

# Fourth Sunday of Ordinary Time

Sunday, January 29, 2023



1017 11th Street - Sacramento, CA 95814 | 916-444-3071

## CATHEDRAL OF THE BLESSED SACRAMENT

*Stewards of God's Gifts*

### MASS SCHEDULE

\* Livestream available on Sundays & Holy Days of Obligation

#### Sunday | Domingo

English 8:00 am  
English 10:00 am\*  
Español 12:00 pm\*  
Chinese 2:00 pm\*  
English 4:00 pm  
Español 6:00 pm

#### Monday - Friday

Lunes - Viernes  
12:10 pm

#### Saturday | Sábado

NO VIGIL MASS

### ADORATION

Wednesday & Thursday  
1:00 pm to 4:00 pm

### RECONCILIATION

Monday - Friday | Lunes - Viernes

11:30 am to 12:00 pm

Saturday | Sábado

4:00 pm to 5:00 pm

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# Readings/Mass Intentions

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## Stewardship Reflection

The Gospel Reading for today is what is popularly called the Sermon on the Mount. Many think it is the absolute epitome of Jesus' teachings. To be sure it tells us how we are to live our lives, the attitudes we are to have. We must remember that those who were waiting and hoping for the Messiah expected a military leader, one who would lead them in battle against their oppressors.

In His Sermon on the Mount Jesus gives a more accurate perspective of Who He is. He begins what we call the Beatitudes (the word means "blessings") with "Blessed are the poor in spirit, for theirs is the kingdom of heaven." In a sense we are all "poor in spirit." Without the guidance and strength provided us by the Lord there is no way we can escape this poverty of spirit, of spirituality, if you will.

That is why we often say that living God-centered lives is at the very core of stewardship. Being a disciple of Christ translates into being a steward of our many gifts and blessings. Some scholars believe that Jesus may have given this sermon often during His ministry. Those who followed Jesus and became the earliest Christians, the first members of the Church, were fond of quoting and referring to what the Lord said on this occasion. As stated, Jesus provides us with the secret of living a good life. If we rely on Him and follow Him, we will be blessed.



Answer key to riddle on page 6:  
Will be happy. :-)



### HOLY HOUR OF REPARATION

Friday, February 3, 2023

The First Friday of each month immediately following the 12:10 pm Mass in the Blessed Sacrament Chapel

ONLINE DONATIONS:  
Regístrese para este servicio/  
Register for this service at:  
[www.is.gd/text2give](http://www.is.gd/text2give)



Thank You!  
Gracias!



## Stewardship Retreat



SAVE THE DATE

Saturday, February 25, 2023

8:00 am to 4:00 pm

### Stewardship Lenten Retreat

Theme – "Do This in Memory of Me"

Focusing on the Eucharist,  
Stewardship, and Lent

Register online:

<https://is.gd/lentenregistration>

or scan the QR code:



## Readings and Observances

### Sunday 1/29

4<sup>th</sup> Sunday in Ordinary Time

Zep 2:3; 3:12-13/Ps 146: 6-7, 8-9, 9-10(Matthew 5:3)/1 Cor 1:26-31/ Mt 5:1-12a

### Monday 1/30

Monday of the Fourth Week in Ordinary Time

Heb 11:32-40/Ps 31:20, 21, 22, 23, 24/Mk 5:1-20

### Tuesday 1/31

St. John Bosco, Priest

Heb 12:1-4/Ps 22:26b-27, 28 and 30, 31-32/ Mk 5:21-43

### Wednesday 2/1

Wednesday of the Fourth Week in Ordinary Time

Heb 12:4-7, 11-15/Ps 103:1-2, 13-14, 17-18a/Mk 6:1-6

### Thursday 2/2

The Presentation of the Lord, World Day for Consecrated Life

Mal 3:1-4/Ps 24:7, 8, 9, 10/ Heb 2:14-18/ Lk 2:22-40

### Friday 2/3

St. Blaise, Bishop and Martyr; St. Ansgar, Bishop

Heb 13:1-8/Ps 27:1, 3, 5, 8b-9abc/ Mk 6:14-29

### Saturday 2/4

Saturday of the Fourth Week in Ordinary Time

Heb 13:15-17, 20-21/ Ps 23:1-3a, 3b-4, 5, 6/ Mk 6:30-34

### Sunday 2/5

5<sup>th</sup> Sunday in Ordinary Time

Is 58:7-10/Ps 112:4-5, 6-7, 8-9 (4a)/1 Cor 2:1-5/ Mt 5:13-16



**Photography Policy:** It is NOT permitted to take photographs or videos for personal or commercial use inside the Cathedral or on the front steps. Flash photography, the use of telescopic "selfie sticks", tripods, stands, drones, and professional equipment are strictly forbidden. For event use, please contact Cathedral staff at 916-444-3071.

