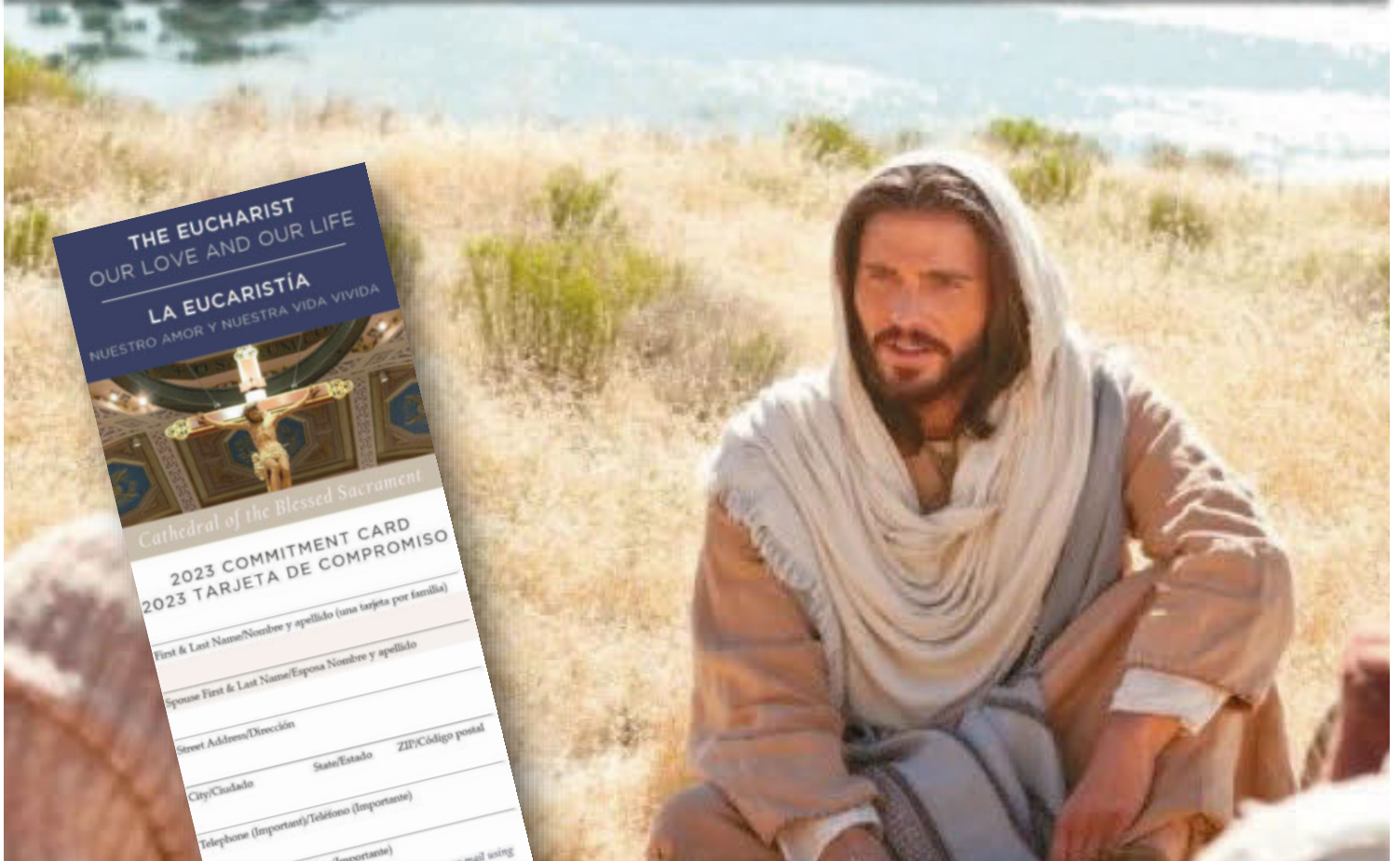


25th Sunday of Ordinary Time
Sunday, September 24, 2023

Stewardship Renewal
Commitment Sunday



Renew your commitments to God in grateful
response for the gifts He has given us.
Please fill out your commitment cards!



1017 11th Street - Sacramento, CA 95814 | 916-444-3071

CATHEDRAL OF THE BLESSED SACRAMENT
Stewards of God's Gifts

MASS SCHEDULE

* Livestream available on Sundays & Holy Days of Obligation

Sunday | Domingo

English 8:00 am
English 10:00 am*
Español 12:00 pm*
Chinese 2:00 pm*
English 4:00 pm
Español 6:00 pm

Cathedral Hours: Monday - Friday 10-4
Office Hours: Monday-Friday 9-12 & 1-4

Monday - Friday

Lunes - Viernes
12:10 pm

Saturday | Sábado
NO VIGIL MASS

ADORATION

Wednesday & Thursday
1:00 pm to 4:00 pm

RECONCILIATION

Monday - Friday | Lunes - Viernes
11:30 am to 12:00 pm

Saturday | Sábado
4:00 pm to 5:00 pm

Connect with us!



cathedralsacramento.org

Eucharistic Revival: Stewardship

Page 2 | Sunday, September 24th, 2023 | Commitment Sunday

Stewardship Pillars



Pilares de Mayordomía



Hospitality/
Hospitalidad



Prayer/
Oración



Formation/
Formación



Service/
Servicio

Stewardship Reflection

Though we can never fully grasp the infinite perfection of God and His ways, a basic knowledge of Scripture reveals that God's logic often differs from worldly logic.

