



# CATHEDRAL OF THE BLESSED SACRAMENT

## Stewards of God's Gifts

July 12, 2026 Fifteenth Week in Ordinary Time

## Welcome!

### MASS SCHEDULE

#### Sunday | Domingo

English: 8:00 am, 10:00 am, 4:00 pm

Español: 12:00 pm, 6:00 pm

Chinese: 2:00 pm

*(No livestream in July.)*

#### Daily Masses

Monday - Friday | Lunes - Viernes

12:10 pm

#### Adoration | Adoracion

Wednesday & Thursday

Miercoles y Jueves

11:00 pm - 4:00 pm

*(hours subject to change if needed.)*

#### Reconciliation | Reconciliacion

Monday - Friday | Lunes - Viernes

11:30 am - 12:00 pm

Saturday | Sabado

4:00 pm - 5:00 pm

#### Cathedral Hours

Monday - Friday | Lunes - Viernes

10:00 am - 4:00 pm

*(hours subject to change if needed.)*

#### Office Hours

Monday - Friday | Lunes - Viernes

9:00 am - Noon & 1:00 pm - 4:00 pm



## CONNECT WITH US!



If you'd like something in the bulletin or website, email

[communication@cathedralsac.org](mailto:communication@cathedralsac.org).

1019 11<sup>th</sup> Street  
Sacramento, CA 95814

916-444-3071

[Blessed@cathedralsacramento.org](mailto:Blessed@cathedralsacramento.org)

[www.CathedralSacramento.org](http://www.CathedralSacramento.org)

July 12, 2026

## 02 • DISCOVER, PRAY, GATHER

### REMEMBER *in your prayers*

Ivan E.  
Sarah K.  
Stephanie  
Krystal  
Ryan M.  
Kathryn S.  
Anne R.  
Ben  
Tiffany

Rey R.  
Elizabeth  
James  
Jessie D.  
Susan R.  
Carole D. (RIP)  
Valerie  
Monica  
Larry



#### Cathedral Prayer Chain

[Prayer.chain.sacramento@gmail.com](mailto:Prayer.chain.sacramento@gmail.com)

## Today DONUT SUNDAY

On **July 12**, join the **Evening Rosary Group** after the 10am and Noon Masses for a donut and coffee mixer in the Lower Level.

#### DOMINGO DE DONAS

El **12 de julio**, únete al **grupo del rosario vespertino** después de las misas de las 10:00 y las 12:00 para disfrutar de un café con donas en el nivel inferior.



#### KEEP THE FLAME ALIVE *with Father O'Reilly*

Wednesdays, 7:00pm via Zoom  
**On break until August 5.**  
Contact Donna: [flamealive22@gmail.com](mailto:flamealive22@gmail.com)

#### MANTENGA LA LLAMA *Con Padre O'Reilly*

Miércoles, 7:00pm vía Zoom  
**De vacaciones hasta el 5 de agosto.**  
Contacto con Donna:  
[flamealive22@gmail.com](mailto:flamealive22@gmail.com)



#### RECONCILIATION

Monday - Friday  
11:30 am - 12:00 pm  
Saturday 4:00 pm - 5:00 pm

#### RECONCILIACIÓN

Lunes - Viernes  
11:30 am to 12:00 pm  
Sábado 4:00 pm to 5:00 pm

#### ADORATION

Wednesday & Thursday  
1:00 pm - 4:00 pm  
(hours subject to change if needed)

#### ADORACIÓN

Miércoles y Jueves  
1:00pm - 4:00 pm  
(horario sujeto a cambios si es necesario)



#### THE HOLY ROSARY

**1st and 3rd Wednesdays 6pm**  
St. Josephine Bakhita Room, lower level.  
[praytherosarywithus@yahoo.com](mailto:praytherosarywithus@yahoo.com)

#### EL SANTO ROSARIO

**1er y 3er miércoles, 6:00 pm**  
Aula St. Josephine Bakhita, nivel inferior.  
[praytherosarywithus@yahoo.com](mailto:praytherosarywithus@yahoo.com)

#### HOLY HOUR OF REPARATION

**Friday, August 7** — First Friday of each month immediately following the 12:10 Mass in the Blessed Sacrament Chapel.

#### HORA SANTA DE LA REPARACIÓN

**Viernes, 7 de agosto** — Primer viernes de cada mes inmediatamente después de la Misa de las 12:10 en la Capilla del Santísimo Sacramento.

#### Complimentary Sunday Cathedral Docent Tours

**English** at 9 am & 11 am and **Spanish** at 1 pm  
**English** at 5 pm, 2<sup>nd</sup> and 3<sup>rd</sup> Sunday.  
**Chinese** at 3pm, 4<sup>th</sup> Sunday  
Meet at the Baptismal font.  
Docents share how our beautiful and important works of art symbolically express spiritual beliefs intrinsic to our Catholic Faith.

#### VISITAS GRATUITAS POR LA CATEDRAL CON DOCENTES LOS DOMINGOS

En **español** a la 1pm; **inglés** a las 9am y a las 11am.  
**Inglés** a las 5pm, 2º y 3º domingos  
**Chino** a las 3 pm, 4º domingo  
Encontrarse cerca de la fuente bautismal. Los docentes comparten cómo nuestras bellas e importantes obras de arte expresan simbólicamente las creencias espirituales fundamentales a nuestra Fe católica.

