



CATHEDRAL OF THE BLESSED SACRAMENT

Stewards of God's Gifts

August 2, 2026 Eighteenth Sunday in Ordinary Time

Welcome!

MASS SCHEDULE

Sunday | Domingo

English: 8:00 am*, 10:00 am*, 4:00 pm

Español: 12:00 pm*, 6:00 pm

Chinese: 2:00 pm*

**Livestream available.*

Daily Masses

Monday - Friday | Lunes - Viernes

12:10 pm

Adoration | Adoración

Wednesday & Thursday

Miércoles y Jueves

1:00 pm - 4:00 pm

(hours subject to change if needed.)

Reconciliation | Reconciliación

Monday - Friday | Lunes - Viernes

11:30 am - 12:00 pm

Saturday | Sábado

4:00 pm - 5:00 pm

Cathedral Hours

Monday - Friday | Lunes - Viernes

10:00 am - 4:00 pm

(hours subject to change if needed.)

Office Hours

Monday - Friday | Lunes - Viernes

9:00 am - Noon & 1:00 pm - 4:00 pm



CONNECT WITH US!



If you'd like something in the bulletin or
website, email

communication@cathedralsac.org.

1019 11th Street
Sacramento, CA 95814

916-444-3071

Blessed@cathedralsacramento.org

www.CathedralSacramento.org

02 • DISCOVER, PRAY, GATHER

REMEMBER *in your prayers*

Brandon	Ryan M.
Martha	Kathryn S.
Lorraine G.	Anne R.
Sister Karen	Ben
Doris	Tiffany
Ivan E.	Rey R.
Sarah K.	Elizabeth
Stephanie	James
Krystal	Jessie D.



Cathedral Prayer Chain

Prayer.chain.sacramento@gmail.com

DONUT SUNDAY

On **August 9**, join the **Chinese Catholic Community** after the 8am and 10am Masses for a donut and coffee mixer in the Lower Level.

DOMINGO DE DONAS

El **9 de agosto**, únete a la **Comunidad Católica China** después de las misas de las 8:00 y las 10:00 para disfrutar de un café con donas en el nivel inferior.



KEEP THE FLAME ALIVE *with Father O'Reilly*

Wednesdays, 7:00pm via Zoom
Contact Donna: flamealive22@gmail.com

MANTENGA LA LLAMA *Con Padre O'Reilly*

Miércoles, 7:00pm vía Zoom
Contacto con Donna:
flamealive22@gmail.com



RECONCILIATION

Monday - Friday
11:30 am - 12:00 pm
Saturday 4:00 pm - 5:00 pm

RECONCILIACIÓN

Lunes - Viernes
11:30 am - 12:00 pm
Sábado 4:00 pm - 5:00 pm

ADORATION

Wednesday & Thursday
1:00 pm - 4:00 pm
(hours subject to change if needed)

ADORACIÓN

Miércoles y Jueves
1:00pm - 4:00 pm
(horario sujeto a cambios si es necesario)



THE HOLY ROSARY

1st and 3rd Wednesdays 6pm
St. Josephine Bakhita Room, lower level.
praytherosarywithus@yahoo.com

EL SANTO ROSARIO

1er y 3er miércoles, 6:00 pm
Aula St. Josephine Bakhita, nivel inferior.
praytherosarywithus@yahoo.com

HOLY HOUR OF REPARATION

Friday, August 7 — First Friday of each month immediately following the 12:10 Mass in the Blessed Sacrament Chapel.

HORA SANTA DE LA REPARACIÓN

Viernes, 7 de agosto — Primer viernes de cada mes inmediatamente después de la Misa de las 12:10 en la Capilla del Santísimo Sacramento.

Complimentary Sunday Cathedral Docent Tours

English at 9 am & 11 am and **Spanish** at 1 pm
English at 5 pm, 2nd and 4th Sunday.
Chinese at 3 pm, 4th Sunday
Meet at the Baptismal font.
Docents share how our beautiful and important works of art symbolically express spiritual beliefs intrinsic to our Catholic Faith.

VISITAS GRATUITAS POR LA CATEDRAL CON DOCENTES LOS DOMINGOS

En **español** a la 1pm; **inglés** a las 9am y a las 11am.
Inglés a las 5pm, 2º y 4º domingos
Chino a las 3 pm, 4º domingo
Encontrarse cerca de la fuente bautismal. Los docentes comparten cómo nuestras bellas e importantes obras de arte expresan simbólicamente las creencias espirituales fundamentales a nuestra Fe católica.



SCAN TO PAY!