Our first reading, from Isaiah, reminds us that God often thinks bigger than we do. "For my thoughts are not your thoughts, nor are your ways my ways, says the LORD. As high as the heavens are above the earth, so high are my ways above your ways and my thoughts above your thoughts." As His followers we must strive as best we can to think as God does, using our time (and our talents and treasure, too) with eternity in mind.

In our Gospel passage from Matthew, Jesus offers us a glimpse of the "Godly logic" of the Father through a parable of a landowner hiring workers for his vineyard. Some workers are called early in the day, others not until very late. Yet the landowner pays them all a full day's wage. This angered the laborers who had worked longest. But those laborers were relying on human logic and human calculations. They were not thinking as God does.

This can happen to us Christian stewards as well. We can grumble and complain (at least internally) when we compare ourselves to others and sense that not everyone is contributing as much as we are to the parish, the neighborhood, within our family and so on. At those moments, we need to think bigger!

We must remember that it is a great privilege to have been called by the Father to work in His vineyard. Living the stewardship way of life brings us meaning, depth and purpose.

Let's embrace this Godly thinking and thank Him for calling us to this way of life.

NEW: Saint Toribio Choir - Youth Choir

Rehearsals are Saturday from 12:00-2:00 pm in the Saint Francis classroom. Cathedral youth (ages 8-13, boys with unchanged voices) are invited to participate. For the choir calendar and sign-up forms, please contact our lead parent, Elizabeth Lopez Garcia at navanotary@gmail.com.

 **TEXT YOUR CATHEDRAL DONATION/
ENVÍA UN MENSAJE DE TEXTO CON
TU DONACIÓN A LA CATEDRAL**

Regístrese para este servicio/
Register for this service at:

www.is.gd/text2give

Thank You!
Gracias!



10 MIN with JESUS —

Daily Prayer and Spiritual food for busy teens and young adults:

[En Español](#) [In English](#)



Photography Policy: It is NOT permitted to take photographs or videos for personal or commercial use inside the Cathedral or on the front steps. Flash photography, the use of telescopic "selfie sticks", tripods, stands, drones, and professional equipment are strictly forbidden. For event use, please contact Cathedral staff at 916-444-3071.



Prayer Devotions / Devociones de Oración



THE HOLY ROSARY / EL SANTO ROSARIO

- **Fridays, 7:45 AM** Capitol Park
For the prayer, song and fellowship.
Viernes, 7:45 AM Parque del Capitolio
Para la oración, el canto y el
compañerismo.
- **1st & 3rd Wednesdays, 6:00 PM**
St Toribio Classroom, lower level.
Contact praytherosarywithus@yahoo.com
1er y 3er miércoles, 6:00 PM
Aula St Toribio, nivel inferior.



ADORATION / ADORACIÓN

- **Wednesdays and Thursdays, 1PM—4PM**
In the Blessed Sacrament Chapel.
Miércoles y jueves, 1PM—4PM

NO ROSARY or TOURS TODAY



Formation / Formación

KEEPING THE FLAME ALIVE

with Fr. O'Reilly

Wednesdays, 7:00 PM via Zoom

Reading and reflecting on the Sacred Scriptures.
Contact Donna: flamealive22@gmail.com for info
and/or to be added to the Flocknote notification.

Miércoles, 7:00 PM vía Zoom

Manteniendo viva la llama con Padre O'Reilly

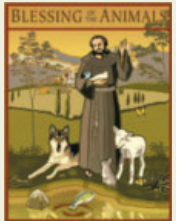
Leer y reflexionar sobre las Sagradas Escrituras.
Póngase en contacto con Donna:
flamealive22@gmail.com para obtene información
y/o para agregarse a la notificación de Flocknote.

The Blessing of the Animals

Sunday, October 1st

3:00 pm

Cathedral Square



“THE EUCHARIST – OUR LOVE AND OUR LIFE”
2023 CATHEDRAL STEWARDSHIP RENEWAL

COMMITMENT SUNDAY

Today is Commitment Sunday! This is a specific time to thank God in grateful response for the gifts He has bestowed upon us. During Mass, as a parish community, we offer God our gifts of time, talent, and treasure for the coming year. Our goal is to be a Stewardship Parish – a community who is noticeably committed to prayer, parish ministry, and generous financial support. May God bless you as you discern how He is calling you to grow closer to Him.

