Cathedral of the Blessed Sacrament 1017 11th Street Sacramento, California 95814

Fourth Sunday in Ordinary Time

A Message from the Rector

Next weekend Fr. Dave Tobin, a Redemptorist Missionary, will be with us to speak on the value of the Liguorian Magazine and preach on the 3-day mission he is offering our parish, February 6-9, 2011. I think you will find him a gentle and helpful preacher. The idea of a parish mission has been on my mind for quite some time and Fr. Tobin graciously agreed to do it while I am in the Holy Land. This provides excellent coverage for priestly ministry, giving parishioners new ideas and me the assurance of a dependable, faithful priest in my absence.

A parish mission is a great chance for all members to receive updates on our faith and be renewed with the challenge to live it more fruitfully. Over the years, parish missions have changed from the way those who are older remember, but Fr. Tobin brings a nice combination of the old and new ways of presenting.

Fr. Tobin will preach at all masses, English and Spanish, on the weekend of February 5 and 6. He will hear Confessions each day on Monday, Tuesday and Wednesday at 11:30 a.m., celebrate Mass at 12:10 p.m. and give a short talk after the Mass for those who can stay. He will also celebrate the 5:10 p.m. Mass and give a homily. Each evening he will give a special mission presentation from 7:00—9:00 p.m. in the Cathedral. These will be full days with opportunity for everyone based on the above schedule. I hope you will be able to participate and am confident you will find this a big help to your growth in our Catholic faith.

I thought you would like this quote by the Holy Father on use of time as we prepare for the Parish Mission:

"A basic theme of Christian living is: Do not become utterly absorbed in activism! There would be so much to do that one could be working on it constantly. And that is precisely the wrong thing. Not becoming totally absorbed in activism means maintaining discretion, deeper examination, contemplation, time for interior pondering, vision, and dealing with things, remaining with God and meditating about God. One should not feel obliged to work ceaselessly; this in itself is important for everyone, for instance, every manager, and even more so for a Pope. He has to leave many things to others so as to maintain his inner view of the whole, his interior recollection, from which the view of what is essential, can proceed."

Pope Benedict XVI

Mensaje del Rector

El próximo fin de semana el Padre Dave Tobin, un Misionero Redentoristas, estará con nosotros para hablar sobre el valor de la revista Liguorian y para predicar sobre la Misión de tres días que está ofreciendo en nuestra parroquia, del 6 al 9 de febrero del 2011. Creo que usted encontrará un predicador suave y útil. La idea de una misión en la parroquia ha estado en mi mente desde hace tiempo y el Padre Tobin gentilmente accedió a hacerlo mientras estoy en Tierra Santa. Esto proporciona cobertura excelente para el Ministerio Sacerdotal, dando a los feligreses nuevas ideas y me da la garantía de tener un Sacerdote fiable, y fiel en mi ausencia.

Tener una Misión en la parroquia es una gran oportunidad para todos los miembros de recibir las nuevas sobre nuestra fe y renovarse con el reto de vivir más fructíferamente. Durante los años, han cambiado las misiones de las parroquias de la manera en que los mayores las recuerdan, pero el Padre Tobin aporta una agradable combinación de las Misiones antiguas y las nuevas en manera de presentarlas.

El Padre Tobin predicara en todas las misas, de español e inglés, sobre el fin de semana del 5 y 6 de febrero. Escuchará confesiones lunes, martes y el miércoles a las 11:30 a.m., celebrara la Misa a las 12:10 p.m. y dará una charla breve después de la Misa para aquellos que puedan quedarse. También va a celebrar la Misa de las 5: 10 p.m. y dará una homilía. Cada noche ofrecerá una presentación especial de las misiones de 7:00 pm—9:00 p.m. en la Catedral. Serán días completos con oportunidad para todos basado en el esquema anterior. Espero que sean capaces de participar y confío en que encontrará una gran ayuda para su crecimiento en nuestra fe católica.

