábado:

**NO VIGIL MASS** 

### Sunday/Domingo:

English:

8:00 am—Cathedral

10:00 am—Cathedral and Livestream

Spanish | Español:

12:00 pm—Cathedral and Livestream

Chinese:

2:00 pm—Cathedral and Livestream

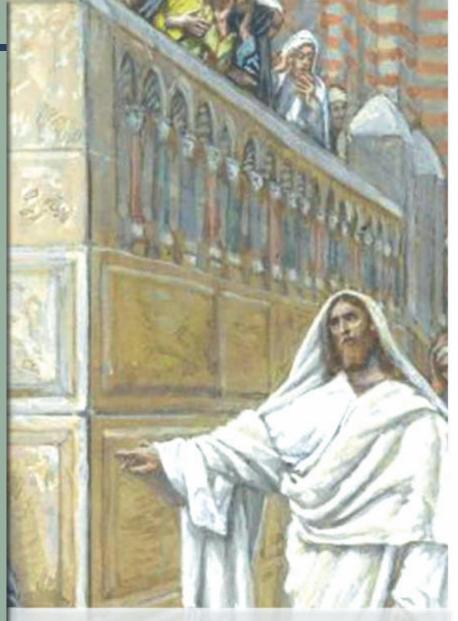
### **RECONCILIATION**

### **Monday-Friday:**

11:30 am to 12:00 noon

### **Saturday:**

4:00 pm to 5:00 pm



"The stone that the builders rejected has become the cornerstone."

Matthew 21:42ab



1017 11th Street - Sacramento, CA 95814 | 916-444-3071

CATHEDRAL
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SACRAMENT

### Connect with us!









@cathedraloftheblessedsacrament www.cathedralsacramento.org

We have a Parish App! Text "app" to 88202 to download!

### **READINGS/MASS INTENTIONS**

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The Blessing of the Animals Sunday October 4th @ 5 pm Cathedral Square





### WEEKLY READINGS AND OBSERVANCES

Sunday 10/4 Respect Life Sunday St. Francis of Assisi 27th Sunday of Ordinary Time	Is 5:1-7/Ps 80:9, 12, 13-14, 15- 16, 19-20 [Is 5:7a]/Phil 4:6-9/Mt 21:33-43
Monday 10/5 Memorial of St. Faustina Kowalska or Blessed Francis Xavier Seelos	Gal 1:6-12/Ps 111:1b-2, 7-8, 9 and 10c [5]/Lk 10:25-37
Tuesday, 10/6 Saint Bruno, Priest or Blessed Marie-Rose Durocher	Gal 1:13-24/Ps 139:1b-3, 13- 14ab, 14c-15 [24b]/Lk 10:38-42
Wednesday, 10/7 Our Lady of the Rosary	Gal 2:1-2, 7-14/Ps 117:1bc, 2 / Lk 11:1-4
Thursday, 10 /8	Gal 3:1-5/Lk 1:69-70, 71-72, 73-

Thursday of week 27 in Ordinary Time

Friday, 10/9
Saints Denis, Bishop, and his Companions,

Martyrs or St. John Leonardi, Priest

Saturday, 10/10
Memorial of the Blessed Virgin Mary

Sunday 10/11
Memorial of St. John XVIII
28th Sunday in Ordinary Time

Gal 3:7-14/Ps 111:1b-2, 3-4, 5-6 [5]/Lk 11:15-2

75 [68]/Lk 11:5-13

Gal 3:22-29/Ps 105:2-3, 4-5, 6-7 [8a]/Lk 11:27-28

Is25:6-10a/Ps 23:1-3a, 3b-4, 5, 6 [6cd]/Phil 4:12-14, 19-20/Mt 22:1-14 or 22:1-10

### MASS INTENTIONS

#### **SUNDAY, October 4**

The Mejia Family S.I.; Raynelle Hansen S.I.; Deborah Warner +; People of the Parish S.I.; Danny Sr. Mejia S.I.; Russ Tomas S.I.; Catherine Chang +; Maria de Los Angeles Munguia S.I.

#### **MONDAY, October 5**

Rex Rallanka S.I.; Titi Kila S.I.; Fr. Estaris S.I.; Catherine Chang +

### **TUESDAY, October 6**

Leticia Jose Amado + & Olah Lee Pryor +

### WEDNESDAY, October 7

Terrance G. Kelly + & Max Mendoza +; Theresa Perry S.I.

