

# WEEK OF PRAYER FOR CHRISTIAN UNITY

JANUARY 18-25 See Page 4

**Cathedral of the Blessed Sacrament**

January 14 2018 \* Volume 18 Issue 02



# Readings

Sunday: 1 Sm 3:3b-10, 19/Ps 40:2, 4, 7-8, 8-9, 10 [8a, 9a]/1 Cor 6:13c-15a, 17-20/Jn 1:35-42

## 14

Monday: 1 Sm 15:16-23/Ps 50:8-9, 16bc-17, 21 and 23 [23b]/Mk 2:18-22

## 15

Tuesday: 1 Sm 16:1-13/Ps 89:20, 21-22, 27-28 [21a]/Mk 2:23-28

## 16

Wednesday: 1 Sm 17:32-33, 37, 40-51/Ps 144:1b, 2, 9-10 [1]/Mk 3:1-6

## 17

Thursday: 1 Sm 18:6-9; 19:1-7/Ps 56:2-3, 9-10a, 10b-11, 12-13 [5b]/Mk 3:7-12

## 18

Friday: 1 Sm 24:3-21/Ps 57:2, 3-4, 6 and 11 [2a]/Mk 3:13-19

## 19

Saturday: 2 Sm 1:1-4, 11-12, 19, 23-27/Ps 80:2-3, 5-7/Mk 3:20-21

## 20

Next Sunday: Jon 3:1-5, 10/Ps 25:4-5, 6-7, 8-9 [4a]/1 Cor 7:29-31/Mk 1:14-20

## 21

Father Michael O'Reilly

## PASTOR'S CORNER



I often think about a sonnet written by William Wordsworth that is known as "Nuns fret not." It is about how small spaces (like a nun in her small cell) and strict guidelines can often feel more liberating than the "weight of too much liberty." On the surface, the poem is about the clarity of following the strict rules of writing a sonnet as opposed to the developing approach to poetry in free verse. However, the underlying theme is in realizing that a life with strict boundaries and guidelines can be more liberating than a life in which one is free to do anything.

I surmise (not Wordsworth) that we humans just cannot handle too much freedom. Christ frees us by giving us laws and guidelines. A life of liberty can only be free under this yoke of Christ. The law of love and the command to sacrifice that develop through His teaching are the only ways to true freedom. Every other life is slavery.

This weekend we celebrate the civil holiday of Dr. Martin Luther King, Jr. Certainly, his legacy was about bringing freedom and economic justice to people of color, and of course, all people, for all are united in a common brotherhood and sisterhood. Clearly from his speeches, Dr. King did not separate this freedom and justice from his deep faith in God. To be free at last, was to be free in the promised land of God.

On the surface, that freedom exists. Most of us seem to be free to do whatever we want. God bless Dr. King and everyone else who made great sacrifices to help bring liberty to all who were oppressed in our country, especially our Black brothers and sisters. Yet freedom without the structures of Christ is truly slavery. Our society, our city of Sacramento and even our church are feeling the oppression of "too much liberty." It is impossible to accept that the death of Dr. King, or Christ, was to give us the freedom to end life, use drugs, change identities, say whatever we want, wander throughout life without direction, and deny God.

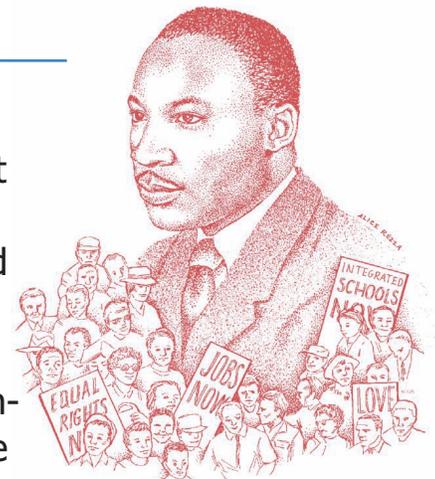
We remember that Dr. Martin Luther King, Jr. was a Christian minister and his movement was one of leading others to the true freedom of God. Without God in the work towards freedom, there will never be a "free at last, free at last, Great God a-mighty, we are free at last."

Fr. Michael

January 15, 1929 - April 04, 1968

## MARTIN LUTHER KING, JR

“ I refuse to accept the view that mankind is so tragically bound to the starless midnight of racism and war that the bright daybreak of peace and brotherhood can never become a reality... I believe that unarmed truth and unconditional love will have the final word. ”





# MYSTAGOGY

## *Imitatio Christi*: Part II

In part I we talked about "*learning* Christ" (Eph. 4:20) as opposed to merely learning *about* Him and what He taught. We noted that sacramental grace, particularly in the Blessed Sacrament, brings us into intimate union with Him, which in turn enlightens us and makes sense of what we learn about Him in the Gospel. A desire to learn Christ means frequenting the Sacraments and cultivating within ourselves a commitment "to follow His teachings and His manner of living, if we would truly be enlightened and delivered from all blindness of heart" (*The Imitation of Christ*, Book 1, Section 1).

However, any student of the Bible will notice that an honest reading of the Gospels can be a little disconcerting; it is very likely to burst our bubble of contentment and complacency. In our day it is trendy to think that anything nice, anything socially acceptable, anything inclusive and all-embracing in the broadest application of our modern sensibilities would certainly be consistent with "the spirit of the Gospel": but is that really true? When Jesus taught His followers the basic principles undergirding the Catholic doctrine of the Holy Eucharist ("Except you eat the flesh of the Son of Man and drink His Blood you have no life in you"), they exclaimed, "This is a hard saying; who can hear it?" (John 6:60). The truth is, however, there are a great many "hard sayings" of Jesus that most Christians are likely to water down or simply pass over all together.

