

CATHEDRAL OF THE BLESSED SACRAMENT

1017 11th Street, Sacramento, CA 95814

Most Reverend Jaime Soto
Bishop of Sacramento

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Mr. Raul Leon, Deacon
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Sr. Jenny Aldeghi, FDCC, Dir of Religious Ed
Mr. Rex Rallanka, Director of Music

Office Phone 916.444.3071
Fax 916.443.2749
Religious Education 916.444.5364
Email blessed@cathedralsacramento.org
Website www.cathedralsacramento.org

SCHEDULE OF MASSES

Weekday Masses:

MON-FRI 12:10 p.m.

MON-TUE-THU 5:10 p.m.

WED (No Mass) 5:10 p.m. *Benediction Only*

Weekend Masses:

SAT VIGIL 5:00 p.m.

SUN 7:30 a.m.

9:00 a.m.

11:00 a.m.

1:00 p.m. *En Español*

3:00 p.m. Chinese

5:00 p.m.

7:00 p.m. *En Español*

State Holidays:

12:10 p.m. only (no evening Mass)



CATHEDRAL
OF THE
BLESSED SACRAMENT

SACRAMENT OF PENANCE

MON-FRI 11:30 a.m.-12:00 p.m.

SAT 4:00-4:45 p.m.

BAPTISM - By appointment

Baptism Classes:

English - 7 p.m., First Thursday of the month

Espanol - 7 p.m., Third Thursday of the month

Sacrament of Baptism:

English - 9 a.m., Third Saturday of the month

Espanol - 9 a.m., Last Saturday of the month

WEDDINGS

Six (6) months notice required



CATHEDRAL OF THE BLESSED SACRAMENT 1017 11TH STREET, SACRAMENTO, CA 95814

Third Sunday of Lent

A Message from the Rector
THE NEW TRANSLATION OF THE ROMAN
MISSAL - LITURGY OF THE WORD

Mensaje del Rector
LA NUEVA TRADUCCIÓN DEL MISAL
ROMANO - LITURGIA DE LA PALABRA

Only two texts change in the people's parts in the Liturgy of the Word. One is the response before the Gospel, where the people will say, "And with your spirit," when the priest or deacon says, "The Lord be with you."

In the Profession of Faith we begin now with "We believe," while in the new missal we will say "I believe." The current translation uses the plural because the original text of the Creed proclaimed by the Councils of Nicaea and Constantinople in the fourth century used the plural. But the Latin text in the missal is in the singular, perhaps because it came into the Mass from the Baptismal Rite, where the one being baptized made an individual profession of faith. The use of the singular could remind us of our Baptism, though of course, we are professing our faith as an assembly rather than as individuals.

We will say, "I believe," at the very beginning of the Creed and its various sections are united by simply saying "And," at a number of points.

Regarding Christ's divinity, we presently say he is "one in being with the Father." The new wording says he is "consubstantial with the Father." The translators simply took the Latin word *consubstantialis*, which means "one in being." The important point is to make clear that Jesus is God, one with the Father. Some people worry about this big word "consubstantial" being a problem, but I'm confident people will get used to it quite easily.

Dealing with Christ's human nature, at present we say, "by the power of the Holy Spirit he was born of the Virgin Mary and became man." The new wording says, "and by the Holy Spirit was incarnate of the Virgin Mary and became man." This more clearly brings out the important teaching that Jesus was human from the moment of his conception, not just at his birth.

A few other minor changes are made in the Creed, but these will not be difficult at all. As a whole it will take us a little time to adjust to these changes in the new "Profession of Faith." Of course, like all other parts of the Mass where there will be changes, we will have it in our Sunday worship program so it will be easy to get used to in a short period of time.

Sólo dos textos cambian de partes de las personas en la liturgia de la palabra. Uno es la respuesta antes del Evangelio, donde la gente dirá, "Y con su espíritu," cuando el Sacerdote o Diácono dice, "el señor esta con ustedes".