Pensé que les gustaría esta cita por el Santo Padre sobre el uso del tiempo ahora que nos preparamos para las Misiones de la parroquia:

"Un tema básico de la vida cristiana es: no seamos totalmente absorbidos en el activismo! Hay tanto que hacer que uno podría estar trabajando constantemente. Y eso es precisamente lo equivocado. El no convertirse totalmente absorbido en activismo significa mantener la discreción, profundizar, contemplación, tiempo para meditar, visión, interiores y del tratamiento de las cosas, permaneciendo con Dios y meditando acerca de Dios. Uno no debe sentirse obligado a trabajar incesantemente; en sí mismo es importante para todos, por ejemplo, cada administrador y más aún para un Papa. El tiene que dejar muchas cosas a los demás para mantener su visión interna del plenario, su recuerdo de interior, por lo que puede continuar la vista de lo que es esencial."

El Papa Benedicto XVI

CATHEDRAL MASS SCHEDULE & INTENTIONS

(FOURTH WEEK IN ORDINARY TIME)

MON 1/31/2011 ST. JOHN BOSCO, PRIEST
HEB 11: 32-40; MK 5: 1-20
12:10 pm: Paulina Ramos Adviento +
5:10 pm: Rudy Pertill, S.I.

TUES 2/1/2011
HEB 12: 1-4; MK 5: 21-43
12:10 pm: Kathleen McDermott Groninger +
5:10 pm: Tom & Nancy Finn & Family, S.I.

WED 2/2/2011 PRESENTATION OF THE LORD
MAL 3: 1-4; HEB 2: 14-18; LK 2: 22-40
12:10 pm: Selso Martinez +
5:10 pm: BENEDICTION OF THE BLESSED SACRAMENT

THUR 2/3/2011 ST. BLAISE, BISHOP & MARTYR
HEB 12: 18-19, 21-24
12:10 pm: Mary Basoo +
5:10 pm: Arturo Cardenas & Family

FRI 2/4/2011
HEB 13: 1-8; MK 6: 14-29
12:10 pm: Charles & Genevieve Fagan +

NO EVENING MASS ON FRIDAYS

Cathedral Parish Mission

Presented By:
Redemptorist Missionary Fr. David Tobin

February 7th, 8th & 9th, 2011
(7:00-8:30 pm, in the Cathedral)

A Wonderful Way To:

Take Inventory of Our Life
Re-examine Our Catholic Beliefs
Re-dedicate Our Lives To Christ
Renew Our Cathedral Parish

Please Bring A Friend

WEEK AT A GLANCE

SUN 1/30/2011
9:00 am RCIA Children and Teens
9:30 am RCIA Breaking the Word
11:15 am Spanish Religious Education and Parents Faith Formation
1:00 pm Religious Education (Chinese)

MON 1/31/2011
6:30 pm Evening Prayer RCIA Team
7:00 pm RCIA classes
7:30 pm SVDP Feed the Homeless Program

TUES 2/1/2011
6:30 pm Prayer Club
7:00 pm Teens Confirmation Class (English)

WED 2/2/2011
7:00 pm Communion and Liberation
7:00 pm Youth Group & Parents Meeting
7:00 pm Bible Class
→7:15 pm Cathedral Choir practice (English)
7:30 pm SVDP Feed the Homeless Program

THUR 2/3/2011
7:00 pm Teens Confirmation Class (Spanish)
7:00 pm Marriage Preparation
7:15 pm Spanish Choir practice

FRIDAY 2/4//2011

SAT 2/5/2011
10:00 am Religious Education K-6th Grade (English)

TODAY'S READINGS

ZEP: 2:3; 3: 12-13	**I will leave in your midst a people humble and lowly.**
1 COR 1: 26-31	**God chose the weak of the world.**
MT 5: 1-12A	**Blessed are the poor in Spirit.**

EUCHARISTIC ADORATION

"COULD YOU NOT KEEP WATCH WITH ME ONE HOUR?"

WED & THUR 12:40PM-4:45PM FRI 12:40PM-3:45PM
TO SIGN UP CALL ISABELLA CAZARES 391-1760 OR 833-1948, OR E-MAIL BECAZ96@SBCGLOBAL.NET

CATHEDRAL TOURS

EVERY SUNDAY AFTER 9:00 AM AND 11 AM MASSES

CATHEDRAL GIFT SHOP

MONDAY-THURSDAY 11:00 AM TO 2:00 PM
EVERY SUNDAY 9:00 AM--3:00 PM

ENRICHMENT APPEAL COLLECTION NEXT SUNDAY FEB 6/7

1. Funding for Cathedral Square Housing for the poor - $30,000
2. Office improvements e.g. electrical, plumbing, paint, floor work, repairs, restructuring office space, updating computers and phones $30,000
3. Manogue renovation project - $130,000
4. Cathedral Renovation Loan Retirement - $210,000

The number of active families in our Cathedral Parish, based on statistical evidence, is very conservatively estimated to be 1,200. We are confident, given the simplicity and flexibility of the plan, that everyone will participate, but the goal can be reached through reasonable, comfortable pledge amounts from just 80% of the estimated number of families. Some are able to give in amounts greater than shown here, while others will need to look for future opportunities to get involved, but however the goals are achieved, it is a whole family effort!