Jesus spoke of the blessedness of being poor, of being one who mourns, of being meek and persecuted and falsely accused, and that was indeed His "manner of life" (Mt. 5:3-12; Luke 6:20-23); He taught that to divorce and remarry was to commit adultery (Mt. 5:32, 19:9), that His disciples should offer no resistance to abuse (Mt. 5:39), should mount no defense when they are sued (vs. 40), that they should not merely accept these troubles passively, but should aggressively respond to those who use and abuse them in this way by doing good to them (5:44). When "The Rich Young Ruler" asked Him "What shall I do that I may inherit eternal life?" besides keeping the Ten Commandments, Jesus said "Sell whatever you have and give to the poor . . . and come, take up the cross and follow me", and then concluded, "How hardly shall they that have riches enter the Kingdom of God" (Mark 10:21ff.). He taught that "that which is highly esteemed among men is an abomination to God" (Luke 16:15). He spoke of denying ourselves (Mark 8:34), of putting our commitment to Him and the pursuit of the Kingdom of God above our commitment to our family (Luke 14:26), and that anyone refusing to take up such a cross and follow Him "cannot be my disciple" (14:27), and "likewise, whosoever he be of you that forsaketh not all that he hath, he cannot be my disciple" (14:33).

These sayings were not typically directed merely to the Twelve Disciples who would become His Apostles, but to the multitudes that followed Him (Luke 14:25; Mt. 5:1-2). If these austere teachings were not intimidating enough, the exacting obedience Jesus demanded of His would-be followers would challenge even the very pious: "Why call me ye me, Lord, Lord, and do not the things that I say?" (Luke 6:46); for "Not everyone who calls me Lord, Lord, shall inherit the Kingdom of Heaven, but he that doeth the will of my Father in Heaven" (Mt. 7:22). This hardly exhausts the full tally of the "hard sayings" Jesus uttered while on earth, and to be sure their meaning must be apprehended by careful contemplation and consideration. The lives of the Church Fathers and the desert monks of the early centuries of the Church, indeed, the lives of all the Saints of our sacred history are a rich treasure trove of wisdom and

good example that greatly assist our contemplation of every aspect of Jesus' teaching and manner of life.

In the end, each of us will have to make our own terms with God on how to apply these sacred teachings. We know full well, however, that we will all stand before the Judgment seat of Christ, and "all things are naked and opened unto the eyes of him with whom we have to do" (Hebrews 4:13). Therefore, it is a constant and ever urgent summons to heed the admonition from *The Imitation of Christ*, "Let all the study of our heart be from now on to have our meditation fixed wholly on the life of Christ, for His holy teachings are of more virtue and strength than the words of all the angels and saints" (Ibid.).



Leticia Hilbert

## FIGHTING FOR LIFE

Life, according to WordReference.com is, "the general condition, quality, or force that separates organisms from objects and from dead organisms, and that shows itself in the ability of organisms to grow, reproduce, and change in response to the environment." But life is more than that. Life is a gift from God. The Catechism of the Catholic Church tell us in its paragraph of its prologue #1, "God, infinitely perfect and blessed in himself, in a plan of sheer goodness freely created man to make him share in his own blessed life. When He took our humanity in Christmas, he shared with us His Divinity and our dignity as human persons was exalted even more, since 'The dignity of the human person is rooted in his creation in the image and likeness of God'." (CCC 1700)

Coming to see in the faith their new dignity, Christians are called to lead henceforth a life "worthy of the gospel of Christ." They are made capable of doing so by the grace of Christ and the gifts of his Spirit, which they receive through the sacraments and through prayer (CCC1692). So, what we do with this gift is our response to God, and like Christians, it should coincide with what Christ has taught us.

But what happens when our life is abruptly cut short even before we could give an answer for it? Unfortunately, millions of people have no opportunity to give an answer for the precious gift they were given. A third person has cut their life through abortion. Yes, you read it right, millions of people! According to Hazteoir.org, almost fifty-six million people have been aborted without restriction since the Supreme Court decision in 1973. In the United States only there is one abortion every thirty seconds; 137 each hour and 3,300 abortions daily.

Last December 28, there was a Rosary and Procession guided by Bishop Jaime Soto from the steps of the Cathedral of the Blessed Sacrament to Our Lady of Guadalupe Parish on 7<sup>th</sup> and T Street, and ended with a Holy Mass, also presided by Bishop Soto, and concelebrated by our own Father Michael O'Reilly, and Father Francisco Hernandez and Father Manuel Campos from Our Lady of Guadalupe Parish. It was to commemorate the Holy Innocents and pray for all the souls of the people whom have lost their lives through abortion. To ask God to move the hearts of all the people who believe that killing a baby in its mother womb is a "right".

We appreciate the help of Deacon Edgar from the Cathedral and all who participated and made this effort possible.

Indeed, it is our responsibility how we respond for the gift of life that God has given us. Let's respond fighting for the respect of the life of all, even more so for the ones that cannot defend their own lives themselves. Join the various Pro-Life activities that are being organized this month of January and start your new year fighting for life.  
(Leticia is the wife of our Deacon Edgar Hilbert)



"Holiness grows so fast  
where there is kindness."  
~Saint Teresa of Calcutta~

# Cathedral Parish News

## THE WEEK OF PRAYER FOR CHRISTIAN UNITY

2018 Theme: "Your Right Hand, O Lord, Glorious In Power" (Exodus 15:6)

The Week of Prayer for Christian Unity consists of eight days beginning January 18 (at that time the feast of the Chair of Peter), and ending on January 25, the feast of the Conversion of St. Paul. The Franciscan Friars of the Atonement, founded in the early twentieth century in Graymoor, NY, sought to promote unity among Anglicans and Roman Catholics. Paul James Wattson, a former Episcopalian priest, founded the community, which was formally accepted into the Catholic communion.