ACTS PAINT NIGHT

HOSTED BY THE CATHEDRAL OF THE BLESSED SACRAMENT

FRIDAY, AUGUST 21, 2026

6:30 PM

THE PATIO AT THE CATHEDRAL

\$15 ADMISSION FEE

JOIN US FOR A FUN EVENING OF CREATIVITY, MUSIC, AND FELLOWSHIP!

80s, 90s, 2000s THROWBACK MUSIC

WINE & BEER AVAILABLE FOR PURCHASE








ACTS MEN'S RETREAT

AUGUST 13TH - 16TH, 2026

Beginning Thursday evening with a "send-off" celebration and concluding Sunday in fellowship following Mass at 10:30 am

Behold, I make all things new.
— REVELATION 21:5 —




WELCOME!

We are excited you are attending an ACTS retreat weekend.

Prayerfully presented by the parishioners of St. Rose Catholic Church: the intent is to deepen your relationship with Jesus Christ; renew your spirituality; awaken your prayer life; bring greater awareness to Sunday liturgy, and, build friendships with members of your community.

Any man aged 21 or older is WELCOME.
Do not miss out; space is limited.

- DEEPEN YOUR RELATIONSHIP WITH JESUS CHRIST
- RENEW YOUR SPIRITUALITY
- AWAKEN YOUR PRAYER LIFE
- BRING GREATER AWARENESS TO SUNDAY LITURGY
- BUILD FRIENDSHIPS WITH MEMBERS OF YOUR COMMUNITY

RETREAT COST: \$300.00

For more information or to register, please visit: www.actsroseville.org

Questions? Kindly text or call: (916) 216-6759 Ryan Hernandez



OUR MISSION

The ACTS retreat is a parish-based retreat that offers men the opportunity to experience the love of Jesus Christ, to renew their faith and its application in their daily lives, and to build lasting relationships with their brothers in Christ and their parish community.

"As iron sharpens iron, so one man sharpens another."
— PROVERBS 27:17 —

PRAYER • FRIENDSHIP • FAITH • RENEWAL
Experience the Journey. Strengthen Your Faith. Become the Man God Calls You to Be.

SACRED VOICES CONCERT

WITH SINGERS FROM THE ROMAN AND VATICAN CHOIRS

ONCE-IN-A-LIFETIME EXPERIENCE... DON'T MISS OUT!



ADRIANO CAROLETTI
CONDUCTOR OF SACRED VOICES
WITH POPE LEO XIV



TO PURCHASE TICKETS
SCAN QR CODE



DIocese OF
SACRAMENTO



CATHEDRAL OF THE
BLESSED SACRAMENT



coro.fondazionebartolucci.it/en

We are seeking sponsors for the reception and dinner. Contact Cathedral Community Outreach Ministry chairperson Richard Zacaroli at rzacaroli@gmail.com or (916) 207-2595. Portions of your donation will be tax deductible.



