



# CATHEDRAL OF THE BLESSED SACRAMENT

## Stewards of God's Gifts

May 24, 2026 Pentecost Sunday

## Welcome!

### MASS SCHEDULE

#### Sunday | Domingo

English: 8:00 am, 10:00 am\*, 4:00 pm

Español: 12:00 pm\*, 6:00 pm

Chinese: 2:00 pm\*

\*livestream available.

#### Daily Masses

Monday - Friday | Lunes - Viernes

12:10 pm

#### Adoration | Adoracion

Wednesday & Thursday

Miercoles y Jueves

11:00 pm - 4:00 pm

(hours subject to change if needed.)

#### Reconciliation | Reconciliacion

Monday - Friday | Lunes - Viernes

11:30 am - 12:00 pm

Saturday | Sabado

4:00 pm - 5:00 pm

#### Cathedral Hours

CLOSED MONDAY FOR MEMORIAL DAY.

Tuesday - Friday | Martes- Viernes

10:00 am - 4:00 pm

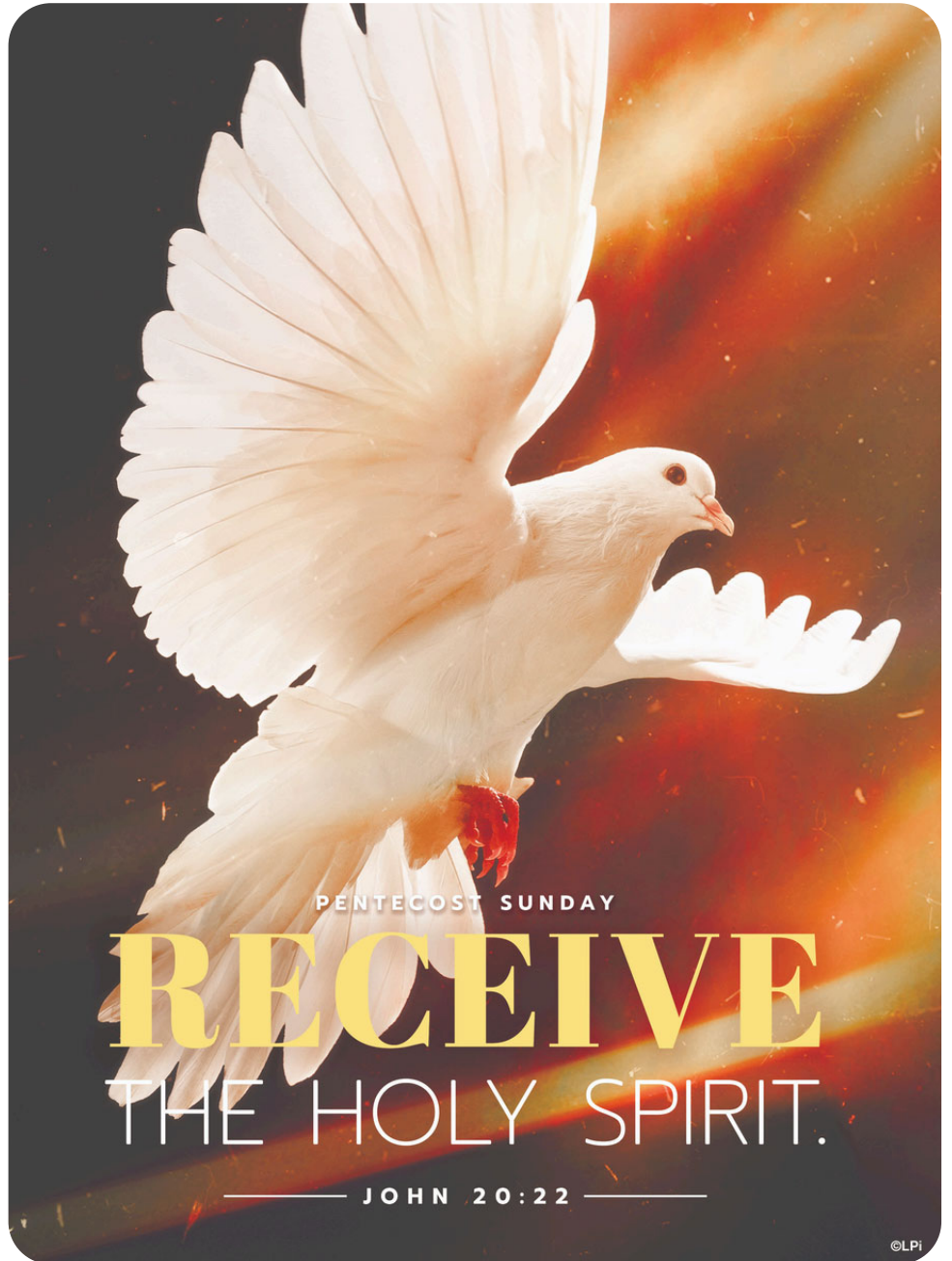
(hours subject to change if needed.)

#### Office Hours

CLOSED MONDAY FOR MEMORIAL DAY.

Tuesday - Friday | Martes- Viernes

9:00 am - Noon & 1:00 pm - 4:00 pm



## CONNECT WITH US!



If you'd like something in the bulletin or website, email

[communication@cathedralsac.org](mailto:communication@cathedralsac.org).

Church and Office will be closed Monday, May 25 for Memorial Day.

1019 11<sup>th</sup> Street  
Sacramento, CA 95814

916-444-3071

[Blessed@cathedralsacramento.org](mailto:Blessed@cathedralsacramento.org)

[www.CathedralSacramento.org](http://www.CathedralSacramento.org)

02 • DISCOVER, PRAY, GATHER

REMEMBER  
in your prayers

|             |                   |
|-------------|-------------------|
| Janet B.    | Msgr. Lahey (RIP) |
| Michael     | Nader             |
| Anne        | Fred              |
| Piper (RIP) | Ivette M. (RIP)   |
| Suzette     | Marilyn C.        |
| Judy        | Kevin             |
| Susan R.    | Francis C.        |
| Gary S.     | Bevie             |
| Jessica J.  | Maggie's Sister   |



Cathedral Prayer Chain

[Prayer.chain.sacramento@gmail.com](mailto:Prayer.chain.sacramento@gmail.com)

DONUT SUNDAY

June 28, join the **Order of Christian Initiation of Adults (OCIA)** after the 8am and 10am Masses for a donut and coffee mixer in the Lower Level.