Cada vez que entramos en nuestra catedral, las luces están encendidas, la música y los cantos son preciosos, hay músicos adicionales en las fiestas solemnes y flores en el altar, y la calidad de la liturgia no tiene parangón en ningún otro lugar de la diócesis. Por eso, a primera vista, podría parecer que todo va bien en el aspecto económico. Pero vuestra parroquia os necesita. Necesita vuestro apoyo continuo y adicional. Aunque aportar unos pocos dólares en la colecta semanal es de gran ayuda, pensad en visitar la página web y daros de alta para una donación periódica, de modo que, aunque os saltéis una semana, vuestra donación siga llegando. O quizá podáis aumentar vuestra ofrenda en 5 dólares a la semana en lugar de tomaros un café después de la misa. Todo ayuda.

\*\*\*\*\*

Every time we enter our Cathedral, the lights are on, the music and the cantoring are beautiful, there are extra musicians on the high holy days and flowers on the altar, and the quality of the liturgy is unparalleled anywhere else in the Diocese. So it may seem at first glance that all is well financially. But your parish needs you. It needs your continued, additional support. While placing a few dollars in the weekly offertory is helpful, consider going to the website and signing up for a reoccurring donation so even if you miss a week, your donation still comes. Or maybe increase your offertory by \$5 per week instead of getting a coffee after mass. It all helps.

Dear Friend,

Do you own stock or other investments that, if sold, would result in a higher tax bill? Are there CDs or other investments producing lower returns or less income than desired?

Through planned giving, a number of charitable strategies exist that can assist you financially and also support the church to help those in need. Three options to consider:

1. OUTRIGHT GIFT – One of the easiest ways to lower taxes on an investment is to make a tax deductible gift of the asset to one of our Catholic charities.
2. CHARITABLE GIFT ANNUITY – CDs or other investments that produce little or no income can be exchanged for a charitable gift annuity that makes fixed payments for life.
3. CHARITABLE REMAINDER TRUST – Investments that have appreciated can be used to fund a charitable remainder trust that will generate income and tax savings.

The Catholic Foundation has the expertise and tools to help you make your legacy gift a reality. Please contact us for more information by calling us at (916) 733-0266.



## GIVING MADE EASY

Use our website to make a reoccurring or one time gift at  
at  
[CathedralSacramento.org/donate](https://CathedralSacramento.org/donate)

## DAR ES FÁCIL

Utilice nuestro sitio web para hacer un regalo recurrente o único en  
único en  
[CathedralSacramento.org/donate](https://CathedralSacramento.org/donate)



Create Your Plan



Estate Planning Guide



E-newsletter



July 5, 2026

## 04 • UPCOMING EVENTS



# MEN'S RETREAT

**AUGUST 13<sup>TH</sup> – 16<sup>TH</sup>, 2026**

Beginning Thursday evening with a "send-off" celebration and concluding Sunday in fellowship following Mass at 10:30 am

*Behold, I make all things new.*  
— REVELATION 21:5 —



### WELCOME!

We are excited you are attending an ACTS retreat weekend.

Prayerfully presented by the parishioners of St. Rose Catholic Church: the intent is to deepen your relationship with Jesus Christ; renew your spirituality; awaken your prayer life; bring greater awareness to Sunday liturgy, and; build friendships with members of your community.

**Any man aged 21 or older is WELCOME.**  
Do not miss out; space is limited.

-  DEEPEN YOUR RELATIONSHIP WITH JESUS CHRIST
-  RENEW YOUR SPIRITUALITY
-  AWAKEN YOUR PRAYER LIFE
-  BRING GREATER AWARENESS TO SUNDAY LITURGY
-  BUILD FRIENDSHIPS WITH MEMBERS OF YOUR COMMUNITY

 RETREAT COST: **\$300.00**

 For more information or to register, please visit: [www.actsroseville.org](http://www.actsroseville.org)

 Questions? Kindly text or call: (916) 216-6759 Ryan Hernandez



### OUR MISSION

The ACTS retreat is a parish-based retreat that offers men the opportunity to experience the love of Jesus Christ, to renew their faith and its application in their daily lives, and to build lasting relationships with their brothers in Christ and their parish community.

*"As iron sharpens iron, so one man sharpens another."*  
— PROVERBS 27:17 —

PRAYER • FRIENDSHIP • FAITH • RENEWAL

*Experience the Journey. Strengthen Your Faith. Become the Man God Calls You to Be.*

## Cathedral of the Blessed Sacrament



### Paint Night

August TBD

### Night Fever

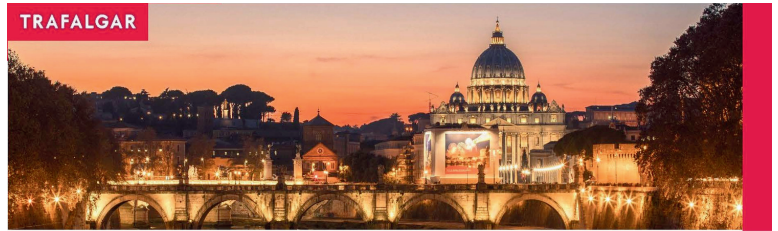
September 12

### Fall Fundraiser

October 3

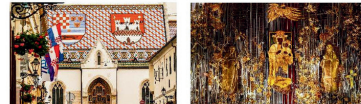
### Women's Spanish Cathedral ACTS Retreat

November 12-15



## Pilgrimage to Italy & Medjugorje | November 2, 2026

★★★★★ 4.5 



### JOIN FATHER O'REILLY ON THIS PILGRIMAGE

#### HIGHLIGHTS AND MUST-SEES

##### VISIT MUST-SEE LANDMARKS

Explore the Eternal City of Rome and enjoy a Papal Audience, St. Peter's Basilica, Holy Staircase, Catacombs. Visit major basilicas including St. John Lateran & St. Paul outside the walls. St. Padre Pio sites in San Giovanni Rotondo & Pietrelcina.