**FRIDAY
AUGUST 28, 2026 • 7:30 PM**

CATHEDRAL OF THE BLESSED SACRAMENT
1017 11TH STREET • SACRAMENTO

04 • STEWARDSHIP & TREASURE

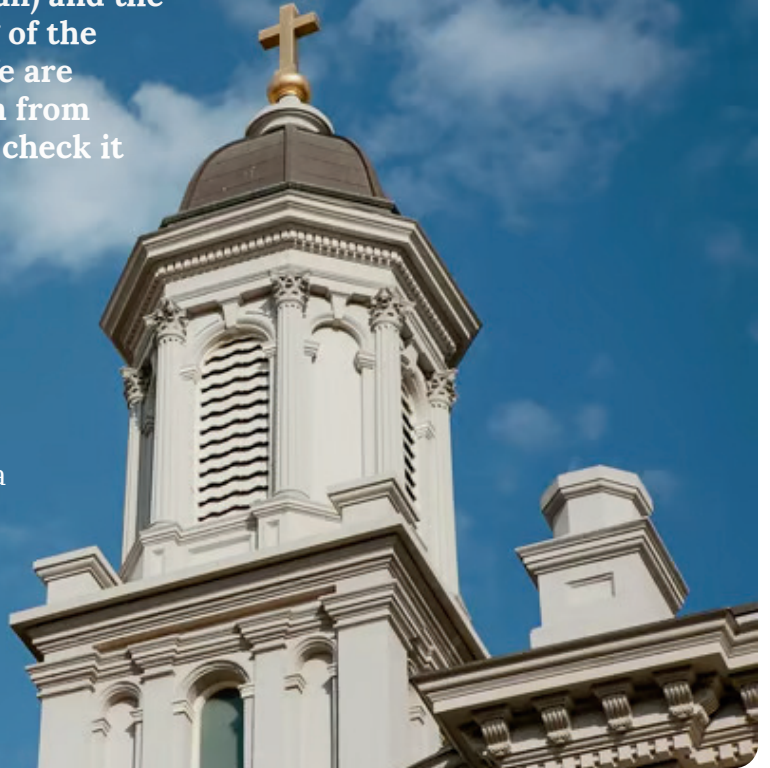
THIS SUNDAY IS

First Sunday Collection for Repairs and Maintenance

Beautification is the focus of our current 1st Sunday Collection. This year we've improved the lighting on the interior (check out the lights in Mercy Hall) and the exterior columns are lit up at night. Painting of the entry ways on both levels will begin soon. We are getting ready for a unique event that will run from September - January called **LUMINISCE** - check it out here: www.luminiscence.com/en/

HOY TENDRÁ LUGAR LA PRIMERA COLECTA DOMINICAL DESTINADA A REPARACIONES Y MANTENIMIENTO

El embellecimiento es el objetivo de nuestra actual colecta del primer domingo. Este año hemos mejorado la iluminación interior (echad un vistazo a las luces del Mercy Hall) y las columnas exteriores se iluminan por la noche. Próximamente comenzaremos a pintar las entradas de ambas plantas. Nos estamos preparando para un evento único que se celebrará de septiembre a enero, llamado **LUMINISCE**- echadle un vistazo aquí: www.luminiscence.com/es/



Thanks to your generous donations to the First Sunday collection for Repairs and Maintenance, artwork is being restored at the Cathedral. Two pieces of Cathedral art disappeared, reappeared, then disappeared again. The paintings hang on either side of the organ and were sent off to be restored. Earlier this year, just the frames remained on the walls, but the paintings were returned in time for Easter. Yet the restoration work was not complete so the canvases were again sent off. The painting to the right of the organ, replica of *Saint Michael Defeating Satan*, returned in June and the original painting, *Death of a Martyr Bishop*, was returned in July. According to our business manager, Deacon Gary Brys, the next project for these pieces is to improve the lighting so the colors and details can really pop.



Gracias a vuestras generosas donaciones a la colecta del primer domingo destinada a reparaciones y mantenimiento, se están restaurando obras de arte en la catedral. Dos obras de arte de la catedral desaparecieron, reaparecieron y volvieron a desaparecer. Los cuadros cuelgan a ambos lados del órgano y fueron enviados a restaurar. A principios de este año, solo quedaban los marcos en las paredes, pero los cuadros fueron devueltos a tiempo para la Semana Santa. Sin embargo, el trabajo de restauración no había concluido, por lo que los lienzos se enviaron de nuevo. El cuadro situado a la derecha del órgano, una réplica de «San Miguel derrotando a Satanás», regresó en junio, y el cuadro original, «La muerte de un obispo mártir», lo hizo en julio. Según nuestro administrador, el diácono Gary Brys, el próximo proyecto para estas obras consiste en mejorar la iluminación para que los colores y los detalles resalten realmente.



GIVING MADE EASY

Use our website to make a recurring or one time gift at CathedralSacramento.org/donate

DAR ES FÁCIL

Utilice nuestro sitio web para hacer un regalo recurrente o único en CathedralSacramento.org/donate

ON JULY 12, THE EVENING ROSARY GROUP LOVINGLY HOSTED DONUT SUNDAY.

The Holy Rosary is one of the most beautiful and powerful prayers of the Catholic faith. Through the Rosary, we journey with Jesus and His Blessed Mother, Mary, meditating on the mysteries of Christ's life, death, and resurrection. As we reflect on these sacred mysteries, we set aside the worries of the day and place them in God's loving hands. This peaceful prayer calms our hearts, renews our spirits, strengthens our faith, and reminds us that we are never alone.

We warmly invite you to join us for our Evening Rosary Gathering on the first and third Wednesday of each month. You are welcome whether you are new to the Rosary or have prayed it for years. We gather in person and through Zoom for prayer. During our gatherings, we rotate through all four sets of the Rosary Mysteries—the Joyful, Luminous, Sorrowful, and Glorious, so that over time we reflect on the fullness of Christ's life and mission. While praying each mystery, we proclaim a passage from Sacred Scripture to guide our meditation. Together we pray for our families, our Church, our community, our nation, and all intentions entrusted to us.

