



CATHEDRAL OF THE BLESSED SACRAMENT

Stewards of God's Gifts

February 18, 2024 | First Sunday of Lent

MASS SCHEDULE

SUNDAY | DOMINGO

8:00 am	English
10:00 am	English*
12:00 pm	Español*
2:00 pm	<i>Rite of Election</i>
2:00 pm	Chinese*
4:00 pm	English
6:00 pm	Español
7:30 pm	<i>Rite of Election</i>

* Livestream available.

Monday—Friday

Lunes—Viernes

12:10 pm

President Day's Schedule

Monday, Feb. 19

Reconciliation at 11:30 am

Mass at 12:10 pm

ADORATION

ADORACIÓN

Wednesday & Thursday

1:00 pm - 4:00 pm

RECONCILIATION

RECONCILIACIÓN

Monday—Friday

Lunes—Viernes

11:30 am—12:00 pm

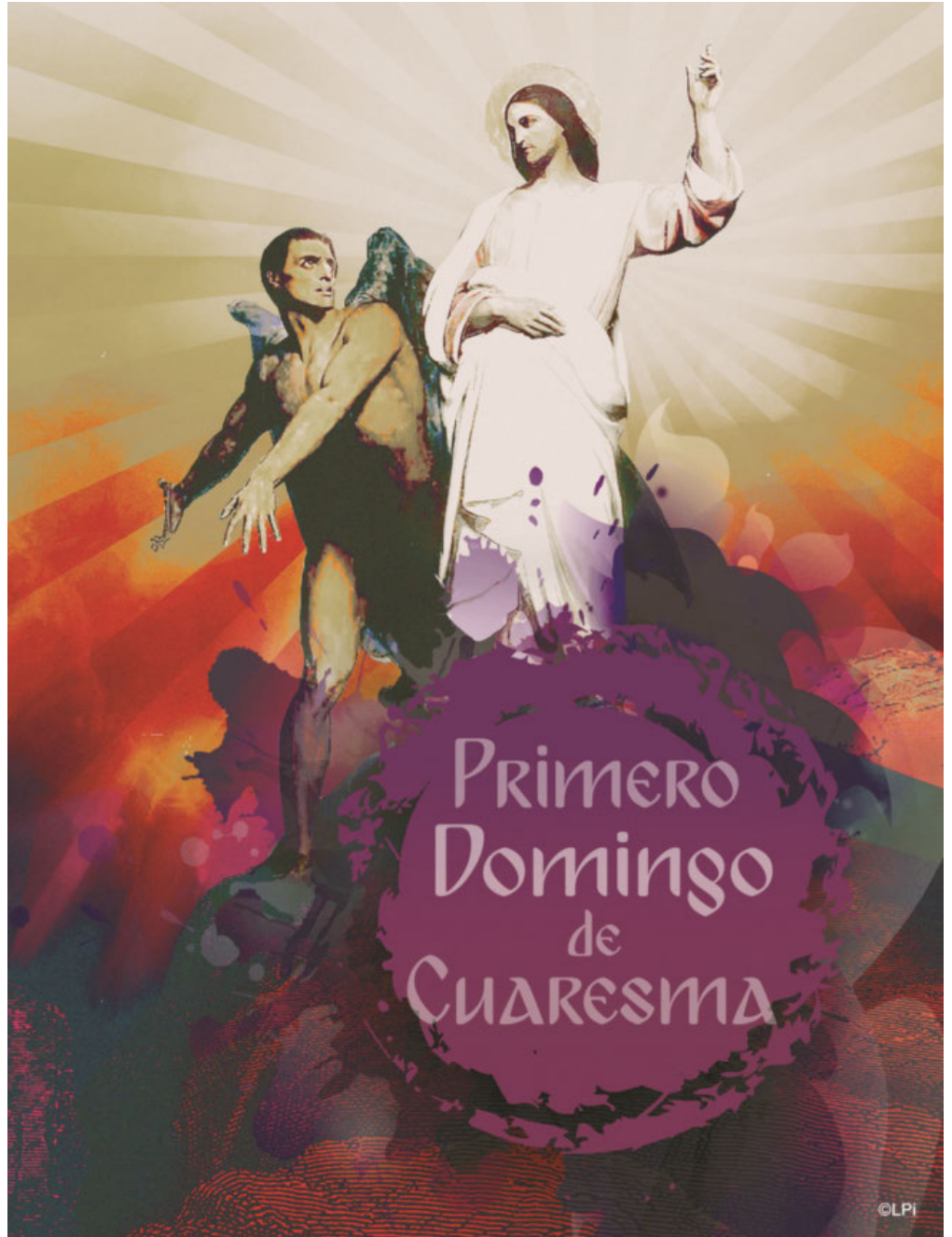
Saturday | Sabado

4:00 pm—5:00 pm

CATHEDRAL HOURS

Tuesday—Friday

10:00 am—4:00 pm



1019 11th Street, Sacramento, CA 95814

916-444-3071 | www.CathedralSacramento.org

Office Hours: Tuesday—Friday | 9am-noon & 1pm-4pm

Office closed on Monday Feb. 19 for President's Day

Connect with us!



Events and Information

**GIVING MADE EASY
WE'RE GRATEFUL FOR
ALL FINANCIAL
SUPPORT TO OUR
PARISH.
GOD BLESS YOU!**



TEXT YOUR CATHEDRAL DONATION/
ENVÍA UN MENSAJE DE TEXTO CON
TU DONACIÓN A LA CATEDRAL

Thank You! Gracias!



www.is.gd/text2give

MAKE A REOCCURING GIFT AT / HAGA UN REGALO RECURRENTE EN
WWW.CATHEDRALSACRAMENTO.ORG/DONATE

ANNUAL CATHOLIC APPEAL FEBRUARY 25

Together we bring Christ to others

Prayerfully consider a gift in 2024 with an online donation or through your parish. Your gift helps ensure that throughout the year our Catholic Charities can respond to the most pressing needs.

<https://www.scd.org/annual-catholic-appeal>



LLAMADO CATÓLICO ANUAL 25 DE FEBRERO

Juntos llevamos a Cristo a los demás

Considere en oración una donación en 2024 con una donación en línea o a través de su parroquia. Su donación ayuda a garantizar que durante todo el año nuestras Caridades Católicas puedan

FAMILY FAITH FORMATION EASTER RAFFLE

\$1 PER TICKET

on sale after Sunday masses

