Sunday, October 2, 2022
27th Sunday in Ordinary Time

MASSES ENCOURAGED INDOORS

Sunday | Domingo
---|---
English 8:00 am
English 10:00 am*
Español 12:00 pm*
Chinese 2:00 pm*
English 4:00 pm
Español 6:00 pm

* Livestream available on Sundays & Holy Days of Obligation

Saturda | Sábado
4:00 pm to 5:00 pm

MASS SCHEDULE

Monday - Friday
Lunes - Viernes
11:30 am to 12:00 pm

Saturday | Sábado
4:00 pm to 5:00 pm

NO VIGIL MASS

ADORATION

Wednesday & Thursday
1:00 pm to 4:00 pm

RECONCILIATION

Monday - Friday | Lunes - Viernes
11:30 am to 12:00 pm

Saturday | Sábado
4:00 pm to 5:00 pm

Stewards of God’s Gifts

1017 11th Street - Sacramento, CA 95814 | 916-444-3071

Connect with us!
cathedralsacramento.org
RENEWAL THANK YOU

The Cathedral’s Renewal journey concluded with our parish family making commitments for the coming year. We committed to offering our time, talent, and treasure to God in gratitude for the gifts He has granted us.

We thank you for traveling on this Renewal journey — reflecting on the messages given by our lay witnesses, attending the Ministry Fair, and making your commitments to Our Lord. As you fulfill your commitments, may you be drawn closer to God in living a Christ-centered life.

BLESSING OF THE ANIMALS

TODAY
5:00 PM
IN CATHEDRAL SQUARE
OCTOBER 2nd

READINGS AND OBSERVANCES

| Sunday 10/2 | Hb 1:2-3; 2:2-4/Ps 95:1-2, 6-7, 8-9/2 Tm 1:6-8, 13-14/Lk 17:5-10 |
| Monday 10/3 | Gal 1:6-12/Ps 111:1b-2, 7-8, 9 and 10c/Lk 10:25-37 |
| Tuesday 10/4 | Gal 1:13-24/Ps 139:1b-3, 13-14ab, 14c-15/Lk 10:38-42 |
| Wednesday 10/5 | Gal 2:1-2, 7-14/Ps 117:1bc, 2/Lk 11:1-4 |
| Thursday 10/6 | Gal 3:1-5/Lk 1:69-70, 71-72, 73-75/Lk 11:5-13 |
| Friday 10/7 | Gal 3:7-14/Ps 111:1b-2, 3-4, 5-6/Lk 11:15-26 |
| Saturday 10/8 | Gal 3:22-29/Ps 105:2-3, 4-5, 6-7/Lk 11:27-28 |
| Sunday 10/9 | 2 Kgs 5:1-17/Ps 98:1, 2, 3-4, 5-6/2 Tm 2:8-13/Lk 17:11-19 |

October is the month of the Holy Rosary
Come Pray with Us!

Friday Mornings 7:30 am
Sunday Mornings
11:15 am Bilingual

Use AmazonSmile for every purchase, the Cathedral receives a donation. Thank You!

MASS INTENTIONS

Please pray for our Mass Intentions, all people who have no one to pray for them and the intentions of our Holy Father.

Catherine Chang +; Morris Moreno Jr +; Father Michael O’Reilly S.I.; Camilo Martinez S.I.; David Houlemard +; Michael Houlemard +; Yvette Marine +; Sylvano Houlemard, Sr.+; Sylvano Houlemard, Jr. +; People of the Parish S.I

Russ Tomas S.I.; Raynelle Paraoan-Hansen S.I.

Dulce G. Jaldon S.I.

Rex S.I.; Titi S.I.; Father Estaris S.I.

Arthur Raymond Corpus Sr +

Terrance G. Kelly +
Rex takes on new role as Director of Liturgy

Rex Rallanka, our Music Director, and organist has agreed to take on an additional role as Director of Liturgy. Rex will continue his music ministry at the Cathedral and now will oversee all liturgical services and events. This involves coordinating all aspects connected with the liturgy, namely Masses, baptisms, confirmations, weddings, funerals, special devotions in the Blessed Sacrament Chapel, and diocesan services such as ordinations. In addition, Rex will help with the preparation and guidance of all who serve in liturgical ministries.