En la profesión de fe empezamos ahora con "Creemos," mientras que en el nuevo Misal diremos "Creo." La traducción actual utiliza el plural porque el texto original del credo proclamado por los consejos de Nicea y Constantinopla en el siglo IV usa el plural. Pero el texto latino en el Misal es en singular, quizás porque sucedió en la Misa del Rito Bautismal, donde al ser bautizado se hace una profesión de fe individual. El uso singular podría recordarnos nuestro Bautismo, aunque por supuesto, estamos profesando la fe como un conjunto en lugar de individuos.

Diremos, "Creo," al principio del credo y sus diversas secciones están unidos por decir "Y," en numerosos puntos.

En cuanto a la divinidad de Cristo, decimos actualmente que es "uno con el Padre". El nuevo texto dice que está "consubstantial con el Padre". Los traductores simplemente tomaron la palabra latina *consubstantialis*, que significa "uno en ser". Lo importante es dejar claro que Jesús es Dios, uno con el Padre. Algunas personas se preocupan por esta gran palabra "consubstantial" siendo un problema, pero estoy seguro que de las personas se acostumbrarán a ella fácilmente.

Relacionados con la naturaleza humana de Cristo, en la actualidad decimos, "por el poder del Espíritu Santo nació de la Virgen María y se convirtió en hombre." El nuevo texto dice, "y por el Espíritu Santo fue encarnado en la Virgen María y se convirtió en hombre." Esto trae más claramente la enseñanza importante que Jesús era humano desde el momento de su concepción, no sólo en su nacimiento.

Algunos otros pequeños cambios se realizan en el credo, pero estos no serán difíciles. En su conjunto nos tardará un poco de tiempo para adaptarnos a estos cambios en la nueva "profesión de fe". Por supuesto, como todas las demás partes de la Misa donde habrá cambios, los tendremos en nuestro programa de culto dominical por lo que será fácil acostumbrarse en un corto período de tiempo.

CATHEDRAL MASS SCHEDULE & INTENTIONS

(THIRD WEEK OF LENT)

MON	3/28/2011	LENTE WEEKDAY
	2 KGS 5: 1-15AB; LK 4: 24-30	
	12:10 pm: Consuelo (Connie) Ortiz +	
	5:10 pm: Amanda V. Pagayon, S.I.	
TUES	3/29/2011	LENTE WEEKDAY
	DN 3: 25, 34-43; MT 18: 21-35	
	12:10 pm: Masoni Family, S.I.	
	5:10 pm: Arnulfo Herrera +	
WED	3/30/2011	LENTE WEEKDAY
	DT 4: 1, 5-9; Mt 5: 17-19	
	12:10 pm: Ed McClanahan, S.I.	
	5:10 pm: BENEDICTION OF THE BLESSED SACRAMENT	
THU	3/31/2011	LENTE WEEKDAY
	JER 7: 23-28; LK 11: 14-23	
	12:10 pm: Jose Ramirez +	
	5:10 pm: Jesus Flores +	
FRI	4/1/2011	LENTE WEEKDAY
	Hos 4: 2-10; Mk 12: 28-34	
	12:10 pm: Manuel & Rosalia Lopez & Paula Herrera+	
	NO EVENING MASS ON FRIDAYS	

TODAY'S READINGS

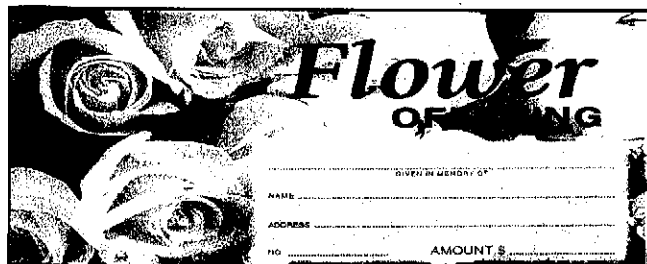
EX 17: 3-7: Give us water so that we may drink.
ROM 5: 1-2, 5-8: The love of God has been poured into our hearts through the Holy Spirit that has been given to us.
JN 4: 5-42: The water that I shall give will become a spring of eternal life.