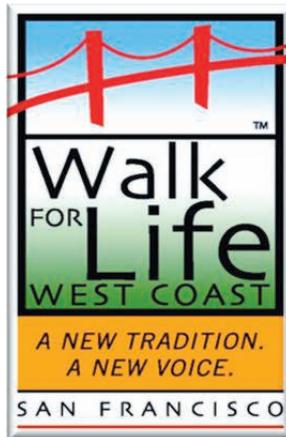
The idea for Christian unity soon began to catch on, and by the 1930s, more and more Christians welcomed such a focus. Suggestions for prayer and education are distributed each year, emphasizing a jointly chosen theme. The 1964 Vatican II document on ecumenism, "Unitatis Redintegratio," gave a great boost to the octave, so that today many Christians worldwide promote and participate in the octave time of prayer.

The emphasis on both Peter and Paul aptly fits into the rationale of the octave. Peter is seen as the source of unity within the Christian tradition. Paul is highlighted due to his vision of bringing all to Christ. The Week of Prayer for Christian Unity is an ideal opportunity to pray for and promote respect, understanding, and, hopefully, eventual unity among Christians. To learn more, visit [geii.org](http://geii.org).



## 14<sup>TH</sup> WALK FOR LIFE WEST COAST SATURDAY, JANUARY 27, 2018 CIVIC CENTER PLAZA

Join thousands of fellow Catholics and Pro-lifers from all over California and beyond as we proclaim to the world the sanctity of life. Let's stand up for the littlest among us at the 14<sup>th</sup> Walk for Life West Coast in San Francisco on January 27, 2018. Reserve your seat or buy your bus ticket today. The Respect Life ministry will be outside the church after masses to give you more information or contact Veronica Avina at (916) 205-0713.



The rally begins at 12:30pm in San Francisco's Civic Center Plaza, and the walk, down the city's Market Street, begins at 1:30pm. (approx. 2 miles). It ends at Justin Herman Plaza/Ferry Bldg. For complete information about the walk, visit [www.walkforlifewc.com](http://www.walkforlifewc.com).

### 2ND SUNDAY IN ORDINARY TIME



## CHOOSE LIFE: YOUTH GATHERINGS IN OBSERVANCE OF ROE V. WADE

Middle and high school students, teachers, parents and ministers are invited to attend "Choose Life '18" on January 22 at the Cathedral, with featured guest Camille Rodriguez, of Students for Life of America. Attendees will witness a live ultrasound, as well as learn:

What does it really mean to be "pro-life" vs. "pro-choice"?

How can we talk about abortion with our family and friends?

How can we make a difference in our schools and churches?

10:00am - Noon program followed by Mass with Bishop Jaime Soto, and 6:30-8:00pm program followed by candlelight vigil with Bishop Myron Cotta. There is no cost to attend, but please RSVP to Steve Patton, Associate Director for Family & Respect Life, at 916-733-0133 or [spatton@scd.org](mailto:spatton@scd.org).

**CHOOSE LIFE MASS** - Join Bishop Soto and hundreds of Catholic school students for our annual pro-life Mass at the Cathedral on January 22nd at noon. St. Francis High School choir will be singing.

**SPECIAL THANKS** to Bloem Decor and Emerald City for helping set up our Christmas décor, and to Maria Balaskin, Audrey and John Ortega, and Thomas Resendez for their donation of poinsettias. Also, we want to thank Bill and Francine Masters for their generous gift that paid for the Christmas Trees.

**EVERYDAY STEWARDSHIP** - Have you ever been somewhere public and days later others said they saw you there? You can find yourself surprised that they saw you and didn't say hello. However, at least they saw you. You, on the other hand, didn't even have any idea they were around you. You may have been oblivious to what was going on or those crossing your path on that day. You may have been forsaking that moment thinking about another time to come down the road.

Imagine being one of those who first encountered Jesus as he began his ministry. Would you have noticed? I would like to think that I would have rushed over to him to introduce myself. But on that day when he passed on by I just might have been caught up in life, unaware of all that was intersecting with my place in the world.

An everyday steward strives to live mindfully. The more mindful we are of all that is around us, the more grateful we find ourselves because we take things less for granted and the more open we are to the call of Jesus Christ. Every day Jesus crosses our path in the form of others. They may be in need or they may have a gift to offer us. Either way, without living in the present and taking in all that God has provided for us in the day, we can miss it. I would not want to hear afterwards that Jesus saw me and I was not paying attention enough to what was around me to notice.

-Tracy Earl Welliver, MTS



# Cathedral Kids



Read the Gospel and Color



DATE	MASS / INTENTIONS	ACTIVITIES
Saturday January 13	5:00 pm /	10:00 am CCD classes
Sunday January 14	7:30 am / 9:00 am / 11:00 am / 1:00 pm Spanish / 3:00 pm Chinese / 5:00 pm / 7:00 pm Spanish /	9:00 am RCIA for Children and Teens  9:30 am RCIA Breaking of the Word  11:00 am Liturgy of the Word for Children
Monday January 15	<b>Martin Luther King Jr Day</b> 12:10 pm / (No 5:10 Mass)	6:30 pm RCIA Evening Prayer  7:00 pm RCIA Class
Tuesday January 16	12:10 pm / 5:10 pm /	6:00 pm Spanish Choir for the 7pm Mass
Wednesday January 17	12:10 pm / 5:10 pm /	7:15 pm Spanish Choir for the 1pm Mass 7:15 pm Communion & Liberation 7:15 pm The Rosary Club
Thursday January 18	12:10 pm / 5:10 pm /	7:00 pm English Choir Rehearsal
Friday January 19	12:10 pm /	

Offering Mass for a special intention is considered to bring special graces to whom the Mass is said. Masses are offered for many reasons: for the souls in purgatory, in remembrance for someone who is deceased, or in honor of a birthday or special anniversary. If you would like to have a Mass said for someone, please contact the rectory office for help with available dates and times. A \$10 donation per Mass is appreciated.