##### ICONIC EXPERIENCES

We'll see the Eucharistic Miracle in Lanciano & Holy House of Loreto. Also includes the Assisi Basilica of St. Francis & St. Clare, Monte Sant'Angelo. Witness the Millennium Cross in Mostar, and Apparition Hill for worship, reflection & spiritual immersion.

##### SPIRITUAL EXPERIENCES

Daily mass opportunities (subject to availability). Guided visits with Local Specialists. Time for prayer, reflection and personal exploration. Includes a Scenic visit to Kravica Waterfalls

#### INCLUSIONS AND ADDITIONAL INFO

13 Nights, 3 countries

Balanced Activity Level | 1-3 miles of walking per day, might involve some uneven surfaces, such as cobblestones or stairs.

Exclusive Travel Group Departure

Includes a dedicated Travel Director; Driver; portage and numerous Local Specialists to highlight each unique region.

#### PRICING PER PASSENGER

Twin Room: \$3,500

Single Supplement: \$575

Plus Airfare



For more information or to book your spot, contact Maria Rosario, Travel Advisor

Hands on Travel | 101 Parkshore Dr. Ste #100 Folsom, CA 95630 | 916.230.7756 | [maria.rosario@handsontravel.net](mailto:maria.rosario@handsontravel.net)

## SACRED VOICES CONCERT

WITH SINGERS FROM THE ROMAN AND VATICAN CHOIRS

ONCE-IN-A-LIFETIME EXPERIENCE...  
DON'T MISS OUT!



FRIDAY  
AUGUST 28, 2026 • 7:30 PM

CATHEDRAL OF THE BLESSED SACRAMENT  
1017 11TH STREET • SACRAMENTO



ADRIANO CAROLETTI  
CONDUCTOR  
OF SACRED VOICES  
WITH POPE LEO XIV



TO PURCHASE  
TICKETS  
SCAN  
QR CODE



[coro.fondazionebartolucci.it/en](http://coro.fondazionebartolucci.it/en)



## MINISTRY SPOTLIGHT

### JUNE'S DONUT SUNDAY ORDER OF CHRISTIAN INITIATION OF ADULTS (OCIA)



**Make a gift of yourself and become a part of OCIA Ministries! Contact Sr Lisa Marie at [slmdoty@cbssac.org](mailto:slmdoty@cbssac.org) to get started!**



On Donut Sunday, June 28, Catechumens, Candidates and Neophytes of the Cathedral Order of Christian Initiation of Adults (OCIA) Formation and OCIA Companions welcomed parishioners with coffee, tea, and sweet treats following Mass. **More than a time of hospitality, the morning reflected the heart of OCIA:** to build relationships, accompany one another in faith, and to create a welcoming parish where every person can encounter Christ. On Mondays throughout the year, the **OCIA Ministry** accompanies adults who are exploring the Catholic faith or preparing to receive the Sacraments of Initiation. Through prayer, Scripture, discussion, and catechesis, the team helps seekers grow in their relationship with Jesus Christ while discovering the richness of the Catholic faith. Their role is not simply to teach information, but to help foster a life of discipleship and ongoing conversion.

Our **OCIA Companions** offer another essential facet. Like Barnabas, who welcomed and encouraged Saint Paul, Companions walk alongside seekers as trusted friends and fellow disciples. They are not instructors, but living witnesses of the Catholic life—they listen, encourage, answer questions when they can, and help newcomers feel connected to the Cathedral community. Sometimes the greatest gift a person can offer is simply a welcoming presence.

If you have ever felt called to share your faith, extend hospitality, or accompany someone on their journey to Christ, we invite you to consider serving in one of our OCIA ministries. Training and support are provided—all that is needed is a prayerful heart and a willingness to walk with others. Please keep our OCIA seekers, Formation Team, and Companions in your prayers as together we continue to build a community where all are welcomed, accompanied, and invited to follow Jesus Christ.

