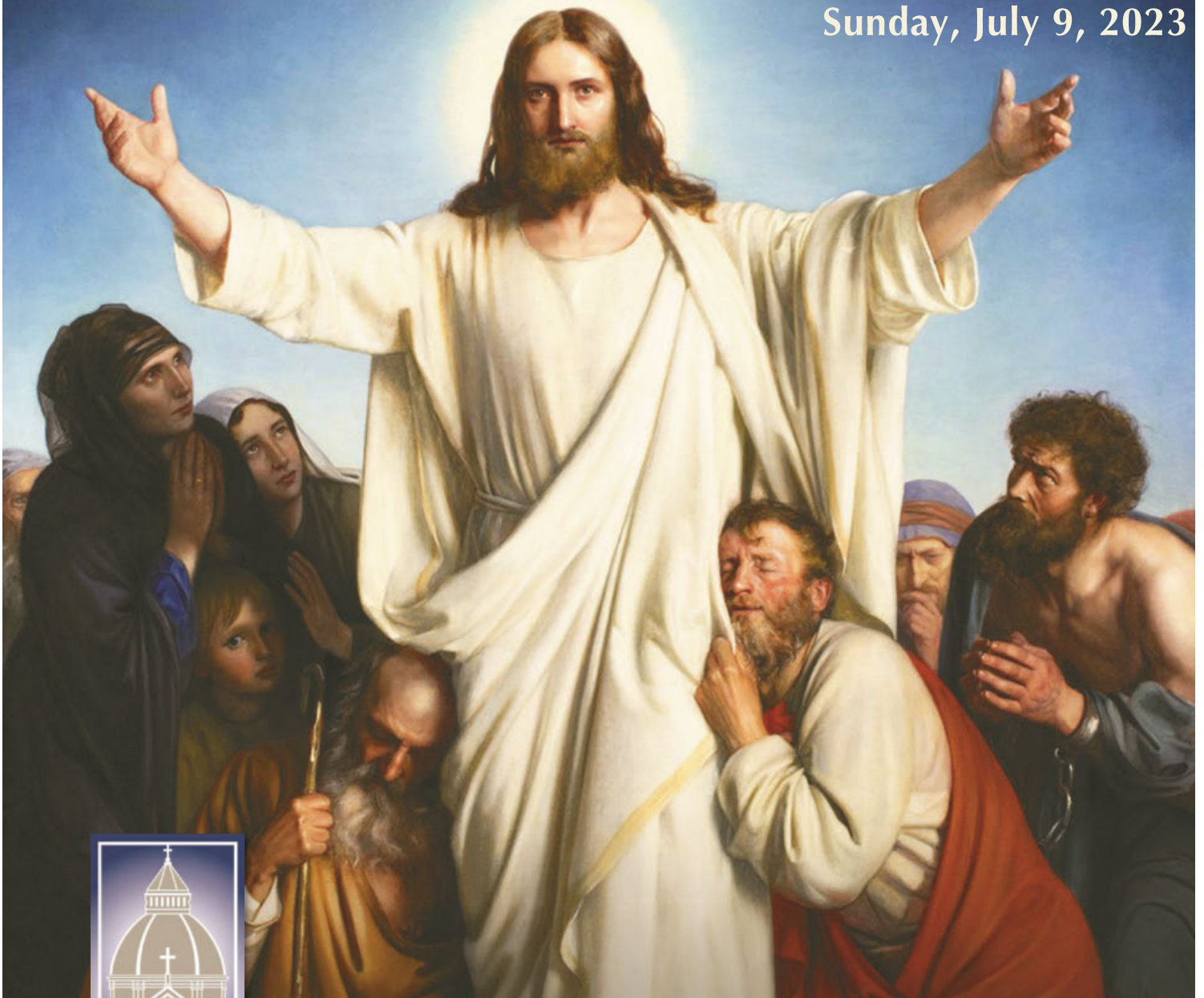


14th Sunday of Ordinary Time
Sunday, July 9, 2023



1017 11th Street - Sacramento, CA 95814 | 916-444-3071

CATHEDRAL OF THE BLESSED SACRAMENT

Stewards of God's Gifts

MASS SCHEDULE

No Livestream during the month of July

Sunday | Domingo

English 8:00 am
English 10:00 am
Español 12:00 pm
Chinese 2:00 pm
English 4:00 pm
Español 6:00 pm