### **THURSDAY, OCTOBER 8**

Luz Morales +; Salome & Celso Ouano +

#### FRIDAY, OCTOBER 9

Timotea Umapas S.I.

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From September 23 through November 1, 2020, you're invited to join other Christians for 40 Days for Life – 40 days of prayer, vigil and fasting for an end to abortion. You are invited to stand and peacefully pray with us during a 40-day vigil in front of FPA Abortion Clinic at 2322

Butano Dr., Sacramento, and to help spread the word about this important community outreach. We will be a presence Monday through Friday, from 8:00am to 6p.m. For more information — and especially if you'd like to volunteer to help, please contact: Liliana Balderrama (916) 912-8256 or Veronica Avina (916) 205-0713 or go to 40daysforlife.com/sacramento.

Usted está invitado a unirse a otros cristianos desde el 23 de Septiembre al 1 de Noviembre del 2020 para participar en los 40 Días por la Vida - 40 días de oración, vigilia y ayuno por el fin del aborto. Está invitado a pararse enfrente de la clínica de aborto FPA y orar pacíficamente con nosotros durante la vigilia de 40 días en el 2322 Butano Dr., Sacramento, y ayudar a pasar la voz sobre esta importante campaña por la vida. Estaremos presentes de lunes a viernes de 8:00am a 6:00pm. Para más información - y especialmente si le gustaría ayudar, por favor contacte a: Liliana Balderrama (916) 912-8256 o Veronica Avina (916) 205-0713 o también en 40daysforlife.com/sacramento.



# CHRISTIAN BROTHERS TO SUPPORT THE BBL!

All are invited to participate in the first Christian Brothers High School (CBHS) Dropoff Drive to benefit the Cathedral Brown Bag Lunch (BBL) Ministry!

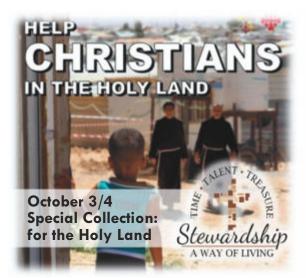
Saturday, October 3, 2020 9:00 am until Noon Christian Brothers High School

4315 Martin Luther King, Jr. Blvd Sacramento, CA 95820

For details of how you can help, go to:

www.cathedralsacramento.org/copy-of-donate







Join us in praying for our nation
Annual Rosary Rally

Saturday, October 10— 12:00 noon
Starting in front of the Cathedral, near K street
Contact Marlene: 916-628-6775

Do you shop at Amazon? Did you know you can support the Cathedral of the Blessed Sacrament with every purchase by joining amazonsmile?

When you sign up, amazonsmile will donate 0.5% of your eligible purchases to the Cathedral. It's really easy to join! Go to <a href="mailto:smile.amazon.com">smile.amazon.com</a> and when asked who you want to donate to, look for the 'Cathedral of the Blessed Sacrament!' Easy peasy!

Read more about the program here: www.smile.amazon.com/gp/chpf/about



You shop. Amazon gives to the Cathedral.

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The first Sunday of October is designated as Respect Life Sunday, which is this Sunday, October 4th. Of course, we what to respect life at every moment and recognize that all life truly is a gift from God, who is Life. Although we often interchange the terms "pro-life" and "respect life", pro-life concerns typically address the issue of abortion and human growing within the womb. The Church declares this Sunday "Respect Life" to specifically recognize all stages of human living, from conception to natural death and may include other varied forms of life all made by our Creator.

These days, there is still a great need to impress the importance of respecting life, for God doesn't just want us to be alive, but more importantly, to share in

the dignity of God's children, each individual experiencing the joy and value

that helps lead us to know the Father's love more clearly. Sometimes we Catholics are criticized for focusing too much on ending abortion without seeing that the needs of all our brothers and sisters are being addressed. During this time, we are being challenged to respond to the important issues of racial discrimination, economic inequalities, and the devaluation of human life. These dark realities are significant concerns in understanding Respect Life. They are at the center of respecting life from conception to natural death. We continue to pray for a more unified and healthy society and Church, as well as seek out means for revealing our love to our neighbor, as Christ has commanded. However, the need to





speak against abortion and the destruction of the most innocent lives most always be addressed. It is quite possible that since the legalization of abortion, it has been the contributing factor of the devaluation of all human life, especially in the lives of people of color and poor economic status. The paths that lead to abortion must be eradicated which will require not simply it being made illegal, but rather the restoration of a society whose hearts are formed in the Gospel message of loving neighbor and the Father.