El domingo de las rosquillas, 28 de junio, los catecúmenos, los candidatos, los neófitos, el equipo de formación de la Orden de Iniciación Cristiana de Adultos (OCIA) de la catedral y los acompañantes de la OCIA dieron la bienvenida a los feligreses con café, té y dulces tras la misa. Más allá de ser un momento de hospitalidad, la mañana reflejó la esencia de la OCIA: forjar relaciones, acompañarnos mutuamente en la fe y crear una parroquia acogedora donde cada persona pueda encontrarse con Cristo. A lo largo del año, el ministerio de la OCIA acompaña a los adultos que exploran la fe católica. O se preparan para

recibir los sacramentos de iniciación. A través de la oración, las Escrituras, el diálogo y la catequesis, el equipo ayuda a quienes buscan a crecer en su relación con Jesucristo mientras descubren la riqueza de la fe católica. Su papel no consiste simplemente en impartir información, sino en fomentar una vida de discipulado y conversión continua. Los acompañantes de la OCIA ofrecen otro ministerio esencial. Al igual que Bernabé, que acogió y animó a San Pablo, caminan junto a los buscadores como amigos de confianza y compañeros de discipulado. No son instructores, sino testigos vivos de la fe católica. Escuchan, animan, responden a preguntas y ayudan a los recién llegados a sentirse conectados

con la comunidad de la Catedral. Si sientes la llamada a compartir tu fe, a ofrecer hospitalidad o a acompañar a alguien en su camino hacia Cristo, te invitamos a que consideres la posibilidad de colaborar en uno de nuestros ministerios de la OCIA. Te proporcionaremos formación y apoyo; lo único que se necesita es un corazón lleno de oración y la voluntad de caminar junto a los demás. Por favor, ten en tus oraciones a quienes buscan a Dios en la OCIA, al Equipo de Formación y a los Acompañantes, mientras seguimos construyendo una comunidad en la que todos sean bienvenidos, acompañados e invitados a seguir a Jesucristo.



## 06• OPPORTUNITIES



Are you an ordinary, joyful Catholic who wants to help others find Christ? Just like Barnabas paved the way for Paul's welcome into the early Christian community (Acts 9:27), you can do the same.

Sign up for information night, to take place **Monday, July 27, 7:00pm.**

<https://is.gd/ociacompanions>

¿Eres un católico corriente y alegre que quiere ayudar a otros a encontrar a Cristo? Al igual que Bernabé allanó el camino para que Pablo fuera acogido en la comunidad cristiana primitiva (Hechos 9, 27), tú también puedes hacer lo mismo.

Apúntate a la sesión informativa, que tendrá lugar **el lunes 27 de julio a las 7:00 pm**  
<https://is.gd/ociacompanions>

## Coming Soon . . .

### Breakfast with the Saints through Summer

An online Summer email Series with a short, daily reflection throughout July and August, highlighting various amazing Saints of the Catholic Church. Sign up: <https://is.gd/breakfastsaints>

### Summer Bible Study - Begins July 23

A short (5 week) Summer Bible Study will be offered: **Life Everlasting: Heaven, Hell, Death, and Judgment.** Ever wonder about what happens when we die? What is our 'everlasting life' and how do we prepare ourselves for eternity? Sign up today: <https://is.gd/bibleeternity>

### OCIA Companions - July 27

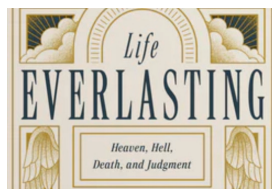
Come see how you can share your faith with those exploring the Catholic faith. The only experience needed is a welcoming heart! See above or sign up to learn more: <https://is.gd/ociacompanions>

### Adult Confirmation Prep - August 13

Adults who have not completed their Sacrament of Confirmation can register for classes beginning August 13<sup>th</sup> and concluding in November with the conferral of the Sacrament. To register use QR top right of page.

### Faith Formation Orientation - Mid-Sept.

Family Orientation for this year's faith formation will take place Sat. 9/19, Sun. 9/20, and Tue. 9/22 with participation of the whole family (not just parents). Be sure to register to ensure you receive materials.



**Confirmation: use QR above**

Do you have  
*a heart*  
—for **Christ**   
and a desire to —  
*make a difference?*

The Cathedral is seeking dedicated Catholics to help hand on the beauty and truth of the Catholic faith within the Family Faith Formation and Adult Catechetical Programs. As a catechist, you are not just a teacher—**you are a witness.** You help others encounter Jesus, grow in understanding, and live out their faith with confidence and joy.

**This mission belongs to all of us!**

*marcar la diferencia?*

Sé la luz. Comparte el amor. Transforma vidas.

Como catequista, no eres solo un profesor, sino también un testigo. Ayudas a los demás a encontrarse con Jesús, a profundizar en su comprensión y a vivir su fe con confianza y alegría.

**¡Esta misión nos pertenece a todos!**

Contact [slmdoty@cbssac.org](mailto:slmdoty@cbssac.org)

<https://bit.ly/cathedralcatechist>



## THE CULTIVATED HEART | JULY 12, 2026

## EL CORAZÓN CULTIVADO

- **First Reading** – Isaiah 55:10-11: The Lord's word is likened to rain that nourishes the earth, promising that it will accomplish its intended purpose without returning void.
- **Responsorial Psalm** – Psalms 65: You enrich the land, making it fruitful. Your generosity fills the year with abundance, causing fields and valleys to flourish and sing with joy.
- **Second Reading** – Romans 8:18-23: Current sufferings are minimal compared to the future glory awaiting God's children. All creation yearns for this liberation and shares in the anticipation of redemption.
- **Gospel** – Matthew 13:1-23: Jesus shares a parable about seeds falling on different types of soil. Jesus explains the kinds of soil represent the receptivity of hearts for the growth and understanding of God's teachings. We need our hearts to be soft and fertile to allow God's Word to take root and grow.