I thank God for the gift of faith every day. When I appreciate the many gifts, God has given me, I realize that without the gift of faith, these other gifts would lose all meaning and importance. The very gift of life seems meaningless if it is not grounded in the belief that there is a God who cares for and loves me and my brothers and sisters. Parents pass along our belief system and can be beautiful examples of faithful people, but faith itself is a grace that only God bestows, and He bestows it generously. Every day I thank Him, and every day I realize how much more I could nurture and reveal that faith to the world.



These days, I have been thinking about stewardship and how it speaks to my faith journey and love of God. When I think of myself as a steward of what God has created, I gain greater insight into the purpose of my life. God has promoted me, and all of us, into the high calling of caring for his creation.

With my time, talents, and treasures that God has entrusted to me, I care for the physical world. This stewardship allows me to truly see everything around me and every person around me, as belonging to God. Through the use of my time in prayer, my ministry as a priest, and my financial giving, my interaction with the physical world takes on new meaning and joy. In addition, through stewardship, I grasp more clearly the mysteries of the spiritual world and the beauty that lies beyond the realms of my care. As I strive to use more and more of what I have been given to glorify God, I am more and more embraced by God's limitless love. I encourage everyone to join with God in being good stewards of what He has given to us. Being a good steward makes one's faith come alive and gives true meaning and purpose to life.



### **Yvonne Patricia King (Mrs. King)**

*September 29, 1932-January 12, 2023*

Yvonne was a lifelong and devoted Catholic, passed away on January 12, 2023, in her sleep at her home. She attended mass and served as a parishioner at the Cathedral of the Blessed Sacrament for the final decades of her life. She is survived by her seven sons and proceeded in death by her loving husband Ernest E. King and only daughter Mary Eva King. She was the loved

and cherished grandmother of several parishioners here at the Cathedral of the Blessed Sacrament. She will be greatly missed. To read more about her life, please see the Cathedral website:

<https://www.cathedralsacramento.org/events>.

### **Viewing and Rosary Wednesday, February 8, 2023**

**5:00 pm-8:00 pm**

Saint Mary's Cemetery Funeral Center  
6509 Fruitridge Rd, Sacramento, CA 95820

### **Funeral Mass Thursday, February 9, 2023**

**10:00 am**

Cathedral of the Blessed Sacrament  
*Reception to follow in Mercy Hall*



## **CATHEDRAL TOURS**

For those of you who may be interested in the history, art, and restoration of the Cathedral, please join one of our docents for a tour beginning at the baptismal font following the closing hymn after the 8:00 am and 10:00 am English Masses and after the 12 pm Spanish Mass. Our Docents will share with you how the Cathedral is such an important part of early California history. Learn about our beautiful and important art works and how symbolism in these art works is so integral to our Catholic Faith.

Learn more at: <https://is.gd/cathedraltourresources>



## PENTECOST

### Desiderio Desideravi Reflection #13

Pope Francis takes us back to the Church's beginning at Pentecost, to that initial community of men and women and writes, "Only the community of men and women — reconciled because pardoned, alive because He is alive, true because dwelt in by the Spirit of truth — can open the cramped space of spiritual individualism." This is what Pope Francis calls the "Church of Pentecost". It is in that community that now begins to celebrate the Eucharist within a liturgy that we can find an encounter with Christ (although it isn't the only one). He continues, "Only the Church of Pentecost can conceive of the human being as a person, open to a full relationship with God, with creation, and with one's brothers and sisters." This is the challenge before the Church today, this is something that Pope Francis senses in missing in the Church today. One of the primary ways for the Church of Pentecost to be realized in in the Sacred Liturgy. But, for this we must be formed.

Pope Francis quotes Romano Guardini who wrote that without liturgical formation "then ritual and textual reforms won't help much." (1) The topic of liturgical formation would take up too much space for this apostolic letter and so Pope Francis leaves us with only 2 things: "formation for the Liturgy and formation by the Liturgy." Formation by the Liturgy is essential and formation for the Liturgy is dependent upon it.

Next time we will see how Pope Francis elaborates on this formation.