Fr. Michael

### CATHOLIC SOCIAL TEACHING #2: Call to Family, Community and Participation

The person is not only sacred but also social. How we organize our society -- in economics and politics, in law and policy -- directly affects human dignity and the capacity of individuals to grow in community. Marriage and the family are the central social institutions that must be supported and strengthened, not undermined. We believe people have a right and a duty to participate in society, seeking together the common good and well-being of all, especially the poor and vulnerable.

For more, go to: https://is.gd/cathsocteach2

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El primer domingo de octubre es el Domingo de Respeto a la Vida. Por supuesto,nosotros respetamos la vida en cada momento y reconocemos que toda vida es verdaderamente un don de Dios. Aunque a menudo cambiamos los términos"pro-vida" y "respeto a la vida"; los asuntos pro-vida suelen abordar el problema del aborto y el crecimiento del ser humano dentro del vientre materno. La Iglesia declara este domingo de "Respeto a la vida" para reconocer específicamente todas las etapas de la vida humana, desde la concepción hasta la muerte natural y puede incluir otras formas variadas de vida todas hechas por nuestro Creador.

En estos días, todavía hay una gran necesidad de recalcar la importancia del respeto de la vida, porque Dios no sólo quiere que estemos vivos, sino que, lo que es más importante, compartamos la dignidad de los hijos de Dios, y que cada individuo experimente la alegría y el valor que nos ayuda a conocer más claramente el amor del Padre. A veces se critica a los católicos por centrarnos demasiado en poner fin al aborto sin ver que





tambien se están abordando las necesidades de todos nuestros hermanos y hermanas. Durante este tiempo, se nos está desafiando a responder a las importantes cuestiones de la discriminación racial, las desigualdades económicas y la devaluación de la vida humana. Estas oscuras realidades son preocupaciones significativas en la comprensión del "Respeto a la Vida". Estas realidades son el centro del respeto de la vida desde la concepción hasta la muerte natural. Seguimos orando por una sociedad y una Iglesia más unida y saludable, así como buscando medios para revelar nuestro amor al prójimo, como Cristo ha mandado.

Sin embargo, la necesidad de hablar en contra del aborto y la destrucción de las vidas más inocentes siempre se tienen que hablar. Es muy posible que la legalización del aborto haya sido el factor que contribuyó a la devaluación de toda la vida humana, especialmente en la vida de las personas de color y de las personas de escasos recursos. Los caminos que conducen al aborto deben ser erradicados, lo que requerirá no simplemente que sea ilegal, sino más bien que se restaure la sociedad cuyos corazones se formen con el mensaje del evangelio, de amor al projimo y al Padre.

- Padre Miguel

### **ENSEÑANZA SOCIAL CATÓLICA #2:**

El Llamado A La Familia, A La Comunidad

Y A La Participacion

La persona no sólo es sagrada sino tambien social. La manera en que organizamos nuestro sociedad-en lo económico y lo político, en leyes y políticas-afecta directamente la dignidad humana y la capacidad de los individuos para crecer en comunidad. El matrimonio y la familia son las instituciones centrales de la sociedad y éstas deben ser apoyadas y no minadas. Creemos que todas las personas tienen el derecho y el deber de participar en la sociedad buscando juntas el bien común y el bienestar para todos, especialmente para los pobres e indefensos.

Come join Fr. Michael every morning for

A Moment of Prayer with Fr. Michael O'Reilly

https://is.gd/prayermoment



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The beginning of our catechetical year is a little behind due to the Sacramental preparation with groups from last year. Our Parent Formation and Introduction will take place the week of October 11th. If you registered, you should have received instructions. If you have not, please contact the faith formation office. Thank you for your patience!

El inicio de nuestro año catequético está un poco atrasado debido a la preparación sacramental con grupos del año pasado. Nuestra formación e introducción para padres se llevará a cabo la semana del 11 de octubre. Si se registró, debería haber recibido instrucciones. Si no lo ha hecho, comuníquese con la oficina de formación en la fe. ¡Gracias por su paciencia!

### **RCIA for Youth**

All families with children older than six and in need of baptism—or if your child is continuing in the RCIA—please register for family faith formation so we can update your information. Sessions begin in October.