The following gift plans are presented for your prayerful consideration. All gifts are tax deductible. Please make checks payable to Cathedral Parish Enrichment Appeal.

SEE FORM BELOW

NATIONAL VOCATION AWARENESS

The Cathedral Parish will celebrate a week of **Vocation Awareness** today Sunday January 30 with the 11:00 am and 1:00 pm Masses celebrated by Fr. Chuck Kelly, Diocesan Director of Vocations. This is a time to encourage young people to think of considering a vocation to the priesthood, permanent diaconate or consecrated life in particular. During these days, families and the parish community are urged to nurture the faith of their children to prepare them to respond to whatever God's call is for them.

Catholics are encouraged during this week to take time to pray for vocations to the priesthood and consecrated life; to reflect on their own vocation and strengthen their personal relationship with Christ; to educate young people about the importance of silent prayer and taking the time to truly listen to God's voice in their hearts.

WORLD DAY OF THE SICK

The annual diocesan celebration of World Day of the Sick will be held on **Saturday, February 12, 2011,** at the Cathedral of the Blessed Sacrament. This bilingual (Spanish and English) celebration is a wonderful opportunity for those who are ill to receive the Sacrament of the Anointing of the Sick, for their caregivers to be blessed, and for all to receive the Eucharist.

FIRST SUNDAY OF THE MONTH 2ND COLLECTION

CATHEDRAL PARISH ENRICHMENT APPEAL

APELACIÓN DE ENRIQUECIMIENTO DE LA PARROQUIA DE LA CATEDRAL

Your Gift is a Blessing for Our Church

Su regalo es una bendición para nuestra Iglesia

With your pledge, you build up our Cathedral Parish - the Body of Christ. Fr. Michael
Con su promesa, esta construyendo nuestra parroquia de la catedral - el cuerpo de Cristo. Padre Michael.

With faith in God and my love for the Cathedral of the Blessed Sacrament Parish, I pledge:
Con fe en Dios y mi amor por la Catedral de la parroquia del Santísimo Sacramento, me comprometo:

Monthly Amount *(Mensual)*: ❑ $10 ❑ $20 ❑ $25 ❑ $50 ❑ $100 ❑ $200 ❑ Other $_____

Quarterly Amount *(Trimestral)*: ❑ $30 ❑ $60 ❑ $75 ❑ $150 ❑ $300 ❑ $600 ❑ Other $_____

Annual Amount *(Anual)*: ❑ $120 ❑ $240 ❑ $300 ❑ $600 ❑ $1200 ❑ $2400 ❑ Other $_____

Name *(Nombre)* _____
Address *(Domicilio)* _____
City/Zip *(Ciudad/Zona Postal)* _____ **Phone *(Telefono)*** _____
Email _____

Please detach and place in the offering plate or mail to:
Cathedral of the Blessed Sacrament, 1017 11th Street, Sacramento, CA 95814. Thank you.

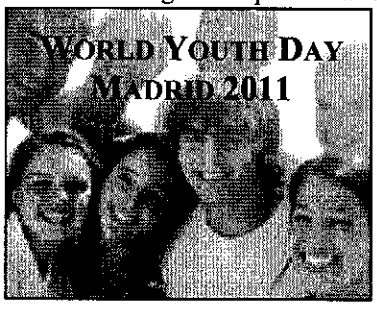
Por favor, coloque su forma de donación en la canasta de las ofrendas o por correo:
Catedral del Santísimo Sacramento, 1017 11th Street, Sacramento, CA 95814. Gracias.

HELP CATHEDRAL YOUTH GO TO MADRID

The Faith Formation Department would like to sponsor four teens from our youth group to participate in World Youth Day with Pope Benedict XVI next August 2011 in Madrid. You may help by giving donations to Sr. Jenny. We are also selling Cathedral cups and a portion of the proceeds with go to support them. The cups will be available in the Cathedral vestibule after all Masses.