DOMINGO DE DONAS

El 28 de juni, únete al **La Orden de Iniciación Cristiana de Adultos (OCIA)** después de las misas de las 8am y 10am para disfrutar de un café con donas en el nivel inferior.



KEEP THE FLAME ALIVE  
with Father O'Reilly

Wednesdays, 7:00pm via Zoom  
Contact Donna: [flamealive22@gmail.com](mailto:flamealive22@gmail.com)

MANTENGA LA LLAMA  
Con Padre O'Reilly

Miércoles, 7:00pm vía Zoom  
Contacto con Donna:  
[flamealive22@gmail.com](mailto:flamealive22@gmail.com)



RECONCILIATION

Monday - Friday  
11:30 am - 12:00 pm  
Saturday 4:00 pm - 5:00 pm

RECONCILIACIÓN

Lunes - Viernes  
11:30 am to 12:00 pm  
Sábado 4:00 pm to 5:00 pm

ADORATION

Wednesday & Thursday  
1:00 pm - 4:00 pm  
(hours subject to change if needed)

ADORACIÓN

Miercoles y Jueves  
1:00pm - 4:00 pm  
(horario sujeto a cambios si es necesario)



THE HOLY ROSARY

1st and 3rd Wednesdays 6pm  
St. Josephine Bakhita Room, lower level.  
[praytherosarywithus@yahoo.com](mailto:praytherosarywithus@yahoo.com)

EL SANTO ROSARIO

1er y 3er miércoles, 6:00 pm  
Aula St. Josephine Bakhita, nivel inferior.  
[praytherosarywithus@yahoo.com](mailto:praytherosarywithus@yahoo.com)

HOLY HOUR OF REPARATION

Friday, June 6 — First Friday of each month immediately following the 12:10 Mass in the Blessed Sacrament Chapel.

HORA SANTA DE LA REPARACIÓN

Viernes, 6 de junio — Primer viernes de cada mes inmediatamente después de la Misa de las 12:10 en la Capilla del Santísimo Sacramento.

11 am Tour is cancelled today.

Complimentary Sunday  
Cathedral Docent Tours

English at 9 am & 11 am and Spanish at 1 pm  
English at 5 pm, 2<sup>nd</sup> and 4<sup>th</sup> Sundays.  
Chinese at 3pm, 4<sup>th</sup> Sunday  
Meet at the Baptismal font.

Docents share how our beautiful and important works of art symbolically express spiritual beliefs intrinsic to our Catholic Faith.

VISITAS GRATUITAS POR LA CATEDRAL  
CON DOCENTES LOS DOMINGOS

En español a la 1pm; inglés a las 9am y a las 11am.  
Inglés a las 5pm, 2º y 4º domingos  
Chino a las 3 pm, 4º domingo  
Encontrarse cerca de la fuente bautismal. Los docentes comparten cómo nuestras bellase importantes obras de arte expresan simbólicamente las creencias espirituales fundamentales a nuestra Fe católica.

**SACRED VOICES CONCERT**

WITH SINGERS FROM THE ROMAN AND VATICAN CHOIRS

ONCE-IN-A-LIFETIME EXPERIENCE...  
DON'T MISS OUT!FRIDAY  
AUGUST 28, 2026 • 7:30 PMCATHEDRAL OF THE BLESSED SACRAMENT  
1017 11TH STREET • SACRAMENTOADRIANO CAROLETTI  
CONDUCTOR  
OF SACRED VOICES  
WITH POPE LEO XIVTO PURCHASE  
TICKETS  
SCAN  
QR CODE

coro.fondazionebartolucci.it/en

**NEWS & EVENTS • 03**

Cathedral of the Blessed Sacrament

**Women's Retreat****June 11-14**

Deepen your relationship with Jesus Christ, renew yourself spiritually, give new meaning to prayer life and Sunday liturgy, and build lasting friendships with members of your community by going on an ACTS weekend retreat.

To learn more, contact

Rebecca King, Retreat Director

916-272-8926 or [rebecca-navarrete@att.net](mailto:rebecca-navarrete@att.net)*You're invited! ¡Estas invitado!***Sunday, June 7 – Corpus Christi Procession 2026**[www.scd.org/CorpusChristiProcession](http://www.scd.org/CorpusChristiProcession)

**Masses & Evening Prayer!** Join us for 8:00 am Mass at St. Joseph in Rio Vista. Come to Evening Prayer at 4:30 pm at the Cathedral, followed by Mass at 5:00 pm.

**Watch Along the River!** Watch along the riverbanks as the Eucharistic procession passes by boat. Bishop Soto will offer blessings with the Blessed Sacrament as He passes – an extraordinary opportunity to encounter Christ in a unique and powerful way. Locations and times on the website above.

**Boat Invitation!** You are invited to bring your decorated boat with family and friends to follow the procession along the river. Get your boat blessed in Old Sacramento at 2:30 pm. Find details and RSVP on the website above.

**Walk the Procession with Us!** Join the walking Eucharistic procession through Sacramento as we accompany the Blessed Sacrament to the Cathedral. You can begin from St. Joseph (Rio Vista), St. Francis, Holy Spirit Parish, or the Tower Bridge – each route joining together in a united witness of devotion. Please RSVP and find details on the website above.

\*\*\*\*

**¡Misas y Oración Vespertina!** Acompáñanos en la misa de las 8:00 a. m. en San José, en Rio Vista. Ven a la Oración Vespertina a las 4:30 pm en la Catedral, seguida de la misa a las 5:00 pm.

**¡Contéplala desde la orilla del río!** Contempla desde la orilla del río cómo pasa la procesión eucarística en barco. El obispo Soto impartirá bendiciones con el Santísimo Sacramento a su paso: una oportunidad extraordinaria para encontrar a Cristo de una manera única y poderosa. Lugares y horarios en la página web indicada arriba.