Baskets displayed in the vestibule after Sunday masses

Prizes awarded on Palm Sunday, March 24



FORMACIÓN FAMILIAR EN LA FE RIFA DE PASCUA

\$1 POR BOLETO

a la venta después de las misas dominicales

Cestas expuestas en el vestíbulo después de las misas dominicales.

Premios entregados el Domingo de Ramos

KEEPING THE FLAME ALIVE

Wednesdays, 7:00 PM via Zoom

Father O'Reilly leads a series on the Eucharist and the Roman Missal. Join us and deepen your understanding of the Mass!

Contact Donna: flamealive22@gmail.com



MANTENIENDO VIVA LA LLAMA

con Padre O'Reilly

Miércoles, 7:00 PM vía Zoom

Comienza una serie sobre la Eucaristía y el Misal Romano. ¡Únete a nosotros! ¡Ven a profundizar tu comprensión de la Misa!

Póngase en contacto con Donna:
flamealive22@gmail.com.

CATHEDRAL TOURS

Sundays following masses

8 am & 10 am in English & 12 noon in Spanish.

Docents give tours of the Cathedral interior, explaining the rich meaning of the Christian symbols and art.

VISITAS A LA CATEDRAL

Domingos siguientes Misas

8 am y 10 am (inglés) y después de las 12 del

mediodía Misa (español) Los docentes dan recorridos por el interior de la Catedral, explicando el rico significado de los símbolos y el arte cristianos.

LENT

Lent is a season to reflect on the Paschal Mystery more intently. It is a time of spiritual renewal and to examine one's relationship with God and others more carefully. The Church calls everyone, therefore, to a spirit of penance.

- ◆ Fasting and Abstinence
- ◆ Prayer
- ◆ Sacrament of Reconciliation
- ◆ Weekday Mass
- ◆ Stations of the Cross
- ◆ Almsgiving

Diocese 2024 Lenten Regulations:
<https://shorturl.at/jDOX2>

LA CUARESMA

La Cuaresma es un tiempo para reflexionar más intensamente sobre el Misterio Pascual. Es un tiempo de renovación espiritual y de examinar más cuidadosamente la propia relación con Dios y con los demás. Por tanto, la Iglesia llama a todos a un espíritu de penitencia.

