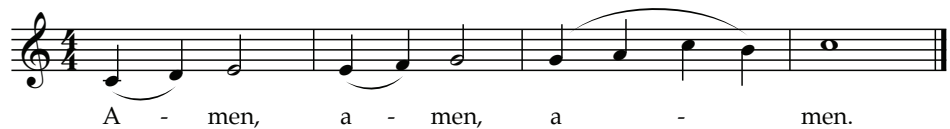


GREAT AMEN

Heritage Mass

Alstott



✠ COMMUNION RITE ✠

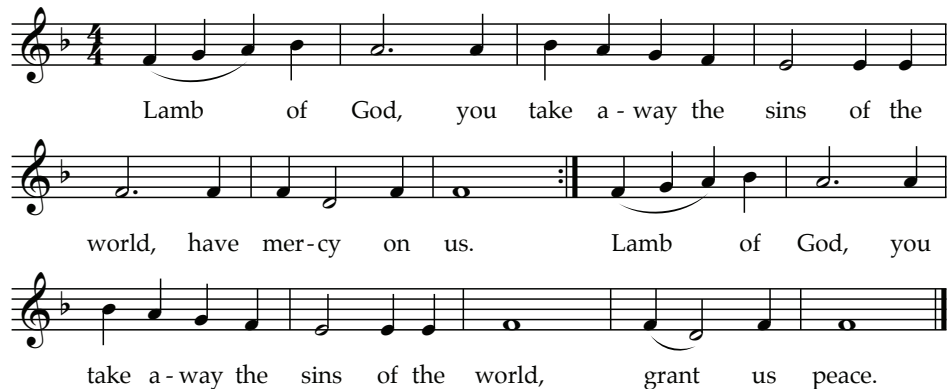
SIGN OF PEACE

V./ The peace of the Lord be with you always. R./ And with your spirit.

FRACTION LITANY

Heritage Mass

Alstott



INVITATION TO COMMUNION

V./ Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

R./ Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

COMMUNION ANTIPHON [Choir: 11 am]

Psalm 30:17-18

Illumina faciem tuam super servum tuum, et salvum me fac in tua misericordia: Domine, non confundar, quoniam invocavite.

Let your face shine down upon your servant, deliver me in your mercy. Lord, let me not be confounded, for I have called upon you.

COMMUNION PROCESSION

Psalm 31

Currie



O Blessed Are the Poor in Spirit [Choir: 11 AM]

KONTAKION, adapt. Proulx

✠ CONCLUDING RITES ✠

V./ The Lord be with you. R./ And with your spirit.

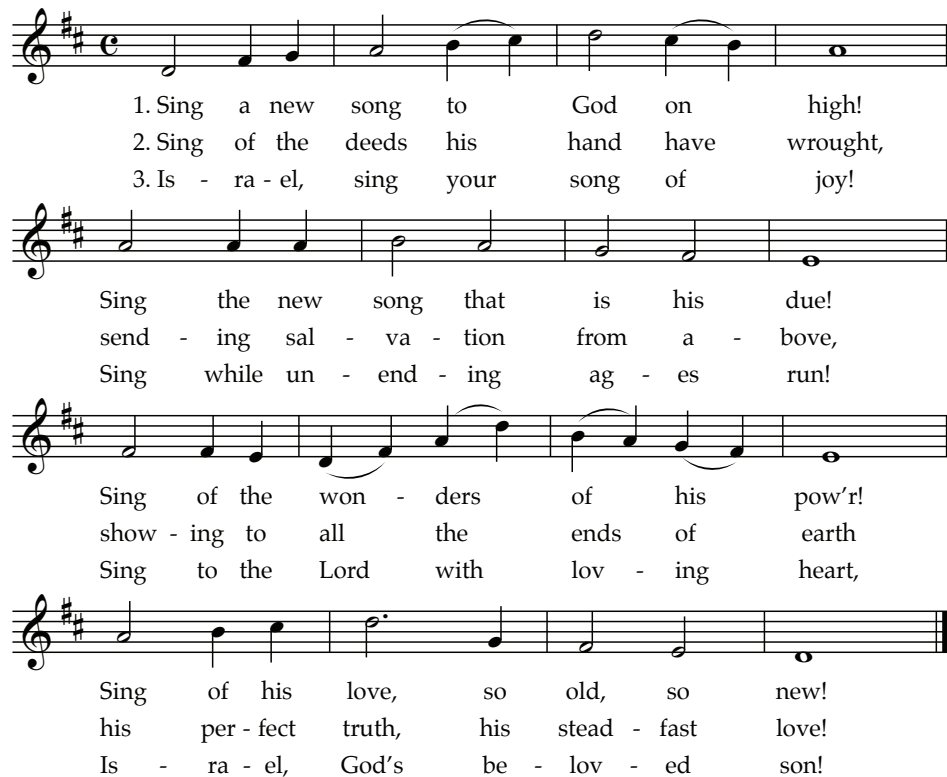
V./ May almighty God bless you, the Father, and the Son, and the Holy Spirit. R./ Amen.

V./ Go and announce the Gospel of the Lord. R./ Thanks be to God.

RECESSIONAL HYMN

Sing a New Song to God on High

DUKE STREET



Most Rev. Jaime Soto, D.D., M.S.W., Bishop of Sacramento
Very Rev. Michael F. Kiernan, Rector
Very Rev. Mark R. Richards, J.C.L., Priest in residence
Rev. Johny George, Priest in residence
Rev. Msgr. T. Brendan O'Sullivan, Weekend Assistance
Mr. Rexphil Rallanka, Director of Music
Mrs. Lola Krist, Mrs. Karen Russell, Ms. Rachel Songer, Cantors
Mrs. Diana Silva, Chant Scholar
Mr. Daniel Nguyen, Organ Scholar
Mr. Joseph Silmaro, Music Intern
The Cathedral Choir sings weekly at the 11 AM Sunday Celebration of the Eucharist.