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Sharing the Gospel - Mexican families share a special treat called a Kings' Cake on January 6th. Hidden inside the cake is one tiny little doll shaped like the baby Jesus. If you find Jesus in your piece of cake, you tell everyone. In today's Gospel, Andrew met Jesus for the first time. Andrew was so excited to find the Savior, he ran to tell his brother he had found Jesus.

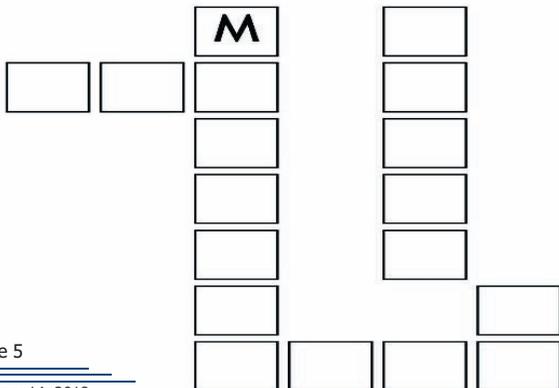
Prayer - Jesus, help me tell my family and friends about you.

Mission for the Week - Ask your family if you could include Kings' Cake in your holiday celebrations next year.

## Puzzle

Fit this Gospel message into the empty squares:

**We have found the Messiah.**



## Pray For...

- |                        |                        |                          |
|------------------------|------------------------|--------------------------|
| Carlos Palacios Family | Felix Nunez Claver     | Stephen and Julie        |
| Haylee Flory & Family  | Alvin Sul              | Miles Jedlinsky Flanagan |
| Alma Mosquera          | Anyrani Gonzalez       | Louis Metzinger          |
| Luis Romo              | Erin Nicole Tam        | The Brown Family         |
| Deacon Don DeHaven     | Riley Hana             | Yenecia Gutierrez        |
| Emma Valdez            | Lee McClure            | Dennis Studebaker S.I.   |
| Eugenia Roque          | Noah Anthony Hernandez | Lawrence Afamasanga      |
| Alfredo Rivera         | Giang Tran             | Vailoauta Lopa           |
| Adolfo Espinoza        | Joel and Cesar         | Guy Cook                 |
| Raymundo Guerrero      | Miguel and Family      | Andrea                   |
| Natalia Galan          | Michael Jose Mejia     | Anastasia Main & Family  |
| Salomon Galan          | Luis Gutierrez, Jr.    |                          |
| Tomasita Rodriguez     | Luis Gutierrez, Sr.    |                          |
| Rosa Carrillo          | Cynthia Belarma        |                          |



### HELP NEEDED!!

Do you have musical talent and would like to share it with our parish community? Sister Jenny is looking for music ministry volunteers for the Faith Formation Program at the Cathedral. You would be needed on Saturday mornings and during special events. If you are interested, please do not hesitate to call Sister Jenny at (916) 444-5364 or email her at [jenny@cathedralsacramento.org](mailto:jenny@cathedralsacramento.org).



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# Las Lecturas

Domingo: 1 Sm 3, 3-10. 19/Sal 40, 2. 4. 7-8. 8-9. 10 [8. 9]/1 Cor 6, 13 -15. 17-20/Jn 1, 35-42

## 14

Lunes: 1 Sm 15, 16-23/Sal 50, 8-9. 16-17. 21 y 23 [23]/Mc 2, 18-22

**Día de Martin Luther King, Jr.**

## 15

Martes: 1 Sm 16, 1-13/Sal 89, 20. 21-22. 27-28 [21]/Mc 2, 23-28

## 16

Miércoles: 1 Sm 17, 32-33. 37. 40-51/Sal 144, 1. 2. 9-10 [1]/Mc 3, 1-6

## 17

Jueves: 1 Sm 18, 6-9; 19, 1-7/Sal 56, 2-3. 9-10. 10-11. 12-13 [5]/Mc 3, 7-12

## 18

Viernes: 1 Sm 24, 3-21/Sal 57, 2. 3 -4. 6 y 11 [2]/Mc 3, 13-19

## 19

Sábado: 2 Sm 1, 1-4. 11-12. 19. 23 -27/Sal 80, 2-3. 5-7/Mc 3, 20-21

## 20

Domingo siguiente: Jon 3, 1-5. 10/Sal 25, 4-5. 6-7. 8-9 [4]/1 Cor 7, 29 -31/Mc 1, 14-20

## 21

Padre Michael O'Reilly

## ESQUINA DEL PASTOR



A menudo pienso en un soneto escrito por William Wordsworth que se conoce como "Las monjas no se preocupan". Se trata de cómo los espacios pequeños (como una monja en su celda pequeña) y las pautas estrictas a menudo pueden sentirse más liberadores que el "peso de demasiado". libertad. "En la superficie, el poema trata sobre la

claridad de seguir las reglas estrictas de escribir un soneto en oposición al enfoque de desarrollo de la poesía en el verso libre. Sin embargo, el tema subyacente es darse cuenta de que una vida con límites y pautas estrictas puede ser más liberadora que una vida en la que uno es libre de hacer cualquier cosa.