While being a part of the Cathedral family for 17 years, Rex has been responsible for all liturgical music. He has established, led, and accompanied on the organ, an outstanding choir that sings at the 10:00am Sunday Masses, all special celebrations, and diocesan services.

The son of parishioners Ofelia and Rey Rallanka, Rex and wife Stephanie and son Jesse are an important presence at the Cathedral and excellent examples of a stewardship way of life. I am thankful that he has agreed to accept this expanded role as Director of Liturgy. Through his love of the Cathedral and his willingness to share his talents, he enhances our opportunities to strengthen our relationship with Christ Jesus. Thank you, Rex!

Fr. Michael

“Lift Up Your Hearts”

2022 CATHEDRAL STEWARDSHIP RENEWAL

While we are still in the midst of our parish Stewardship Renewal, we are grateful for the Commitment Cards and online responses to date. If you haven’t participated yet, you may submit your Commitment Card or complete one online. It is NOT too late! Returning your card is an important part of being an active member of Cathedral of the Blessed Sacrament. Please take this opportunity to discern how God is calling you to grow closer to Him this year.

There’s still time to bring your Commitment Card to Mass or fill out Online @cathedralsacramento.org.
THE LITURGY

Almost 60 years ago, the Vatican II Fathers wrote, “The liturgy daily builds up those who are in the church, making of them a holy temple of the Lord, a dwelling-place for God in the Spirit…, to the mature measure of the fullness of Christ.” (Constitution on the Sacred Liturgy #2) On the Solemnity the Saints Peter and Paul, Apostles, 2022, Pope Francis issued an apostolic letter to the bishops, priests, deacons, consecrated men and women, and to the lay faithful regarding liturgical formation entitled Desiderio Desideravi which translated means, “I have earnestly desired…”

This is taken from the Gospel According to St. Luke 22:15, “I have earnestly desired to eat this Passover with you before I suffer.” Pope Francis writes, “These words of Jesus, which the account of the Last Supper opens, are the crevice through which we are given the surprising possibility of intuining the depth of love of the persons of the Most Holy Trinity for us.”

This is the theme of the entire letter, and each week, we will attempt to provide a reflection on the words of our Holy Father.

So for this first reflection, let us leave you with this: the Sacred Liturgy is a gift, given for the first time at the Passover meal prepared by Peter and John. And, for a gift to be gift, there must be someone to receive it. Pope Francis writes that the distance between the “immensity of the gift” and the “smallness of the one who receives is infinite… Nonetheless, through the mercy of the Lord, the gift is entrusted to the Apostles so that it might be carried to every man and woman.” And so, because of Apostolic Succession, we can still receive this gift. “The Liturgy: the ‘today’ of salvation history”.

MEN’S ACTS RETREAT

Take your faith to new levels by attending our ACTS Retreat. Our Men’s Retreat will be November 10-13. The weekend is led by a team of lay persons with guidance from Fr. O’Reilly. We invite seekers to develop a stronger relationship with our Lord through Adoration – devotional prayer, Community – loving and caring for each other, Theology – the study of the faith through scripture, and Service – to God, each other, and our parish family. For more information, please see: https://is.gd/SactoCathedralACTS.

RESPECT LIFE

Respect Life Ministry: As we prepare for our fall 40 Days for Life, which started September 28th and goes through November 6th at 201 29th Street Planned Parenthood, we like to encourage every body to come and pray at this location. Your prayers and presence save life’s.

Ministerio de Respeto a la Vida: Como nos estamos preparando para la campaña de otoño de los 40 días por la vida la cual comenzó este 28 de sept. y termina el 6 de nov. En el 201 de la calle 29 Planned Parenthood, nosotros queremos invitar a todos a venir a orar a esta locacion. Sus oraciones y su presencia salvan vidas!