NOON MUSIC CONCERT

Director of Music Rex Rallanka will present an organ concert this Wednesday, March 30 at 12 PM. Venue: Westminster Presbyterian Church, 1300 N St. Also featured will be Dr. Robin Fisher, soprano, and Chase Spurill IV, violin. Works by Buxtehude, Bach, Haydn, Mozart, and others. The concert is free. Feel free to bring your lunch and eat while enjoying the concert.

~ EASTER FLOWER DONATIONS ~

Easter Flower donations are being accepted in memory of loved ones. Special envelopes are available in the Cathedral foyer and back tables. Look for envelopes as below:



WEEK AT A GLANCE

SUN 3/27/2011

9:00 am RCIA Children and Teens
 9:00 am Mass First Scrutiny (Creed)
 9:30 am RCIA Breaking the Word
 11:15 am Spanish Religious Education and Parents Faith Formation
 3:00 pm Religious Education (Chinese)

MON 3/28/2011

6:30 pm Evening Prayer RCIA Team
 7:00 pm RCIA classes
 7:30 pm SVDP Feed the Homeless Program

TUES 3/29/2011

7:00 pm Teens Confirmation Class (English)
 7:00 pm RCIA Team Meeting

WED 3/30/2011

7:00 pm Communion and Liberation
 7:00 pm Youth Group Meeting
 7:15 pm Cathedral Choir practice (English)
 7:30 pm SVDP Feed the Homeless Program

THUR 3/31/2011

7:00 pm Teens Confirmation Class (Spanish)
 7:00 pm Prayer Club
 7:15 pm Spanish Choir practice

FRIDAY 4/1/2011

12:45 pm Stations of the Cross (after Mass)

SAT 4/2/2011

10:00 am Religious Education K-6th Grade (Eng)

SUN 4/3/2011

9:00 am RCIA Second Scrutiny

TAMALES SALE TODAY! VENTA DE TAMALES!



EUCCHARISTIC ADORATION

"COULD YOU NOT KEEP WATCH WITH ME ONE HOUR?"