Cathedral Hours: Monday - Friday 10-4
Office Hours: Monday-Friday 9-12 & 1-4

Monday - Friday

Lunes - Viernes
12:10 pm

Saturday | Sábado

NO VIGIL MASS

ADORATION

Wednesday & Thursday
1:00 pm to 4:00 pm

RECONCILIATION

Monday - Friday | Lunes - Viernes

11:30 am to 12:00 pm

Saturday | Sábado

4:00 pm to 5:00 pm

Connect with us!



cathedralsacramento.org

Eucharistic Revival: Stewardship

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Stewardship Pillars



Pilares de Mayordomía



**Hospitality/
Hospitalidad**



**Prayer/
Oración**



**Formation/
Formación**



**Service/
Servicio**

STEWARSHIP REFLECTION

The theme of humility is central to our readings today. God Himself is a humble God, so if we wish to follow Him as Christian stewards, we too, must be humble. In fact, humility is key to the stewardship way of life, and to a peaceful and fulfilling life.

In our Gospel passage from Matthew, Jesus Himself speaks to the Father about the privileged role that humble souls play in God's plan of salvation. "I give praise to you, Father, Lord of heaven and earth, for although you have hidden these things from the wise and the learned you have revealed them to little ones."

What does it mean to be a "little one"? It means that we acknowledge we don't have it all figured out, but that we are very much in need of a savior. It means we recognize that all we are and all we have been given is a gift from God. It means we embrace the stewardship way of life.

It is not easy, but deep peace and consolation come with this way of life. Jesus offers these warm and encouraging words to entice us to embrace them. "Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light."

Let us resolve to follow in the footsteps of our Savior, embracing the humble path of stewardship. It is the path that leads to peace here and now, and ultimately leads us to heaven.

REFLEXIÓN DE MAYORDOMÍA

El tema de la humildad es central en nuestras lecturas de hoy. Dios mismo es un Dios humilde, así que si deseamos seguirlo como mayordomos cristianos, nosotros también debemos ser humildes. De hecho, la humildad es clave para la forma de vida de mayordomía y para una vida pacífica y satisfactoria.

En nuestro pasaje evangélico de Mateo, Jesús mismo habla al Padre sobre el papel privilegiado que desempeñan las almas humildes en el plan de salvación de Dios. "Te doy alabanza, Padre, Señor del cielo y de la tierra, porque aunque has ocultado estas cosas a los sabios y eruditos, las has revelado a los pequeños".

¿Qué significa ser un "pequeño"? Significa que reconocemos que no lo tenemos todo resuelto, pero que necesitamos mucho un salvador. Significa que reconocemos que todo lo que somos y todo lo que se nos ha dado es un regalo de Dios. Significa que abrazamos el estilo de vida de mayordomía.

No es fácil, pero la paz profunda y el consuelo vienen con esta forma de vida. Jesús ofrece estas palabras cálidas y alentadoras para atraernos a abrazarlas. "Venid a mí, todos los que estáis agobiados y agobiados, y yo os haré descansar. Tomad mi yugo sobre vosotros y aprended de mí, porque soy manso y humilde de corazón; y encontrarán descanso para ustedes mismos. Porque mi yugo es fácil, y mi carga ligera".

Resolvamos seguir los pasos de nuestro Salvador, abrazando el humilde camino de la mayordomía. Es el camino que conduce a la paz aquí y ahora, y finalmente nos lleva al cielo.



Photography Policy: It is NOT permitted to take photographs or videos for personal or commercial use inside the Cathedral or on the front steps. Flash photography, the use of telescopic "selfie sticks", tripods, stands, drones, and professional equipment are strictly forbidden. For event use, please contact Cathedral staff at 916-444-3071.

ROSARY PRAYER TIMES/ TIEMPOS DE ORACIÓN DEL ROSARIO



Fridays, 7:45 AM Capitol Park
For the prayer, song and fellowship.
Viernes, 7:45 AM Parque del Capitolio
Para la oración, el canto y el compañerismo.

1st & 3rd Wednesdays, 7:10 PM.

St Toribio Classroom, lower level.
1er y 3er miércoles, 7:10 PM.
Aula St Toribio, nivel inferior.



ADORATION

Wednesdays and Thursdays, 1PM—4PM
In the Blessed Sacrament Chapel.

ADORACIÓN

Miércoles y jueves, 1PM—4PM

July is the month we honor **the Precious Blood of Jesus**. Falling right between June's devotion to the Sacred Heart and August's devotion to the Immaculate Heart, July is an ideal time to connect our devotion to Jesus and Mary into deeper gratitude for the bond they share as well as to heighten our connection to the blood of the Lamb of God.