**¡Invitación para las barcas!** Te invitamos a traer tu barca decorada con familiares y amigos para seguir la procesión a lo largo del río. Haz que bendigan tu barca en Old Sacramento a las 2:30 pm Encuentra más detalles y confirma tu asistencia en la página web indicada arriba.

**¡Acompáñanos en la procesión!** Únase a la procesión eucarística a pie por Sacramento mientras acompañamos al Santísimo Sacramento hasta la catedral. Puede comenzar desde St. Joseph (Rio Vista), St. Francis, la parroquia del Espíritu Santo o el Tower Bridge; cada ruta se une en un testimonio conjunto de devoción. Por favor, confirme su asistencia y consulte los detalles en la página web indicada más arriba.

# 04 • MINISTRY SPOTLIGHT



**Cinco de Mayo Fundraiser  
sponsored by ACTS!  
May 2 event**



## PENTECOST SUNDAY | MAY 24, 2026

### 1st Reading

We see how the Holy Spirit filled the Apostles, and they were able to proclaim a message that unified the large crowds in Jerusalem. Have you ever felt united in purpose with a large group of people?

### 2nd Reading

Paul teaches that each of us receives the manifestation of the Holy Spirit for some benefit. What gift of the Holy Spirit would friends or family say you possess?

### Gospel Reading

The resurrected Jesus sends the disciples forth equipped with the power of the Holy Spirit to forgive or retain sins. Does forgiving others come easily to you?

### LIVE THE LITURGY - INSPIRATION FOR THE WEEK

Today, Jesus calls the Holy Spirit "the Advocate." The Latin for lawyer is "advocatus." Like a lawyer, the Holy Spirit defends us. The Holy Spirit guides us. So, when you're in trouble, don't forget: ask for your lawyer, and do what he tells you. ©LPi

**See page 6 of the bulletin for reflection and catechesis.**



**Consulte la página 6 del boletín para la reflexión y la catequesis.**

## DOMINGO DE PENTECOSTÉS | 24 DE MAYO

### Pregunta de la 1ª Lectura

Vemos cómo el Espíritu Santo llenó a los Apóstoles, y ellos pudieron proclamar un mensaje que unificó a las grandes multitudes en Jerusalén. ¿Alguna vez te has sentido unido en propósito con un gran grupo de personas?

### Pregunta de la 2ª Lectura

Pablo enseña que cada uno de nosotros recibe la manifestación del Espíritu Santo para algún beneficio. ¿Qué don del Espíritu Santo dirían que posees amigos o familiares?

### Pregunta del Evangelio

Jesús resucitado envía a los discípulos equipados con el poder del Espíritu Santo para perdonar o retener los pecados. ¿Perdonar a los demás te resulta fácil?

### VIVIR LA LITURGIA - INSPIRACIÓN DE LA SEMANA

Hoy, Jesús llama al Espíritu Santo "el Defensor". El latín para abogado es "advocatus". Como un abogado, el Espíritu Santo nos defiende. El Espíritu Santo nos guía. Así que, cuando tengas problemas, no lo olvides: pide a tu abogado y haz lo que te diga. ©LPi



## Mass Intentions & Observances

### SUNDAY, MAY 24

#### PENTECOST SUNDAY

8:00 AM: Eula Fairgood Lee +  
10:00 AM: Fidel Soria +; Giovanni Reyes +  
12:00 PM: Gloria Ramirez +  
4:00 PM: Elvia Barber +  
6:00 PM: Para los Feligreses de la Parroquia S.I.

### MONDAY, MAY 25 - Memorial Day BLESSED VIRGIN MARY, MOTHER OF THE CHURCH

12:10 PM: Gervasio Anub Sr. +; Fedelina Anub +

### TUESDAY, MAY 26

#### SAINT PHILLIP NERI, PRIEST

12:10 PM: Carla Duckworth +

### WEDNESDAY, MAY 27

#### EIGHTH WEEK OF EASTER

Saint Augustine of Canterbury, Bishop  
12:10 PM: Sandra Walker +

### THURSDAY, MAY 28

#### EIGHTH WEEK OF EASTER

12:10 PM: Damiana Tabaniag +

### FRIDAY, MAY 29

#### EIGHTH WEEK OF EASTER

Saint Paul VI  
12:10 PM: Deacon Gary Brys S.I.

S.I. = for special intention

+ = for repose of the soul

### FOR MASS INTENTIONS

Please email

[vramos@cathedralsacramento.org](mailto:vramos@cathedralsacramento.org)  
or call 916-444-3071 ext. 10

06 • FAITH FORMATION & EVANGELIZATION



THE SPIRIT IS READY . . . ARE YOU?

EL ESPÍRITU ESTÁ LISTO... ¿Y TÚ?

When the time for Pentecost was fulfilled, a noise came from the sky like a strong driving wind, and tongues as of fire came to rest on each one of them — and they were all filled with the Holy Spirit. That wasn't the end of the story. It was the beginning of the most radical mission the world had ever seen. This weekend, the Cathedral celebrates 60 young men and women and 20 adults receiving the Sacrament of Confirmation — and the same Holy Spirit who shook that upper room is about to rest on each of them. **At Pentecost, the Holy Spirit transformed the apostles.** Before Pentecost, they were afraid. After Pentecost, Peter stood before the crowd and preached Christ crucified and risen without flinching. That's what the Spirit does — He doesn't leave you where He found you. **The gifts of the Holy Spirit are not sentimental ideas. They are real helps given by God so that Christians can live boldly as disciples of Christ** in a world that often resists Him. Confirmation isn't a finish line. It's a commissioning. The question isn't whether the Spirit is ready — The real question is: **are you ready to set the world on fire like the Apostles?**