- ◆ Ayuno y Abstinencia
- ◆ Oración
- ◆ Sacramento de la Reconciliación
- ◆ Misa entre semana
- ◆ Estaciones de la Cruz
- ◆ limosna

Reglamento de Cuaresma de la Diócesis 2024:
<https://shorturl.at/jDOX2>

**SEE PAGE 9
FOR PARISH
RETREAT**

**VER LA PÁGINA
9 PARA EL
RETIRO
PARROQUIAL**

THE HOLY ROSARY

1st and 3rd Wednesdays 6pm
 St. Torbio Classroom lower level.
praytherosarywithus@yahoo.com

Fridays, 7:45 AM Capitol Park

EL SANTO ROSARIO

1er y 3er miércoles, 6:00 pm
 Aula St Toribio, nivel inferior.
praytherosarywithus@yahoo.com

Viernes, 7:45 AM Parque del Capitolio

RECONCILIATION

Monday - Friday
 11:30 am to 12:00 pm

Saturday 4:00 pm to 5:00 pm

Chinese - by request; see page 8

RECONCILIACIÓN

Lunes - Viernes
 11:30 am to 12:00 pm

Sábado 4:00 pm to 5:00 pm

Domingo en español
 11:20 am— 11:50 am
 5:20 pm—5:50 pm

ADORATION

Wednesday & Thursday

1:00 pm to 4:00 pm

ADORACIÓN

Miercoles y Jueves

1:00 pm to 4:00 pm

STATIONS OF THE CROSS

Every Friday during Lent
 After 12:10 pm Mass in English.
 At 7:00 pm in Spanish.

ESTACIONES DE LA CRUZ

Todos los viernes durante la Cuaresma
 Después de las 12:10 Misa en inglés.
 A las 7:00 pm horas en español.

Mass Intentions & Observances

SUN 2/18

FIRST SUNDAY OF LENT

8:00 AM: CATHERINE CHANG +
 10:00 AM: DONNA TIA ATIENZA +
 12:00 PM: PEOPLE OF THE PARISH S.I.
 4:00 PM: DAMIANA TABANIAG +
 6:00 PM: CHRIS HOULEMARD S.I.

MON 2/19 (STATE HOLIDAY)

FIRST MONDAY OF LENT

12:10 PM: TERRANCE G. KELLY +

TUE 2/20

FIRST TUESDAY IN LENT

12:10 PM: MAX MENDOZA +

WED 2/21

ST. DAMIAN, BISHOP, MEMORIAL

12:10 PM: FERNANDO CANONIZADO
 RALLANKA +

THU 2/22

THE CHAIR OF ST. PETER THE APOSTLE

12:10 PM: ROSARIO PURUGGANAN +

FRI 2/23

ST. POLYCARP, BISHOP, MEMORIAL

12:10 PM: HECTOR MEJIA +

Liturgy of the Word

FIRST SUNDAY OF LENT

FEBRUARY 18, 2024

READING 1

GN 9:8-15

God said to Noah and to his sons with him:

"See, I am now establishing my covenant with you and your descendants after you and with every living creature that was with you: all the birds, and the various tame and wild animals that were with you and came out of the ark. I will establish my covenant with you, that never again shall all bodily creatures be destroyed by the waters of a flood; there shall not be another flood to devastate the earth." God added: "This is the sign that I am giving for all ages to come, of the covenant between me and you and every living creature with you: I set my bow in the clouds to serve as a sign of the covenant between me and the earth. When I bring clouds over the earth, and the bow appears in the clouds, I will recall the covenant I have made between me and you and all living beings, so that the waters shall never again become a flood to destroy all mortal beings."

RESPONSORIAL PSALM

PS 25:4-5, 6-7, 8-9.

R. (cf. 10) Your ways, O Lord, are love and truth to those who keep your covenant.

Your ways, O LORD, make known to me;
teach me your paths,
Guide me in your truth and teach me,
for you are God my savior.

R. Your ways, O Lord, are love and truth to those who keep your covenant.

Remember that your compassion, O LORD,
and your love are from of old.

In your kindness remember me,
because of your goodness, O LORD.

R. Your ways, O Lord, are love and truth to those who keep your covenant.

Good and upright is the LORD,
thus he shows sinners the way.