If you are unable to attend, we would still be honored to pray for you. Prayer intentions may be submitted at any time, and we will gladly lift them up during our Rosary gathering. Whether you seek healing, guidance, comfort, peace, or wish to offer thanksgiving, know that your intentions will be remembered with love and care. As Our Lady of Fatima lovingly reminded us, "Pray the Rosary every day," an invitation that leads countless souls closer to her Son and to the peace that only He can give.

Christina Callazo-Kelly & Marlene Mejia,
Evening Rosary Leads. Contact email
praytherosarywithus@yahoo.com.

El Santo Rosario es una hermosa oración que nos lleva hasta Jesús a través de la mirada de su Santísima Madre, María. Al meditar sobre los misterios de la vida, muerte y resurrección de Cristo, ponemos nuestras preocupaciones en manos de Dios y encontramos paz, esperanza y una fe renovada.

Únete a nosotros en nuestro encuentro vespertino del Rosario el primer y tercer miércoles de cada mes, ya sea en persona o a través de Zoom. Todos son bienvenidos, tanto si rezas el Rosario por primera vez como si llevas muchos años cultivando esta devoción. A lo largo del año, rezamos los misterios gozosos, luminosos, dolorosos y gloriosos, reflexionando sobre la plenitud de la obra salvadora de Cristo. Cada misterio va acompañado de una lectura de la Sagrada Escritura para profundizar en nuestra oración y meditación.

Juntos elevamos las necesidades de nuestras familias, nuestra Iglesia, nuestra comunidad, nuestra nación y todas las intenciones que se nos han confiado. Si no puedes asistir, te invitamos a que nos envíes tus intenciones de oración, que serán recordadas durante nuestro encuentro. Ya sea que reces por la sanación, la guía, la paz, el consuelo o en acción de gracias, ten por seguro que tus intenciones serán objeto de nuestra oración.

Tal y como nos animó Nuestra Señora de Fátima: «Rezad el rosario todos los días», acercándoos cada vez más a su Hijo y a la paz que solo Él puede dar.



06 • OPPORTUNITIES



Are you an ordinary, joyful Catholic who wants to help others find Christ? Just like Barnabas paved the way for Paul's welcome into the early Christian community (Acts 9:27), you can do the same. Become an OCIA Companion or Catechist!

<https://is.gd/ociacompanions>

¿Eres un católico corriente y alegre que quiere ayudar a otros a encontrar a Cristo? Al igual que Bernabé allanó el camino para que Pablo fuera acogido en la comunidad cristiana primitiva (Hechos 9, 27), tú también puedes hacer lo mismo.

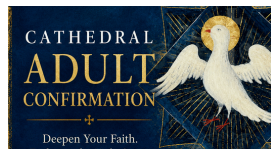
Conviértete en acompañante o catequista de la OCIA.

<https://is.gd/ociacompanions>

Upcoming . . .

Adult Confirmation Prep - August 13

Adults who have not completed their Sacrament of Confirmation can register for classes beginning August 13 and concluding in November with the conferral of the Sacrament. To register use QR top right of page.



Faith Formation Orientation - Mid-Sept.

Family Orientation for this year's faith formation will take place Sat. 9/19, Sun. 9/20, and Tue. 9/22 with participation of the whole family (not just parents). Be sure to register to ensure you receive materials.



Breakfast with the Saints through Summer

An online Summer email Series with a short, daily reflection throughout July and August, highlighting various amazing Saints of the Catholic Church. Sign up:

<https://is.gd/breakfastsaints>

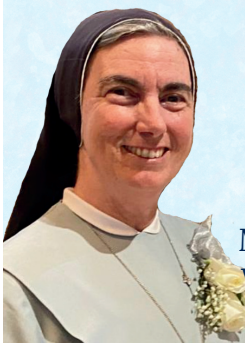


25 Years of Religious Profession

August 5, 2001 - 2026

Congratulations to Sister Lisa Marie in celebrating 25 Years of Religious profession with the Canossian Daughters of Charity!

May you have many more dear Sister! We are blessed to have you as part of our community!



CATHEDRAL
ADULT
CONFIRMATION

Deepen Your Faith.
Embrace the Holy Spirit.

AUGUST 13 - NOVEMBER 12 THURSDAYS 7-8:30PM

ANSWER THE CALL. STRENGTHEN YOUR SPIRIT.
ALL ARE WELCOME.

Confirmation: use QR above

Do you have
a heart
—for Christ
and a desire to —
make a difference?