**TEXT YOUR CATHEDRAL
DONATION/ENVÍA UN MENSAJE
DE TEXTO CON TU DONACIÓN
A LA CATEDRAL**

Regístrese para este servicio/
Register for this service at:
www.is.gd/text2give

Thank You! Gracias!



KEEPING THE FLAME ALIVE with Fr. O'Reilly

On break during July. Resuming August 2

Reading and reflecting on the Sacred Scriptures.
Contact Donna: flamealive22@gmail.com for info
and/or to be added to the Flocknote notification.

Manteniendo viva la llama con Padre O'Reilly En descanso durante julio.

Reanudación del 2 de agosto

Leer y reflexionar sobre las Sagradas Escrituras.
Póngase en contacto con Donna:
flamealive22@gmail.com para obtene información
y/o para agregarse a la notificación de Flocknote.

Cathedral Tours: Sundays following Masses: 8AM & 10AM (English) and after 12 noon Mass (Spanish)

Docents give tours of the Cathedral interior, explaining
the rich meaning of the Christian symbols and art.

Visitas a la Catedral: Domingos siguientes Misas: 8AM y 10AM (inglés) y después de las 12 del mediodía Misa (español)

Los docentes dan recorridos por el interior de la
Catedral, explicando el rico significado de los
símbolos y el arte cristianos.

Cathedral of the Blessed Sacrament Annual Parish Picnic

The Parish Pastoral Council invites all parishioners
to an evening of fun, food, and fellowship.

Where: St. Joseph Catholic Church
32890 S. River Rd.
Clarksburg, CA 95612
Please do not go to the Cathedral

When: Friday, August 11, 2023

Time: 5:00 p.m. - Welcome
5:30 p.m. - Vespers

We would like to ask that each family bring a dish to share. Please bring the dish below according to the first letter of your last name.

- A - I: Salad
- J - R: Dessert
- S - Z: Side Dish

For questions you may email:
Russ Almaraz at
russ.alaraz@gmail.com

Formation: Liturgy of the Word

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READING 1 ZECHARIAH 9:9-10

Thus says the LORD:

Rejoice heartily, O daughter Zion, shout for joy, O daughter Jerusalem! See, your king shall come to you; a just savior is he, meek, and riding on an ass, on a colt, the foal of an ass. He shall banish the chariot from Ephraim, and the horse from Jerusalem; the warrior's bow shall be banished, and he shall proclaim peace to the nations. His dominion shall be from sea to sea, and from the River to the ends of the earth.

RESPONSORIAL PSALM PSALM 145:1-2, 8-9, 10-11, 13-14

*I will praise your name for ever,
my king and my God.*

- ◆ I will extol you, O my God and King, and I will bless your name forever and ever. Every day will I bless you, and I will praise your name forever and ever.
- ◆ The LORD is gracious and merciful, slow to anger and of great kindness. The LORD is good to all and compassionate toward all his works.
- ◆ Let all your works give you thanks, O LORD, and let your faithful ones bless you. Let them discourse of the glory of your kingdom and speak of your might.
- ◆ The LORD is faithful in all his words and holy in all his works. The LORD lifts up all who are falling and raises up all who are bowed down.

READING 2 ROMANS 8:9, 11-13

Brothers and sisters:

You are not in the flesh; on the contrary, you are in the spirit, if only the Spirit of God dwells in you. Whoever does not have the Spirit of Christ does not belong to him. If the Spirit of the one who raised Jesus from the dead dwells in you, the one who raised Christ from the dead will give life to your mortal bodies also, through his Spirit that dwells in you. Consequently, brothers and sisters, we are not debtors to the flesh, to live according to the flesh. For if you live according to the flesh, you will die, but if by the Spirit you put to death the deeds of the body, you will live.

GOSPEL ACCLAMATION—ALLELUIA MATTHEW 11:25

*Blessed are you, Father, Lord of heaven
and earth you have revealed to little ones
the mysteries of the kingdom.*

GOSPEL MATTHEW 11:25-30

At that time Jesus exclaimed: "I give praise to you, Father, Lord of heaven and earth, for although you have hidden these things from the wise and the learned you have revealed them to little ones. Yes, Father, such has been your gracious will. All things have been handed over to me by my Father. No one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son wishes to reveal him."

"Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light."



Sharing God's Word

Today's Catholic is called to take an intelligent, spiritual approach to the bible. Learn More: <https://www.usccb.org/bible/understanding-the-bible>



Let's Talk Parish

Get to know who's who around the Cathedral Parish with this very intriguing podcast. For information: Please call us 916-545-5376 or <https://is.gd/talkparish>
No disponible en español.