(1) R. Guardini *Der Kultakt und die gegenwärtige Aufgabe der Liturgischen Bildung (1964) in Liturgie und liturgische Bildung (Mainz 1992) p. 14.*

There is an English translation published by Liturgical Training Publications, *Liturgy and Liturgical Formation, Romano Guardini translated by Jan Benz, 2022*

## Keep the Flame Alive

Join us with Fr. O'Reilly as we seek to encounter Christ in the Gospels

**Wednesday Zoom gatherings**

7:00 pm - 8:30 pm

To receive the Zoom link/info, please send an email to Donna at [Flamealive22@Gmail.com](mailto:Flamealive22@Gmail.com)



**Thank you for participating in AmazonSmile**

The program is ending in February. Your participation has been beneficial our parish. As of February 20, your AmazonSmile extension will automatically end on your Amazon Account.

**amazon smile**  
You shop. Amazon gives.

## Let's Talk Parish

This Cathedral podcast seeks to create a greater sense of community among parishioners. Each episode features Cathedral staff member or parishioner in casual discussion with host Christian Jensen. If you would like to participate as a guest, please contact us at: 916-545-5376 or <https://is.gd/talkparish>

**Let's Talk Parish!**

CATHEDRAL OF THE  
BLESSED  
SACRAMENT



Come Pray the  
Holy Rosary with Us!  
Friday Mornings 7:30 am  
Sunday Mornings 11:15 am Bilingual



## February Events

**PRESENTATION OF THE LORD** The Feast of the Presentation of the Lord will be celebrated on Thursday, February 2, 2023 at 12:10 pm Mass. This day is also known as Candlemas when we bless the candles to be used throughout the year.

At this Mass will we also celebrate WORLD DAY OF CONSECRATED LIFE when we honor all those chosen to follow Christ through the evangelical counsels of poverty, chastity, and obedience.

**ST. BLAISE AND BLESSING OF THROATS** On Friday, February 3, through the intercession of St. Blaise, bishop and martyr, throats will be blessed after the 12:10 pm Mass.

**WORLD MARRIAGE DAY** World Marriage Day will be celebrated on Saturday February 11 at Good Shepherd Parish located at 9539 Racquet Court in Elk Grove. Mass will celebrated at 9:30 am with Bishop Soto presiding. Special certificates will be distributed at the reception honoring couples celebrating milestone anniversaries (10, 25, 30, 35, 40, 45, 50, 50+). If you plan to attend, please register at <https://catholic.formstack.com/forms/wmd2023>.

## Mass Intentions

### Sunday 1/29

Kendal Hicks S.I.;  
Raul Rojas +;  
Teresa Dancel Fernandez +;  
People of the Parish S.I.

### Monday 1/30

Samuel Tam Sales +

### Tuesday 1/31

Holy Souls in Purgatory +

### Wednesday 2/1

William Mariazeta +

### Thursday 2/2

Holy Souls in Purgatory +

### Friday 2/3

Monica Romo-Contreras S.I.;  
Victoria Ramos S.I.

*How are you Planning to GROW in Your Catholic Faith in the New Year?*

## COMPLETE SACRAMENTS

*It's not too late to begin!*

## STUDY the BIBLE

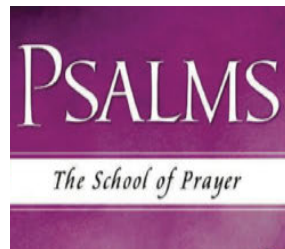


For Catholics who need to receive the Sacrament of Confirmation (already Baptized and received Eucharist)

**Begins Thursday, February 2nd—7pm**, concluding in May with the Sacrament of Confirmation to be conferred on Saturday, May 27th. Request Registration Form:

**REGISTER:** [Cathedral Adult Confirmation](#)

### Study the Psalms this Year #BibleTimeline Series



The School of Prayer reminds us why the Psalms are at the heart of the Bible. They are prayers from God that help us learn to pray. The Holy Spirit inspired them. Israel sang them. Christ himself and our Blessed Mother prayed them.

**Thursdays, 7PM @ Cathedral Began on January 5th**

**REGISTER:** <https://is.gd/psalms2023>



RITE OF CHRISTIAN INITIATION OF ADULTS

*Have you thought about becoming Catholic?*

Coming to the Cathedral and thinking about becoming Catholic?

Are you Baptized Catholic and want to complete your Sacraments of Confirmation and Eucharist?