Complete your card and offer it to God as your gift in thanksgiving for all the blessings He has given you.

If you did not turn in a Commitment Card at Mass today, please go to the Cathedral website and complete a Commitment Card online at cathedralsacramento.org or use the QR codes to the right.



2023 STEWARDSHIP RENEWAL
MAKE YOUR COMMITMENT TODAY!

PLEASE SCAN
HERE TO
COMPLETE
YOUR CARD:



RENOVACIÓN DE
CORRESPONSABILIDAD 2023
¡HAZ TU COMPROMISO HOY!

POR FAVOR
ESCANEE AQUÍ
PARA COMPLETAR
LA TARJETA EN
ESPAÑOL:



Formation: Liturgy of the Word

Page 4 | Sunday, September 24th, 2023 | Commitment Sunday

READING 1 IS 55:6-9

Seek the LORD while he may be found, call him while he is near. Let the scoundrel forsake his way, and the wicked his thoughts; let him turn to the LORD for mercy; to our God, who is generous in forgiving. For my thoughts are not your thoughts, nor are your ways my ways, says the LORD. As high as the heavens are above the earth, so high are my ways above your ways and my thoughts above your thoughts.

RESPONSORIAL PSALM PSALM 145:2-3, 8-9, 17-18

*The Lord is near to all
who call upon him.*

- ◆ Every day will I bless you, and I will praise your name forever and ever. Great is the LORD and highly to be praised; his greatness is unsearchable.
- ◆ The LORD is gracious and merciful, slow to anger and of great kindness. The LORD is good to all and compassionate toward all his works.
- ◆ The LORD is just in all his ways and holy in all his works. The LORD is near to all who call upon him, to all who call upon him in truth.

READING 2 PHIL 1:20C-24, 27A

Brothers and sisters:

Christ will be magnified in my body, whether by life or by death. For to me life is Christ, and death is gain. If I go on living in the flesh, that means fruitful labor for me. And I do not know which I shall choose. I am caught between the two. I long to depart this life and be with Christ, for that is far better. Yet that I remain in the flesh is more necessary for your benefit.

Only, conduct yourselves in a way worthy of the gospel of Christ.

GOSPEL ACCLAMATION — ALLELUIA CF. ACTS 16:14B

*Open our hearts, O Lord,
to listen to the words of your Son.*

GOSPEL MATTHEW 20:1-16A

Jesus told his disciples this parable:

"The kingdom of heaven is like a landowner who went out at dawn to hire laborers for his vineyard. After agreeing with them for the usual daily wage, he sent them into his vineyard. Going out about nine o'clock, the landowner saw others standing idle in the marketplace, and he said to them, 'You too go into my vineyard, and I will give you what is just.' So they went off. And he went out again around noon, and around three o'clock, and did likewise. Going out about five o'clock, the landowner found others standing around, and said to them, 'Why do you stand here idle all day?' They answered, 'Because no one has hired us.' He said to them, 'You too go into my vineyard.' When it was evening the owner of the vineyard said to his foreman, 'Summon the laborers and give them their pay, beginning with the last and ending with the first.' When those who had started about five o'clock came, each received the usual daily wage. So when the first came, they thought that they would receive more, but each of them also got the usual wage. And on receiving it they grumbled against the landowner, saying, 'These last ones worked only one hour, and you have made them equal to us, who bore the day's burden and the heat.' He said to one of them in reply, 'My friend, I am not cheating you. Did you not agree with me for the usual daily wage? Take what is yours and go. What if I wish to give this last one the same as you? Or am I not free to do as I wish with my own money? Are you envious because I am generous?' Thus, the last will be first, and the first will be last."

Cathedral of the Blessed Sacrament Gift Shop

Please come downstairs and enjoy our beautiful gift shop. We are open on Sundays after mass. For an appointment, please contact Susan Moeller:
510-734-4158.

PRIMERA LECTURA

IS 55, 6-9

Busquen al Señor mientras lo pueden encontrar, invóquenlo mientras está cerca; que el malvado abandone su camino, y el criminal sus planes; que regrese al Señor, y él tendrá piedad; a nuestro Dios, que es rico en perdón.

Mis pensamientos no son los pensamientos de ustedes, sus caminos no son mis caminos, dice el Señor. Porque así como aventajan los cielos a la tierra, así aventajan mis caminos a los de ustedes y mis pensamientos a sus pensamientos”.

SALMO RESPONSORIAL

SALMO 144, 2-3. 8-9. 17-18

Bendeciré al Señor eternamente.