Cuando llegó el día de Pentecostés, se oyó desde el cielo un ruido como el de un viento impetuoso, y unas lenguas como de fuego se posaron sobre cada uno de ellos, y todos quedaron llenos del Espíritu Santo. Pero ahí no terminó la historia. Fue el comienzo de la misión más radical que el mundo había visto jamás. Este fin de semana, la Catedral celebra que 60 jóvenes y 20 adultos reciban el sacramento de la Confirmación, y el mismo Espíritu Santo que sacudió aquel cenáculo está a punto de posarse sobre cada uno de ellos. **En Pentecostés, el Espíritu Santo transformó a los apóstoles.** Antes de Pentecostés, tenían miedo. Después de Pentecostés, Pedro se presentó ante la multitud y predicó a Cristo crucificado y resucitado sin titubear. Eso es lo que hace el Espíritu: no te deja donde te encontró. **Los dones del Espíritu Santo no son ideas sentimentales. Son ayudas reales dadas por Dios para que los cristianos puedan vivir con valentía como discípulos de Cristo** en un mundo que a menudo se le resiste. La Confirmación no es una meta. Es un envío. La pregunta no es si el Espíritu está listo; la verdadera pregunta es: **¿estás tú listo para encender el mundo como los apóstoles?**

| MAY 24<br>SUN                       | MAY 25<br>MON   | MAY 26<br>TUE   | MAY 27<br>WED                                | MAY 28<br>THU                              | MAY 29<br>FRI | MAY 30<br>SAT                |
|-------------------------------------|-----------------|---|--|--|---------------|------------------------------|
| 8 AM BOW<br>OCIA                    | NO OCIA         | 5PM<br>1st Recon.<br>children<br>and Parents<br>in Church | 7:00 PM<br>Keep the<br>Flame Alive<br>online | 7:00 PM<br>Adult<br>Confirm.<br>Conclusion |               | 10-12<br>FFF<br>Registration |
| 10 AM Youth<br>Confirmation<br>Mass | Memorial<br>Day |   |  |  |               | 3-6 PM<br>OCIA<br>Retreat    |



The Catechism opens its topic on the Trinity with incredible directness:

*“The mystery of the Most Holy Trinity is the central mystery of Christian faith and life. It is the mystery of God in himself. It is therefore the source of all the other mysteries of faith, the light that enlightens them.” (CCC 234)*

This doctrine is the central teaching of the Church; all other truth of the faith flows from it and finds its meaning in it.

**Indwelling Trinity.** As God's creation we are invited *“... into the perfect unity of the Blessed Trinity ... sharers of the divine nature and eternal life ...”*

**If the Trinity already dwells within you by grace, how does that change the way you see your next ordinary moment: cleaning, driving, praying?**

Relaciondo

EVANGELIO+DOCTRINA

El Catecismo aborda el tema de la Trinidad con una franqueza increíble:

*«El misterio de la Santísima Trinidad es el misterio central de la fe y de la vida cristianas. Es el misterio de Dios en sí mismo. Por eso es la fuente de todos los demás misterios de la fe, la luz que los ilumina.» (CIC 234)*

Esta doctrina es la enseñanza central de la Iglesia; todas las demás verdades de la fe brotan de ella y encuentran en ella su sentido.

**Trinidad Indwellente.** Como creación de Dios, estamos invitados *«... a la unidad perfecta de la Santísima Trinidad... a participar de la naturaleza divina y de la vida eterna...».*

**Si la Trinidad ya mora en ti por gracia, ¿cómo cambia eso la forma en que ves tu próximo momento cotidiano: limpiar, conducir, rezar?**

# FORMACIÓN EN LA FE Y EVANGELIZACIÓN • 07

## FAMILY FAITH FORMATION

### What is it?

Family Faith Formation recognizes parents and guardians as the first teachers of the faith. Our parish partners with families to support and strengthen this sacred role—helping you bring faith into everyday life.

Through engaging gatherings, sacramental preparation, and materials for at-home experiences, families learn, pray, and grow—together in faith. The focus is:

◆ **Encounter Christ**

Through prayer, Scripture, and the Sacraments

◆ **Grow in Faith**

Through understanding Catholic teachings and traditions

◆ **Live the Gospel**

Through service, community, and daily witness

◆ **Build the Domestic Church**

Making your home a place where faith is lived and shared

**Current Families registration Open Now.**

## FORMACION EN LA FE FAMILIAR

### ¿En qué consiste?

La formación familiar en la fe reconoce a los padres y tutores como los primeros maestros de la fe. Nuestra parroquia colabora con las familias para apoyar y fortalecer este papel sagrado, ayudándoles a integrar la fe en la vida cotidiana.

A través de encuentros participativos, la preparación para los sacramentos y materiales para actividades en casa, las familias aprenden, rezan y crecen juntas en la fe. Los objetivos son:

◆ **Encontrar a Cristo**

A través de la oración, la Escritura y los sacramentos

◆ **Crecer en la fe**

A través de la comprensión de las enseñanzas y tradiciones católicas

◆ **Vivir el Evangelio**

A través del servicio, la comunidad y el testimonio diario

◆ **Construir la Iglesia doméstica**

Haciendo de su hogar un lugar donde se vive y se comparte la fe

**Ya están abiertas las inscripciones para las Familias actuales.**

CATHEDRAL OF THE BLESSED SACRAMENT

# FAMILY Faith FORMATION

*Grow in Faith... Together*

Family Faith Formation recognizes parents and guardians as the **first and most important teachers of the faith**. We partner with families to nurture a living relationship with Jesus and support you in bringing faith to life at home.

FAITH ISN'T JUST SOMETHING WE LEARN. *It's something we live.*

- ENCOUNTER CHRIST**  
Through prayer, Scripture, and the Sacraments
- GROW IN FAITH**  
By understanding Catholic teachings and traditions
- LIVE THE GOSPEL**  
Through service, community, and daily witness
- BUILD THE DOMESTIC CHURCH**  
Making your home a place where faith is lived and shared

*Registrations begin June 1st* | Watch bulletin for details.

Prayer / Oracion | Learning / Aprender | Sacraments

*Coming Soon...*

*FFF Registrations Open - June 1*

Family Faith Formation Registration Begins. Watch Bulletin for details.



*Info Night - Tuesday, June 2 - 6:30pm*

Join us at our Small Groups Information Night to learn how small groups can be your place to continuing to grow in your Catholic faith. See page 9 for code to rsvp and/or sign-up!



*Movie Night - Friday, June 26*

Cinema Divina Movie Night is back showcasing a family friendly movie for viewers. Event is free. Watch the bulletin for more information!