- **Primera lectura** – Isaías 55, 10-11: La palabra del Señor se compara con la lluvia que nutre la tierra, prometiendo que cumplirá su propósito sin volver vacía.
- **Salmo responsorial** – Salmo 65: Tú enriqueces la tierra y la haces fecunda. Tu generosidad llena el año de abundancia, haciendo que los campos y los valles florezcan y canten de alegría.
- **Segunda lectura** – Romanos 8, 18-23: Los sufrimientos actuales son mínimos en comparación con la gloria futura que espera a los hijos de Dios. Toda la creación anhela esta liberación y comparte la expectación de la redención.
- **Evangelio** – Mateo 13, 1-23: Jesús cuenta una parábola sobre semillas que caen en diferentes tipos de tierra. Jesús explica que los tipos de tierra representan la receptividad de los corazones para el crecimiento y la comprensión de las enseñanzas de Dios. Necesitamos que nuestros corazones sean blandos y fértiles para permitir que la Palabra de Dios eche raíces y crezca.

This Sunday's Gospel, Jesus tells the Parable of the Sower who casts the seed generously and unfailing. The only variable is that the soil – the ground it falls on – is us. Our hearts can be one of four types: a hardened heart, a stony heart, a heart choked by thorns, and a heart of rich soil. **The good news? The heart doesn't have to remain hard and unyielding. Here are five practical ways to cultivate it:**

**Break Up the Hard Ground — Go to Confession.** Sin hardens the heart. The Sacrament of Reconciliation breaks open what pride, habit, and indifference have packed down. Schedule a confession this week.

**Plant Deep Roots — Pray Daily** Shallow faith withers under pressure. Even five minutes of quiet prayer each morning drives roots deeper and builds resilience that endures trial.

**Pull up the Thorns — What Competes with God** The seed sown among thorns is the heart that gives too much attention to worldly cares choke the word and it bears no fruit. Identify one distraction this week — a habit, a worry, a screen — and give that time to God instead.

**Receive the Word — Read Scripture** Slow, prayerful reading of Scripture plants the Word at the deepest level of the soul. Start with just one short passage a day.

**Come to the Table — Receive the Eucharist Worthily** The Eucharist is Christ Himself entering the very soil of the heart. Nothing nourishes a soul more deeply than a worthy, attentive reception of Holy Communion.

En el Evangelio de este domingo, Jesús cuenta la parábola del sembrador que esparce la semilla con generosidad y sin descanso. La única variable es el suelo —la tierra sobre la que cae—: somos nosotros. Nuestros corazones pueden ser de cuatro tipos: un corazón endurecido, un corazón pedregoso, un corazón ahogado por las espinas y un corazón de tierra fértil. **¿La buena noticia? El corazón no tiene por qué permanecer duro e inflexible. He aquí cinco formas prácticas de cultivarlo:**

**Remueve la tierra dura: acude a la confesión.** El pecado endurece el corazón. El sacramento de la Reconciliación abre lo que el orgullo, el hábito y la indiferencia han compactado. Programa una confesión esta semana.

**Echa raíces profundas: reza a diario.** Una fe superficial se marchita bajo presión. Incluso cinco minutos de oración en silencio cada mañana hacen que las raíces se hundan más profundamente y desarrollan una resistencia que soporta las pruebas.

**Arranca las espinas: lo que compete con Dios.** La semilla sembrada entre espinas es el corazón que presta demasiada atención a las preocupaciones mundanas; estas ahogan la palabra y no da fruto. Identifica una distracción esta semana —un hábito, una preocupación, una pantalla— y dedica ese tiempo a Dios en su lugar.

**Recibe la Palabra — Lee las Escrituras.** La lectura pausada y orante de las Escrituras siembra la Palabra en lo más profundo del alma. Empieza con un solo pasaje breve al día.

**Acércate a la mesa** — Recibe la Eucaristía dignamente. La Eucaristía es Cristo mismo entrando en lo más profundo del corazón. Nada nutre el alma más profundamente que una recepción digna y atenta de la Sagrada Comunión.



## Mass Intentions &amp; Observances

SUNDAY, JULY 12

15TH SUNDAY IN ORDINARY TIME

8:00 AM: Carmelita Morales S.I.  
 10:00 AM: People of the Parish S.I.  
 12:00 PM: María Avila S.I.  
 4:00 PM: Bernardo Geluz S.I.  
 6:00 PM: Maria Sole S.I.; Alfonso Sole S.I.

MONDAY, JULY 13

15TH WEEK IN ORDINARY TIME

Saint Henry  
 12:10 PM: Emery Taylor Anub +

TUESDAY, JULY 14

SAINT KATERI TEKAKWITHA, VIRGIN

12:10 PM: Camilo Carbajal-Sanchez +

WEDNESDAY, JULY 15

SAINT BONAVENTURE, BISHOP,  
DOCTOR OF THE CHURCH

12:10 PM: Daniel Walker S.I.

THURSDAY, JULY 16

OUR LADY OF MOUNT CARMEL

12:10 PM: Daniel Walker S.I.

FRIDAY, JULY 17

15TH WEEK IN ORDINARY TIME

Saint Augustine Zhao Rong and  
 Companions

12:10 PM: Daniel Walker S.I.