### **RCIA for Adults**

SUN 10.04: online BOW - 11:30AM MON 10.05: RCIA online - 7:00PM

New Sessions underway for inquirers. Contact us for more information: RCIA@cathedralsacramento.org

Do you think you are being called to be Catholic? Go to the Faith Formation page of the website to register for RCIA. #COMEANDSEE

Our Communion Groups continue their reflections in preparation for their First Holy Communion.

"We give thanks to God because God gives us life..." - Rayden B.

"We give thanks for life, work, health, family, friends, pets, food and shelter." - Rodolfo L.

"Sunday is special because it is a day to rest and worship. It is the day God rested." - Julian W.

"God speaks to us through the scriptures, our conscience, and in our hearts." - Nayeli L.

"The Last Supper is the first eucharist and the Disciples' First Communion." - Jailyn F.

"The Liturgy of the Word we read the Bible, listen to the Homily, say the Creed, and pray the Intercessory Prayers. - Sabina

### Registration 2020-2021

Online Registration for Family Faith Formation is open until October 10th. Please see the Cathedral website for details. See above link.

Parent Orientation: Week of October 11th.

### Inscripción 2020-2021

La inscripción en línea para la formación familiar en la fe está abierta hasta el 10 de octubre. Consulte el sitio web de la Catedral para obtener más detalles. Vea el enlace anterior.

Orientación para padres: Semana del 11 de octubre.

2019-20 GROUP

### **Youth Confirmation**

Please pray for our youth in their final stages of preparation for Confirmation.

#### **OPTION A**

Confirmation: OCT 2 - 4PM CONGRATULATIONS!

#### **OPTION B**

1st Communion - SEPT 19 - 11AM CONGRATULATIONS!

#### **OPTION C**

Retreat - Online—Personal Schedule Next Check-In - October 6 Confirmation Mass - OCT 16 - 4PM

#### OPTION D

Retreat - Online—Personal Schedule

### 2019-20 GROUP

## 1st Communion Please pray for our

youth in final stage of preparation for Sacraments.

#### **GROUP 3**

Retreat - Starts week of Sept. 21 Last Check-In - October 9 - 6PM 1st Communion - OCT 10 - 9AM

### **GROUP 4**

Retreat - Starts week of Sept. 21 Last Check-In - October 9 - 6PM 1st Communion - OCT 10 - 11AM

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**Inspire: Catholic Viewpoint** CATHOLIC VIEWPOINT, FAITH, HOPE and LOVE hosted by Fr. Michael Kiernan. Link on the Cathedral website under "Resources". Catholic Viewpoint Faith. Hope and Love

**Prepare for Sunday Mass** with our weekly family lesson with Courageous Kids:

Prepárate para la misa dominical nuestra lección familiar seminal con Niños Valientes https://is.gd/oracionfamiliar

https://is.qd/FamilyPrayer





What once started off as a Lenten Small group has turned into something greater than I expected. Finding community. During this pandemic, the Cathedral Young Adults(CYA) has turned its platform to meet through Zoom. In March, we would meet at the Cathedral to reflect and pray on the season of Lent, but as we all know that is when COVID spread quickly and we had to shelter-in-place. Rather than cancelling the Lenten Small group completely we turned to Zoom. From then on even after Lent we continue to meet through Zoom mostly every Thursday evening.



- Victoria Ramos

The Cathedral Young Adults at the same time also started a blog on WordPress. Each member of the CYA and guests have had a chance to offer something of themselves as we reflect and pray on Lent, sheltering-in-place, and the Sunday readings etc. Writing reflections for the CYA blog post and meeting through Zoom on Thursday evenings has helped nurture my spiritual journey as I learn more about my faith and the CYA community at the Cathedral. I'd love to share more about how the CYA has helped me get through this time of the pandemic please go on the following like to read the extended version and to read our past blog posts, <u>www.cathedralyoungadults.wordpress.com/</u>.





### The Sacramento Chinese Catholic Community remembers **Brother Francis Leong**

Brother Francis was a true role model in our community. He was a righteous and humble gentleman. He always demonstrated what a Christian should do. He relied on the Lord. He was warm and generous and consistently and happily offered his help to others. We ought to follow his example. Francis and his wife Eugenia served our community for many years. They earned the highest respect from us. They always quietly worked hard with great dedication to our community. They also donated to our community and worked to help it grow day by day. May the Lord bless his soul and accept him into Heaven. Lord, please bless his family and please grant them peace and good health.