Supongo (no Wordsworth) que los humanos no podemos manejar demasiada libertad. Cristo nos libera al darnos leyes y pautas. Una vida de libertad solo puede ser libre bajo este yugo de Cristo. La ley del amor y el mandamiento de sacrificio que se desarrolla a través de su enseñanza son las únicas formas de la verdadera libertad. Cada otra vida es esclavitud.

Este fin de semana celebramos la fiesta civil del Dr. Martin Luther King, Jr. Ciertamente, su legado fue sobre la libertad y la justicia económica para las personas de color, y por supuesto, todas las personas, para todos, están unidas en una hermandad y hermandad comunes. Claramente de sus discursos, el Dr. King no separó esta libertad y justicia de su profunda fe en Dios. Ser libre al fin, era ser libre en la tierra prometida de Dios.

En la superficie, esa libertad existe. La mayoría de nosotros parece ser libre de hacer lo que queramos. Dios bendiga al Dr. King y a todos los que hicieron grandes sacrificios para ayudar a llevar la libertad a todos los oprimidos en nuestro país, especialmente a nuestros hermanos y hermanas Negros. Sin embargo, la libertad sin las estructuras de Cristo es verdaderamente esclavitud. Nuestra sociedad, nuestra ciudad de Sacramento e incluso nuestra iglesia sienten la opresión de "demasiada libertad". Es imposible aceptar que la muerte del Dr. King, o Cristo, fue para darnos la libertad de terminar con la vida, usar drogas, cambiar identidades, decir lo que queramos, deambular por la vida sin dirección, y negar a Dios.

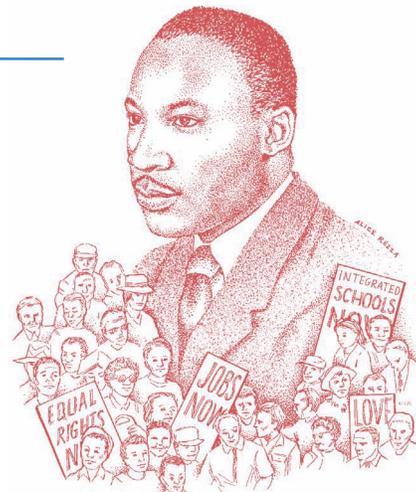
Recordamos que el Dr. Martin Luther King, Jr. era un ministro cristiano y su movimiento fue uno de los líderes de otros a la verdadera libertad de Dios. Sin Dios en el trabajo hacia la libertad, nunca habrá un "libre al fin, libre al fin, Gran Dios poderoso, somos libres al fin."

Padre Michael

Ene 15, 1929-abr 04, 1968

## MARTIN LUTHER KING, JR

“ Me niego a aceptar la opinión de que la humanidad está tan trágicamente ligada a la medianoche sin estrellas del racismo y la guerra que el brillante amanecer de la paz y la Hermandad nunca puede convertirse en una realidad... Creo que la verdad desarmada y el amor incondicional tendrán la última palabra. ”



# NOTICIAS PARROQUIALES



Leticia Hilbert

## LUCHANDO POR LA VIDA

La Vida, su definición según WordReference.com es: Capacidad de los seres vivos para desarrollarse, reproducirse y mantenerse en un ambiente. Pero la vida es mucho más que eso. La vida es un don, es un regalo de Dios. El catecismo de la Iglesia Católica nos dice en el numeral 1 de su prólogo: "Dios, infinitamente perfecto y bienaventurado en sí mismo, en un designio de pura bondad ha creado libremente al hombre para hacerle partícipe de su vida bienaventurada". Al tomar nuestra humanidad en la Navidad, nos ha dado su divinidad y ha exaltado nuestra dignidad ya que, "La dignidad de la persona humana está enraizada en su creación a imagen y semejanza de Dios" (CIC 1700)

Los cristianos, reconociendo en la fe su nueva dignidad, son llamados a llevar en adelante una "vida digna del Evangelio de Cristo" CIC 1692 o sea, lo que hacemos con este don, con este regalo es nuestra respuesta a Dios y como cristianos debe coincidir con lo que Cristo nos ha enseñado.

Pero que sucede cuando nuestra vida es cortada abruptamente y antes de siquiera haber podido dar respuesta por ella? Desafortunadamente, millones de personas no se les da la oportunidad de responder a ese don que Dios les ha dado. Una tercera persona les ha truncado su vida por medio del aborto. Si, leyó usted bien, ¡millones de personas! De acuerdo con Hazteoir.org casi cincuenta y seis millones de personas han sido abortadas sin restricciones desde la decisión de la Corte Suprema en 1973. En Estados Unidos se realiza un aborto cada treinta segundos; 137 cada hora y 3.300 abortos diarios.

El pasado 28 de diciembre se realizó una procesión/rosario dirigida por nuestro Obispo Jaime Soto desde la Catedral del Santísimo Sacramento hasta el Santuario de Nuestra Señora de Guadalupe y se culminó con la Santa Misa, presidida por el mismo Obispo y celebrada por nuestro párroco Michael O'Reilly y el Padre Francisco Hernandez y Padre Manuel Campos del Santuario para conmemorar a los Santos Inocentes y pedir por todas las almas de las personas que han perdido la vida a través del aborto. Para pedirle a Dios que mueva el corazón de las personas que creen que el matar a un bebé en el vientre de su madre es un "derecho".

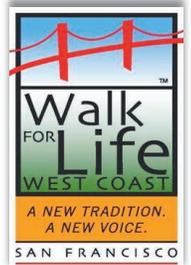
Agradecemos al Diácono Edgar de Catedral por la organización de la liturgia y a todos los que participaron e hicieron este esfuerzo posible.