40daysforlife.com/sacramento

CATHEDRAL TOURS

For those of you who may be interested in the history, art, and restoration of the Cathedral, please join one of our docents for a tour beginning at the baptismal font following the closing hymn after the 8:00am and 10:00 am English Masses and after the 12 Noon Spanish Mass. Our Docents will share with you how the Cathedral is such an important part of early California history. Learn about our beautiful and important art works and how symbolism in these art works is so integral to our Catholic Faith.

Learn more at: https://is.gd/cathedraltourresources
September was an exciting month for the Cathedral as we successfully concluded our Stewardship renewal for the year. Of course, the real gift in stewardship is living out the commitments we made during renewal. It is truly a blessing that God has raised us to such an important role in caring for His creation. Although we may not always live up to the ideal God has created us for, we appreciate those moments when we sacrificially give of ourselves and reveal that we exist to be God’s humble servants. Living in this world as a steward of God’s creation leads us in to share in the joy of our heavenly reward. We keep each other in our prayers as we strive to fulfill our commitments to be good stewards.

I, as well, thank all those who have participated in our stewardship renewal, especially our stewardship advisors, pastoral council, and the many ministry leads. Your good example of stewardship and Christian discipleship help to bear the “good fruit” that is produced from our Cathedral parish. May God who has begun the good work in each of us bring it to fulfillment.

Fr. Michael

Septiembre fue un mes emocionante para la Catedral, ya que concluimos con éxito nuestra renovación de mayordomía para el año. Por supuesto, el verdadero don en la mayordomía es vivir los compromisos que hiciéramos durante la renovación. Es verdaderamente una bendición que Dios nos haya elevado a un papel tan importante en el cuidado de Su creación. Aunque no siempre estemos a la altura del ideal para el que Dios nos ha creado, apreciamos esos momentos en los que sacrificialmente nos entregamos a nosotros mismos y revelamos que existen para ser los humildes siervos de Dios. Vivir en este mundo como un mayordomo de la creación de Dios nos lleva a compartir el gozo de nuestra recompensa celestial. Nos mantenemos unos a otros en nuestras oraciones mientras nos esforzamos por cumplir nuestros compromisos de ser buenos mayordomos.

Yo también agradezco a todos los que han participado en nuestra renovación de mayordomía, especialmente a nuestros asesores de mayordomía, consejo pastoral y los muchos líderes ministeriales. Su buen ejemplo de mayordomía y discipulado cristiano ayuda a dar el "buen fruto" que se produce desde nuestra parroquia catedralicia. Que Dios, que ha comenzado la buena obra en cada uno de nosotros, la lleve a su cumplimiento.

P. Michael
faith...

In today's Gospel we learn a little bit about faith. In fact, Jesus says we only need a tiny bit of faith to do amazing things. If you have faith the size of a mustard seed, He said, you can tell a tree to throw itself into the sea and it will!

But what is faith? Faith is believing. We have faith in our parents and teachers. That means that we believe what they tell us and we trust them. We have faith in our friends too. Faith in God is a little bit different, though. It is a gift He gives us so that we can believe in Him.

When we are baptized God gives us the gift of faith. Then it's up to us to use it. We use that gift when we decide to believe in God and what He tells us in the Church and the Bible.

La Fe

En el evangelio de hoy aprendemos un poco sobre la fe. De hecho, Jesús dice que solo necesitamos un poco de fe para hacer cosas asombrosas. Si tienes una fe del tamaño de un grano de mostaza, dijo, puedes decirle a un árbol que se arroje al mar y lo hará! Pero ¿qué es la fe? La fe es creer. Tenemos fe en nuestros padres y maestros. Eso significa que creemos lo que nos dicen y confiamos en ellos. Somos fe en nuestros amigos también. Sin embargo, la fe en Dios es un poco diferente. Es un regalo que nos da para que creamos en él. Cuando somos bautizados, Dios nos da el don de la fe. Entonces depende de nosotros usarlo. Usamos ese don cuando decidimos creer en Dios y lo que nos dice en la iglesia y la biblia.

Catechism #142

What is Faith?

The Catechism explains faith in the examples of Abraham (father of all who believe) and Mary (Blessed is she who believed). Faith is a listening to God and acting according to our belief and trust in Him.