WED & THUR 12:40PM-4:45PM FRI 12:40PM-3:45PM

TO SIGN UP CALL ISABELLA CAZARES 391-1760 OR 833-1948, OR
 E-MAIL BECAZ96@SBCGLOBAL.NET

CATHEDRAL TOURS

EVERY SUNDAY AFTER 9:00 AM AND 11 AM MASSES

CATHEDRAL GIFT SHOP

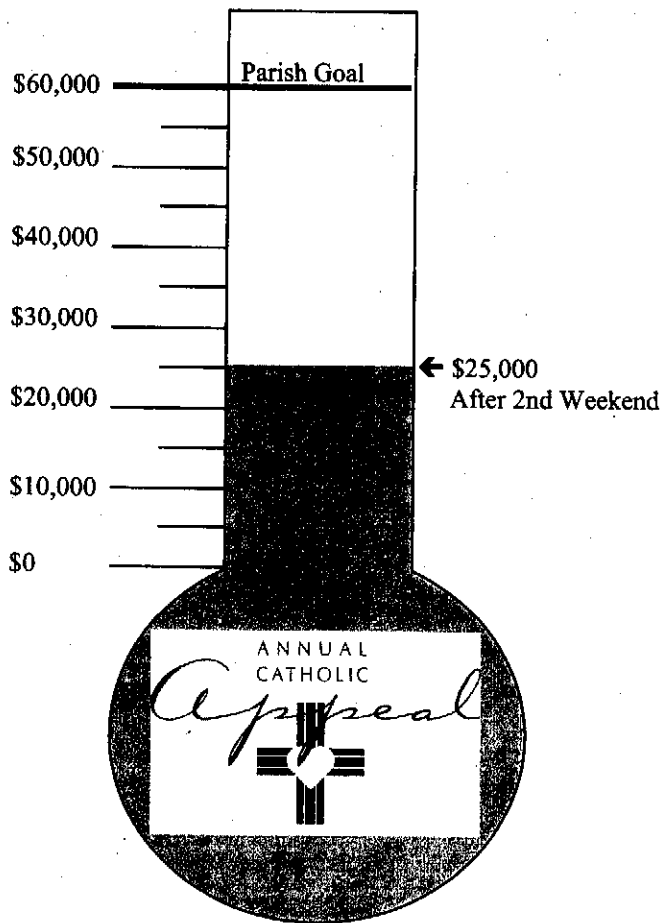
MONDAY-THURSDAY 11:00 AM TO 2:00 PM
 EVERY SUNDAY 9:00 AM-3:00 PM

ANNUAL CATHOLIC APPEAL: HEARTFELT THANK YOU'S

Thank you, again, for your generous response to the Annual Catholic Appeal. The need for this appeal is greater than ever, and the people of the Cathedral Parish are stepping up, as usual, to meet the need head-on.

The Appeal collection is sent directly to the Diocese so we have only very initial figures, but we will report the numbers as they are made available to us.

If you wish to participate but have been unable to do so, you can still make your contribution - just make sure it is clearly marked and checks are made payable to Annual Catholic Appeal or ACA.



*Cathedral Parish generously supports the
2011 Annual Catholic Appeal*



SECOND COLLECTION TODAY

Today, our Cathedral Parish will take up the Catholic Relief Services Collection. This collection will be used to support Caritas Japan that provides relief efforts on behalf of those affected by the earthquake and tsunami in Japan. Individual contributions may be made to Catholic Relief Services, P.O. Box 17090 Baltimore, MD 21203-7090 or on line at www.crs.org.

In addition, nearly one half of the world's population lives on less than \$2 a day. For Catholics, these are not just statistics, but brothers and sisters who need our help. The Catholic Relief Services Collection supports Church agencies that provide emergency relief in times of crisis, support long-term development programs, offer assistance to immigrants and refugees, and advocate for a more just and peaceful world.

CAMP PENDOLA

Camp Pendola, the official summer camp of the Diocese of Sacramento, is now accepting registrations for the 2011 summer season. This year, the traditional summer camp program will be celebrating 52 years of serving children and youth between ages 6 and 17. Camp Pendola exists to build lasting relationships and teach stewardship of God's creation through Christian community living in the outdoors. For more information and registration materials, check our web site at www.pendola.org or call (916) 733-0141.

ADULT CONFIRMATION CLASSES

The Cathedral Parish will begin Adult Confirmation Classes on Wednesday March 30 at 7:00 pm in the Lower Level for those who, for whatever reason, have never been confirmed. Bishop Jaime Soto extends this invitation each year providing that candidates have prior instruction. The Adult Confirmation Mass will be celebrated by Bishop Soto on June 11, 2010, at the 5:00 pm Mass. Please call Sister Jenny at 444-5364 to join this class.

SACRAMENTO DIOCESAN COUNCIL OF CATHOLIC WOMEN "REJOICE AND RENEW"

The Sacramento Diocesan Council of Women will hold its 78th Annual Convention on Sunday April 10 through Tuesday April 12 at Christ the King Retreat Center, Citrus Heights. For registration and information contact Jan Dalske at 942-9870 or email to jandalske@gmail.com

HELP CATHEDRAL YOUTH GO TO MADRID

The Faith Formation Department would like to sponsor four teens from our youth group to participate in World Youth Day with Pope Benedict XVI next August 2011 in Madrid. You may help by giving donations to Sr. Jenny. We are also selling Cathedral cups and a portion of the proceeds will go to support them. The cups will be available in the Cathedral vestibule after all Masses.