The Cathedral is seeking dedicated Catholics to help hand on the beauty and truth of the Catholic faith within the Family Faith Formation and Adult Catechetical Programs. As a catechist, you are not just a teacher—**you are a witness**. You help others encounter Jesus, grow in understanding, and live out their faith with confidence and joy.

This mission belongs to all of us!

marcar la diferencia?

Sé la luz. Comparte el amor. Transforma vidas.

Como catequista, no eres solo un profesor, sino también un testigo. Ayudas a los demás a encontrarse con Jesús, a profundizar en su comprensión y a vivir su fe con confianza y alegría.

¡Esta misión nos pertenece a todos!

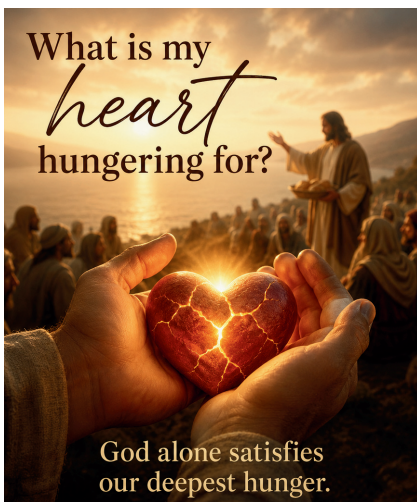
Contact slmdoty@cbssac.org

<https://bit.ly/cathedralcatechist>

GOD SATISFIES OUR HUNGER | AUGUST 2, 2026

DIOS SACIA NUESTRA HAMBRE

- **First Reading** – Isaiah 55:1-3: The LORD invites everyone to come and receive food and drink without cost, promising life and renewal of the everlasting covenant.
- **Responsorial Psalm** – Psalms 145: The Lord is kind, merciful, and just, providing for all and close to those who sincerely call on him. He satisfies every need.
- **Second Reading** – Romans 8:35, 37-39: Nothing can separate us from God's love in Christ, not even life's greatest challenges or spiritual forces.
- **Gospel** – Matthew 14:13-21: Jesus withdrew to a remote place, where crowds followed him. Despite the disciples' concerns, Jesus miraculously fed over five thousand men with just five loaves and two fish.



- **Primera lectura** – Isaías 55, 1-3: El Señor invita a todos a venir y recibir comida y bebida sin coste alguno, prometiendo la vida y la renovación de la alianza eterna.
- **Salmo responsorial** – Salmo 145: El Señor es bondadoso, misericordioso y justo; provee a todos y está cerca de quienes le invocan con sinceridad. Él satisface todas las necesidades.
- **Segunda lectura** – Romanos 8, 35, 37-39: Nada puede separarnos del amor de Dios en Cristo, ni siquiera los mayores desafíos de la vida ni las fuerzas espirituales.
- **Evangelio** – Mateo 14, 13-21: Jesús se retiró a un lugar apartado, adonde le siguió la multitud. A pesar de las preocupaciones de los discípulos, Jesús alimentó milagrosamente a más de cinco mil hombres con solo cinco panes y dos peces.

This Sunday's readings invite us to trust that God alone can satisfy the deepest hunger of the human heart. Through the prophet Isaiah, the Lord calls everyone—especially those who are weary and searching—to come freely and receive the nourishment that only He can give. God's grace is never earned or purchased; it is a gift offered to all. In the Gospel, Jesus has compassion on the crowds who have followed Him into the wilderness. Rather than sending them away, He takes five loaves and two fish, blesses them, and feeds thousands until everyone is satisfied, with twelve baskets left over. This miracle reveals Jesus as the Bread of Life who provides abundantly for both our physical and spiritual needs. What seems insufficient in our hands becomes more than enough when entrusted to Him.

Family Challenge: Before one meal this week, ask each family member: **"What has my heart been hungry for?"** Pray together, asking Jesus to satisfy that deepest hunger with His love. Then share His abundance by feeding someone else—with a meal, a donation, or an act of kindness.

Jesus, You fed the hungry crowd with five loaves and two fish. Feed our hearts with Your love, help us trust that You are enough, and teach us to share Your blessings with others. Amen.

Las lecturas de este domingo nos invitan a confiar en que solo Dios puede saciar la sed más profunda del corazón humano. A través del profeta Isaías, el Señor llama a todos —especialmente a los que están cansados y en busca de algo— a acercarse libremente y recibir el alimento que solo Él puede dar. La gracia de Dios nunca se gana ni se compra; es un don que se ofrece a todos. En el Evangelio, Jesús se compadece de las multitudes que le han seguido hasta el desierto. En lugar de despedirlos, toma cinco panes y dos peces, los bendice y alimenta a miles de personas hasta que todos quedan saciados, sobrando doce cestas. Este milagro revela a Jesús como el Pan de Vida que satisface abundantemente tanto nuestras necesidades físicas como espirituales. Lo que parece insuficiente en nuestras manos se convierte en más que suficiente cuando se lo confiamos a Él.