El Catecismo explica la fe en los ejemplos de Abraham (padre de todos los que creen) y María (Bendita la que creyó). La fe es escuchar a Dios y actuar de acuerdo con nuestra creencia y confianza en Él.

HOLY HOUR OF REPARATION

This coming Friday October 7, 2022
Every First Friday of the month immediately following the 12:10 Mass in the Blessed Sacrament Chapel

PARISH PODCAST

This Cathedral podcast seeks to create a greater sense of community among our parishioners. Each episode features Cathedral staff member or parishioner in casual discussion with host Christian Jensen.

If you would like to participate as a guest, please contact us at: 916-545-5376 or https://is.gd/talkparish
Catechesis Corner
Esquina de Catequesis

As we begin this new year of Faith Formation of the Family (it used to be called ‘religious education’ or ‘ccd’), our journey this year focuses on Heaven.

Al comenzar este nuevo año de Formación en la Fe de la Familia (solía llamarse "educación religiosa" o "ccd"), nuestro viaje de este año se enfoca en el Cielo.

Heaven: Our Final Destination

The aim of this lesson is for your children to discover that we are called to journey along the path of Life in Christ toward Heaven. The Ten Commandments, the Beatitudes, and the teaching of the Apostles act as signs that lead us to Heaven. Your children will also learn about the Ten Commandments and how the Beatitudes fulfill the Ten Commandments and are the heart of Jesus’ teaching.

El Cielo: El Nuestro Destino

El objetivo de esta lección es que sus hijos descubran que estamos llamados a recorrer el camino de la vida en Cristo hacia el Cielo. Los Diez Mandamientos, las Bienaventuranzas y la enseñanza de los Apóstoles actúan como señales que nos llevan al Cielo. Sus hijos también aprenderán sobre los Diez Mandamientos y cómo las Bienaventuranzas cumplen con los Diez Mandamientos y son el centro de la enseñanza de Jesús.

Lesson Vocabulary Part 1

- **Heaven** The state of being after death in which “those who die in God’s grace and friendship and are perfectly purified live forever with Christ” (CCC 1023). The souls in Heaven enjoy perfect communion and relationship with God, His angels, and all of the saints. In Heaven we will see God face-to-face, as He is. This is called the Beatific Vision.

- **Parable** A short story that uses characters or situations that we can relate to in order to teach us a deeper lesson. Parables help to explain something in a way that is easier for us to understand. Jesus taught about the Kingdom of God using parables.

- **El Cielo**: El destino de toda persona humana, donde aquellos que han amado y seguido a Jesús vivirán en bendición eterna en la presencia de Dios, viéndole cara a cara y sintiendo su gozo y su reposo.

- **Parábola**: Una historia corta que utiliza personajes o situaciones con las que podemos relacionarnos para enseñarnos una lección más profunda.

VENTURE BIBLE
4th Tuesday / Month
For Teens
Learn to Appreciate the Salvation Story events.

www.cathedralsacramento.org/faithformation
A Glimpse of Spirituality (靈修一瞥) 42  張必成神父

The world is full of cover-ups, and sometimes even the church is no exception. What is covered up is the ugly sin, which is carried out in the dark. Those evil doers hypnotize themselves that no one will notice. As a matter of fact, even those who do not believe in Jesus still believe that there is some spirits who look after humans. How do Christians do that? They simply kill God in their hearts in order to bury their conscience without any guilt feeling.

What is the benefit of hurting others? In fact, it is just an immediate benefit. What we have to face in the end is the ultimate reality that cannot be changed, i.e. heaven or hell.

Jesus said, “So have no fear of them; for nothing is covered that will not be revealed, or hidden that will not be known.” These people are the persecutors. Jesus took this opportunity as to encourage his disciples to wait patiently for the end of the world, even if they were persecuted to death. The persecutors, in order to protect their evil power, judge the Christians to be devils. Precisely, the end of the world will definitely come to light. What Christians need is patience in the midst of painful experiences.