*Breakfast with the Saints - July 1*

An online Summer email Series with a short, daily reflection throughout July and August, highlighting various amazing Saints of the Catholic Church. Sign up: <https://is.gd/breakfastsaints>



## 08 • OCIA AND SACRAMENTS

### WHAT IS OCIA?

Have you felt a quiet pull toward something more — a longing for truth, for belonging, for God? That is not coincidence. That is Christ, inviting you to follow Him.

**The Order of Christian Initiation of Adults (OCIA)** is the Church's sacred pathway for those responding to that call. Whether you have never been baptized, come from another Christian tradition, or were baptized Catholic but never fully formed in the faith — there is a place for you at the table.

Through prayer, Scripture, community, and the Sacraments, OCIA is a journey of transformation — not just learning about Jesus, but encountering Him, walking with Him, and giving your life to Him.

It culminates at the Easter Vigil, where you will receive the Sacraments of Baptism, Confirmation, and the Eucharist — and be made fully alive in Christ.

The road is open. The Church is waiting. Christ is calling.

### ¿QUÉ ES LA OICA?

¿Has sentido alguna vez un suave impulso hacia algo más —un anhelo de verdad, de pertenencia, de Dios? No es una coincidencia. Es Cristo quien te invita a seguirle.

**La Orden de Iniciación Cristiana de Adultos (OCIA)** es el camino sagrado de la Iglesia para quienes responden a esa llamada. Tanto si nunca te has bautizado, como si procedes de otra tradición cristiana, o si te bautizaste como católico pero nunca te formaste plenamente en la fe, hay un lugar para ti en la mesa.

A través de la oración, la Escritura, la comunidad y los sacramentos, la OCIA es un camino de transformación: no solo aprender sobre Jesús, sino encontrarlo, caminar con Él y entregarle tu vida.

Culmina en la Vigilia Pascual, donde recibirás los sacramentos del Bautismo, la Confirmación y la Eucaristía, y serás plenamente vivificado en Cristo.

El camino está abierto. La Iglesia te espera. Cristo te llama.



The Cathedral is seeking dedicated Catholics to help hand on the beauty and truth of the Catholic faith within the Family Faith Formation and Adult Catechetical Programs. As a catechist, you are not just a teacher—**you are a witness**. You help others encounter Jesus, grow in understanding, and live out their faith with confidence and joy.

- Deepen your own relationship with Christ
- Strengthen our parish community
- Help shape the faith of the next generation and those seeking to grow
- Respond to Jesus command: *“Go, therefore, and make disciples...”* (Matthew 28:19)

**This mission belongs to all of us!**

*marcar la diferencia?*

Sé la luz. Comparte el amor. Transforma vidas.

La catedral busca católicos comprometidos que ayuden a transmitir la belleza y la verdad de la fe católica en el marco de los programas de formación en la fe para familias y de catequesis para adultos.

**¡Esta misión nos pertenece a todos!**

Contact **Sr Lisa Marie**

Visit: <https://bit.ly/cathedralcatechist>

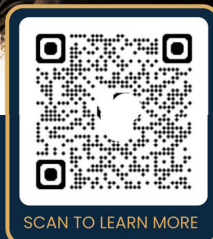
## Thinking About BECOMING CATHOLIC?

Have you ever felt a desire for something more—*more meaning, more purpose, more truth?*

*You're not alone.*

Across the country, more people than ever are entering the Catholic Church. Many are drawn by a longing for deeper faith, a sense of belonging, and the beauty of a life rooted in Christ.

Perhaps you've experienced that quiet invitation in your own heart.



**YOU ARE INVITED**

**COME AND SEE!**

Contact us to learn more!  
(916) 444-5364  
slmdoty@cbssac.org

**COME AND SEE!**

**MONDAYS (walk-ins welcome!)  
7:00 PM  
Lower Level – Mercy Hall**

**PREPARACIÓN PARA LA MISA DEL PRÓXIMO DOMINGO • 09**

**NEXT SUNDAY MASS PREPARATION  
MAY 31, 2026 – THE SOLEMNITY OF MOST HOLY TRINITY**

- **First reading** – Exodus 34:4B-6, 8-9: God appears to Moses and speaks about His character. He is kind, patient, full of love, and ready to forgive, but He also brings justice. Moses bows down and worships Him.
- **Responsorial Psalm** – Daniel 3:52, 53, 54, 55, 56: This psalm praises God’s greatness. It honors His name, His holiness, and His rule over all creation.
- **Second reading** – 2 Corinthians 13:11-13: Paul encourages the people to live in peace and unity. He blesses them with the grace of Jesus, the love of God, and the friendship of the Holy Spirit.
- **Gospel** – John 3:16-18: Jesus tells Nicodemus that God loves the world so much that He sent His Son to bring eternal life. Those who believe in Jesus will be saved, but those who do not believe miss out on this gift.

- **Primera lectura** – Éxodo 34, 4B-6. 8-9: Dios se aparece a Moisés y le habla de su carácter. Es bondadoso, paciente, lleno de amor y dispuesto a perdonar, pero también hace justicia. Moisés se postra y le rinde culto.
- **Salmo responsorial** – Daniel 3, 52. 53. 54. 55. 56: Este salmo alaba la grandeza de Dios. Honra su nombre, su santidad y su dominio sobre toda la creación.
- **Segunda lectura** – 2 Corintios 13, 11-13: Pablo anima al pueblo a vivir en paz y unidad. Los bendice con la gracia de Jesús, el amor de Dios y la amistad del Espíritu Santo.
- **Evangelio** – Juan 3, 16-18: Jesús le dice a Nicodemo que Dios ama tanto al mundo que envió a su Hijo para traer la vida eterna. Los que creen en Jesús serán salvados, pero los que no creen se pierden este don.

*Reflect:*

The doctrine of the Trinity is as much about us as it is about God. It is about how God relates with us and how we are called and challenged to relate to one another. It is about what it means to be persons created in the image of the One who is Love. Hence the Trinity is profoundly relevant to our everyday lives.