- ◆ Un día tras otro bendeciré tu nombre y no cesará mi boca de alabarte. Muy digno de alabanza es el Señor, por ser su grandeza incalculable.
- ◆ El Señor es compasivo y misericordioso, lento para enojarse y generoso para perdonar. Bueno es el Señor para con todos y su amor se extiende a todas sus creaturas.
- ◆ Siempre es justo el Señor en sus designios y están llenas de amor todas sus obras. No está lejos de aquellos que lo buscan; muy cerca está el Señor, de quien lo invoca.

SEGUNDA LECTURA

FIL 1, 20-24. 27

Hermanos: Ya sea por mi vida, ya sea por mi muerte, Cristo será glorificado en mí. Porque para mí, la vida es Cristo, y la muerte, una ganancia. Pero si el continuar viviendo en este mundo me permite trabajar todavía con fruto, no sabría yo qué elegir.

Me hacen fuerza ambas cosas: por una parte, el deseo de morir y estar con Cristo, lo cual, ciertamente, es con mucho lo mejor; y por la otra, el de permanecer en vida, porque esto es necesario para el bien de ustedes. Por lo que a ustedes toca, lleven una vida digna del Evangelio de Cristo.

ACLAMACIÓN ANTES DEL EVANGELIO

CFR HECHOS 16, 14

Abre, Señor. nuestros corazones para que comprendamos las palabras de tu Hijo.

EVANGELIO

MATEO 20, 1-16

En aquel tiempo, Jesús dijo a sus discípulos esta parábola: “El Reino de los cielos es semejante a un propietario que, al amanecer, salió a contratar trabajadores para su viña. Después de quedar con ellos en pagarles un denario por día, los mandó a su viña. Salió otra vez a media mañana, vio a unos que estaban ociosos en la plaza y les dijo: ‘Vayan también ustedes a mi viña y les pagaré lo que sea justo’. Salió de nuevo a medio día y a media tarde e hizo lo mismo.

Por último, salió también al caer la tarde y encontró todavía a otros que estaban en la plaza y les dijo: ‘¿Por qué han estado aquí todo el día sin trabajar?’ Ellos le respondieron: ‘Porque nadie nos ha contratado’. Él les dijo: ‘Vayan también ustedes a mi viña’.

Al atardecer, el dueño de la viña dijo a su administrador: ‘Llama a los trabajadores y págales su jornal, comenzando por los últimos hasta que llegues a los primeros’. Se acercaron, pues, los que habían llegado al caer la tarde y recibieron un denario cada uno.

Cuando les llegó su turno a los primeros, creyeron que recibirían más; pero también ellos recibieron un denario cada uno. Al recibirlo, comenzaron a reclamarle al propietario, diciéndole: ‘Esos que llegaron al último sólo trabajaron una hora, y sin embargo, les pagas lo mismo que a nosotros, que soportamos el peso del día y del calor’.

Pero él respondió a uno de ellos: ‘Amigo, yo no te hago ninguna injusticia. ¿Acaso no quedamos en que te pagaría un denario? Toma, pues, lo tuyo y vete. Yo quiero darle al que llegó al último lo mismo que a ti. ¿Qué no puedo hacer con lo mío lo que yo quiero? ¿O vas a tenerme rencor porque yo soy bueno?’

**"LA EUCARISTÍA – NUESTRO AMOR
Y NUESTRA VIDA"**

**RENOVACIÓN DE LA MAYORDOMÍA 2023
¡HAGA SU COMPROMISO HOY!**

Si no entregó una tarjeta de compromiso en la misa de hoy, vaya al sitio web de la Catedral y complete una tarjeta de compromiso en línea en cathedralsacramento.org. ¡Muchas gracias!

A Family of Faith

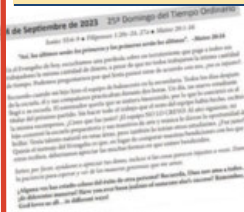
Catechist and Family Formation Catequista y Formación Familiar

CATECHIST'S DAYS | DÍAS DEL CATEQUISTA

Thur/Juev. 26 SEPT 6 PM	FFF Saturday Catechists Meeting "A Life of Prayer" and Preparation
Saturday, 23 SEPT 8 AM—3:30 PM	Diocesan Ministry Days English y Espanol St Francis High School
Sunday, 24 SEPT 10AM (English) 12PM (Espanol)	CATECHETICAL SUNDAY DURING MASSES Catechists will be commissioned DOMINGO CATEQUETICO DURANTE LAS MISAS—Se encargarán catequistas
Tuesday, 26 SEPT 6PM	FFF Tuesday Catechists Meeting "A Life of Prayer" and Preparation
Saturday, 30 SEPT 10AM	FFF Saturday Catechists Meeting "A Life of Prayer" and Preparation

Countdown Timeline for FFF (Calendar):

FIRST SESSIONS For the Family:	Tuesday Group—October 3, 6PM Saturday Group—October 7, 10AM
1eras SESIONES Para la familia:	Grupo Espanol—8 de Octubre, 10AM OCIA Families—Year 1, OCT 8, 11:45AM



Families! Mass Transit Cards Rolling Out!