Jesus continued: “And do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell.” The devil’s force, at most, can only kill the body. The purpose is to silence Christians’ preaching and testimony so that more people will follow the devil and go to hell. However, the devil is powerless to intervene in the eternal life that Jesus provides.

The term “soul” (psychēn) is not a floating spirit, but a living substance. Because of God’s mercy, by the mystery of Jesus’ death and resurrection, people are given eternal life. This true life cannot be destroyed by any evil force. What Jesus emphasized is that humans’ eternal life remains in God’s eternity.

Thus, in the presence of God and the strong faith of Christians, the devil can only destroy humans’ earthly life. For life eternal, what the devil can do is only to surrender. For the sake of Jesus; all kinds of persecution come together as to pave the way for eternal life.
ANointing of the Sick
Make an appointment by calling the parish office.

Baptism for Infants Preparation
Classes located in the Cathedral. English: 1st Thursday of the month at 7 pm. Spanish: 2nd Thursday of the month at 7 pm.

Baptism
Contact Deacon John at the Parish Office jgisla@cathedralsacramento.org; 916-444-3071 Ext. 22. Baptisms are scheduled in English at 9 AM on the first and third Saturday of each month; and in Spanish at 9 AM on the second and fourth Saturday of each month.

Confession/Reconciliation
Monday—Friday: 11:30 am to 12:00 pm
Saturday: 4:00 to 5:00 pm

Confirmation
The Cathedral offers programs of formation for the Sacrament of Confirmation to youth (7th grade and older) and Adults. Go to:
www.cathedralsacramento.org/faithformation

Holy Eucharist
Following at least two years of faith formation, and signs of readiness, Children and Teens prepare for the Sacrament of the Holy Eucharist through a series of workshops for immediate preparation for the Sacrament. Adults prepare for the Sacrament through the RCIA. Contact Sister Lisa Marie for details at cathedralfaithearthformationssac@gmail.com

Holy Orders
Priests and deacons are ordained to perform ministerial roles in the community. To learn more about the priesthood and/or deaconate, contact Fr. Mémo Hernandez at 916-733-0258.

Marriage Preparation
The Diocese requires all engaged couples to prepare for their union with a marriage preparation program no less than two months before the date of their wedding. Contact Deacon Omar & Janet Bardales at matrimonyprep@att.net or 916-427-9160.

Matrimony
Contact Titi Kila at tkila@cathedralsacramento.org.

Catholic Viewpoint Faith, Hope & Love
With Fr. Michael F. Kiernan & Guests
Shalom World TV – Tuesday at 12:30 pm
Comcast Ch 20 – Sunday 7:00 am and Thursday 5:00 pm
Or view us on YouTube or our website: www.CatholicViewpointFHL.com

Exploring the beauty of our Faith!

Catechist Preparation
Desire to help us pass on the faith to adults and children? To learn more and to complete your application go to: https://is.gd/cathechistapplication.

Family Faith Formation and Education
English and Spanish
The Cathedral offers weekly encounters for families to grow in faith together. Go to:
www.cathedralsacramento.org/faithformation

Rite of Christian Initiation for Adults/Children (RCIA) Adults:
Go to: https://is.gd/CathedralSacramentoRCIA.
MINISTRIES AND CONTACTS

PASTORAL AND ADMINISTRATIVE STAFF
Fr. Michael O’Reilly, Pastor/Rector
Fr. Abraham Chiu, Chinese Mass
Fr. Mémo Hernandez, In Residence
Fr. Michael Kiernan, In Residence
Deacon Omar Bardales
Deacon Gary Brys, Business Manager
Deacon John Gisla
Deacon Edgar Hilbert
Tom Waddock, Cathedral Manager

Sr. Lisa Marie Doty, FDCC, Director of Faith Formation and Education
Rex Rallanka, Director of Liturgy & Music
Michael Ongstny, Sacristan
Victoria Ramos, Secretary
Katie McAllister, Bookkeeper
Titi Kila, Wedding Coordinator
Chris Houlemand, Bulletin, Environment, Webmaster