Gift Shop

The Cathedral Book Store is open Sundays. For other times, please contact Susan Moeller for an appointment at 510-734-4158.
Tenemos regalos y libros en español.

PRIMERA LECTURA ZACARÍAS 9, 9-10

Esto dice el Señor:

“Alégrate sobremanera, hija de Sión; da gritos de júbilo, hija de Jerusalén; mira a tu rey que viene a ti, justo y victorioso, humilde y montado en un burrito.

Él hará desaparecer de la tierra de Efraín los carros de guerra, y de Jerusalén, los caballos de combate. Romperá el arco del guerrero y anunciará la paz a las naciones. Su poder se extenderá de mar a mar y desde el gran río hasta los últimos rincones de la tierra”.

SALMO RESPONSORIAL SALMO 144, 1-2. 8-9. 10-11. 13CD-14

Acuérdate. Señor. de tu misericordia.

- ◆ Dios y rey mío, yo te alabaré, bendeciré tu nombre siempre y para siempre. Un día tras otro bendeciré tu nombre y no cesará mi boca de alabarte.
- ◆ El Señor es compasivo y misericordioso, lento para enojarse y generoso para perdonar. Bueno es el Señor para con todos y su amor se extiende a todas sus creaturas.
- ◆ El Señor es siempre fiel a sus palabras, y lleno de bondad en sus acciones. Da su apoyo el Señor al que tropieza y al agobiado alivia.
- ◆ Que te alaben, Señor, todas tus obras, y que todos tus fieles te bendigan. Que proclamen la gloria de tu reino y den a conocer tus maravillas.

SEGUNDA LECTURA ROMANOS 8, 9. 11-13

Hermanos: Ustedes no viven conforme al desorden egoísta del hombre, sino conforme al Espíritu, puesto que el Espíritu de Dios habita verdaderamente en ustedes. Quien no tiene el Espíritu de Cristo, no es de Cristo. Si el Espíritu del Padre, que resucitó a Jesús de entre los muertos habita en ustedes, entonces el Padre, que resucitó a Jesús de entre los muertos, también les dará vida a sus cuerpos mortales, por obra de su Espíritu, que habita en ustedes.

Por lo tanto, hermanos, no estamos sujetos al desorden egoísta del hombre, para hacer de ese desorden nuestra regla de conducta. Pues si ustedes viven de ese modo, ciertamente serán destruidos. Por el contrario, si con la ayuda del Espíritu destruyen sus malas acciones, entonces vivirán.

ACLAMACIÓN ANTES DEL EVANGELIO CFR MT 11, 25

Te doy gracias. Padre. Señor del cielo y de la tierra. porque has revelado los misterios del Reino a la gente sencilla.

EVANGELIO MT 11, 25-30

En aquel tiempo, Jesús exclamó: “¡Te doy gracias, Padre, Señor del cielo y de la tierra, porque has escondido estas cosas a los sabios y entendidos, y las has revelado a la gente sencilla! Gracias, Padre, porque así te ha parecido bien.

El Padre ha puesto todas las cosas en mis manos. Nadie conoce al Hijo sino el Padre; nadie conoce al Padre sino el Hijo y aquel a quien el Hijo se lo quiera revelar.

Vengan a mí, todos los que están fatigados y agobiados por la carga y yo les daré alivio. Tomen mi yugo sobre ustedes y aprendan de mí, que soy manso y humilde de corazón, y encontrarán descanso, porque mi yugo es suave y mi carga, ligera”.



Compartir la Palabra de Dios

El católico de hoy está llamado a adoptar un enfoque inteligente y espiritual de la Biblia. Más información:
<https://www.usccb.org/bible/understanding-the-bible>



Tienda de regalos

La librería de la Catedral está abierta los domingos. Para otros horarios, comuníquese con Susan Moeller para una cita al 510-734-4158.
Tenemos regalos y libros en español.

Hospitalidad Católica: Cristo como huésped y anfitrión

La idea de que el amor al prójimo es un acto de amor sacrificial añade una nueva dimensión a la virtud de la hospitalidad. La hospitalidad se convierte en un medio para servir a los demás y a Cristo en ellos. Viaja de pueblo en pueblo predicando sobre la verdadera caridad, él mismo un extraño que debe ser acogido: "El Hijo del Hombre no tiene dónde recostar la cabeza" (Mateo 8:20).