Text: Sing a New Song to God on High by James Quinn, SJ, © Selah Publishing Co. All Rights Reserved. Used with permission. Text: Introit Hymn-Laetetur cor by Christopher Tierne, © World Library Publications. All Rights Reserved. Used with permission. Psalm 31 by Randolph Currie, © GIA Publications. All Rights Reserved. Used with permission. Responsorial Psalm by Owen Alstott; Gospel Acclamation by Owen Alstott; Heritage Mass by Owen Alstott, © OCP Publications, Portland, OR. All rights reserved. Used with permission under LicensingOnline #U11175. All other music in this worship aid is in the public domain.

CATHEDRAL OF THE BLESSED SACRAMENT

FOURTH SUNDAY IN

ORDINARY TIME

Twenty-ninth of January, Two Thousand & Twelve

INTROIT [Choir: 11 am]

Psalm 104:3, 4, & 1

Laetetur cor quaerentium Dominum: quaerite Dominum, et confirmamini: quaerite faciem eius semper. (Verse) Confitemini Domino, et invocato nomen eius: annuntiate inter gentes opera eius.

Let the hearts of those who seek the Lord rejoice; seek the Lord and be strengthened; seek his face for evermore. (Verse) Give thanks to the Lord and call upon his name; declare his deeds among the Gentiles.

✠ INTRODUCTORY RITES ✠

PROCESSIONAL HYMN

Introit Hymn – Laetetur cor

OLD HUNDREDTH



SIGN OF THE CROSS AND GREETING

V./ In the name of the Father, and of the Son, and of the Holy Spirit.

R./ Amen.

V./ Grace to you and peace from God our Father and the Lord Jesus Christ.

R./ And with your Spirit.

THE PENITENTIAL ACT

V./ Have mercy on us, O Lord. R./ For we have sinned against you.

V./ Show us, O Lord, your mercy. R./ And grant us your salvation.



Lord, have mer - cy. Christ, have mer-cy. Lord, have mer - cy.

GLORIA

Heritage Mass

Alstott



Glo - ry to God in the high - est, and on earth peace to



peo - ple of good will. We praise you, we bless you, we a -



dore you, we glo - ri - fy you, we give you thanks for



your great glo - ry, Lord God, heav'n - ly King, O God, al - might - y



Fa - ther. Lord Je - sus Christ, On - ly Be - got - ten Son,



Lord God, Lamb of God, Son of the Fa - ther,



you take a - way the sins of the world, have mer - cy on us;



you take a - way the sins of the world, re - ceive our prayer;



you are seat - ed at the right hand of the Fa - ther, have mer - cy on



us. For you a - lone are the Ho - ly One, you a -



lone are the Lord, you a - lone are the Most High,



Je - sus Christ, with the Ho - ly Spir - it, in the glo - ry of



God the Fa - ther. A - men.

✠ LITURGY OF THE WORD ✠

READING I

Deuteronomy 18:15-20

The prophet of the Lord.

RESPONSORIAL PSALM

Psalm 95:1-2, 6-7, 7-9



If to - day you hear his voice, hard - en not your hearts.

READING II

1 Corinthians 7:32-35

To please the Lord

GOSPEL ACCLAMATION & VERSE



Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

GOSPEL PROCLAMATION

Mark 1:21-28

V./ The Lord be with you. R./ And with your spirit.

V./ A reading from the holy Gospel according to Mark.

R./ Glory to you, O Lord.

He teaches with authority.

PROFESSION OF FAITH

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven,

(At the words that follow up to and including "and became man," all bow):

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

GENERAL INTERCESSIONS



Cantor: Ex - au - di nos Do - mi - ne. All: Ex - au - di nos.

✠ LITURGY OF THE EUCHARIST ✠

PREPARATION OF THE GIFTS

Verleih' uns Frieden [Choir: 11 AM]

Felix Mendelssohn (1809-47)

Verleih' uns Frieden gnädiglich, Herr Gott, zu unsern Zeiten! Es ist doch ja kein Andernicht, der fur uns könnte streiten, denn du, unser Gott alleine.

In these our days so perilous, Lord, peace in mercy send us; no God but thee can fight for us, no God but thee defend us; thou our only God and Saviour.

✠

V./ Pray, brothers and sisters that my sacrifice and yours may be acceptable to God, the almighty Father.

R./ May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

PRAYER OVER THE GIFTS

V./ The Lord be with you. R./ And with your spirit.

V./ Lift up your hearts. R./ We lift them up to the Lord.

V./ Let us give thanks to the Lord our God. R./ It is right and just.

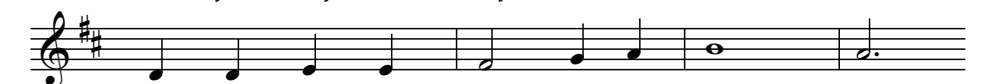
SANCTUS

Heritage Mass

Alstott



Ho - ly, Ho - ly, Ho - ly Lord God of hosts.



Heav'n and earth are full of your glo - ry.



Ho - san - na! Ho - san - na in the high - est.



Blessed is he who comes in the name of the Lord.



Ho - san - na! Ho - san - na in the high - est.

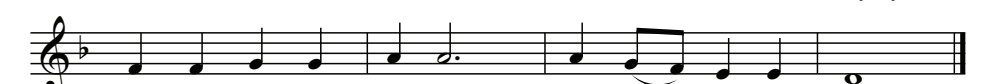
MEMORIAL ACCLAMATION

Heritage Mass

Alstott



Save us, Sav - ior of the world, for by your



Cross and Res - ur - rec - tion you have set us free.