SRACRED LITURGY
Altar Servers
Michael Ongstny, mfognstny@msn.com
Cathedral Choir
Rex Rallanka, Director of Liturgy & Music, rallanka@cathedralsacramento.org
Spanish Choir (12:00 pm)  Spanish Choir (6:00 pm)
Jenny Vanoye, Ricardo Zavaleta
Extraordinary Ministers of Holy Communion
Amy McCormick, ammccormick@att.net
Greeters
Ruben Arocun, rubun_italiano@yahoo.com
Lectors
Maggie Jones, lector@cathedralsac.org
Sacristan Ministry
Michael Ongstny, mfognstny@msn.com
Ushers
Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 36

PRAY OR
Sunday Mass Rosary Group
John Fairbanks, john@capitolmr.com
Adoration
Titi Kila, cbsadoration@gmail.com
Evening Rosary Group
Marlene Mejia, mejia1@frontiernet.net
Friday Morning Rosary Group
John Fairbanks, john@capitolmr.com
Prayer Chain
Regina Fagan, prayer.chain.sacramento@gmail.com

FAITH FORMATION AND CATECHESIS
Catechists for Family and Adult Faith Formation
Sr. Lisa Marie Doty, FDCC, cathedrafaithformationsac@gmail.com
Catechists for Family and Adult Faith Formation Spanish
Deyanira Galvez, Galvez.dgv@gmail.com
Rite of Christian Initiation for Adults (RCIA) Support Ministry
Sr. Lisa Marie Doty, FDCC, cathedrafaithformationsac@gmail.com
Catechesis of the Good Shepherd
For ages 3+ David Vincent, admin@youngsheep.org; www.youngsheep.org

SOCIAL and COMMUNITY SERVICE
Brown Bag Lunch Ministry
Marilynn Fairgood, Marilynn_Fairgood@att.net
Cathedral Docents Tour Ministry
Jill Pease, peasejill@gmail.com
Festival of Trees
Paula Trujillo, trupaula@gmail.com
Front Door Ministry
Deacon Edgar Hilbert, hilbertdoheva@aol.com
Gift Shop Volunteers
Susan Moeller, susandurand@ymail.com
Hospitality
Celeste Gisla, jfgisla@att.net
Office Ministry
Victoria Ramos, vramos@cathedralsacramento.org
Outreach Ministry to the Homebound
Deacon Omar Bardales, omarcpa@att.net
Media Ministry
Titi Kila, communication@cathedralsac.org
Respect Life Ministry
Liliana Baiderama, mch0ay8888@gmail.com
Volunteer Corps
Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 36

COMMUNITY GROUPS
Benedictus Youth Group
Titi Kila, benedictusykg@gmail.com; Sister Lisa Marie Doty, FDCC, cathedrafaithformationsac@gmail.com
Cathedral A.C.T.S.
Diane Gonzales-Salais, dmgsalais@yahoo.com
Cathedral Filipino-American Group of Sacramento
Reynaldo (Rey) Rallanka, rallanka@att.net
Cathedral Young Adults
Victoria Ramos, cathedralya@gmail.com
Chinese Community
John Wong, jwong@live.it
Knights of Columbus
Jaime Elizaldi, jaime.elizaldi@gmail.com
Spanish Parents Group Leaders
Leticia Hilbert, leticia_hilbert@hotmail.com

FINANCE COUNCIL
Robert Ingenito, Chair
Janet Bardales  Michael Pease
Steve Harrold

PARISH PASTORAL COUNCIL
Joey Martinez, Chair
Russel Almaraz    Aileen Rasmussen
Esteban Arellano    Jose Solis
Maria Balakshin     Jeff Weiss
Andrea Martin-Borges Richard Zacaroli
Maria Rosario

Restroom Keypads: Please ask any usher for the weekly access code. Adults must accompany children.

CATHEDRAL PARISH REGISTRATION & UPDATE / Actualización y registro de la parroquia de la Catedral
Become a member of our dynamic Cathedral family! Register online at: https://is.gd/cathedralnew or fill out the form below and put in the offertory basket or mail to the rectory office at:
1017 11th Street, Sacramento, CA 95814

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