**RCIA Classes on Mondays, 7PM in Mercy Hall**

**Request Information and/or Register:**

[cathedralfaithformationsac@gmail.com](mailto:cathedralfaithformationsac@gmail.com)



## Introduction to the Bible for Teens

**Nine lessons to help teens:**

- open their Bibles
- learn story of salvation history from Genesis to Revelation
- understand God's covenants and biblical characters
- Make their faith relevant and indispensable part of their lives.

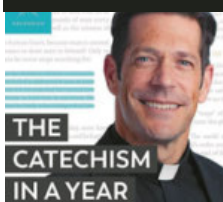
**Tuesdays, 6PM**

**@ Cathedral**

**Began on January 17th**

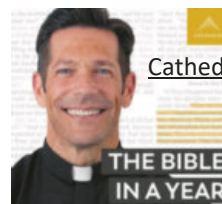
**REGISTER:** <https://is.gd/teenbible2023>

## CATECHISM of the CHURCH



**Read the Catechism of the Church**  
Subscribe on your podcast app or receive in your email by subscribing here:  
<https://ascensionpress.com/pages/catechisminayear>

### Read the Bible this Year with Fr. Mike Schmitz



[Cathedral of the Blessed Sacrament \(etransfer.com\)](http://CathedraloftheBlessedSacrament(etransfer.com))

Subscribe on your podcast

## Kids' Corner **Esquina de niños**

G R E A T W M E R C Y I  
K I N G D O M L T H E Y  
I G B L E S S E D I P L  
N H E A V E N B E L E F  
D T I N H E R I T D R A  
P E A C E M A K E R S L  
O O H B E C A U S E E S  
O U G O D M O U R N C E  
R S A P M E R C I F U L  
I N S U L T H E A R T Y  
W E P C O M F O R T E D  
H S A T I S F I E D D Y  
O S P I R I T C L E A N

Find the words in CAPITALS from today's Gospel reading in the puzzle and use the leftover letters to fill in the blanks.

"Blessed are the POOR in SPIRIT, for theirs is the kingdom of HEAVEN. Blessed are they who MOURN, for they will be COMFORTED. BLESSED are the meek, for they will INHERIT the land. Blessed are THEY WHO hunger and thirst for RIGHTEOUSNESS, for

they will be SATISFIED.

Blessed are the MERCIFUL, for they will be shown MERCY.

Blessed are the CLEAN of HEART, for they will see GOD.

Blessed are the PEACEMAKERS,

for they will be called CHILDREN of God.

Blessed are they who are PERSECUTED for the sake of righteousness, for theirs is the KINGDOM of heaven.

Blessed are you when they INSULT you and persecute you

and utter every KIND of evil against you FALSELY

BECAUSE of me. Rejoice and be glad, for your reward will

be GREAT in heaven."

If you be like Jesus, you



How can you be like Jesus? Find the other Uno in the bulletin for the answer to the above riddle.

## Family Bible Moment

Last Sunday reflected on this week's Gospel from Matthew 5:1-12, Jesus giving part of his famous sermon on the Mount and the Beatitudes, or the 'attitude' of a Christian (see Kid's Corner for the Gospel of today). Looking ahead to next week—5th Sunday of Ordinary Time—we continue the next part of Jesus' sermon on the mount: on salt and light—two signs of a follower of Jesus.

### Read next Sunday's Gospel, Matthew 5:13-16

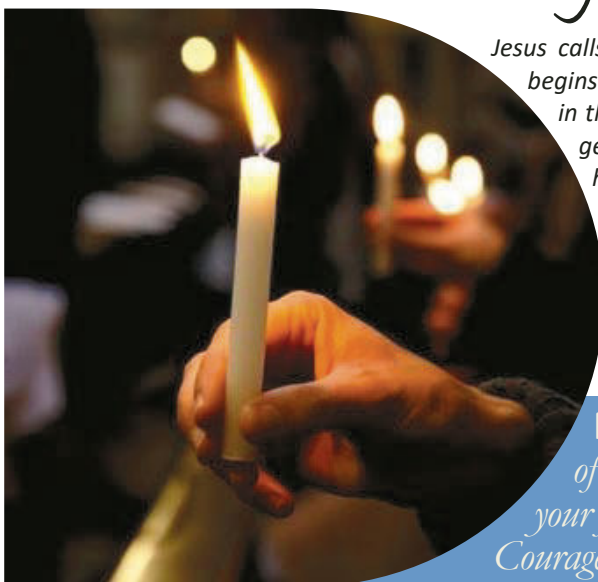
- Jesus continues his sermon on the mount
- Jesus tells us, "You are the salt of the earth..." We know that a little salt gives a lot of flavor to food. It is also a preservative for meat, and used to purify and clean. In Old Testament law, it was added to sacrifices at the Temple as a way of sanctifying the offering. How can you—as salt of the earth—preserve our world from corruption, from folly? How can you sanctify it, to make it a good sacrifice for God?
- Jesus warns that salt is good for nothing if it loses its flavor. This is the Christian that has lost sight of God's blessings (beatitudes) and their love for Jesus. There is no distinction that tells others they follow Jesus. How can you keep your love for Jesus alive that attracts others to Christ?