During our Parent Orientation, we introduced **Mass Transit**—not for transportation from place to place, but from our busy world to the heart of Jesus—and to His Most Precious Body, Blood, Soul and Divinity in the Holy Eucharist.

¡Lanzamiento de tarjetas de "Mass Transit"!

Durante nuestra Orientación para Padres, introdujimos el "Mass Transit"—no para el transporte de un lugar a otro, sino de nuestro ajetreado mundo al corazón de Jesús, y a Su Preciosísimo Cuerpo, Sangre, Alma y Divinidad en la Sagrada Eucaristía.

Prayer: Mass Intentions

Sunday 9/24 25 th Sunday of Ordinary Time	People of the Parish S.I.; Karen Hicks S.I.; Olivia Clavel Barcena +; Rosario Purugganan +; Juan Acosta Chaires +
Monday 9/25 Monday of week 25 in Ordinary Time	Souls in Purgatory +
Tuesday 9/26 Sts. Cosmas and Damian, Martyrs	Natnan Brussard S.I.; Barbara Guillory S.I.
Wednesday 9/27 St. Vincent de Paul, Priest	Andresito "Bong" Manuel +
Thursday 9/28 St. Matthew, Apostle, Evangelist	Eugenia Bonifacio Ocampo Amado S.I.
Friday 9/29 Friday of week 24 in Ordinary Time	Deacon Don DeHaven +

Formation Kids: Kids' Corner Esquina de niños

Saint Paul tries to decide if it is better to live or die!

Use the words in the list to fill in the blanks, and then put the letters from the boxes into the spaces at the bottom.



Brothers and _____⁵_____, Christ will be magnified in my body, whether by life or by death. For to me life is Christ, and _____²_____ is gain. If I go on living in the flesh, that means _____⁴_____ labour for me. And I do not know which I shall _____¹_____. I am caught _____⁶_____ the two. I long to depart this life and be with Christ, for that is far better. Yet that I remain in the flesh is more necessary for _____³_____ benefit.

between
death
sisters
your
fruitful
choose

Like Saint Paul, we
should be ready to
either live or die for

— — — — —
1 2 3 4 5 6

More Formation: Families & Adults

Sundays, 8:00 AM Mass, OCIA Adult Dismissal & BOW
Our OCIA Catechumens / Candidates will be dismissed at the 8AM Mass for Breaking Open the Word.

Mondays, 7:00 PM, Mercy Hall — OCIA Adult Formation
Seeking Faith and Sacraments for Adults. Our on-going Monday Night OCIA for adults thinking about becoming Catholic and/or those who need to complete their Sacraments.

For Info or to Register, contact
rcia@cathedralsacramento.org

Mass Preparation

(NEW! Includes Mass Transit Downloads)

Sunday Mass Prep. Weekly email to help your family prepare for Sunday Mass. Each week's email prep will have reflections for children, teens and adults. All are welcome to participate.

www.cathedralsacramento.flocknote.com/sundays



Prayer: Breaking Open the Word
Mass Preparation for **Sunday, OCT 1st**

Preparar: Semana 26 de

Tiempo Ordinario:

Ezekiel 18:25-28

Psalms 25:4-5, 6-7, 8-9

Philippians 2:1-11

Matthew 21:28-32

Enfoque del evangelio:

En el Evangelio del próximo domingo, Jesús cuenta la parábola de los dos hijos: uno promete ir a trabajar en el negocio familiar pero no va; el otro dice que no lo hará, pero luego lo piensa mejor y se marcha. El pueblo puede ver que el segundo hijo, aunque resistente, hizo la voluntad de su padre. Esta es una señal de arrepentimiento o de un cambio de opinión. Dios sabe que no siempre vamos a responder perfectamente; pero él sí quiere que hagamos lo mejor que podamos y se alegra cuando nos damos cuenta de que vamos por el camino equivocado y volvemos a Él nuevamente.

Con tu familia

Lean juntos Mateo 21:28-32 y luego analicen:

- ◆ En la parábola de Jesús cuenta la historia de un Padre que quiere que sus hijos hagan algo. ¿Qué quiere que hagan?
- ◆ Este deseo del Padre se llama su "voluntad". Dios nuestro Padre nos enseña Su voluntad pidiéndonos que vivamos los Mandamientos como una forma de amar a Dios y amar a nuestro prójimo. Haga una lista de las formas en que su familia vive la "voluntad de Dios" en el hogar.