A Family of Faith

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Upcoming Youth Events / Opportunities



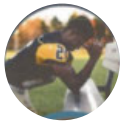
10 MIN with JESUS—Daily Prayer and Spiritual food for busy teens and young adults.

[En Espanol](#) [In English](#)



Real + True: An Introduction to the Catechism via Flocknote video format.

cathedralsacramento.flocknote.com/



Quo Vadis? Retreat, Boys Ages 13-17 years

July 28-30, 2023 For Info:

www.scd.org/vocations/quo-vadis-weekend-retreat-boys-ages-13-17



On Fire—Six Flags, Vallejo—High School Youth

Information Meeting for Parents—August 22nd, 6PM

<https://cathedralsacramento.flocknote.com/>

Want to better prepare for Sunday Mass but don't know how to start?

Sign up for Mass Prep and get an email starting this coming Wednesday morning.

www.cathedralsacramento.flocknote.com/sundayreadings



Prayer: Mass Intentions

Please pray for one another

Sunday 7/9

14th Sunday of Ordinary Time

Catherine Chang +;
Gary Aguiniga +;
People of the Parish S.I.;
Monica Correa S.I.;
Emilia Lopez S.I.

Monday 7/10

Monday of 14th week of Ordinary Time

Sussette Van Dermersh S.I.

Tuesday 7/11

St. Benedict, Abbot

Carmelita M. Morales S.I.

Wednesday 7/12

Wednesday of 14th week of Ordinary Time

Emery Taylor +

Thursday 7/13

St. Henry

Mark Sharp +

Friday 7/14

St. Kateri Tekakwitha

Daniel Walker S.I.



Formation:

Kids' Corner Esquina de niños

Today Jesus tells us, "Come to Me, all you who labour and are burdened and I will give you rest." God understands that we get tired and worn out. He wants us to come to Him when we need to rest. He refreshes our souls and gives us the energy and strength to carry on.



JESUS, I'M SO TIRED! PLEASE HELP ME!

Do you ever feel like quitting when a job gets hard? Maybe you get tired of school or helping your Mom or Dad. When you feel like giving up it's time to start praying! Your work might seem easier when you pray, but even if it still seems hard you will be happier knowing that you are doing it for God.

Jesus tells us to take His yoke on our shoulders. A yoke is a sort of bar that is used to help carry heavy things. Jesus is saying that we should do His work. For some people that means preaching like He did, or healing the sick, or being a priest, but for most people it means just doing everything we have to do out of love for God.



WOW! THIS ALL SEEMS EASIER NOW!



Formation: Families & Adults

Sundays, 8:00 AM Mass, OCIA Dismissal & BOW

Our OCIA Catechumens / Candidates will be dismissed at the 8AM Mass for Breaking Open the Word.

Mondays, 7:00 PM, Mercy Hall (Starting again August 7th) Seeking Faith and Sacraments for Adults. Our on-going Monday Night OCIA for those thinking about becoming Catholic and/or those who need to complete their Sacraments. For Info or to Register:

<https://www.cathedralsacramento.org/ocia>

Mass Preparation in Your In-Box

Sunday Mass Prep. Weekly email to help your family prepare for Sunday Mass. Each week's email prep will have reflections for children, teens and adults. All are welcome to participate.



Bible Bookmark

Cut out along the dotted lines, fold and keep in Bible for reference when praying with Scripture.



Prayer: *Breaking Open the Word*
Mass Preparation for **Sunday, 16 JULY**

PREPARE

- > **Choose** one of the Bible texts for next Sunday's Mass, maybe start with the Gospel.
- > **Find** a quiet place to begin.
- > **Pray** to the Holy Spirit
- > **Follow** the Lectio Divina Steps

Lectio Divina Steps to Reading God's Word

- ◆ **Reading (lectio)** - listen to God's Word as it is read out loud. Ask: *"What does the Biblical text say?"*
- ◆ **Meditation (meditatio)** - reflect on the meaning of the text you heard. Ask: *"What is God saying to me in this text?"*
- ◆ **Prayer (oratio)** - speak with God in praise, thanksgiving, contrition and petition. Ask: *"What is my response to God in His Word?"*
- ◆ **Contemplation (contemplation)** - listen to God more quietly in the silence of the heart. Ask: *"How does the text make you feel in your relationship with God?"*
- ◆ **Action (action)** - put what you heard into action in your life. Ask: *"How will I change what I do today in response to hearing"*

Read next week's Readings:

Isaiah 55:10-11
Psalms 65:10, 11, 12-13, 14
Romans 8:18-23
Matthew 13:1-23

Gospel Focus:

As Jesus tells the parable of the Sower and the Seed, we learn that the seed is God's Word and the Sower is Christ. The four kinds of soil are the four states of the human heart and our openness to both God's Word and His teachings. We often find that the seed of God's word is devoured by the noise of life, preventing the Word from taking root in our lives. We have to examine our openness to God's word and ask ourselves, do we let it penetrate our hearts?