*Reflexión:*

Tras la muerte de Jesús, los discípulos se encerraron en casa, llenos de miedo y tristeza. Estaban paralizados, escondidos, asustados. Eso es lo que ocurre en el corazón humano sin el Espíritu Santo. Entonces, el Espíritu Santo venció su miedo, rompió sus cadenas interiores y les dio el valor para salir.

*Act:*

**Begin and end the day with the most ancient Trinitarian doxology:**

“Glory be to the Father, and to the Son, and to the Holy Spirit - as it was in the beginning, is now, and ever shall be, world without end. Amen.”

*Acción:*

**Empieza y termina el día con la doxología trinitaria más antigua:**

«Gloria al Padre, al Hijo y al Espíritu Santo; como era en el principio, ahora y siempre, por los siglos de los siglos. Amén».

*Small Groups*



**GROWING IN FAITH TOGETHER**

[is.gd/cathedralsmallgroups](https://is.gd/cathedralsmallgroups)

- SIMPLE** no homework or complicated programs
- PERSONAL** small enough to build real friendships
- FAITH-FILLED** centered on prayer and the Word of God
- SUPPORTIVE** encouraging one another in daily Christian living
- GROWING** Inviting others into the same experience

**Take the Survey!**  
[is.gd/cathedralsmallgroups](https://is.gd/cathedralsmallgroups)



**THEMES TO KNOW**

- God is love
- Justice and mercy
- Peace and unity
- Gift of eternal life
- Guided by the Holy Spirit

**WHAT THIS MEANS FOR US**

- Trust in God’s love every day.
- Choose peace and be kind to others.
- Stay united with family and friends.
- Grow in faith and follow Jesus.

**TRY THIS**

Make the Sign of the Cross slowly. Think about God the Father, Jesus the Son, and the Holy Spirit.

**REFLECTION QUESTIONS**

- How do you see God’s love in your life?
- What helps you stay close to Jesus?
- How can you bring more peace to your day?

# 10 • PARISH INFORMATION/INFORMACIÓN PARROQUIAL



### CATHEDRAL PARISH REGISTRATION & UPDATE

Become a member of our dynamic Cathedral family!  
**REGISTRO Y ACTUALIZACIÓN DE LA PARROQUIA CATEDRAL**  
¡Conviértete en miembro de nuestra dinámica familia de la Catedral!

**Restroom Keypads:** Please ask any usher for the weekly access code. Adults must accompany children. **Teclados de baños:** solicite a cualquier ujier el código de acceso semanal. Los adultos deben acompañar a los niños.

### SACRAMENTOS

para información en español ir a [www.es.CathedralSacramento.org/sacraments](http://www.es.CathedralSacramento.org/sacraments)

### SACRAMENTS

for additional information go to [www.CathedralSacramento.org/sacraments](http://www.CathedralSacramento.org/sacraments)

### ANOINTING OF THE SICK

Make an appointment by calling the parish office at 916-444-3071.

### BAPTISM

Contact Deacon Omar Bardales: [baptism@cbssac.org](mailto:baptism@cbssac.org) or 916-427-9160.

### CONFESSION/RECONCILIATION

See cover page.

### CONFIRMATION & HOLY EUCHARIST

Contact Sister Lisa Marie at [slmdoty@cbssac.org](mailto:slmdoty@cbssac.org).

### HOLY ORDERS

To learn about the priesthood and/or deaconate, contact Fr. Mauricio Hurtado at 916-733-0258.

### MATRIMONY & WEDDINGS

Contact Titi Kila [tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org)

### MARRIAGE PREPARATION CLASS

Contact Deacon Omar & Janet Bardales at [matrimonyprep@att.net](mailto:matrimonyprep@att.net).

### PASTORAL AND ADMINISTRATIVE STAFF

- Fr. **Michael O'Reilly**, Pastor/Rector
- Fr. **Abraham Chiu**, Chinese Mass
- Fr. **Michael Kiernan**
- Deacon **Omar Bardales**
- Deacon **Gary Brys**, Business Manager
- Deacon **Edgar Hilbert**
- Sr. **Lisa Marie Doty**, FDCC, Director of Faith Formation & OCIA
- Rex Rallanka**, Director of Liturgy & Music
- Michael Ognisty**, Sacristan
- Tom Waddock**, Plant Manager
- Victoria Ramos**, Secretary
- Katie McAllister**, Bookkeeper
- Titi Kila**, Wedding Coordinator

**Bulletin & Website:**  
[Communication@cathedralsac.org](http://Communication@cathedralsac.org)



**CATHEDRAL OF THE BLESSED SACRAMENT**  
1019 11th Street  
Sacramento, CA 95814

916-444-3071

Blessed@  
[CathedralSacramento.org](http://CathedralSacramento.org)  
[www.CathedralSacramento.org](http://www.CathedralSacramento.org)

### Photography Policy:

To preserve the Cathedral's reverent atmosphere, photography and video recording for personal or commercial use are not permitted inside the Cathedral or on the front steps. Flash photography, the use of telescopic "selfie sticks", tripods, stands, drones, and any professional equipment are strictly prohibited. For photography related to scheduled events, please contact the Cathedral office for permission and further information at 916-444-3071.



### PARISH PASTORAL COUNCIL

- Fr. Michael O'Reilly
- Jaime Elizaldi, Chair
- Federico Abarca
- Russ Almaraz
- Maria Balakshin
- Jorge Garcia
- Gabriel Gutierrez
- Elizabeth Lopez
- Jose Perez
- Antonette Ramirez
- Caitlin Rosa
- Maria Rosario
- Michele Stiger
- Luke Whalen

### FINANCE COUNCIL

- Fr. Michael O'Reilly
- Nancy Fairbanks, Chair
- Robert Ingenito
- Bryson Reynoso
- Beth Schatz

### SACRED LITURGY

**AltarServers**  
Michael Ognisty, [mfognisty@msn.com](mailto:mfognisty@msn.com)

**Cathedral Choir**  
Rex Rallanka, Director of Liturgy & Music, [rrallanka@cathedralsacramento.org](mailto:rrallanka@cathedralsacramento.org)