Prepare: 26th Week of Ordinary Time

Ezekiel 18:25-28

Psalms 25:4-5, 6-7, 8-9

Philippians 2:1-11

Matthew 21:28-32

Gospel Focus:

In the Gospel next Sunday, Jesus tells the parable of the two sons: one promises to go and work in the family business but doesn't go; the other says he won't do it, but then has second thoughts and goes. The people can see that the second son, although resistant, did the will of their father. This is a sign of repentance—or a change of heart. God knows we are not always going to respond perfectly; but he does want us to do our best, and is happy when we realize we are going the wrong way and turn back to Him again.

With your Family

Read together Matthew 21:28-32, then discuss:

- ◆ In Jesus' parable he tells the story of a Father who wants his sons to do something. What does he want them to do?
- ◆ This desire of the Father is called his "will". God our Father teaches us His will through asking us to live the Commandments as a way of loving God and loving our neighbor. Make a list of ways your family lives "God's Will" in the home.



Now is time to **COMMIT** as a **Catechist / helper** for FFF!

Ahora es el momento de **COMPROMETERSE** com Catequista o ayudante ¡Para FFF!



Thank you for stopping by last Sunday at the Faith Formation table at the Cathedral's Ministry Fair! As you could see, we are growing in our outreach to parents and teens, and the whole family! Now is the time to say "YES" to helping us achieve our goals of Making Jesus Known!

Ways You Can Make a Difference:

Here's a little about how to get involved with Cathedral Faith Formation and help make Jesus Known and Loved:

- ◆ **Be a catechist** (one who echoes the faith to others)
 - **Guide Children/Parents** in our Family Formation
 - **Journey** with our Family OCIA on Sundays
 - Accompany **OCIA Adults** on Mondays or with **Adult Confirmation** on Thursdays.
 - **Retreat Facilitator** of a small group.
- ◆ **Be a Welcoming Presence** as part of our Hospitality
- ◆ Help with **Special Programs** such as our Christmas Pageant and Christmas Gospel, End-of-Year Picnic.
- ◆ **Fundraiser events** like our Advent Wreath Build and Easter Baskets.
- ◆ **Administration.** Time trackers to update records weekly, and help collect information from parents.
- ◆ **Supplies Coordinator.** Reorganize classrooms each week to ensure the supplies are in order and room

¡Gracias por pasar el domingo pasado en la mesa de Formación de Fe en la Feria Ministerial de la Catedral! Como puede ver, ¡estamos creciendo en nuestro alcance a padres y adolescentes, y a toda la familia! ¡Ahora es el momento de decir "SÍ" para ayudarnos a alcanzar nuestras metas de Dar a conocer a Jesús!

Tu puedes hacer la diferencia:

Aquí hay un poco sobre cómo involucrarse en la Formación de Fe de la Catedral y ayudar a que Jesús sea conocido y amado:

- ◆ **Ser Catequista** (alguien que hace eco de la fe a los demás)
 - Guiar a Niños/Padres en nuestra Formación Familiar
 - Viaje con nuestra Familia OCIA los Domingos
 - Acompaña a OCIA Adultos
 - Facilitador de grupos pequeños durante los retiros
- ◆ **Sea una Presencia Acogedora** como parte de Hospitalidad
- ◆ Ayuda con **programas especiales** como nuestro desfile navideño y evangelio navideño, picnic de fin de año.
- ◆ **Eventos de Fundraiser** como nuestra construcción de coronas de Adviento y cestas de Pascua.
- ◆ **Administración.** Necesitamos rastreadores de tiempo para actualizar nuestros registros semanalmente y ayudar a recopilar información de los padres.
- ◆ **Coordinador de Suministros.** Reorganice los salones de clases cada semana para garantizar que los suministros estén en orden y el salón esté presentable.



Upcoming Youth & Young Adults Events / Opportunities



CATECHETICAL FOUNDATIONS

Catechist Basic Certification Program

Also good for Adult formation in September

www.catholic.formstack.com/forms/catechetical-foundations



Help FFF update Classroom Supplies

Faith Formation is updating its classroom supplies! Please go to our Amazon Wishlist, choose an item, and 1) buy online or 2) take list and shop locally. Anything you can do is greatly appreciated! <https://is.gd/wishlistfff>

Sacramento Chinese Catholic Community

Page 8 | Sunday, September 24th, 2023 | Commitment Sunday

RECONCILIATION: 1st Sunday of the month before mass. Please contact John Wong or Fr. Chiu in advance.

Tel: 916-583-8306

Email: sccc.contact@gmail.com

Facebook: @sacchinesecatholic

Instagram: <https://is.gd/SCCCinstagram>

Website: www.sacchinesecatholic.org/



**Chinese Portal:
Announcements/
Sunday Readings**



**Fr. Abraham Chiu
趙必成神父**



A Glimpse of Spirituality 靈修一瞥90 (John 若6:52-59)

After having done the miracle, Jesus continued to speak of himself as the bread of life, but added that the bread he would supply was his flesh given for the life of the world. In other words, it is only by coming to Jesus and living in union with him that people may attain eternal life.