Francis主持了一個紀念喪禮彌撒。Francis的家人和我們團體數位教友一起參與Oliver 在紀念彌撒中Jenny 代表我們 團體致悼词全文如下。沙加緬度華人天主教團體弔念主內的梁弟兄(Bother Francis Leoing)

主內的梁弟兄(Bother Francis Leoing)是我們團體中的模範教友,一位好好先生及一位謙謙君子,常常表現出天主 教徒的應有態度,信賴天主,熱誠慷慨,樂於助人,實在是我們團體中的好模範,他的一切我們天主教華人團體 都會銘記於心,以他為榜樣。

他與他的太太Eugenia 在我們的團體服務多年,是我們敬重的長者,他們總是默默的為我們工作,努力的付出精神 體力,幫助分擔團體的需要,經常出錢出力支持我們團體發展,使我們得以繼續傳承,我們全體教友衷心地向他 與Eugenia致謝!

祈求天主接受他的靈魂, 領他到天國裏夫, 求天主也保佑他的家人們, 賜給他們健康與平安!



### SACRAMENTO CHINESE CATHOLIC COMMUNITY

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A Community that is dedicated to serve the Chinese Catholics in the Greater Sacramento Area.



### @sacchinesecatholic

EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS- Gifts Given to Share

My oldest two children took piano lessons when they were younger. In fact, it was because my oldest wanted to

learn to play so badly that we purchased a piano. He would use it for practice during his few years of lessons, and then my daughter took up the instrument. After a few years of lessons for each, restlessness set in and a type of indifference took over. The lessons and the practicing came to an end.

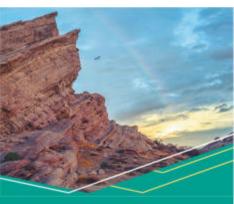
My youngest had not expressed much interest in piano when he was younger. Then when he was a teenager, he asked for lessons. He began to play and now he plays even for fun and to relax. When his siblings try to play, they are stuck with the truth that those days are gone and since they gave it up years ago, they can no longer really play. In many ways, they were given a gift, but since they did not use and cultivate it, they lost it.

God gives us gifts every day and we too often act like those gifts will simply always be there. The truth is, unlike God Himself, many of those gifts are not eternal. If we fail to acknowledge them and put them to use, we risk losing them in the end. What a shame. What gifts might be slowly slipping away from each of us due to our lack of interest and indifference? They might not be there if and when we change our minds.

- Tracy Earl Welliver, MTS



十月是玫瑰聖母月 Month of The Rosary



常年期第二十七主日 匠人棄而不用的石頭,反而成了屋 角的基石;那是上主所行所為, 在我們眼中,神妙莫測。

- 瑪21:42



每日當責 - 在日常生活中體會天主-

我最大的兩個孩子小時候上過鋼琴課,事實上,因 為老大非常想練鋼琴,所以我們買了鋼琴,他就可

> 以在學習課程的這幾年內好好練習,然 後女兒接續使用樂器,她們各自經過幾 年的課程學習之後,出現了不安穩和冷 淡的情緒,課程和練習就因此而結束 了。

> 我最小的孩子從小對鋼琴就沒有多大興趣,然而在他青少年時期,要求去學習鋼琴課,他開始練琴直至現在,他甚至可以為了放鬆好玩而彈琴。當他的兄姊放棄多年以後,想再次嘗試彈琴時,他們已經停頓在過去那些練琴的日子裡,再無法把琴彈好了。從許多方面來說,他們都收到了禮物,但是由於他們沒有好好地培養和使用,於是他們就失去了禮物。

天主每天都送禮物給我們,但我們常常 覺得禮物總是很輕易地出現在那裏。事 實上,禮物與天主本身的不同是,它們 不是永恆的。如果我們沒有認知到可以 去運用它們,終究會有著失去的風險。 真是可惜。因為我們的缺乏興趣和冷 淡,哪些禮物可能會慢慢的從我們每個 人身上溜走? 那是假如當我們變心了, 禮物就可能不在那裏了。

- Tracy Earl Welliver, MTS

### SACRAMENTS AND PREPARATION

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#### THE HOLY SACRIFICE OF THE MASS

Until COVID-19 restrictions are lifted, Masses are broadcast daily via livestream on our Facebook and YouTube channels. See bulletin cover for details.

### **RECONCILIATION/CONFESSION** (Covid schedule)

Mon-Wed-Thu: 11:00 am to 12:00 pm

Friday: 11:30 am to 12:00 pm Saturday: 4:00 to 5:00 pm

### **ANOINTING OF THE SICK**

Make an appointment by calling the parish office.