**Saint Toribio Choir - Youth Choir of the Cathedral**  
Rex Rallanka at [rrallanka@cathedralsacramento.org](mailto:rrallanka@cathedralsacramento.org) or Gayle Winney, [gwinney@cbssac.org](mailto:gwinney@cbssac.org)

**Extraordinary Ministers of Holy Communion**  
Peggy Oakden, [ipoakden@gmail.com](mailto:ipoakden@gmail.com)

**Lectors**  
Rex Rallanka, [lector@cathedralsac.org](mailto:lector@cathedralsac.org)

**Sacristan Ministry**  
Michael Ognisty, [mfognisty@msn.com](mailto:mfognisty@msn.com)

**Ushers**  
Tom Waddock, [tomwaddock@yahoo.com](mailto:tomwaddock@yahoo.com) 916-444-3071

**Welcoming Ministry**  
Bob Meyers, [welcomingbienvenida.cbssac@gmail.com](mailto:welcomingbienvenida.cbssac@gmail.com), [cynm@yahoo.com](mailto:cynm@yahoo.com)

### PRAYER

**Adoration**  
Titi Kila, [cbadoration@gmail.com](mailto:cbadoration@gmail.com)

**Evening Rosary Group**  
Marlene Mejia or Christina Callazo-Kelly, [praytherosarywithus@yahoo.com](mailto:praytherosarywithus@yahoo.com)

**Prayer Chain**  
Regina Fagan, [prayer.chain.sacramento@gmail.com](mailto:prayer.chain.sacramento@gmail.com)

### FAITH FORMATION AND CATECHESIS

**Catechist Preparation for Family & Adult Faith Formation**  
Sr. Lisa Marie Doty, FDCC, [slmdoty@cbssac.org](mailto:slmdoty@cbssac.org) (english)  
Deyanira Galvez, [Galvez.dgv@gmail.com](mailto:Galvez.dgv@gmail.com) (Espanol)

**Catechesis of the Good Shepherd**  
For ages 3+ David Vincent, [admin@youngsheep.org](mailto:admin@youngsheep.org)

### SOCIAL and COMMUNITY SERVICE

**Brown Bag Lunch Ministry**  
Marilynn Fairgood, [Marilynn\\_Fairgood@att.net](mailto:Marilynn_Fairgood@att.net)

**Cathedral Docents Tour Ministry**  
Oscar Ramirez, [Phelix365@comcast.net](mailto:Phelix365@comcast.net)

**Front Door Ministry**  
Deacon Edgar Hilbert, [hilbertdoheva@aol.com](mailto:hilbertdoheva@aol.com)

**Guardians (Safety Team)**  
Sean McGoughran, [theseanmac@gmail.com](mailto:theseanmac@gmail.com)

**Gift Shop Volunteers**  
Susan Moeller, [susanandurand@ymail.com](mailto:susanandurand@ymail.com)

**Good Samaritan Ministry**  
Barbara Leake, [barbara.leake4@gmail.com](mailto:barbara.leake4@gmail.com)

**Hospitality**  
Celeste Gisla, [jfgisla1@gmail.com](mailto:jfgisla1@gmail.com)  
Susan Moeller, [susanandurand@ymail.com](mailto:susanandurand@ymail.com)

**Offertory Counting**  
Nancy Fairbanks, [nfbanks@hotmail.com](mailto:nfbanks@hotmail.com) or 916-606-1300

**Outreach to the Homebound**  
Paty Davila, [paty\\_d@att.net](mailto:paty_d@att.net)

**Media and Communications Ministry**  
Titi Kila, [communication@cathedralsac.org](mailto:communication@cathedralsac.org)

**Respect Life Ministry**  
Liliana Balderrama, [michoacan8888@gmail.com](mailto:michoacan8888@gmail.com)

### COMMUNITY GROUPS

**Cathedral ACTS**  
Titi Kila, [ActsCathedralSacto@gmail.com](mailto:ActsCathedralSacto@gmail.com)

**Cathedral Filipino-American Ministry**  
O Belarma, [obelarma@yahoo.com](mailto:obelarma@yahoo.com) or [cathedralfilam@gmail.com](mailto:cathedralfilam@gmail.com)

**Chinese Community**  
Kenneth Ng, [scoccontact@gmail.com](mailto:scoccontact@gmail.com)

**Community Outreach**  
Rich Zacaroli, [rzacaroli@gmail.com](mailto:rzacaroli@gmail.com)

**Knights of Columbus**  
Gabriel Gutierrez, [gutierrez.gabriel@yahoo.com](mailto:gutierrez.gabriel@yahoo.com)

**St. Vincent de Paul Society**  
Marc Anthony Rosario, [marc.anthony.rosario@gmail.com](mailto:marc.anthony.rosario@gmail.com)

**Spanish Parents Group Leaders**  
Leticia Hilbert, [leticia\\_hilbert@hotmail.com](mailto:leticia_hilbert@hotmail.com)



# STEVE ROSE PAINTING CO.

Residential Specialists

License #804522



MEMBER N.E. CALIF.

- A Good Paint Job At A Fair Price -

(916) 421-2281

Free Estimates  
Bonded & Insured

585 - 4th Avenue  
Sacramento, CA

steverose@steverosepainting.com

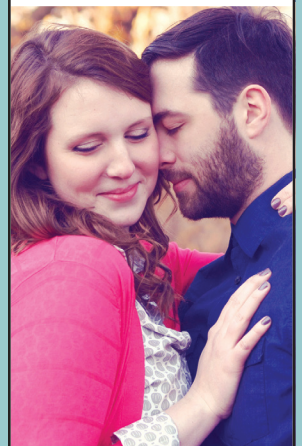


## THE CITIZEN HOTEL

AUTOGRAPH COLLECTION HOTELS

thecitizenhotel.com 926 J STREET SACRAMENTO, CA 95814 916-447-2700 MARRIOTT BONVOY

catholicmatch®  
California



CatholicMatch.com/CA



PHONE ORDERS  
WELCOME  
DRIVE-THRU  
OPEN LATE



916-900-8014 • 1601 Del Paso Blvd • www.elburritotaq.com

**20% OFF**  
Any Purchase of \$20 or more

With this coupon only. Offers may not be combined or used with any other discount or coupon.