This living, however, is possible only in virtue of a twofold divine initiative: (1) Jesus has come down from heaven as the bread of life, and which supplies life to those who assimilate it; (2) God draws to Jesus all those who are to be united with him in eternal life. That is to say, humans' eternal life is achieved by participating in the life of Jesus since the bread of heaven is the flesh of Jesus, which gives life to the world; and there is no life for the world in any other source.

Jesus said, "He who eats my flesh and drinks my blood has eternal life, and I will raise him up at the last day." Flesh and blood are introduced to emphasize that it is the whole incarnate life of Jesus. The Christian life, as a matter of fact, is a mediated life in which we mediate eternal life to the world by eating and drinking Jesus's flesh and blood. The two verbs of "eat" (trōgōn) and "drink" (pinōn) insist on concrete actions, in particular "eat" in the Greek understanding is to crunch or chew the food. It is a human action showing the commitment of life into the life of Jesus.

The divine action runs throughout the whole process, from the initial coming to the last day, when Jesus himself will raise up the believer who is thus dependent on him from beginning to end. We share in his divine life, which is an assurance of eternal life and the basis for the conviction that we are children of God. God shares life through Jesus and with all other people.

Christ is the head and we are the body. Together we are one. That which unites us with him and with each other is our willingness to offer our lives for our fellow-members in Christ's mystical body.

行了神蹟之後，耶穌繼續宣講自己是生命之糧，他要供應的食糧，是他的肉，是為世人的生命而奉獻。換言之，只有來到耶穌跟前並與他同生共死，才能獲得永生。

然而，永生只有在天主恩寵下才能獲得：(1)耶穌作為從天降下的生命之糧，是將永生賜予那些領受的人；(2)天主引領所有在永生中與祂共融的人歸向耶穌。也就是說，人的永生是通過參與耶穌的生命而實現，因為天上的食糧是耶穌的身體，賦予世界生命；世界上沒有任何其他永生來源。

耶穌說：“誰吃我的肉，並喝我的血，必得永生，在末日，我且要叫他復活。”血肉強調耶穌降生成人的整個生命。基督徒的生活，事實上是媒介，通過吃喝耶穌的肉和血，給世界傳遞永生。

“吃” (trōgōn) 和 “喝” (pinōn) 這兩個動詞強調具體的動作，特別是“吃”在希臘語中的理解，是咬碎或咀嚼食物；這行為表明人的生命委身於耶穌的生命。

天主的行動貫穿於整個過程，從耶穌降生一直到世界末日，耶穌親自帶領一切跟隨他的信徒。當信徒分享耶穌神聖生命，是永生的保證，也是我們確信自己是天主子女的基礎。簡言之，天主通過耶穌和所有信徒分享生命。

基督是頭，信徒是身體，因此天人合一。能使我們與耶穌共融的，是願意為基督奧體中的成員奉獻我們生命。

ANOINTING OF THE SICK

Make an appointment by calling the parish office.

BAPTISM for INFANTS PREPARATION

Classes located in the Cathedral.

English: 1st Thursday of the month at 7pm.

Spanish: 2nd Thursday of the month at 7pm.

BAPTISM

Contact Deacon Omar Bardales at the Parish Office baptism@cbssac.org or 916-444-3071 Ext. 28

Baptisms are scheduled in English at 9 AM on the first and third Saturday of each month; and in Spanish at 9 AM on the second and fourth Saturday of each month.

CONFESSION/RECONCILIATION

Monday—Friday: 11:30 am to 12:00 pm

Saturday: 4:00 to 5:00 pm

CONFIRMATION

The Cathedral offers programs of formation for the Sacrament of Confirmation to youth (7th grade and older) and Adults. Go to:

www.cathedralsacramento.org/faithformation

HOLY EUCHARIST

Following at least two years of faith formation, and signs of readiness, Children and Teens prepare for the Sacrament of the Holy Eucharist through a series of workshops for immediate preparation for the Sacrament. Adults prepare for the Sacrament through the OCIA. Contact Sister Lisa Marie for details at slmdoty@cbssac.org.

HOLY ORDERS

Priests and deacons are ordained to perform ministerial roles in the community. To learn more about the priesthood and /or deaconate, contact Fr. Mémo Hernandez at 916-733-0258.

MARRIAGE PREPARATION

The Diocese requires all engaged couples to prepare for their union with a marriage preparation program no less than two months before the date of their wedding. Contact Deacon Omar & Janet Bardales at matrimonyprep@att.net or 916-427-9160.

MATRIMONY

Contact Titi Kila at tkila@cathedralsacramento.org.



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CATECHIST PREPARATION

Desire to help us pass on the faith to adults and children? To learn more and to complete your application go to: <https://is.gd/cathechistapplication>.