## Light = Something that makes vision possible

Jesus calls us—his disciples—'the light of the world'. On Easter Vigil, the celebration begins in darkness, and from the blessed Paschal Candle, light spreads to all gathered in the Cathedral, emanating a warm glow of Christ. Looking around our world we get a sense that it is walking in darkness. It is a temptation to simply keep our heads down, maybe embarrassed to share our faith, so we hide our light and do not let it shine for others to see the beauty of truth, in a life lived for Christ. Our call to be the 'light of the world' requires great courage, accompanied by a strong life of prayer. The simple definition of light—making vision possible—is what we do when we let the light of Christ shine in our daily living of our life, we make it possible for others to see beyond what the world offers; to be a sign of hope they may find in coming home to Jesus Christ and His Church.

**PRACTICE IT:** Jesus calls you the "Light of the World." Think of a situation in your life this week where you can let the light of your faith shine a little brighter. What spiritual gift can help you? Courage? Wisdom? Fortitude? Piety? Fear of the Lord? Understanding?



## A Family of Faith

Jesus, Mary and Joseph  
Most Holy Family, Pray for Us!



## Upcoming Faith Formation Dates

### Próxima formación en la fe

- |                      |  |
|----------------------|--|
| <b>SAT</b><br>JAN 28 | Sacrament Formation—Sat. Group<br>10:00 AM—Mercy Hall  |
| <b>SUN</b><br>JAN 29 | RCIA Breaking Open of the Word—8AM<br>Formacion Sacramental—10AM<br>RCIA Fam. —11:30am, Room TBA<br>Faith Formation—Chinese 12:30<br>Confirmation 1—Chinese 3:30       |
| <b>MON</b><br>JAN 30 | 6:30 pm—Vespers, Open to All<br>7:00 pm—RCIA Adults—Mercy Hall   |
| <b>TUE</b><br>JAN 31 | Family Faith Formation—Tues. Group<br>6:00 PM—Mercy Hall   |
| <b>THUR</b><br>FEB 2 | 7PM—Adult Bible Study—the Psalms<br>7PM—Adult Confirmation Preparation   |
| <b>SAT</b><br>FEB 4  | Family Faith Formation—Sat. Group<br>10:00 AM—Mercy Hall   |
| <b>SUN</b><br>FEB 5  | RCIA Breaking Open of the Word—8AM<br>Formacion en la Fe Familiar—10AM<br>RCIA Fam. —11:30am, Room TBA<br>Faith Formation—Chinese 12:30<br>Confirmation 1—Chinese 3:30 |
| <b>SAT</b><br>FEB 25 | 2:00—6:30 PM Youth Confirmation 2<br>Fired Up Conference w/ Bishop Soto  |

## Circle of Grace | Circulo de Gracia

The first week of February our Family Faith Formation will have its annual lesson, Circle of Grace, a faith-based safe environment curriculum that helps to form and educate children and youth about the value of positive relationships with God and others. It teaches children/youth how to identify and maintain appropriate physical, emotional, spiritual, and sexual boundaries, and how to take action by involving parents and/or trusted adults.

For more information about content: [Cathedral: Keeping Families Safe](#)



La primera semana de febrero, nuestra Formación de fe familiar tendrá su lección anual, Circulo de Gracia, un plan de estudios de ambiente seguro basado en la fe que ayuda a formar y educar a niños y jóvenes sobre el valor de las relaciones positivas con Dios y los demás. Enseña a niños y jóvenes cómo identificar y mantener límites físicos, emocionales, espirituales y sexuales apropiados; y cómo tomar medidas involucrando a los padres y/o adultos de confianza.