Desafío familiar: Antes de una de las comidas de esta semana, preguntad a cada miembro de la familia: «¿De qué ha tenido hambre mi corazón?». Rezad juntos, pidiéndole a Jesús que sacie esa hambre más profunda con su amor. Después, compartid su abundancia alimentando a otra persona: con una comida, una donación o un gesto de bondad.

Jesús, alimentaste a la multitud hambrienta con cinco panes y dos peces. Alimenta nuestros corazones con tu amor, ayúdanos a confiar en que tú eres suficiente y enséñanos a compartir tus bendiciones con los demás. Amén.



TRANSFIGURATION

OF THE LORD

Mass Intentions & Observances

SUNDAY, AUGUST 2

18TH SUNDAY IN ORDINARY TIME

8:00 AM: Olga R Fuentes +

10:00 AM: Alice Walker S.I.

12:00 PM: María J. Chavez +; Maria Perez +

4:00 PM: Mila Aquino S.I.

6:00 PM: Para los Feligreses de la Parroquia S.I.

MONDAY, AUGUST 3

18TH WEEK IN ORDINARY TIME

12:10 PM: Alice Walker S.I.

TUESDAY, AUGUST 4

SAINT JOHN VIANNEY, PRIEST

12:10 PM: Frederick and Rhoda Jones +

WEDNESDAY, AUGUST 5

18TH WEEK IN ORDINARY TIME

The Dedication of the Basilica of Saint Mary Major

12:10 PM: Alice Walker S.I.

THURSDAY, AUGUST 6

THE TRANSFIGURATION OF THE LORD

12:10 PM: BJ Sollender +

FRIDAY, AUGUST 7

18TH WEEK IN ORDINARY TIME

Saint Sixtus II, Pope and Companions, Martyrs; Saint Cajetan, Priest

12:10 PM: Danelle Saldana +

S.I. = for special intention

+ = for repose of the soul

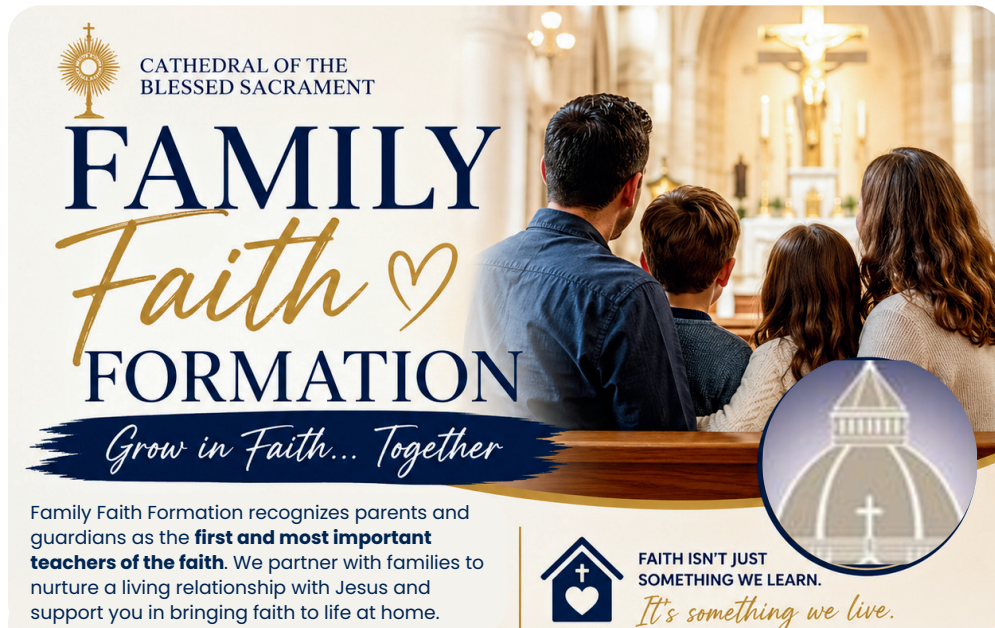
FOR MASS INTENTIONS

Please email

vramos@cathedralsacramento.org

or call 916-444-3071 ext. 10

08 • FAITH FORMATION & EVANGELIZATION



 CATHEDRAL OF THE
BLESSED SACRAMENT

FAMILY *Faith* ♥ FORMATION

Grow in Faith... Together

Family Faith Formation recognizes parents and guardians as the **first and most important teachers of the faith**. We partner with families to nurture a living relationship with Jesus and support you in bringing faith to life at home.