With your Family

Jesus said we need to take care of the state of the "soil" of our hearts. Give each child a few seeds. Ask them, "If you were going to plant these seeds, what would you need to make them grow?" (good soil, water, sunlight). Review with them the Gospel (Matthew 13:1-9) and ask them what the four kinds of soil were. Then ask which of the four types of soil yielded the best harvest? The rich soil represents a heart that listens to God's word, and puts it into practice in their life. How are you putting God's word into practice this week?



Registration is underway La inscripción está en curso 2023-2024

The Cathedral of the Blessed Sacrament is forming whole families in the faith in its "A Family of Faith" series. This program of formation involves the whole family in weekly lessons following the four pillars of the Catechism of the Catholic Church:

- 1) the Creed (what we believe),
- 2) the Sacraments (what we celebrate),
- 3) the Commandments and Moral life
- 4) **the Our Father** (what we pray - focus in 2023/24)

We invite your family of faith to be a part of this growing community of believers. Complete an inquiry form at the below link and we will help you to enroll as either returning or new families. Sacramental preparation is integrated into our plan of family formation, so come start today!

Note: Those teens and parents needing multiple Sacraments can participate in our Family OCIA Program.

La Catedral del Santísimo Sacramento está formando familias enteras en la fe en su serie "Una familia de fe". Este programa de formación involucra a toda la familia en lecciones semanales siguiendo los cuatro pilares del Catecismo de la Iglesia Católica:

- 1) el Credo (lo que creemos),
- 2) los Sacramentos (lo que celebramos),
- 3) los Mandamientos y la vida Moral (lo que vivimos),
- 4) **el Padre Nuestro** (lo que rezamos - tema en 2023/24)

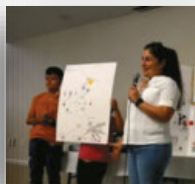
Invitamos a su familia de fe a ser parte de esta creciente comunidad de creyentes. Complete un formulario de consulta en el siguiente enlace y lo ayudaremos a inscribirse como familias que regresan o nuevas. La preparación sacramental está integrada en nuestro plan de formación familiar, ¡así que comience hoy!



OR

<https://is.gd/familyformation2024>

Register for Family Faith Formation
Regístrese para la formación en la fe familiar



Sacramento Chinese Catholic Community

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Tel: 916-583-8306

Email: sccc.contact@gmail.com

Instagram: <https://is.gd/SCCCinstagram>

Website: www.sacchinesecatholic.org/

 @sacchinesecatholic

RECONCILIATION: 1st Sunday of the month before mass. Please contact John Wong or Fr. Chiu in advance.



Announcements/
Sunday Readings



Fr. Abraham Chiu
趙必成神父



A Glimpse of Spirituality 靈修一瞥80 (Luke路 9:22-25)

Some people, even including clergy and the religious, do not know who Jesus is though they say that they believe in him. The reason is that they put on colored lens to see Jesus. Jesus' cross event puts off their lens. He realized that if his disciples did not know who he really was, then his entire ministry, suffering, and death would be useless.

Jesus was the Messiah who would redeem humankind by his suffering, death, and resurrection. On the basis of his cross event, he challenged his disciples with the three requirements for Christian discipleship. "If any man would come after me, let him deny himself and take up his cross daily and follow me." What are these three requirements meant to us?

1. The verb "deny" (arnēsasthō) here means disregarding one's own interests and proving false to one's self. In other words, a person who desires to follow Jesus has to evict selfish thoughts, evil desires, and tendencies from the heart and fill it with God's love.
2. Another verb "take" (aratō) sheds light on someone who is willing to take the cross upon oneself and carry what has been raised. The cross always means suffering. Our sufferings become one with Jesus' sufferings on the cross with their saving power when we accept them patiently and we suffer by serving others selflessly.
3. Finally, "follow" (akoloutheitō) denotes that a disciple should attend to the life of Jesus, i.e. living lives according to Jesus' example.