He guides the humble to justice,
and he teaches the humble his way.

R. Your ways, O Lord, are love and truth to those who keep your covenant.

READING 2

1 PT 3:18-22

Beloved:

Christ suffered for sins once, the righteous for the sake of the unrighteous, that he might lead you to God. Put to death in the flesh, he was brought to life in the Spirit. In it he also went to preach to the spirits in prison, who had once been disobedient while God patiently waited in the days of Noah during the building of the ark, in which a few persons, eight in all, were saved through water. This prefigured baptism, which saves you now. It is not a removal of dirt from the body but an appeal to God for a clear conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers subject to him.

VERSE BEFORE THE GOSPEL **MT 4:4B**

One does not live on bread alone,
but on every word that comes forth
from the mouth of God.

GOSPEL

MK 1:12-15

The Spirit drove Jesus out into the desert, and he remained in the desert for forty days, tempted by Satan. He was among wild beasts, and the angels ministered to him.

After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: "This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel."



Liturgia de la Palabra

1 DOMINGO DE CUARESMA

18 DE FEBRERO DE 2024

PRIMERA LECTURA

GN 9, 8-15



En aquellos días, dijo Dios a Noé y a sus hijos: “Ahora establezco una alianza con ustedes y con sus descendientes, con todos los animales que los acompañaron, aves, ganados y fieras, con todos los que salieron del arca, con todo ser viviente sobre la tierra. Ésta es la alianza que establezco con ustedes: No volveré a exterminar la vida con el diluvio, ni habrá otro diluvio que destruya la tierra”.

Y añadió: “Ésta es la señal de la alianza perpetua que yo establezco con ustedes y con todo ser viviente que esté con ustedes. Pondré mi arco iris en el cielo como señal de mi alianza con la tierra, y cuando yo cubra de nubes la tierra, aparecerá el arco iris y me acordaré de mi alianza con ustedes y con todo ser viviente. No volverán las aguas del diluvio a destruir la vida”.

SALMO RESPONSORIAL

SALMO 24, 4BC-5AB. 6-7BC. 8-9

R. Descúbrenos, Señor, tus caminos.

Descúbrenos, Señor, tus caminos, guíanos con la verdad de tu doctrina.

Tú eres nuestro Dios y salvador y tenemos en ti nuestra esperanza.

R. Descúbrenos, Señor, tus caminos.

Acuérdate, Señor, que son eternos tu amor y tu ternura.

Según ese amor y esa ternura, acuérdate de nosotros.

R. Descúbrenos, Señor, tus caminos.

Porque el Señor es recto y bondadoso, indica a los pecadores el sendero,

guía por la senda recta a los humildes y descubre a los pobres sus caminos.

R. Descúbrenos, Señor, tus caminos.

SEGUNDA LECTURA

1 PT 3, 18-22

Hermanos: Cristo murió, una sola vez y para siempre, por los pecados de los hombres; él, el justo, por nosotros, los injustos, para llevarnos a Dios; murió en su cuerpo y resucitó glorificado. En esta ocasión, fue a proclamar su mensaje a los espíritus encarcelados, que habían sido rebeldes en los tiempos de Noé, cuando la paciencia de Dios aguardaba, mientras se construía el arca, en la que unos pocos, ocho personas, se salvaron flotando sobre el agua. Aquella agua era figura del bautismo, que ahora los salva a ustedes y que no consiste en quitar la inmundicia corporal, sino en el compromiso de vivir con una buena conciencia ante Dios, por la resurrección de Cristo Jesús, Señor nuestro, que subió al cielo y está a la derecha de Dios, a quien están sometidos los ángeles, las potestades y las virtudes.

ACLAMACIÓN ANTES DEL EVANGELIO

MT 4, 4

R. Honor y gloria a ti, Señor Jesús.

No sólo de pan vive el hombre, sino también de toda palabra que sale de la boca de Dios.

R. Honor y gloria a ti, Señor Jesús.

EVANGELIO

MC 1, 12-15

En aquel tiempo, el Espíritu impulsó a Jesús a retirarse al desierto, donde permaneció cuarenta días y fue tentado por Satanás. Vivió allí entre animales salvajes, y los ángeles le servían.