En efecto, es nuestra responsabilidad la manera en que respondemos al don de la vida que Dios nos ha dado. Respondamos luchando por el respeto a la vida de todos, más aún de aquellos que no pueden defender su propia vida. Únete a las diferentes actividades Pro-Vida que se están organizando este mes de enero y empieza tu año nuevo luchando por la vida. (Leticia es la esposa de nuestro diácono Edgar Hilbert)

**ELIJA LA MISA DE VIDA:** únase al Obispo Soto y a cientos de estudiantes de escuelas católicas para nuestra Misa Pro Vida anual en la Catedral el 22 de enero al mediodía. El coro de St. Francis High School cantará.

## 14ª CAMINATA POR LA VIDA COSTA OESTE, SÁBADO, 27 DE ENERO, 2018, PLAZA DEL CENTRO CÍVICO

Únase a miles de católicos y pro-vidas de todo California y más allá para proclamar al mundo la santidad de la vida. Luchemos por los más pequeños entre nosotros en la 14ª Caminata por La Vida de la Costa Oeste el 27 de Enero del 2018. Reserve su asiento o compre ya su boleto de autobús. El ministerio de Respeto a la Vida estará afuera de las misas para darles más información o contacte a Patricia Davila al (916) 502-4854.



La manifestación da inicio a las 12:30pm en la Plaza del Centro Cívico, y la caminata por la calle Market inicia a la 1:30pm (2 millas aprox). Finaliza en Justin Herman Plaza/Ferry Building. Para obtener información completa sobre la caminata, visite [www.walkforlifewc.com](http://www.walkforlifewc.com)

## ESCOJA LA VIDA: REUNIONES DE LA JUVENTUD EN LA OBSERVANCIA DE ROE V. WADE

Estudiantes de la escuela intermedia y preparatoria, maestros, padres y ministros son invitados a asistir a la "elección de la vida '18" el 22 de enero en la Catedral, con la huésped invitado Camille Rodriguez, de los estudiantes para la vida de América. Los asistentes asistirán a una ecografía en vivo, así como aprender:

¿Qué significa realmente ser "pro-vida" vs. "Pro-Choice"?

¿Cómo podemos hablar sobre el aborto con nuestra familia y amigos?

¿Cómo podemos hacer una diferencia en nuestras escuelas e iglesias?

10:00 a.m. - Programa al mediodía seguido de una misa con el obispo Jaime Soto, y del programa de 6:30-8:00 p.m. seguido de una vigilia a la luz de las velas con el obispo Myron Cotta. No hay costo para asistir, pero por favor confirme su asistencia a Steve Patton, Director Asociado de Family & Respect Life, al 916-733-0133 o [spatton@scd.org](mailto:spatton@scd.org).

## LA SEMANA DE ORACIÓN PARA UNIDAD CRISTIANA—2018 Tema: "Tu diestra, oh Señor, Glorioso en poder" (Éxodo 15: 6)

La Semana de Oración por la Unidad de los Cristianos consiste de ocho días comenzando el 18 de enero (en ese momento la fiesta de la Silla de Pedro), y terminando el 25 de enero, la fiesta de la Conversión de San Pablo. Los Frailes Franciscanos de la Expiación, fundado a principios del siglo XX en Graymoor, Nueva York, buscaban promover la unidad entre los anglicanos y los católicos romanos. Paul James Wattson, un ex sacerdote episcopal, fundó la comunidad, que fue formalmente aceptada en la comunión católica.

La idea de la unidad de los cristianos pronto comenzó a tomar forma, y en la década de 1930, más y más cristianos dieron la bienvenida a ese enfoque. Las sugerencias para la oración y la educación se distribuyen cada año, enfatizando un tema elegido conjuntamente. El documento del Vaticano II de 1964 sobre el ecumenismo, "Unitatis Redintegratio", dio un gran impulso a la octava, por lo que hoy en día muchos cristianos de todo el mundo promueven y participan en el tiempo de oración de octava.

El énfasis tanto en Pedro como en Pablo encaja perfectamente en la lógica de la octava. Peter es visto como la fuente de la unidad dentro de la tradición cristiana. Pablo se destaca debido a su visión de llevar todo a Cristo. La Semana de oración por la unidad de los cristianos es una oportunidad ideal para orar y promover el respeto, la comprensión y, con suerte, la unidad final entre los cristianos. Para obtener más información, visite [geii.org](http://geii.org).





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1017 11th Street, Sacramento, CA 95814

916-444-3071, Fax 916-443-2749 , blessed@cathedralsacramento.org

Rectory Office Hours — Monday to Friday, 9:00 am to 5:00 pm



## PASTORAL AND ADMINISTRATIVE STAFF

**Father Michael O'Reilly, Rector**

**Father Kieran McMahon, Priest in Residence**

Deacon John Gisla, Office Manager

Deacon Don DeHaven

Deacon Edgar Hilbert

Sister Jenny Aldeghi, Director of Education

Michael Ognisty, Sacristan

Rex Rallanka, Director of Music

Tom Waddock, Cathedral Manager

Carmen Perez, Secretary

Katie McAllister, Bookkeeper

Tit Kila, Wedding Coordinator

Lyssa Black, Webmaster/Bulletin Editor

## RELIGIOUS EDUCATION PROGRAM

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A for teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program. For information on all of these programs, contact Sister Jenny and her staff at jenny@cathedralsacramento.org, or 916-444-5364

**Liturgy of the Word for Children**, ages 5 to 10 years old, every Sunday at the 11:00 am Mass. This program provides children with age appropriate explanations of the Sunday readings and gives parents with young children an opportunity to focus on the Scripture readings and the homily without distractions. Children return to their families before the Offertory. For more information, contact the education office or Dorothy Corgiat at dlcorgiat@yahoo.com.