Jesus' requirements of discipleship might cause us to lose life, but actually, find life. Christians started experiencing persecution by the Jews and the Romans while Luke wrote his gospel. Hence, he emphasized Jesus' teaching that people who are faithful may die for their faith in Jesus, but in dying, they will live. On the other hand the ones who abandon their faith for security may live, but they are actually dying. In our sufferings, positively speaking, we know who Jesus is and what Christian discipleship is about.

有些基督徒，甚至包括神職人員或修會會士，儘管說相信耶穌，但不知道耶穌究竟是誰；原因是戴上有色眼鏡來看耶穌，耶穌的十字架事件卻打落所有眼鏡。耶穌意識到，如果門徒不知道他的真實身份，他整個牧職、受苦和死亡為他們都將一無是處。

耶穌是默西亞，通過他的受難、死亡和復活來救贖人類。在十字架事件的基礎上，他向門徒提出基督徒身份的三個要求：“誰若願意跟隨我，該棄絕自己，天天背著自己的十字架跟隨我。”這三要求對基督徒意味著什麼？

1. 動詞“棄絕” (arnēsastho) 意指不顧自己利益，並且自我認錯。換言之，想要跟隨耶穌，必須從心中驅逐自私想法、邪惡慾望和傾向，並用天主的愛來充滿它。
2. 另一動詞“背著” (aratō) 指向那些願意背負十字架並承擔一切的人。十字架總是痛苦的，當我們耐心接受並通過無私為人服務而受苦時，信徒的苦難就與耶穌在十字架上的苦難所帶來的救恩結合為一。
3. 最後，“跟隨” (akoloutheitō) 表示門徒參與耶穌生活，即按照耶穌榜樣作證。

耶穌對門徒的要求可能讓基督徒失去生命，但實際上，找到真實生命。當路加寫福音時，基督徒開始經歷猶太人及羅馬人的迫害。因此，他強調：忠心信徒可能為作證耶穌是主而死，死，其實是活。另一方面，那些為了自保而放棄信仰的人可能活著，但實際上是真死。

苦難中，積極地說，基督徒更認清耶穌是誰，以及基督徒的身份是什麼。

ANOINTING OF THE SICK

Make an appointment by calling the parish office.

BAPTISM for INFANTS PREPARATION

Classes located in the Cathedral.

English: 1st Thursday of the month at 7pm.

Spanish: 2nd Thursday of the month at 7pm.

BAPTISM

Contact Deacon Omar Bardales at the Parish Office baptism@cbssac.org or 916-444-3071 Ext. 28

Baptisms are scheduled in English at 9 AM on the first and third Saturday of each month; and in Spanish at 9 AM on the second and fourth Saturday of each month.

CONFESSION/RECONCILIATION

Monday—Friday: 11:30 am to 12:00 pm

Saturday: 4:00 to 5:00 pm

CONFIRMATION

The Cathedral offers programs of formation for the Sacrament of Confirmation to youth (7th grade and older) and Adults. Go to:

www.cathedralsacramento.org/faithformation

HOLY EUCHARIST

Following at least two years of faith formation, and signs of readiness, Children and Teens prepare for the Sacrament of the Holy Eucharist through a series of workshops for immediate preparation for the Sacrament. Adults prepare for the Sacrament through the OCIA. Contact Sister Lisa Marie for details at slmdoty@cbssac.org.

HOLY ORDERS

Priests and deacons are ordained to perform ministerial roles in the community. To learn more about the priesthood and /or deaconate, contact Fr. Mémo Hernandez at 916-733-0258.

MARRIAGE PREPARATION

The Diocese requires all engaged couples to prepare for their union with a marriage preparation program no less than two months before the date of their wedding. Contact Deacon Omar & Janet Bardales at matrimonyprep@att.net or 916-427-9160.

MATRIMONY

Contact Titi Kila at tkila@cathedralsacramento.org.



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CATECHIST PREPARATION

Desire to help us pass on the faith to adults and children? To learn more and to complete your application go to: <https://is.gd/cathechistapplication>.