S.I. = for special intention

+ = for repose of the soul

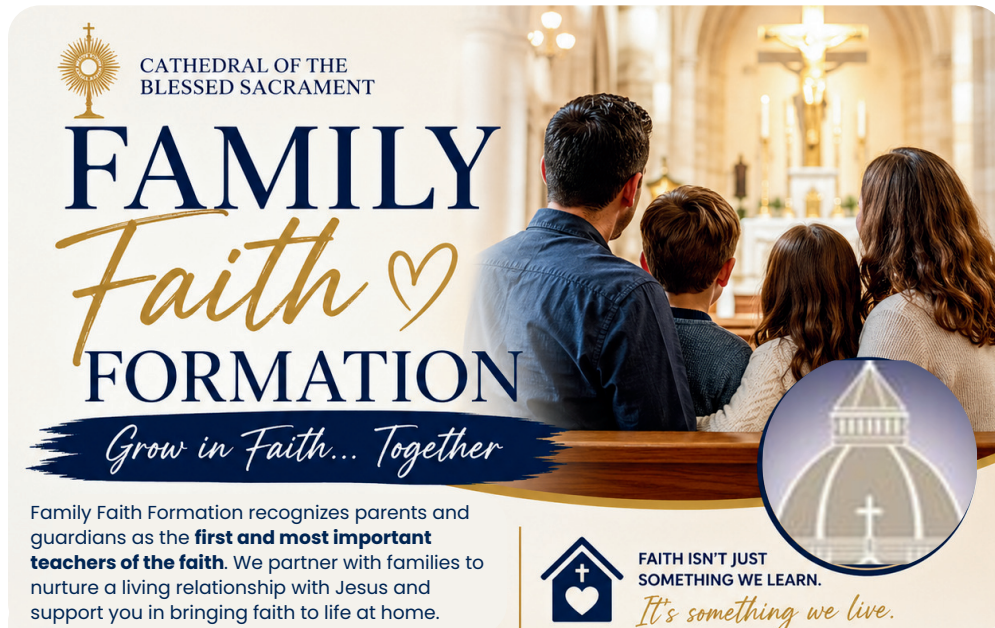
## FOR MASS INTENTIONS

Please email

[vramos@cathedralsacramento.org](mailto:vramos@cathedralsacramento.org)

or call 916-444-3071 ext. 10

## 08 • FAITH FORMATION & EVANGELIZATION



 CATHEDRAL OF THE  
BLESSED SACRAMENT

# FAMILY

# *Faith* ♥

# FORMATION

*Grow in Faith... Together*

Family Faith Formation recognizes parents and guardians as the **first and most important teachers of the faith**. We partner with families to nurture a living relationship with Jesus and support you in bringing faith to life at home.

 FAITH ISN'T JUST  
SOMETHING WE LEARN.  
*It's something we live.*

### Register Online Now!

Register online: <https://tinyurl.com/fffreg2026>

#### ◆ Encounter Christ

Through prayer, Scripture, and the Sacraments

#### ◆ Grow in Faith

Through understanding Catholic teachings and traditions

#### ◆ Live the Gospel

Through service, community, and daily witness

#### ◆ Build the Domestic Church

Making your home a place where faith is lived and shared

#### ◆ Encontrar a Cristo

A través de la oración, la Escritura y los sacramentos

#### ◆ Crecer en la fe

A través de la comprensión de las enseñanzas y tradiciones católicas

#### ◆ Vivir el Evangelio

A través del servicio, la comunidad y el testimonio diario

#### ◆ Construir la Iglesia doméstica

Haciendo de su hogar un lugar donde se vive y se comparte la fe

## Thinking About BECOMING CATHOLIC?

Have you ever felt a desire for something more—  
*more meaning, more purpose, more truth?*

*You're not alone.*

Across the country, more people than ever are entering the Catholic Church. Many are drawn by a longing for deeper faith, a sense of belonging, and the beauty of a life rooted in Christ.

Perhaps you've experienced that quiet invitation in your own heart.



Have you felt a quiet pull toward something more — a longing for truth, for belonging, for God? That is not coincidence. That is Christ, inviting you to follow Him.

¿Has sentido alguna vez un suave impulso hacia algo más —un anhelo de verdad, de pertenencia, de Dios? No es una coincidencia. Es Cristo quien te invita a seguirle.

YOU ARE INVITED

### COME AND SEE!

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### VEN A VER

MONDAYS 7:00 PM  
(walk-ins welcome!)  
Mercy Hall



Catechism #546 teaches that "Jesus' invitation to enter his kingdom comes in the form of parables." Through his parables he invites people to the feast of the kingdom, but also asks for a radical choice. Words are not enough — deeds are required. Crucially, "the parables are like mirrors for man: will he be hard soil or good earth for the word?"

This is one of the most direct Catechism references to the Parable of the Sower itself, framing it as a diagnostic question about the disposition of every human heart. Catechism #2707 warns of the Danger of Hard Soil & the Need for Meditation.

#### Reflection question worth sitting with:

In which of the four soils would an honest examination of conscience place your heart right now — and what one concrete practice could begin to break up that ground this week?