 FAITH ISN'T JUST
SOMETHING WE LEARN.
It's something we live.

Your Family's Faith Journey Starts Here
Register Today for Family Faith Formation
Register online: <https://tinyurl.com/fffreg2026>

◆ **Encounter Christ**

Through prayer, Scripture, and the Sacraments

◆ **Grow in Faith**

Through understanding Catholic teachings and traditions

◆ **Live the Gospel**

Through service, community, and daily witness

◆ **Build the Domestic Church**

Making your home a place where faith is lived and shared

◆ **Encontrar a Cristo**

A través de la oración, la Escritura y los sacramentos

◆ **Creer en la fe**

A través de la comprensión de las enseñanzas y tradiciones católicas

◆ **Vivir el Evangelio**

A través del servicio, la comunidad y el testimonio diario

◆ **Construir la Iglesia doméstica**

Haciendo de su hogar un lugar donde se vive y se comparte la fe

Thinking About BECOMING CATHOLIC?

Have you ever felt a desire for something more—
more meaning, more purpose, more truth?

You're not alone.

Across the country, more people than ever are entering the Catholic Church. Many are drawn by a longing for deeper faith, a sense of belonging, and the beauty of a life rooted in Christ.

Perhaps you've experienced that quiet invitation in your own heart.



Have you felt a quiet pull toward something more — a longing for truth, for belonging, for God? That is not coincidence. That is Christ, inviting you to follow Him.

¿Has sentido alguna vez un suave impulso hacia algo más —un anhelo de verdad, de pertenencia, de Dios? No es una coincidencia. Es Cristo quien te invita a seguirle.



SCAN TO LEARN MORE

YOU ARE INVITED

COME AND SEE!

Contact us to learn more!

(916) 444-5364

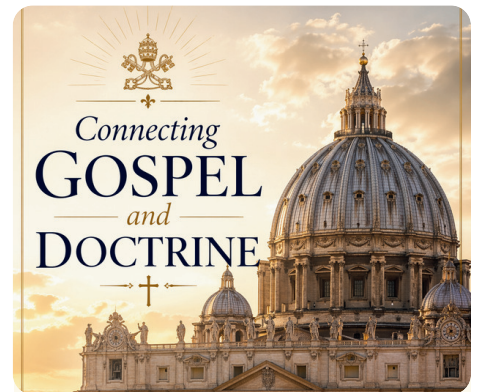
slmdoty@cbssac.org

VEN A VER

MONDAYS 7:00 PM

(walk-ins welcome!)

Mercy Hall



In this Sunday's Gospel, Jesus sees the crowds who have followed him and is moved with compassion. When the disciples suggest sending them away to find food, Jesus tells them, "Give them some food yourselves." With only five loaves and two fish, the disciples offer what they have, and Jesus transforms their small gift into an abundance that feeds thousands. This miracle points us toward the mystery of the Eucharist. The Catechism of the Catholic Church teaches that the multiplication of the loaves "prefigure[s] the superabundance of this unique bread of his Eucharist" (CCC 1335). The actions of Jesus—taking, blessing, breaking, and giving the bread—foreshadow the Last Supper and every celebration of the Mass, where Christ continues to nourish us with his own Body and Blood. The Gospel also reminds us that Jesus invites us to share in his mission. Like the disciples, we bring what we have, trusting that Christ can multiply our gifts to bring his love and mercy to others.

Relacionando

EVANGELIO+DOCTRINA

En el Evangelio de este domingo, Jesús ve a las multitudes que le han seguido y se compadece de ellas. Cuando los discípulos sugieren que las despidan para que busquen comida, Jesús les dice: «Dadles vosotros de comer». Con solo cinco panes y dos peces, los discípulos ofrecen lo que tienen, y Jesús transforma su pequeño don en una abundancia que alimenta a miles de personas. Este milagro nos remite al misterio de la Eucaristía. El Catecismo de la Iglesia Católica enseña que la multiplicación de los panes «prefigura la superabundancia de este pan único de su Eucaristía» (CIC 1335). Los gestos de Jesús — tomar, bendecir, partir y repartir el pan — prefiguran la Última Cena y cada celebración de la Misa, en la que Cristo sigue alimentándonos con su propio Cuerpo y Sangre. El Evangelio también nos recuerda que Jesús nos invita a participar en su misión. Al igual que los discípulos, aportamos lo que tenemos, confiando en que Cristo puede multiplicar nuestros dones para llevar su amor y su misericordia a los demás.