# 2023 THEOLOGY OF THE BODY

# TEOLOGIA DEL CUERPO

FRIDAY, FEBRUARY 17, 6:00 pm — 8:30 pm

St. John Vianney Catholic Church

<p><b>EVAN LEMOINE</b></p>  <p><b>YOUTH ENGLISH</b></p> <ul style="list-style-type: none"> <li>▶ WHO AM I AND WHAT DO I WANT?</li> <li>▶ GOD'S PLAN FOR LOVE AND SEXUALITY</li> </ul>	<p><b>FERNANDA GOMEZ</b></p>  <p><b>PARENTS ISPAÑOL</b></p> <ul style="list-style-type: none"> <li>▶ TEOLOGIA DEL CUERPO Y LA EDUCACION DE LOS HIJOS</li> <li>▶ DISCIPLINA POSITIVA Y TEOLOGIA DEL CUERPO</li> </ul>	<p><b>KLARISSA CHICHICO</b></p>  <p><b>PARENTS ENGLISH</b></p> <ul style="list-style-type: none"> <li>▶ HUMAN LOVE IN THE DIVINE PLAN</li> <li>▶ PERSONAL TESTIMONY AND TIPS ON SHARING TOB MESSAGE</li> </ul>
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For more info / register  
[scd.org/TOB2023](http://scd.org/TOB2023) \$20/family



**FIRED UP** 02 | 25

2023

Confirmation Conference  
CONFERENCIA DE CONFIRMACIÓN

# Sacramento Chinese Catholic Community

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Tel: 916-583-8306

Email: [sccc.contact@gmail.com](mailto:sccc.contact@gmail.com)

Instagram: <https://is.gd/SCCCintagram>

Website: [www.sacchineseatholic.org/](http://www.sacchineseatholic.org/)

 [@sacchineseatholic](https://www.facebook.com/sacchineseatholic)



Chinese Portal



Sacramento  
Chinese  
Catholic  
Community

沙加緬度華人  
天主教會



2023

**TODAY: January 29th, 2023 Sunday at 2:00 pm**, we will have a Chinese New Year Mass and Veneration Ceremony to Ancestors. We have invited Bishop Soto to celebrate Chinese New Year Mass with us. After the Mass and the Veneration Ceremony, a Chinese New Year banquet will be served at Hong Kong Islander Restaurant

(5675 Freeport Blvd, Sacramento, CA 95822). All are welcome to join us!

Dinner Fee: Adult : \$30; 6 -12 years old : \$15; 5 years old or under: Free Registration

Please email John Wong: [sccc.jwg@gmail.com](mailto:sccc.jwg@gmail.com)

二零二三年農曆癸卯兔年  
農曆新年彌撒口敬祖典禮  
Chinese New Year Mass 2023 &  
Veneration Ceremony to Ancestors

## Glimpse of Spirituality (靈修一瞥) 58

Fr. Abraham Chiu 趙必成神父

What is this God to us? Is God a harsh judge like the master in the parable? Is God still merciful and kind if God takes away our belongings even we have not?

The parable talks about the faith of Christians that they should learn from the first and second slaves as to earn a profit. Noteworthy is that the third slave acted differently from the other two. He treated the sum of money as a fixed deposit entrusted to him and he guarded it carefully. He was honest to the money from the master; to be certain was that he did not take away the money for himself. Why did the master, thus, treat him harshly? That brings us to the heart of this parable.

Jesus said, "cast the worthless servant into the outer darkness; there people will weep and gnash their teeth." The adjective "worthless" (achreion) denotes that the slave was useless and good for nothing. He was condemned as worthless, metaphorically, because of his laziness and coward. This slave told his master: "so I was afraid, and I went and hid your talent in the ground." What he was afraid was that he saw the master a person a hard man.

Love is not afraid of risk. In Jesus, the courage of love gives no room to fear before God. It is because we are supported by God's merciful love in every moment. Thus, we are not afraid to take risk and we do not just bury our talents under the ground and safeguard our own salvation.

What we do at the present will be our own judgment on the last day. Or better, we are our own judges. It is exactly what the example of the third slave means. What gifts we receive from God are for sharing with others in order to follow Jesus' as a fisher of people.