Después de que arrestaron a Juan el Bautista, Jesús se fue a Galilea para predicar el Evangelio de Dios y decía: “Se ha cumplido el tiempo y el Reino de Dios ya está cerca. Arrepiéntanse y crean en el Evangelio”.

Family Faith Formation and OCIA



Family Faith Corner

As we enter into the prayer-filled season of Lent, we are looking for how we can walk with Jesus in a special way towards Easter.

“The Spirit drove Jesus into the desert where he remained 40 Days.” ~ Mark 1:12

In the Gospel for this first Sunday in Lent, Jesus spends forty days in the desert praying and fasting. In Family Faith Formation (FFF), families are reflecting on how they can make each day an opportunity to walk with God. Below are just a few simple things that your family can do to walk closer with Jesus this Lent.

Almsgiving is giving food or money (alms) to the poor. In a broader sense, it is a way of caring for others, especially those in most need.

Challenge: Look over the *Corporal Works of Mercy*. Choose one to do as a family.

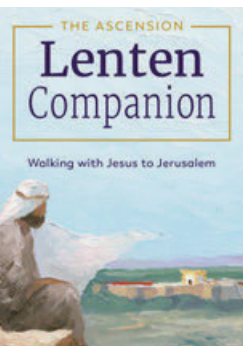
- Feed the Hungry
- Shelter Homeless
- Clothe the naked
- Bury the Dead
- Give Drink to the Thirsty
- Visit the Imprisoned
- Visit the Sick

Prayer is to be in relationship with God, asking good things for ourselves and for others. We are invited to find time each day to spend with God.

Challenge: Take up God’s Word. Subscribe for weekly Mass Preparation. (see next page).

Fasting is to intentionally give something up as a sacrificial offering. Fasting can help strengthen our will and self-control so we are better able to say no to temptations and avoid sin.

Challenge: Think about the things you enjoy that are getting in your way of being your best. Try “giving it up” during Lent.



Weekly Lenten Reflection sent to your email:

www.is.gd/lent2024

Includes reflection videos by Fr. Mark Toups

Delivered in your inbox every Saturday, 4PM

Calendar for this Week

SUN 18 FEB **OCIA Breaking Open Word**
8:00 AM, Church / St Francis

Formacion en la Fe Familiar
10:00 AM, Mercy Hall

Faith Formation - Chinese
12:30 PM, Jesus Room

OCIA Rite of Election
7:30 PM, Church

MON 19 FEB **Evening Prayer** (All Welcome)
6:30 PM, Mercy Hall

OCIA for Adults
7:00 PM, Mercy Hall/Classrooms

TUE 20 FEB **Family Faith Formation**
6:00 PM, Mercy Hall/Classrooms

THU 22 FEB **Adult Confirmation Class**
7:00 PM, St Toribio

Adult Bible Study
7:00 PM, St Pius X

SAT 24 FEB **No Family Faith Formation**

COMING UP:

SUN 10 MAR **FIRED UP Youth Conference**
9:00 AM, Christian Brothers HS



Pray for our Confirmation youth as they ready themselves for Conference with Bishop Soto in March. Let us ask the Holy Spirit to open their hearts to the Lord, that they may be the hands and feet of Jesus in our world that is so much in need of His love.

Come Holy Spirit!

10 MAR 2024

Preparation for Mass Sunday, 25 FEB 24

Prepare: 2nd Sunday of Lent

Gn 22:1-2, 9a, 10-13, 15-18
Ps 116:10, 15, 16-17, 18-19
Rom 8:31b-34
Mk 9:2-10

Gospel Focus:

Next Sunday is the Second Sunday of Lent. We will find ourselves standing with the inner circle of Jesus on Mount Tabor witnessing the Transfiguration. Jesus illumines a brightness beyond anything the disciples have seen before. And standing with Him in conversation are Elijah the Prophet and Moses. The disciples were dumbfounded and unsure what to think or say, because “...they were so terrified.” They did hear a voice from Heaven say, “This is my beloved Son. Listen to him.”

With your Family

- ◆ Read Mark 9:2-10
- ◆ Imagine you are up on the mountain with Jesus, Peter, James and John while reading.
- ◆ What does Jesus look like in His dazzling appearance?
- ◆ What do you feel? Are you afraid? In awe? Confused?
- ◆ When you hear the Father speak, “Listen to Him”, what do you do?
- ◆ *Pray Psalm 116: 10-19 together.*

Donate Supplies from our **amazon wishlist**

[Click Here](#)

An easy way to help us!