## SCHEDULE OF MASSES

Monday to Friday	12:10 pm
Monday to Thursday	5:10 pm
Saturday Vigil	5:00 pm
Sunday	7:30 am
	9:00 am
	11:00 am
	1:00 pm en Español
	3:00 pm Chinese
	5:00 pm
	7:00 pm en Español
State Holidays	12:10 pm only

## SACRAMENT OF CONFESSION

Monday to Friday	11:30 am to 12:00 pm
Saturday	4:00 pm to 4:45 pm
Domingo en Español	12:30 pm a 12:45 pm
	6:30 pm a 7:00 pm

## EUCCHARISTIC ADORATION

**When attendants are available:**

Wednesday	12:45 pm to 4:45 pm
Thursday	12:45 pm to 4:45 pm
Friday	12:45 pm to 3:45 pm

**ANOINTING OF THE SICK** - By appointment

**BAPTISMS** (Registration is required)

English - 3rd Saturday of the month, 9:00am  
Español - 4º Sábado del mes, 9:00am

## BAPTISM CLASSES

English - 1st Thursday of the month, 7:00pm  
Español - 2do jueves del mes, 7:00pm

## TOURS

Tours are free and are led by trained Docents after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours in Spanish are held the 1st & 3rd Sundays of the month after the 1pm Mass. Tours begin at the Baptismal Font. Contact the rectory office at 916-444-3071 to arrange free private group tours.

**GIFT SHOP** - Sundays 9:00 am to 3:00 pm  
Mondays 10:30 am to 12:00pm



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## JOIN A CATHEDRAL MINISTRY

**Extraordinary Ministers of Holy Communion** contact Amy McCormick at ammccormick@att.net, or 916-801-3967.

**Lectors** contact Fred Heacock at fheacock72@hotmail.com.

**Altarservers** contact Michael Ognisty at mfognisty@msn.com.

**The Choir (English)** contact Rex Rallanka, Music Director at rrallanka@cathedralsacramento.org or 916-444-3071, x 38.

**The Choir (Spanish)** contact Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after the 7pm Mass.

**Greeters and Ushers** contact Parish Manager, Tom Waddock at 916-444-3071, x 36.

**Cathedral ACTS Missions** contact actscathedralsacto@gmail.com for more information. 2018 Retreats are Men's Retreat February 1-4 (St. Rose of Lima, Roseville), Women's Retreat June 21-24 (Cathedral of the Blessed Sacrament), Women's Retreat August 16-19 (St. Rose of Lima, Roseville), Men's Retreat November 15-18 (Cathedral of the Blessed Sacrament).

**Brown Bag Lunch Program** — If you would like to donate lunches, go to [cathedralsacramento.org/ministries](http://cathedralsacramento.org/ministries) for information, or to volunteer, please contact Jerri at [jerrirush@comcast.com](mailto:jerrirush@comcast.com).

**Benedictus Youth Group** contact Victoria Ramos at 916-444-3071, or [benedictusyg@gmail.com](mailto:benedictusyg@gmail.com).

**Cathedral Young Adults** contact Titi Kila at [cathedralya@gmail.com](mailto:cathedralya@gmail.com).

**Cathedral Saint Vincent de Paul** contact the rectory office.

**Cathedral Knight of Columbus** contact the rectory office.

**Respect Life Ministry** contact Linda Walters, English Coordinator at 916-524-5885, or Patricia Davila, Spanish Coordinator at 916-502-4854, or email [Veronicaavina@yahoo.com](mailto:Veronicaavina@yahoo.com) for meeting times and other information.

**The Rosary Club** (Rosary Beads and instructions are provided) meets every 1st & 3rd Wednesday of each month at 7:15 pm. You don't need to sign up, just show up. For more information, contact Lolita Urrutia at [lolita.urrutia@gmail.com](mailto:lolita.urrutia@gmail.com).

**Email Prayer Chain** submit your email address, and you will be notified when prayers are needed by those who have made a special request, contact Joan Jedlinsky at [cbsprayer3@yahoo.com](mailto:cbsprayer3@yahoo.com).

**Communion & Liberation** catechesis meets every Wednesday at 7:15pm in the Cathedral Lower Level.

**Spanish Parents Group Leaders** meets every Sunday, contact Leticia Hilbert at [leticia\\_hilbert@hotmail.com](mailto:leticia_hilbert@hotmail.com).

**Cathedral Men's Group** meets the 2nd Tuesday of every month at 7:15 pm, Lower Level. Contact Bob Meyers at [cynm1@yahoo.com](mailto:cynm1@yahoo.com).

**Catechesis of the Good Shephard** information, visit [www.youngsheep.org](http://www.youngsheep.org), or call 916-910-3435.

**Cathedral House Program** - Administered by volunteers of the Cathedral St. Vincent de Paul Society.

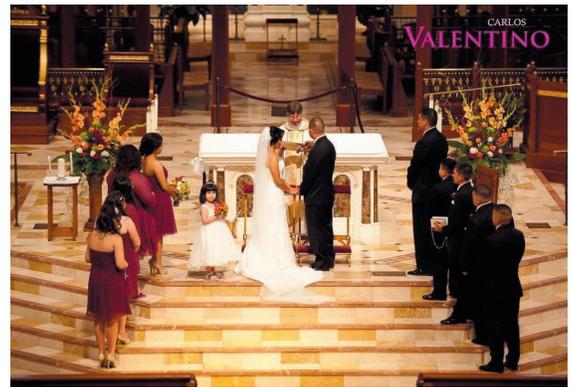
**Front Door Ministry** contact [ministries@cathedralsacramento.org](mailto:ministries@cathedralsacramento.org) for information about volunteering or donations.