## Relaciondo

### EVANGELIO+DOCTRINA

El Catecismo, n.º 546, enseña que «la invitación de Jesús a entrar en su reino se presenta en forma de parábolas». A través de sus parábolas, invita a las personas al banquete del reino, pero también les pide una elección radical. Las palabras no bastan: se requieren hechos. Es fundamental que «las parábolas sean como espejos para el hombre: ¿será él tierra dura o tierra buena para la palabra?». Esta es una de las referencias más directas del Catecismo a la propia parábola del sembrador, que la plantea como una pregunta diagnóstica sobre la disposición del corazón de cada ser humano. El Catecismo n.º 2707 advierte del peligro de la tierra dura y de la necesidad de la meditación.

#### Una pregunta para la reflexión:

¿En cuál de los cuatro tipos de suelo situarías tu corazón en este momento tras un examen de conciencia sincero? ¿Y qué práctica concreta podrías llevar a cabo esta semana para empezar a remover ese terreno?



## PREPARACIÓN PARA LA MISA DEL PRÓXIMO DOMINGO • 09

## Small Groups



SIMPLE

It was truly inspiring to come together on June 27th to discuss the vision for our new Small Groups. Hearing your reflections on where you've found God and your hopes for deeper connection confirmed that we are all seeking sincere community.



PERSONAL

There will be facilitator training in August, followed by group placements and Groups meeting for the first time in Early September.



FAITH-FILLED

We look forward to launching our first Small Groups! — We hope you will join us by signing up at at link / QR below.



SUPPORTIVE



GROWING

**First Sessions start September!**

NEXT SUNDAY MASS PREPARATION  
JULY 19, 2026 – 16TH SUNDAY IN ORDINARY TIME

## MENSAJE PRINCIPAL

- Dios es fuerte y bondadoso.
- Nos da tiempo para cambiar.
- Su reino crece de forma discreta y poco a poco.
- El Espíritu Santo nos ayuda en la oración.

## Las lecturas:

- **1ª lectura:** Sabiduría 12, 13, 16-19. Dios es justo y bondadoso; Él nos da esperanza.
- **Salmos 86:** Dios es bueno, misericordioso y fiel.
- **2ª lectura:** Romanos 8, 26-27. El Espíritu nos ayuda cuando no sabemos cómo orar.
- **Evangelio:** Mateo 13, 24-43. Parábolas de la cizaña, la semilla de mostaza y la levadura. El reino crece.

## Preguntas para la reflexión:

1. ¿Dónde veo la paciencia de Dios en mi vida?
2. ¿Cómo puedo ser más paciente con los demás?
3. ¿Qué pequeño paso puedo dar para acercarme más a Dios?

## Desafío y Acción:

Todos tenemos momentos de bondad y momentos de egoísmo. A veces, elegimos el amor y la misericordia, pero otras veces caemos en la ira, la impaciencia o el pecado. Esta parábola nos anima **a centrarnos en hacer crecer el trigo que hay en nuestro interior**: la bondad que Dios ha sembrado en nuestros corazones. En lugar de preocuparnos demasiado por la mala hierba que nos rodea, deberíamos centrarnos en fortalecer lo que es bueno.

Lee **Filipenses 4, 8** y **medita** sobre los atributos de la bondad que propone san Pablo. **Reflexiona** sobre aquellos aspectos de tu vida en los que te molestan las cosas que hacen o dicen los demás y vuelve a leer el pasaje de san Pablo. **¿Cómo puedes tu cambio de enfoque cambiar también tu actitud o tu perspectiva ante un suceso o una acción de los demás? ¿Cómo puedes ser un agente de cambio positivo?**

## MAIN MESSAGE

- God is strong and kind.
- He gives time to change.
- His kingdom grows in small and hidden ways.
- The Holy Spirit helps us in prayer.

## THE READINGS



## FIRST READING

Wisdom 12:13, 16-19  
God is just and kind;  
He gives hope.



## PSALM

Psalm 86  
God is good, merciful,  
and faithful.



## SECOND READING

Romans 8:26-27  
The Spirit helps us  
when we don't know  
what to pray.



## GOSPEL

Matthew 13:24-43  
Parables of the weeds,  
mustard seed, and yeast.  
The kingdom grows.



## WHAT THIS MEANS FOR US



Be patient with others.



Pray, even when words  
are hard to find.



Look for God in the small  
things.



Trust God's timing.

## REFLECTION QUESTIONS

- Where do I see God's patience in my life?
- How can I be more patient with others?
- What small step can I take to grow closer to God?



## Challenge and Act:

We all have moments of kindness and moments of selfishness. At times, we choose love and mercy, but other times, we fall into anger, impatience, or sin. This parable encourages us to **focus on growing the wheat within us**—the goodness that God has planted in our hearts. Instead of worrying too much about the weeds around us, we should focus on strengthening what is good.