<https://is.gd/wishlistfff>

Formación de fe Familiar y OICA

Preparación para la Misa

Domingo, 25 FEB 24

Preparar:

2do Domingo de Cuaresma

[Genesis 22:1-2,9a,10-13, 15-18](#)

[Salmo 116:10, 15, 16-17, 18-19](#)

[Romanos 8:31b-34](#)

[Marco 9:2-10](#)

Enfoque del evangelio:

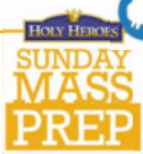
El próximo domingo es el Primer Domingo de Cuaresma. En el Evangelio de Marcos se nos recuerda que Jesús ayunó y oró en el desierto durante 40 días y se dejó tentar por Satanás. Cuando regresó del desierto, predicó:

"Arrepíentense y crean en el Evangelio". La Cuaresma es un tiempo en el que somos llamados a volvernos a Dios mirando las cosas en nuestras vidas que se interponen en nuestra relación con Jesús, y somos desafiados a ayunar de ellas, liberándonos para concentrarnos en amar a Dios y amar a los demás.

Con tu familia

- ◆ Lea Marcos 9:2-10
- ◆ Imagina que estás en la montaña con Jesús, Pedro, Santiago y Juan mientras lees.
- ◆ ¿Cómo luce Jesús en su apariencia deslumbrante?
- ◆ ¿Qué sientes? ¿Tienes miedo? ¿Asombrado? ¿Confundido?
- ◆ Cuando escuchas al Padre decir: "Escúchenlo", ¿qué hacen?
- ◆ Oren juntos el Salmo 116: 10-19.

Preparación de la Misa para familias



Sign up for Mass preparation with engaging videos and activity sheets for children of all ages.

<https://is.gd/massprep2024>

Regístrese para la preparación de la Misa con videos atractivos para niños de todas las edades.

Let us help your family get ready for Sunday Mass.

OCIA: Journey to Easter

Purification & Enlightenment

Lent: A Time of Inner Reflection

The Cathedral ministry of Order of Christian Initiation for Adults (OCIA) has the mission of walking with those seeking understanding of faith within the Catholic Church. During Lent, the OCIA participants enter a period of "Purification and Enlightenment" through the Rite of Election (which takes place this Sunday night). Up until this point, their journey—while including times of prayer—was seeking understanding using their will and intellect. With the Rite of Election, the journey becomes a growing internal Spiritual one. The prayers are penitential in nature, a call to recognize their deep need for God and His Mercy. The interior reflection leads the participants to repentance, acts of penance, a desire to offer thanksgiving, and fervent practice of fraternal charity. The OCIA witnesses the Christian journey for all of us. In our increased times of prayer, fasting and almsgiving this Lent, let us too seek inside ourselves for freedom of spirit.

This period of "Purification and Enlightenment" in the OCIA is punctuated with penitential rites called "Scrutinies" which we will explore next week. Let us pray for our Elect & Candidates.

Rincón de la Fe Familiar

Al entrar en la temporada de Cuaresma llena de oración, buscamos cómo podemos caminar con Jesús de una manera especial hacia la Pascua.



"El Espíritu llevó a Jesús al desierto donde permaneció 40 días". ~ Marcos 1:12

En el Evangelio de este primer domingo de Cuaresma, Jesús pasa cuarenta días en el desierto orando y ayunando. En Family Faith Formation (FFF), las familias están reflexionando sobre cómo pueden hacer de cada día una oportunidad para caminar con Dios. A continuación se presentan algunas cosas sencillas que su familia puede hacer para caminar más cerca de Jesús en esta Cuaresma.

La limosna es dar comida o dinero (limosna) a los pobres. En un sentido más amplio, es una forma de cuidar de los demás.

Desafío: Repasar las Obras de Misericordia Corporales: Elige una para hacer en familia.

- Alimentar al hambriento
- Vestir al desnudo
- Dar de beber al sediento
- Visitar a los encarcelados
- Refugio para personas sin hogar
- Visitar a los enfermos
- Enterrar a los muertos

La oración es estar en relación con Dios, pidiendo cosas buenas para nosotros y para los demás. Estamos invitados a encontrar tiempo cada día para estar con Dios.