#### **MATRIMONY**

To celebrate the Sacrament of Matrimony at the Cathedral, contact Titi Kila at tkila@cathedralsacramento.org.

### **CONVALIDATION of MARRIAGE**

If you would like your civil marriage blessed in the Catholic Church, or if you have been together for a number of years and would like to be married in the Church, contact Deacon John at extension 11, or jgisla@cathedralsacramento.org.

No weddings until COVID-19 restrictions are lifted.

### **BAPTISM**

Registration is required to schedule a baptism of children (6 years of age or younger). Contact Deacon John at the Parish Office. Baptisms are scheduled:

3rd Saturday of each month, 9 am (English), y 4to Sabado del mes, 9 am (Espanol).

For anyone six years or older, contact Sr. Lisa Marie.

#### **HOLY EUCHARIST**

Following at least two years of faith formation, and signs of readiness, Children and Teens prepare for the Sacrament of the Holy Eucharist through a series of workshops for immediate preparation for the Sacrament. Adults prepare for the Sacrament through the RCIA. Contact Sister Lisa Marie for details.

#### CONFIRMATION

The diocese admits young people in eighth grade or older for the Sacrament of Confirmation. If you are a teen or adult, contact Sister Lisa Marie to register.

#### **HOLY ORDERS**

Priests and deacons are ordained to perform ministerial roles in the community. To know more about the priesthood and /or deaconate, contact Fr. Hernandez



#### MARRIAGE PREPARATION

The Diocese requires all engaged couples to prepare for their union with a marriage preparation program no less than two months before the date of their wedding. Contact Deacon Omar & Janet Bardales at matrimonyprep@att.net or 916-427-9160.

#### INFANT BAPTISM PREPARATION

A baptism class is not required during the COVID-19 pandemic.

### **CATECHIST PREPARATION**

Desire to help us pass on the faith to adults and children? Complete your application today at: https://is.gd/cathedralvolunteer

### **FAMILY FAITH FORMATION AND EDUCATION English and Spanish Online**

The Cathedral offers weekly encounters for families to grow in faith together. This year we will study the Creed, taking a tenant each month and learn how to live it through weekly activities.

Rite of Christian Initiation for Adults/Children(RCIA) Adults: Mondays, 7 pm

**Children and Teens: Follow Family Program Online** 

RCIA is for those wanting to explore the Catholic faith in a community of prayer, scripture and weekly lessons. We also help prepare for their full initiation into the life of the Church through the Sacraments. For more information, Sister Lisa Marie Doty, FdCC at 916-444-5364, or lmdoty@cathedralsacramento.org.

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### MINISTRIES AND CONTACTS

### Father Michael O'Reilly, Pastor / Rector

#### **SACRED LITURGY**

Altarservers: Michael Ognisty, mfognisty@msn.com

Choir (English)

Rex Rallanka, Music Director, rrallanka@cathedralsacamento.org

Choir (Spanish/Español)

Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after 7pm Mass **Extraordinary Ministers of Holy Communion** 

Amy McCormick, ammccormick@att.net

**Greeters and Ushers** 

Tom Waddock, 916-444-3071, x 36

Lectors

Fred Heacock, fheacock72@hotmail.com

### **SOCIAL and COMMUNITY SERVICE**

**Brown Bag Lunch Ministry** 

Marilynn Fairgood, Marilynn\_Fairgood@att.net

**Docents** 

Jill Pease, peasejill@gmail.com

**Festival of Trees and Lights** 

Paula Trujillo, trupaula@gmail.com

Hospitality

Celeste Gisla, jfgisla@surewest.net

**Respect Life Ministry** 

Liliana Balderrama, michoacan8888@gmail.com

Saint Vincent de Paul contact the rectory office

#### **FAITH FORMATION and CATECHESIS**

Faith Formation and Education / Catechists

Sr. Lisa Marie Doty, Imdoty@cathedralsacramento.org

Formacion y Educacion de Fe Catequistas/Spanish

Sr. Lisa Marie Doty, cathedralfaithformationsac@gmail.com

**Rite of Christian Initiation for Adults and Children** 

Sr. Lisa Marie Doty, RCIA@cathedralsacramento.org

Catechesis of the Good Shepherd for ages 3+,

visit youngsheep.org, or call 916-910-3435

#### **PRAYER and COMMUNITY GROUPS**

Benedictus Youth Group: Titi Kila, benedictusyg@gmail.com

Cathedral A.C.T.S.

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