To learn more about the ministries at the Cathedral visit our website, [cathedralsacramento.org](http://cathedralsacramento.org).

## Get Married at the Cathedral

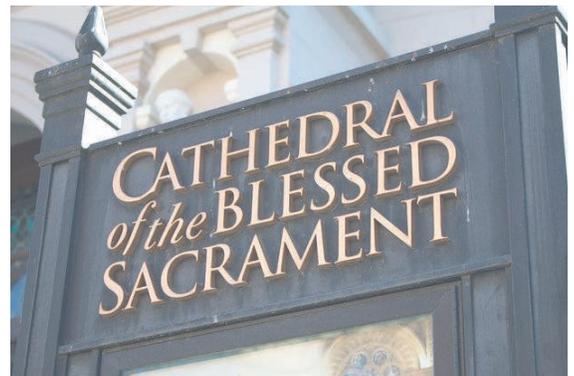
In choosing to come to the Catholic Church for the celebration of your wedding, you have made a choice to begin and to live your marriage in a Christian manner; to see your wedding as more than just a wonderful social event, but as something which draws its deeper meaning from our Christian faith.

If you would like to celebrate the Sacrament of Matrimony at the Cathedral, download the Cathedral Wedding Guidelines and Reservation Form on the cathedral website. Contact the parish office at least *six months* before your desired wedding date to arrange a meeting with Wedding Coordinator, Titi Kila, at the Cathedral Office, 916-444-3071, x13, [tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org).



## Marriage Preparation

The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at [matrimonyprep@att.net](mailto:matrimonyprep@att.net), or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral in order to take this class.



## Quinceañera

This is the tradition of celebrating a young girl's coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility, recognizing her journey from childhood to maturity. For more information on celebrating this beautiful tradition at the Cathedral, call Titi Kila, at the Cathedral Office, 916-444-3071, x13, [tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org).



## 牧者的話

## 禮儀年中的常年期 (教堂的禮拜年)

聖誕期已於上一主日隨著主顯節(節日 Solemnities)而結束, 而1月8日(星期一)為主受洗節(慶日 Feasts), 由星期二(1月9日)開始我們已進入常年期第一週。由於2018年的四旬期將由2月14日(星期三)的聖灰禮儀開始, 所以由1月14日至2月11日期間的主日均為常年期主日, 這些主日只包含主的日子或基督徒週日的基本元素, 每一主日有其個別禱詞、讀經及歌詠。常年期的主日和平日選讀經文是按照一個連貫性的規律, 意思是某一部聖經將會被連續選讀。常年期主日的舊約讀經將會與當日福音主題呼應, 而新約讀經則來自保祿和雅各伯的書信, 福音是採用馬爾谷或乙年福音, 最後常年期主日的祭衣顏色一般為綠色。

## Priest's Corner - Ordinary Time of the Liturgical Year (Church Year of Worship)

The Christmas Season ended last Sunday with the Feast of the Epiphany. January 8th was the Feast of the Baptism of the Lord. As of Tuesday, the 9th we entered the 1st Week in Ordinary Time. Lent 2018 starts on February 14th with Ash Wednesday. The Sundays from January 14th till February 11th are the Sundays in Ordinary Time. These Sundays simply embody the very essence of the Christian Sunday or the Lord's Day. Each Sunday has its own prayers, readings and songs. The Sundays and weekdays of Ordinary Time follow a pattern of the semi continuous reading of scripture, that is, a book of the Bible is read through. The Old Testament readings of Ordinary Sundays are chosen with the theme of the gospel in mind. The New Testament readings are from the letters of Paul and James. The Gospel for the Ordinary Sundays of 2018 is that of Mark or year B. The Liturgical color of Ordinary Sundays is green.

## 新幹事團隊

(左至右)副會長鄧文蘭, 聯絡秘書陳戚顯紫, 會長吳嘉軒, 記錄秘書Yuni Lok及司庫黃潔萍



## New Executive Committee

(left to right) Vice President Ida Tang, Corresponding Secretary Cecilia Chan, President Kenneth Ng, Recording Secretary Yuni Lok and Treasurer Catherine Wong



## 預留時間:

友誼午餐服務街友 2018年1月27日(星期六) 上午11時至下午2時

新春祭祖彌撒及晚宴 2018年2月4日(星期日)下午3時至8時

## Save the date:

Friendship Lunch for the Homeless 2018.1.27 (Sat) 11 am - 2 pm

Chinese New Year Mass and Tribute to the Ancestors as well as Dinner 2018.2.4 (Sun) 3 - 8 pm

## CATHEDRAL PARISH REGISTRATION &amp; UPDATE

## Actualización y registro de la parroquia de la Catedral

You can also register online at

[cathedralsacramento.org](http://cathedralsacramento.org) / Visit Us / Register as a Parishioner

Name (Nombre): \_\_\_\_\_

Street Address (Domicilio): \_\_\_\_\_

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State (Estado): \_\_\_\_\_ Zip Code (Código postal): \_\_\_\_\_

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2) Scan to pdf file and email to: [blessed@cathedralsacramento.org](mailto:blessed@cathedralsacramento.org) (escanear a pdf file y envía por correo electrónico)

3) Fax to: 916-443-2749

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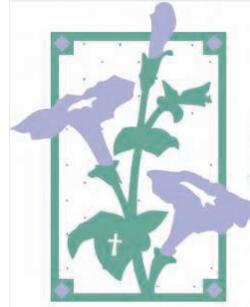


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