FAMILY AND ADULT FAITH FORMATION

English and Spanish

The Cathedral offers weekly encounters for families to grow in faith together. Go to:

www.cathedralsacramento.org/faithformation

ORDER OF CHRISTIAN INITIATION FOR ADULTS/CHILDREN (OCIA) Adults:

Go to: www.cathedralsacramento.org/ocia

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Parish Information

Page 10 | Sunday, July 9, 2023 | 14th Sunday of Ordinary Time

SACRED LITURGY

Altar Servers

Michael Ognisty, mfognisty@msn.com

Cathedral Choir

Rex Rallanka, Director of Liturgy & Music, rrallanka@cathedralsacramento.org

Cathedral Children's Choir

Gayle Winney, Children's Choir Director, gwinney@cbssac.org

Spanish Choir (12:00 pm)

Spanish Choir (6:00 pm)

Jerry Vanoye

Ricardo Zavala

Extraordinary Ministers of Holy Communion

Amy McCormick, ammccormick@att.net

Lectors

Maggie Jones, lector@cathedralsac.org

Sacristan Ministry

Michael Ognisty, mfognisty@msn.com

Ushers

Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 20

Welcoming Ministry

Andrea Martin-Borges, andreamartin-borges@hotmail.com

PRAYER

Adoration

Titi Kila, cbsadoration@gmail.com

Evening Rosary Group

Marlene Mejia, 916-628-6775 or Christina Callazo-Kelly,

praytherosarywithus@yahoo.com

Friday Morning Rosary Group

John Fairbanks, john@capitolmr.com

Prayer Chain

Regina Fagan, prayer.chain.sacramento@gmail.com

FAITH FORMATION AND CATECHESIS

Catechists for Family and Adult Faith Formation

Sr. Lisa Marie Doty, FDCC, slmdoty@cbssac.org

Catechists for Faith Formation Spanish

Edith Gonzalez, edi_d2@yahoo.com

Family and Adult Faith Formation

Deyanira Galvez, Galvez.dgv@gmail.com

Order of Christian Initiation for Adults (OCIA) Support Ministry

Sr. Lisa Marie Doty, FDCC, slmdoty@cbssac.org

Catechesis of the Good Shepherd

For ages 3+ David Vincent, admin@youngsheep.org; www.youngsheep.org

SOCIAL and COMMUNITY SERVICE

Brown Bag Lunch Ministry

Marilynn Fairgood, Marilyn_Fairgood@att.net

Cathedral Docents Tour Ministry

Jill Pease, peasejill@gmail.com

Festival of Trees

Please contact Fr. O'Reilly at 916-444-3071

Front Door Ministry

Deacon Edgar Hilbert, hilbertdoheva@aol.com

Gift Shop Volunteers

Susan Moeller, susandurand@gmail.com

Hospitality

Celeste Gisla, jfgisla@att.net

Office Ministry

Victoria Ramos, vramos@cathedralsacramento.org

Outreach Ministry to the Homebound

Deacon Omar Bardales, omarcpa@att.net

Media Ministry

Titi Kila, communication@cathedralsac.org

Respect Life Ministry

Liliana Balderrama, michoacan8888@gmail.com

Volunteer Corps

Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 20

COMMUNITY GROUPS

Benedictus Youth Group

Titi Kila, benedictusy@gmail.com; Sister Lisa Marie Doty, FDCC,

slmdoty@cbssac.org

Cathedral A.C.T.S.

Diane Gonzales-Salais, dmgsalais@yahoo.com

Cathedral Filipino-American Group of Sacramento

Reynaldo (Rey) Rallanka, rallanka@att.net

Cathedral Young Adults

Victoria Ramos, cathedralya@gmail.com

Chinese Community

John Wong, jwong@live.it

Knights of Columbus

Gabriel Gutierrez, gutierrezgabriel@yahoo.com

Spanish Parents Group Leaders

Leticia Hilbert, leticia_hilbert@hotmail.com

PASTORAL AND ADMINISTRATIVE STAFF

Fr. Michael O'Reilly, *Pastor/Rector*

Fr. Abraham Chiu, *Chinese Mass*

Fr. Mémo Hernandez, *In Residence*

Fr. Michael Kiernan, *In Residence*

Deacon Omar Bardales

Deacon Gary Brys, *Business Manager*

Deacon Edgar Hilbert

Sr. Lisa Marie Doty, FDCC,

Director of Faith Formation & OCIA

Rex Rallanka,

Director of Liturgy & Music

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Katie McAllister, *Bookkeeper*

Titi Kila, *Wedding Coordinator*

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Webmaster

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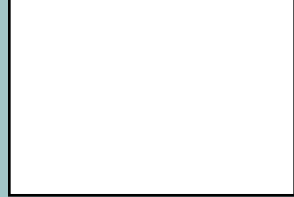


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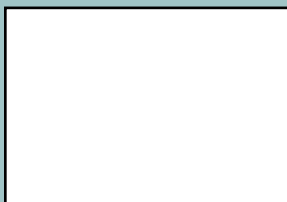
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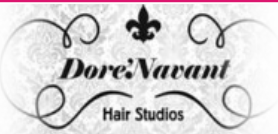
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