PREPARACIÓN PARA LA MISA DEL PRÓXIMO DOMINGO • 09

Small Groups



SIMPLE

It was truly inspiring to come together on June 27 to discuss the vision for our new Small Groups. Hearing your reflections on where you've found God and your hopes for deeper connection confirmed that we are all seeking sincere community.



PERSONAL

There will be facilitator training in August, followed by group placements and Groups meeting for the first time in early September.



FAITH-FILLED



SUPPORTIVE

We look forward to launching our first Small Groups! — We hope you will join us by signing up at at link / QR below.



First Sessions

GROWING start September!



NEXT SUNDAY MASS PREPARATION AUGUST 9, 2026 – 19TH SUNDAY IN ORDINARY TIME

MENSAJE PRINCIPAL

- Dios habla de forma discreta.
- Confía en Jesús, incluso en medio de las tormentas.
- Él nos salva cuando le invocamos.
- Ama a los demás y guíalos hacia Cristo.

Las lecturas:

- **1ª lectura:** 1 Reyes 19, 9A, 11-13A — Dios es un susurro silencioso.
- **Salmo 85:** La paz y la justicia provienen del Señor.
- **2ª lectura:** Romanos 9, 1-5 — El profundo amor de Pablo por su pueblo.
- **Evangelio:** Mateo 14, 22-33 — Jesús camina sobre las aguas. Pedro confía, pero luego duda. Jesús lo salva.

Preguntas para la reflexión:

1. ¿Cuándo me he sentido como si estuviera en medio de una tormenta?
2. ¿Cómo puedo confiar más en Jesús?
3. ¿Cómo puedo mostrar su amor a los demás?

Prueba esto:

Dedica hoy unos minutos a rezar y cuéntale a Jesús una cosa en la que necesites ayuda.

Desafío y Acción:

Pedro, siempre el más atrevido de todos ellos, se mostró dispuesto a arriesgarse a ahogarse para demostrar su confianza en Cristo. Mientras confió en Cristo, todo salió bien; pero cuando su fe flaqueó, se habría perdido de no ser por la mano extendida de su Maestro.

Pedro se hundió no porque le faltara fe por completo, sino porque dividió su mirada entre Cristo y el caos que le rodeaba; así pues, ¿cuáles son las «olas» en tu propia vida que compiten por la atención que tus ojos deben a Jesús?

Challenge and Act:

Peter, always the most daring among them, showed himself ready to risk drowning in order to prove his trust in Christ. While he trusted in Christ, all went well — but when his faith weakened, he would have been lost were it not for the outstretched hand of his Master.

Peter sank not because he lacked faith entirely, but because he divided his gaze between Christ and the chaos around him — so what are the “waves” in your own life that are competing for the attention your eyes owe to Jesus?

MAIN MESSAGE

- God speaks in quiet ways.
- Trust Jesus, even in storms.
- He saves when we call to Him.
- Love others and lead them to Christ.



THE READINGS



First Reading

God is in a quiet whisper.
1 Kings 19:9A, 11-13A



Psalm

Peace and justice come from the Lord.
Psalm 85



Second Reading

Paul's deep love for his people.
Romans 9:1-5



Gospel

Jesus walks on water. Peter trusts, then doubts. Jesus saves him.
Matthew 14:22-33

THEMES TO KNOW

- God in quiet ways
Dios, de forma discreta
- Trust over fear
La confianza por sobre el miedo
- Jesus saves
Jesús salva
- Love for others
El amor al prójimo
- Peace and justice
Paz y justicia

REFLECTION QUESTIONS

- When have I felt like I was in a storm?
- How can I trust Jesus more?
- How can I show His love to others?

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AUG 2 SUN	AUG 3 MON	AUG 4 TUE	AUG 5 WED	AUG 6 THU	AUG 7 FRI	AUG 8 SAT
8 AM Breaking of the Word OCIA	6:30 Vespers 7PM OCIA	FFF OFFICE Open 4-8 PM	FFF OFFICE Open 4-8 PM	FFF OFFICE Open 4-8 PM	FFF OFFICE CLOSED	FFF OFFICE Open 9 - 12

10 • PARISH INFORMATION/INFORMACIÓN PARROQUIAL



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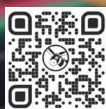
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