Desafío: retomar la Palabra de Dios. Suscríbese para la preparación semanal para la Misa. (ver página siguiente).

Ayunar es renunciar intencionalmente a algo como ofrenda de sacrificio. El ayuno puede ayudar a fortalecer nuestra voluntad y autocontrol para que podamos decir no a las tentaciones y evitar el pecado. **Desafío:** Piensa en las cosas que disfrutas y que se interponen en tu camino para ser lo mejor posible. Intente "renunciar" durante la Cuaresma.

FAITH FORMATION for FAMILIES AND ADULTS

English, Spanish and Chinese

Weekly encounters for families to grow in faith together. Preparation for Confirmation and Holy Eucharist. www.cathedralsacramento.org/faithformation

ORDER OF CHRISTIAN INITIATION FOR ADULTS/CHILDREN (OCIA)

Sacramental preparation for Adults and Children with no Catholic faith background www.cathedralsacramento.org/ocia

For those wanting to explore the Catholic faith and /or complete their Sacraments.

CATECHIST PREPARATION

Do you desire to help pass on the faith to adults and children? To learn more and to complete your application: is.gd/cathechistapplication

CATECHISTS—HELPERS—PARENT LEADERS
Inquire how you can help!

Sister Lisa Marie Doty, FDCC, Director of Faith Formation & OCIA | slmdoty@cbssac.org | 916-444-5364

Sacramento Chinese Catholic Community

RECONCILIATION: 1st Sunday of the month before mass. Please contact Kenneth Ng or Fr. Chiu in advance.

Tel: 916-583-8306

Email: sccc.contact@gmail.com

Facebook: [@sacchineseatholic](https://www.facebook.com/sacchineseatholic)

Instagram: <https://is.gd/SCCCinstagram>

Website: www.sacchineseatholic.org/



**Chinese Portal:
Announcements/
Sunday Readings**



Fr. Abraham Chiu
趙必成神父



各位兄弟姊妹,

本年度農曆新春彌撒以及敬祖典禮定於二零二四年二月二十五日下午二時於聖體主教座堂舉行。我們邀請到蘇途主教親臨主持彌撒。彌撒及敬祖典禮後, 假

座茶香居酒樓 (1614 21st St, Sacramento, CA 95811) 舉行農曆新年晚宴。五時恭候, 五時半入席。歡迎大家攜同親友參加!

晚宴費用(只收現金):

成人: \$30

小童 (6 -12 歲): \$15

幼童 (5 歲或以下): 免費

晚宴報名: 請電郵 Kenneth Ng

sccc.contact@gmail.com

天主保佑

On February 25, 2024 at 2:00 pm, we will have **Chinese New Year Mass and Veneration Ceremony to Ancestors.** We have invited Bishop Soto to celebrate Chinese New Year Mass with us. After the Mass and the Veneration Ceremony, a Chinese New Year banquet will be served at Tea Cup Cafe Restaurant (1614 21st St, Sacramento, CA 95811). Reception at 5:00 pm and dinner at 5:30 pm. All are welcome to join us!

Dinner Fee (Cash only):

Adult : \$30

6 -12 years old : \$15

5 years old or under: Free

For registration: Please email Kenneth Ng sccc.contact@gmail.com

A Glimpse of Spirituality 靈修一瞥 112 (Matt 12:46-50)

Fr. Abraham Chiu 趙必成神父

God and humans are one family, not because of bloodline but spiritual communion with God in and through Jesus the incarnate Son of God. No people are qualified to be the family members of God unless God takes the initiative to call us into the oneness of the triune God. It is not by chance, or relationships, but grace.

One man interrupted Jesus while he was preaching in the house, saying that his mother and brothers wanted to speak with him. Jesus did not go out immediately, instead, he replied to this man by asking a question, "Who is my mother and who are my brothers?" Noteworthy is that while Jesus asked this question, he was "stretching out his hand toward his disciples" and said, "Here are my mother and my brothers!"

The verb "stretching" (ekteinas) in Greek bears many connotations. It can indicate the need for help (cf. Matt 12:13) or God's attention. Here, while Jesus stretched out his hand to his disciples, it refers to Jesus' protection on them. By Jesus' gesture, he highlighted the spiritual relation between God and humans under his protection. Spiritual relatives of Jesus are those who do God's will. The content of God's will has its center in self-giving love, i.e. they are mothers, brothers, and sisters to each other in Jesus.