The Way of the Cross In Song

Walk with Jesus to Calvary at the
Cathedral of the Blessed Sacrament



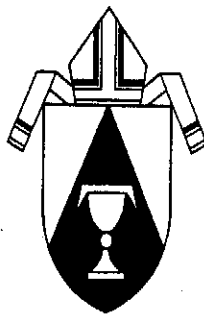
Friday, April 1st, 7 p.m.
1017 11th Street, Sacramento

Experience the sorrow of Our Lord's Passion
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Scripture, Readings, and Music

Performed by the Young Adults of St. Patrick
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exceptional evening



THE DIOCESE OF SACRAMENTO
will celebrate the annual

CHRISM MASS

6:00 PM
Thursday, April 14, 2011

at
THE CATHEDRAL OF THE BLESSED SACRAMENT
11th and K Streets, Downtown Sacramento

The CHRISM MASS is one of the
most important Diocesan
celebrations.

At this Eucharist the Bishop blesses
the HOLY OILS, which are used in
sacramental celebrations in all the
parishes of the Diocese throughout
the coming year.

Also in this liturgy our priests renew
their commitment to priestly service
in our midst. The Chrism Mass is a
reminder that we are all a priestly
people, called to proclaim the gospel
in accordance with the sacraments
we have received.



This is truly
a celebration of the
entire Sacramento Diocese,
and you are most cordially invited
to join with Bishop Soto,
the priests of the diocese
and your Catholic brothers and sisters
as we pray for God's continued
blessings on the Church of
Sacramento.

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CATHEDRAL PARISH REGISTRATION & UPDATE

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PREFERRED METHOD OF WEEKLY OFFERING:

- _____ OFFERING ENVELOPES (WILL BE SENT TO YOUR HOME)
- _____ BILLPAY THROUGH YOUR BANK (USUALLY DONE ON-LINE ON YOUR BANK'S WEB SITE)
- _____ CATHEDRAL WEB SITE: WWW.CATHEDRALSACRAMENTO.ORG (ONLINE DONATIONS)

(MAY GOD BLESS YOU FOR YOUR SUPPORT OF OUR BEAUTIFUL CATHEDRAL.)

PLEASE RETURN BY: 1) PUT INTO COLLECTION BASKET AT MASS; 2) SCAN TO PDF FILE AND EMAIL TO: BLESSED@CATHEDRALSACRAMENTO.ORG; 3) FAX TO: 916-443-2749; OR 4) MAIL TO: 1017 11th STREET, SACRAMENTO, CA 95814.

The Source of the Water

A father's sayings can be very wise. One father tells his children that there are two kinds of people: leaders and grumblers. You can tell them apart because if you are a leader, you have been murmured against. If you have been a follower, you have been the one murmuring. Do we grumble? Do we murmur? Are we a "rumble" in the lives of those around us, just a dull continuous noise?

Today we read about how the people grumbled against Moses. It is important to note that Moses was regarded as a prophet, a holy man. As such, to grumble against Moses was to grumble against God. To grumble against Moses was a passive-aggressive way of complaining about God. The people had turned on God. No longer did they see God as their rescuer who freed them from the land of Egypt. Now they saw him as a God who freed them just to watch them die in the desert.

The people had watched God send the plagues on Egypt. They experienced the Passover and their freedom from bondage. They witnessed God's rescue at the Red Sea. When hungry in the desert, they had received manna. But they forgot all this. Worse, this was not the first time they had complained about a lack of water. At a place in the Sinai that came to be called "Massah," a Hebrew word for "testing," God was put to the test by the Israelites. There was scant water and they were in danger. As a consequence, they challenged God's presence or at least challenged His motivation. Essentially they tried to make God prove himself, which He did by telling Moses to strike a rock.

At a place that came to be called Meribah they grumbled and murmured again. Meribah means "strife" or "contention" in Hebrew. Once more Moses was told to strike a rock with his staff to produce water.

Today's reading from Exodus presents these two events together. Its purpose is to demonstrate how faithful and forgiving God is despite how unfaithful and blaming we can be. The Israelites had no special claim to grumbling about God and how their lives seemed to be turning out. A recent study showed that, even today, we are nine times more likely to complain to God

about something in our lives than to give Him praise or thanks. (This is distinct from praising God and asking for something in the midst of praise.) We definitely tend to omit the praise and thanks and go straight to the heart of the matter: we need something and God does not seem to be delivering.