天主對我們來說，是什麼？

天主是否如同耶穌所講比喻的主人一樣，是嚴厲判官？正如耶穌在故事裡面說：“凡是有的，還要給他，叫他富裕；那沒有的，連他所有的，也要由他手中奪去。”天主還算慈悲？

比喻談論的，是基督徒的信仰，他們的信仰態度，要跟首兩位僕人學習。值得注意的，第三個僕人把主人給他的錢，當成定期存款一樣小心保管。其實，這僕人並不壞，他誠實保管金錢；那麼，主人為何對他如此苛刻？這關鍵道出比喻核心。

耶穌在比喻結論說：“至於這無用的僕人，你們把他丟在外面的黑暗中，在那裡必有哀號和切齒。”

形容詞“無用” (achreion) 表示僕人一無是處，一文不值，這都由於他的懶惰和懦弱。僕人對主人說：“因為我害怕，所以我去把你的塔冷通藏在地下；看！你的仍還給你。”他害怕的是來自主觀認為主人對僕人刻薄。

在愛內沒有害怕。當人活在在耶穌裡，愛的勇氣使人在世界面前無所畏懼，都是天主的愛所支持。因此，基督徒不怕冒險福傳，不會將天主所賜才能埋在地下，來所謂保證自己的救贖。

每人每天的行為，將是末日的自我審判。這正是第三個僕人的結果。



## ANOINTING OF THE SICK

Make an appointment by calling the parish office.

## BAPTISM for INFANTS PREPARATION

Classes located in the Cathedral. *English*: 1st Thursday of the month at 7pm. *Spanish*: 2nd Thursday of the month at 7pm.

## BAPTISM

Contact Deacon Omar Bardales at the Parish Office [baptism@cbssac.org](mailto:baptism@cbssac.org) ; 916-444-3071 Ext.22

Baptisms are scheduled in English at 9 AM on the first and third Saturday of each month; and in Spanish at 9 AM on the second and fourth Saturday of each month.

## CONFESSION/RECONCILIATION

Monday—Friday: 11:30 am to 12:00 pm

Saturday: 4:00 to 5:00 pm

## CONFIRMATION

The Cathedral offers programs of formation for the Sacrament of Confirmation to youth (7th grade and older) and Adults. Go to:

[www.cathedralsacramento.org/faithformation](http://www.cathedralsacramento.org/faithformation)

## HOLY EUCHARIST

Following at least two years of faith formation, and signs of readiness, Children and Teens prepare for the Sacrament of the Holy Eucharist through a series of workshops for immediate preparation for the Sacrament. Adults prepare for the Sacrament through the RCIA. Contact Sister Lisa Marie for details at [cathedrafaithformationsac@gmail.com](mailto:cathedrafaithformationsac@gmail.com)

## HOLY ORDERS

Priests and deacons are ordained to perform ministerial roles in the community. To learn more about the priesthood and /or deaconate, contact Fr. Mémo Hernandez at 916-733-0258.

## MARRIAGE PREPARATION

The Diocese requires all engaged couples to prepare for their union with a marriage preparation program no less than two months before the date of their wedding. Contact Deacon Omar & Janet Bardales at [matrimonyprep@att.net](mailto:matrimonyprep@att.net) or 916-427-9160.

## MATRIMONY

Contact Titi Kila at [tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org).



## CATHOLIC VIEWPOINT FAITH, HOPE & LOVE

With Fr. Michael F. Kiernan & Guests

Shalom World TV – Tuesday at 12:30 pm

Comcast Ch 20 – Sunday 7:00 am and

Thursday 5:00 pm

Or view us on YouTube or our website:

[www.CatholicViewpointFHL.com](http://www.CatholicViewpointFHL.com)

## CATECHIST PREPARATION

Desire to help us pass on the faith to adults and children? To learn more and to complete your application go to: <https://is.gd/cathechistapplication>.

## FAMILY FAITH FORMATION AND EDUCATION

English and Spanish

The Cathedral offers weekly encounters for families to grow in faith together. Go to:

[www.cathedralsacramento.org/faithformation](http://www.cathedralsacramento.org/faithformation)

## RITE OF CHRISTIAN INITIATION FOR ADULTS/ CHILDREN (RCIA) Adults:

Go to: <https://is.gd/CathedralSacramentoRCIA>.