Among the disciples, Mary the mother of Jesus is the best example of obedience to God's will. Because of this, Jesus expanded Mary's motherhood to those who followed him as wholeheartedly as Mary was. Mary's obedience has shone in the world the light of Jesus. Precisely, when Christians bring Jesus to the world, they are like Mary who delivered Jesus to the world. Giving birth to Jesus must be with Jesus, and this is the best discipleship of Mary, the mother of God.

天主與人, 是一家, 不是血統, 而是在天主聖言降生成人的耶穌身上, 天人合一。 沒有人有資格成為天主家人, 除非天主以祂的慈悲大愛召叫我們進入三位一體的合一當中。 這非偶然, 也非打關係, 而是白白賜的恩寵。

當耶穌在屋裡宣講時, 有人打斷他, 說他母親和兄弟想跟他說話。耶穌沒有立即出去, 而是回答: "誰是我的母親? 誰是我的兄弟?" 值得注意的, 是當耶穌提問時, "伸出他的手, 指著自己的門徒"並說: "看! 我的母親, 我的兄弟!"

希臘動詞"伸出" (ekteinas) 有多重意義; 可以解作需要幫助 (參瑪 12:13) 或天主的關注。耶穌向門徒伸出手, 解作耶穌對門徒的保護。透過耶穌的舉動, 強調天主與受他保護的人之間的共融關係。耶穌的屬神親人是指那些遵行天主旨意的人, 天主旨意的內容以自我交付的愛為中心, 即他們在耶穌裡彼此互相為母親、兄弟和姊妹。

在門徒中, 耶穌的母親瑪利亞是服從天主旨意的最佳榜樣。正因如此, 耶穌將瑪利亞的母性擴展到那些像聖母一樣全心全意跟隨祂的人。聖母的服從使耶穌的光照亮世界; 準確地說, 當基督徒將耶穌帶到世界上時, 就像聖母將耶穌誕生在世一樣。

生下耶穌必須與耶穌同在, 這是天主之母瑪利亞作為最佳門徒的榜樣。

2024 Lenten Prayer Retreat

GROWING CLOSER TO CHRIST THROUGH PERSONAL PRAYER

SATURDAY, MARCH 9 ~ 8 A.M. - 4 P.M.



"Come with me by yourselves to a quiet place and get some rest." (Mark 6:31)

Spend some time with Him and with your parish family, discovering what it is the Lord especially wants for you at this time in your life. We have a God of abundance. Let Him show you all He has in mind for you!

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Retiro de Oración de Cuaresma 2024

ACERCARSE MÁS A CRISTO A TRAVÉS DE LA ORACIÓN PERSONAL

SÁBADO, 9 DE MARZO ~ 8 A.M. - 4 P.M.

"Vengan conmigo a solas a un lugar tranquilo y consigan algo descansa". (Marcos 6:31.)

Pasa tiempo con Él y con tu familia parroquial, descubriendo qué es lo que el Señor quiere especialmente para ti en este momento de tu vida. Tenemos un Dios generoso. ¡Deja que Él te muestre todo lo que tiene para ti!

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On Saturday, July 6 the Cathedral choir, with orchestral and additional choral accompaniment, will perform the Dave Brubeck's jazz-infused version of the *Pange Lingua Variations, a Celebration for Sacramento*, which was originally commissioned by the Cathedral in 1983. It was Brubeck's first sacred composition since he had embraced Catholicism.

Get involved to put on this historic concert!

We need volunteers to help manage various tasks including brochure, program and ticket production, ticket sales, hospitality and publicity. If you can offer your time and expertise please contact Rich Zacaroli at rzacaroli@gmail.com, call or text (916)207-2595.



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BAPTISM

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Contact Sister Lisa Marie for details at slmdoty@cbssac.org.

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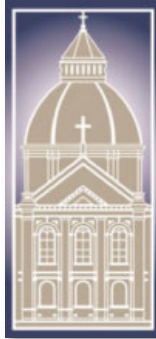
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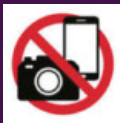
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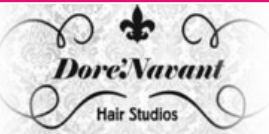


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