Dying of thirst is a terrible thought. To die of thirst is excruciatingly painful. Just mere dehydration can cause horrible headaches, dizziness, delirium, and can lead to problems such as kidney stones and even kidney failure. God's people certainly would have gotten into a panic, especially if livestock and people were dying. Today's

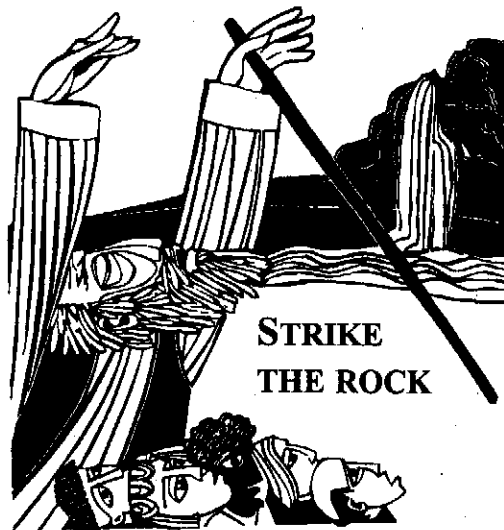
Gospel points out that other types of thirst can cause damage as well, most especially spiritual thirst.

The woman Jesus met at the well was not a model of propriety. Women of good repute would not have been at the town well at the time of day Jesus arrived. She had had five husbands when the law of Moses typically only allowed three. She also spoke with a man in public and without a male chaperone present. Today we might say that this woman had "issues." She and Jesus moved from conversation to a verbal duel of sorts. In this give and take her real thirst was made evident.

At first she longed for the convenience of not having to draw water from the well every day, but she soon understood that Jesus was offering something to quell the thirst evidenced by her many lapses in that culture's protocols concerning interaction between men and women.

Today many candidates for baptism at the Easter Vigil will participate in the First Scrutiny. The prayer will call the candidates to look for the water that quenches our deepest thirsts. We hope that, by fasting, abstinence and other Lenten practices, the candidates—and we—will have come to some sense of what we can do without and of what we really need. We need a relationship with the source of the water that will rid us of our grumbling. The Israelites forgot all that God had done and complained that He was no longer in their midst. We need a relationship with the source of water that will lead to praise and keep us from failing to see that it is the blood of Christ that quenches our deep thirst.

The Priest





Cathedral of the Blessed Sacrament 6th Annual Easter Raffle

Tickets: \$1

Adult Tickets (White)

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The drawing will take place on May 1st, 2011. Winners will be notified by telephone the following week.

Proceeds Benefit the Religious Education Program

Prizes include:

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\$50 Nordstrom Gift Certificate

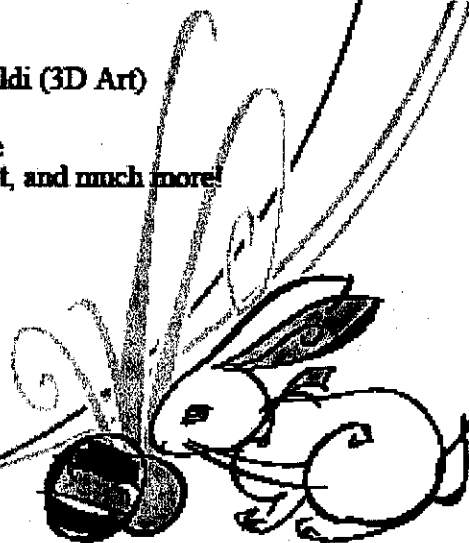
Gardening Basket, Wine Basket, Cooking Basket, and much more!

Children Raffle

IPOD Shuffle

Bicycles

Assorted Easter Baskets



Cathedral of the Blessed Sacrament

Contact (*donations accepted*): Sister Jenny • Email: jenny@cathedralsacramento.org

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