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# Parish Information

Page 10 | Sunday, January 29, 2023 | Fourth Sunday of Ordinary Time

## Ministries and Contacts

### SACRED LITURGY

#### Altar Servers

Michael Ognisty, mfognisty@msn.com

#### Cathedral Choir

Rex Rallanka, Director of Liturgy & Music, rrallanka@cathedralsacramento.org

#### Spanish Choir (12:00 pm)

Jerry Vanoye

#### Spanish Choir (6:00 pm)

Ricardo Zavala

#### Extraordinary Ministers of Holy Communion

Amy McCormick, ammccormick@att.net

#### Lectors

Maggie Jones, lector@cathedralsac.org

#### Sacristan Ministry

Michael Ognisty, mfognisty@msn.com

#### Ushers

Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 36

#### Welcoming Ministry

Andrea Martin-Borges at andreamartin-borges@hotmail.com

### PRAYER

#### Sunday Mass Rosary Group

John Fairbanks, john@capitolmr.com

#### Adoration

Titi Kila, cbsadoration@gmail.com

#### Evening Rosary Group

Marlene Mejia, mejia1@frontiernet.net

#### Friday Morning Rosary Group

John Fairbanks, john@capitolmr.com

#### Prayer Chain

Regina Fagan, prayer.chain.sacramento@gmail.com

### FAITH FORMATION AND CATECHESIS

#### Catechists for Family and Adult Faith Formation

Sr. Lisa Marie Doty, FDCC, cathedralfaithformationsac@gmail.com

#### Catechists for Family and Adult Faith Formation Spanish

Deyanira Galvez, Galvez.dgv@gmail.com

#### Rite of Christian Initiation for Adults (RCIA) Support Ministry

Sr. Lisa Marie Doty, FDCC, cathedralfaithformationsac@gmail.com

#### Catechesis of the Good Shepherd

For ages 3+ David Vincent, admin@youngsheep.org; www.youngsheep.org

### SOCIAL and COMMUNITY SERVICE

#### Brown Bag Lunch Ministry

Marilynn Fairgood, Marilyn\_Fairgood@att.net

#### Cathedral Docents Tour Ministry

Jill Pease, peasejill@gmail.com

#### Festival of Trees

Paula Trujillo, trupaula@gmail.com

#### Front Door Ministry

Deacon Edgar Hilbert, hilbertdoheva@aol.com

#### Gift Shop Volunteers

Susan Moeller, susandurand@ymail.com

#### Hospitality

Celeste Gisla, jfgisla@att.net

#### Office Ministry

Victoria Ramos, vramos@cathedralsacramento.org

#### Outreach Ministry to the Homebound

Deacon Omar Bardales, omarcpa@att.net

#### Media Ministry

Titi Kila, communication@cathedralsac.org

#### Respect Life Ministry

Liliana Balderrama, michoacan8888@gmail.com

#### Volunteer Corps

Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 36

### COMMUNITY GROUPS

#### Benedictus Youth Group

Titi Kila, benedictusy@gmail.com; Sister Lisa Marie Doty, FDCC, cathedralfaithformationsac@gmail.com

#### Cathedral A.C.T.S.

Diane Gonzales-Salais, dmgsalais@yahoo.com

#### Cathedral Filipino-American Group of Sacramento

Reynaldo (Rey) Rallanka, rallanka@att.net

#### Cathedral Young Adults

Victoria Ramos, cathedralrya@gmail.com

#### Chinese Community

John Wong, jwong@live.it

#### Knights of Columbus

Gabriel Gutierrez, gutierrezgabriel@yahoo.com

#### Spanish Parents Group Leaders

Leticia Hilbert, leticia\_hilbert@hotmail.com

### PASTORAL AND ADMINISTRATIVE STAFF

Fr. Michael O'Reilly, *Pastor/Rector*

Fr. Abraham Chiu, *Chinese Mass*

Fr. Mémo Hernandez, *In Residence*

Fr. Michael Kiernan, *In Residence*

Deacon Omar Bardales

Deacon Gary Brys, *Business Manager*

Deacon Edgar Hilbert

Rex Rallanka,

*Director of Liturgy & Music*

Sr. Lisa Marie Doty, FDCC,

*Director of Faith Formation and Education*

Tom Waddock, *Plant Manager*

Michael Ognisty, *Sacristan*

Victoria Ramos, *Secretary*

Katie McAllister, *Bookkeeper*

Titi Kila, *Wedding Coordinator*

Chris Houlemard, *Bulletin, Environment,*

*Webmaster*

### PARISH PASTORAL COUNCIL

Joey Martinez, Chair

Russel Almaraz

Esteban Arellano

Maria Balakshin

Andrea Martin-Borges

Maria Rosario

Aileen Rasmussen

Jose Solis

Jeff Weiss

Richard Zacaroli

### FINANCE COUNCIL

Robert Ingenito, Chair

Janet Bardales

Steve Harrold

Michael Pease

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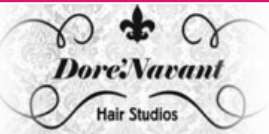


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