Read **Philippians 4:8** and **meditate** on the attributes of goodness St. Paul proposes. **Reflect** on areas of your life where things others do or say annoy you and re-read St. Paul's passage. **How can your change of focus also change your attitude or outlook on an event or action of others? How can you be an agent for good change?**

| JULY 12<br>SUN                       | JULY 13<br>MON                | JULY 14<br>TUE            | JULY 15<br>WED            | JULY 16<br>THU            | JULY 17<br>FRI       | JULY 18<br>SAT       |
|--------------------------------------|-------------------------------|---------------------------|---------------------------|---------------------------|----------------------|----------------------|
| 8 AM<br>Breaking of the<br>Word OCIA | NO OCIA<br>Mondays<br>in July | FFF OFFICE<br>Open 4-6 PM | FFF OFFICE<br>Open 4-6 PM | FFF OFFICE<br>Open 4-6 PM | FFF OFFICE<br>CLOSED | FFF OFFICE<br>CLOSED |

## 10 • PARISH INFORMATION/INFORMACIÓN PARROQUIAL



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### SACRAMENTOS

para información en español ir a  
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for additional information go to  
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### ANOIDTING OF THE SICK

Make an appointment by calling the parish office at 916-444-3071.

### BAPTISM

Contact Deacon Omar Bardales:  
[baptism@cbssac.org](mailto:baptism@cbssac.org) or 916-427-9160.

### CONFESSION/RECONCILIATION

See cover page.

### CONFIRMATION & HOLY EUCHARIST

Contact Sister Lisa Marie at  
[slmdoty@cbssac.org](mailto:slmdoty@cbssac.org).

### HOLY ORDERS

To learn about the priesthood and/or deaconate, contact Fr. Mauricio Hurtado at 916-733-0258.

### MATRIMONY & WEDDINGS

Contact Titi Kila  
[tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org)

### MARRIAGE PREPARATION CLASS

Contact Deacon Omar & Janet Bardales at [matrimonyprep@att.net](mailto:matrimonyprep@att.net).

### PASTORAL AND ADMINISTRATIVE STAFF

Fr. **Michael O'Reilly**, Pastor/Rector

Fr. **Abraham Chiu**, Chinese Mass

Fr. **Michael Kiernan**

Deacon **Omar Bardales**

Deacon **Gary Brys**, Business Manager

Deacon **Edgar Hilbert**

Sr. **Lisa Marie Doty**, FDCC, Director of Faith Formation & OCIA

**Rex Rallanka**, Director of Liturgy & Music

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#### Cathedral Choir

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[rrallanka@cathedralsacramento.org](mailto:rrallanka@cathedralsacramento.org)

#### Saint Toribio Choir - Youth Choir of the Cathedral

Rex Rallanka at [rrallanka@cathedralsacramento.org](mailto:rrallanka@cathedralsacramento.org)  
or Gayle Winney, [gwinney@cbssac.org](mailto:gwinney@cbssac.org)

#### Extraordinary Ministers of Holy Communion

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#### Lectors

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#### Sacristan Ministry

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#### Welcoming Ministry

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[cynm@yahoo.com](mailto:cynm@yahoo.com)

### PRAYER

#### Adoration

Titi Kila, [cbssadoration@gmail.com](mailto:cbssadoration@gmail.com)

#### Evening Rosary Group

Marlene Mejia or Christina Callazo-Kelly,  
[praytherosarywithus@yahoo.com](mailto:praytherosarywithus@yahoo.com)

#### Prayer Chain

Regina Fagan,  
[prayer.chain.sacramento@gmail.com](mailto:prayer.chain.sacramento@gmail.com)

### FAITH FORMATION AND CATECHESIS

#### Catechist Preparation for Family & Adult Faith Formation

Sr. Lisa Marie Doty, FDCC, [slmdoty@cbssac.org](mailto:slmdoty@cbssac.org)  
Deyanira Galvez, [Galvez.dgv@gmail.com](mailto:Galvez.dgv@gmail.com) (Espanol)

#### Catechesis of the Good Shepherd

For ages 3+ David Vincent, [admin@youngsheep.org](mailto:admin@youngsheep.org)

### SOCIAL and COMMUNITY SERVICE

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Marilynn Fairgood, [Marilynn\\_Fairgood@att.net](mailto:Marilynn_Fairgood@att.net)

#### Cathedral Docents Tour Ministry

Oscar Ramirez, [Phelix365@comcast.net](mailto:Phelix365@comcast.net)

#### Front Door Ministry

Deacon Edgar Hilbert, [hilbertdoheva@aol.com](mailto:hilbertdoheva@aol.com)

#### Guardians (Safety Team)

James Patty, [jms\\_patty@yahoo.com](mailto:jms_patty@yahoo.com)

#### Gift Shop Volunteers

Susan Moeller, [susandurand@ymail.com](mailto:susandurand@ymail.com)

#### Good Samaritan Ministry

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#### Hospitality

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Susan Moeller, [susandurand@ymail.com](mailto:susandurand@ymail.com)

#### Offertory Counting

Nancy Fairbanks, [nfbanks@hotmail.com](mailto:nfbanks@hotmail.com) or 916-606-1300

#### Outreach to the Homebound

Paty Davila, [paty\\_d@att.net](mailto:paty_d@att.net)

#### Media and Communications Ministry

Titi Kila, [communication@cathedralsac.org](mailto:communication@cathedralsac.org)

#### Respect Life Ministry

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#### St. Vincent de Paul Society

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#### Knights of Columbus

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#### Spanish Parents Group Leaders

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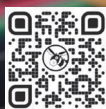
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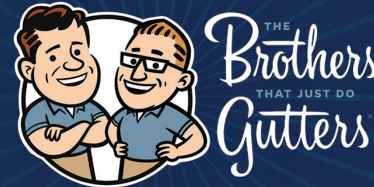
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