FAMILY AND ADULT FAITH FORMATION

English and Spanish

The Cathedral offers weekly encounters for families to grow in faith together. Go to:

www.cathedralsacramento.org/faithformation

ORDER OF CHRISTIAN INITIATION FOR ADULTS/CHILDREN (OCIA) Adults:

Go to: www.cathedralsacramento.org/ocia

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Parish Information

Page 10 | Sunday, September 24th, 2023 | Commitment Sunday

SACRED LITURGY

Altar Servers

Michael Ognisty, mfognisty@msn.com

Cathedral Choir

Rex Rallanka, Director of Liturgy & Music, rrallanka@cathedralsacramento.org

Spanish Choir (12:00 pm) **Spanish Choir (6:00 pm)**

Jerry Vanoye Ricardo Savala

Saint Toribio Choir - The Youth Choir of The Cathedral

Elizabeth Lopez Garcia, navanotary@gmail.com

Extraordinary Ministers of Holy Communion

Amy McCormick, ammccormick@att.net

Lectors

Maggie Jones, lector@cathedralsac.org

Sacristan Ministry

Michael Ognisty, mfognisty@msn.com

Ushers

Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 20

Welcoming Ministry

Andrea Martin-Borges, andreamartin-borges@hotmail.com

PRAYER

Adoration

Titi Kila, cbsadoration@gmail.com

Evening Rosary Group

Marlene Mejia or Christina Callazo-Kelly,

praytherosarywithus@yahoo.com

Friday Morning Rosary Group

John Fairbanks, john@capitolmr.com

Prayer Chain

Regina Fagan, prayer.chain.sacramento@gmail.com

FAITH FORMATION AND CATECHESIS

Catechists for Family and Adult Faith Formation

Sr. Lisa Marie Doty, FDCC, slmdoty@cbssac.org

Catechists for Faith Formation Spanish

Edith Gonzalez, edi_d2@yahoo.com

Family and Adult Faith Formation

Deyanira Galvez, Galvez.dgv@gmail.com

Order of Christian Initiation for Adults (OCIA) Support Ministry

Sr. Lisa Marie Doty, FDCC, slmdoty@cbssac.org

Catechesis of the Good Shepherd

For ages 3+ David Vincent, admin@youngsheep.org; www.youngsheep.org

SOCIAL and COMMUNITY SERVICE

Brown Bag Lunch Ministry

Marilynn Fairgood, Marilynn_Fairgood@att.net

Cathedral Docents Tour Ministry

Jill Pease, peasejill@gmail.com

Festival of Trees

Please contact Fr. O'Reilly at 916-444-3071

Front Door Ministry

Deacon Edgar Hilbert, hilbertdoheva@aol.com

Gift Shop Volunteers

Susan Moeller, susandurand@ymail.com

Hospitality

Celeste Gisla, jfgisla@att.net

Office Ministry

Victoria Ramos, vramos@cathedralsacramento.org

Outreach Ministry to the Homebound

Deacon Omar Bardales, omarcpa@att.net

Media Ministry

Titi Kila, communication@cathedralsac.org

Respect Life Ministry

Liliana Balderrama, michoacan8888@gmail.com

Volunteer Corps

Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 20

COMMUNITY GROUPS

Cathedral A.C.T.S.

Diane Gonzales-Salais, dmgsalais@yahoo.com

Cathedral Filipino-American Group of Sacramento

John Ponce, johne.poww@gmail.com

Cathedral Young Adults

Victoria Ramos, cathedralya@gmail.com

Chinese Community

John Wong, jwong@live.it

Knights of Columbus

Gabriel Gutierrez, gutierrezgabriel@yahoo.com

Spanish Parents Group Leaders

Leticia Hilbert, leticia_hilbert@hotmail.com

PASTORAL AND ADMINISTRATIVE STAFF

Fr. Michael O'Reilly, <i>Pastor/Rector</i>	Rex Rallanka, <i>Director of Liturgy & Music</i>
Fr. Abraham Chiu, <i>Chinese Mass</i>	Michael Ognisty, <i>Sacristan</i>
Fr. Mémo Hernandez	Tom Waddock, <i>Plant Manager</i>
Fr. Michael Kiernan	Victoria Ramos, <i>Secretary</i>
Deacon Omar Bardales	Katie McAllister, <i>Bookkeeper</i>
Deacon Gary Brys, <i>Business Manager</i>	Titi Kila, <i>Wedding Coordinator</i>
Deacon Edgar Hilbert	Chris Houlemard, <i>Bulletin, Environment, Webmaster</i>
Sr. Lisa Marie Doty, FDCC, <i>Director of Faith Formation & OCIA</i>	

PARISH PASTORAL COUNCIL

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Janet Bardales	Michael Pease
Nancy Fairbanks	

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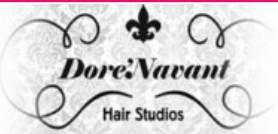
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