Buy Any Combo, Get a  
**FREE TACO**  
(Beef or Chicken)

With this coupon only. Offers may not be combined or used with any other discount or coupon.

## TSAKOPOULOS LIBRARY GALLERIA



Celebrate Your Special Moments at Tsakopoulos Library Galleria

Celebration of Life | Weddings | Quinceañeras | Sweet 16th

BOOK NOW

(916) 264-2800 | galevents@saclibrary.org

www.librarygalleria.com

Support Our Advertisers!

Advertise Here!



Contact Donna Touros  
dtouros@4LPi.com | (800) 950-9952 x2610

### IF YOU LIVE ALONE

MDMedAlert!™ As Low As

**\$19<sup>95</sup>**  
/mo.

- ✓ Ambulance ✓ Police/Fire
- ✓ Family/Friends ✓ GPS & Fall Alert

CALL NOW! 800.808.9294 \*md-medalert.com



Little space.  
Big impact.

Advertise here  
Call 800-950-9952

FREE AD  
DESIGN WITH  
PURCHASE OF  
THIS SPACE

Call 800.950.9952

**La Esperanza**

(916) 455-0215 • Mexican Food  
5028-5044 Franklin Blvd., Sacramento



SACRAMENTO  
**LifeCenter** 50+ years  
embracing lives

Embracing Lives,  
one pregnancy  
at a time since 1972.

Free medical & resource clinic.

2316 Bell Executive Lane,  
Sacramento CA 95825

(916) 451-4357



Email: info@saclife.org  
www.Saclife.org



Scan here to donate



Through Quinn Cottages, named after Bishop Francis A. Quinn, Cottage Housing provides housing and services to those experiencing the crippling effects of homelessness. Your financial support helps keep our programs running.

Please donate today!

Kris Martin, Chief Executive Officer

916.492.9065 X 2384

kmartin@cottagehousing.org • https://www.cottagehousing.org/



For ad info. call 1-800-950-9952 • www.4lp.com

Cathedral of Blessed Sacrament, Sacramento, CA

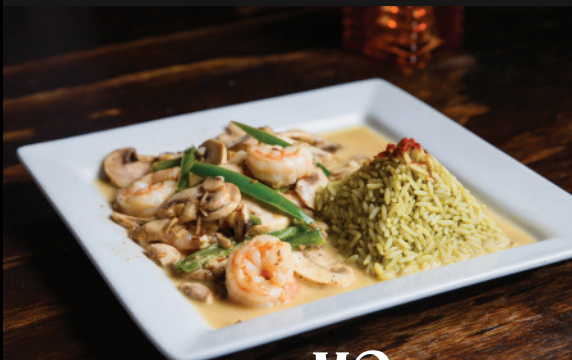
05-1145

# MAYAHUEL

AN EXPERIENCE FOR THE SENSES  
EXCEPTIONAL MEXICAN CUISINE  
EXPERIENCEMAYAHUEL.COM  
916.441.7200



SUNDAY BRUNCH 11AM - 3 PM  
ONE BLOCK FROM THE CATHEDRAL SACRAMENTO  
CORNER OF 12 & K STREET



## MAYAHUEL

DOWNTOWN | 1200 K STREET | EXPERIENCEMAYUEL.COM



(831) 840-2343

Weddings • Quinceañeras  
Special Events • Portraits  
Sacramento, CA

Rachel Songer



REALTOR® | Lic #02116619

Cantor/Docent

(916) 284-3336

isellsacramento.realestate

Results that Move You



## MERCY MCMAHON TERRACE

Independent  
Assisted Living  
Memory Care

Where Care Comes First



Amenities Included:

- Restaurant-style dining
- Wi-fi and cable
- Call alert system & pendant
- Transportation
- Chapel w/ Mass & Rosary service
- 24/7 nursing
- Housekeeping services weekly
- Activity programs, socials & events
- Linen & towels laundered
- Maintenance

Additional Solutions:

- Medication management
- Diabetic insulin management
- Urinalysis
- Catheter Care
- Hoyer lifts
- End-of-life Hospice services

Schedule  
a tour  
online!

[mercymcmahonterrace.org](http://mercymcmahonterrace.org)



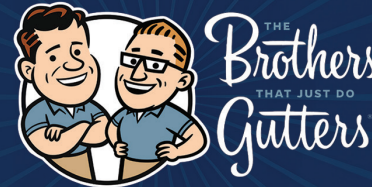
Mercy McMahon Terrace

RCFE#340312763



## Northgate SMOG

2830 Northgate Blvd. #4  
916-922-6018 northgatesmog.com



Install  
Replace  
Repair  
Cleaning  
Guards

209-762-9500

BrothersGutters.com

5-Star Service. Every Job. Every Time.



LIC #1139105

BE HAPPY!

Live on Amazon. Thank you for your support.  
Virtue Pops in Education  
Get Good Feelings and Emotions with  
Educational Virtue Books by Frances Angelina  
Where Caregivers Teach Children in  
Moral, Decent, and Virtuous Ways



BE A POP!

[www.virtuepopsineducationandmore.study](http://www.virtuepopsineducationandmore.study)

FREE AD  
DESIGN WITH  
PURCHASE OF  
THIS SPACE

Call 800.950.9952



Hair Salon  
(916) 719-8572  
3029 El Camino Ave  
Sacramento 95821

Hair Studios

10% Courtesy Adjustment for Guest over 65

## ST. MARY CEMETERY & FUNERAL CENTER

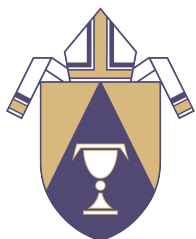
FD2263

FUNERAL • MORTUARY • CREMATION • CEMETERY

### YOUR PLAN, THEIR PEACE

CFCSSACRAMENTO.ORG (916) 452-4831

6509 FRUITRIDGE ROAD, SACRAMENTO



Let Go.  
Let God.



For ad info. call 1-800-950-9952 • [www.4lpi.com](http://www.4lpi.com)

Cathedral of Blessed Sacrament, Sacramento, CA

05-1145