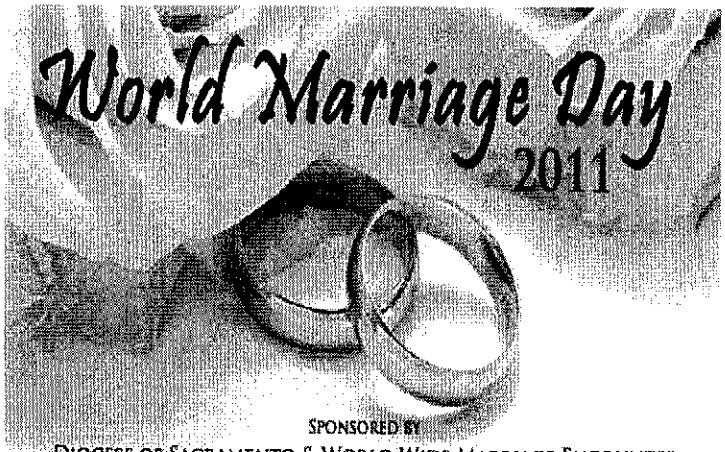
AYUDE A LOS JOVENES DE LA CATEDRAL A VIAJAR A MADRID

El Departamento de Formación de la Fe le gustaría patrocinar a cuatro adolescentes de nuestro grupo de jóvenes a participar en el Día Mundial de la Juventud con el Papa Benedicto XVI el próximo Agosto de 2011 en Madrid. Usted puede ayudar entregando sus donaciones a la Hermana Jenny. También estamos vendiendo tazas conmemorativas de la Catedral y una porción de los ingresos serán para apoyarlos. Las tazas estarán disponibles en el vestíbulo de la Catedral después de todas las misas.



NATURAL FAMILY PLANNING

Attention Married & Engaged Couples: Learn a natural method of family planning that is safe, effective (98%) and in accord with Catholic teaching. Great for achieving as well as postponing pregnancy. Classes begin Friday, February 11 at 6:50 pm in Vallejo. For more information or to register go to www.ccli.org or call Gregg or Colleen Sanchez at 707-643-9458.



SPONSORED BY
DIOCESE OF SACRAMENTO & WORLD WIDE MARRIAGE ENCOUNTER

SATURDAY, FEBRUARY 19, 2011 ❖ 5:00 PM MASS
WITH BISHOP JAIME SOTO

CATHEDRAL OF THE BLESSED SACRAMENT
1017 11TH ST. • SACRAMENTO, CA 95814

Join us as we honor marriage and salute the beauty of faithfulness, sacrifice and joy in married life. During this Mass, there will be a special blessing for married couples and an opportunity to renew their vows. An informal reception will follow in Mercy Hall below the Cathedral for couples and their families. Special certificates will be distributed at the reception honoring couples celebrating milestone anniversaries (10, 25, 30, 35, 40, 45, 50, 50+).

IF YOU PLAN TO ATTEND, PLEASE REGISTER AT:
WWW.SACWMD.COM
OR CALL THE DEPT. OF EVANGELIZATION & CATECHESIS AT (916) 733-0123

Día Mundial del Matrimonio

Habrá una bendición especial para las parejas casadas y la oportunidad para renovar sus votos matrimoniales. La misa será celebrada el Sábado, 19 de Febrero del 2011 por el Obispo Soto en la Catedral del Santísimo Sacramento, ubicada en el 1017 11st. en Sacramento, CA. Después de misa habrá una recepción para las parejas y sus familias en el Salón Mercy ubicado dentro de la Catedral en donde se dará un certificado especial a las parejas que celebran un aniversario significativo (10, 25, 30, 35, 40, 45, 50, 50+). Toda pareja interesada en asistir debe llamar al Departamento de Evangelización y Catequesis al Tel. (916) 733-0123 para registrar sus nombres y años de casados.

DIOCESE OF SACRAMENTO ✝ DEPT. OF EVANGELIZATION & CATECHESIS

CATHEDRAL PARISH REGISTRATION & UPDATE

PLEASE PRINT CLEARLY
THANK YOU

NAME #1: _____ _____ NAME #2: _____
(LAST NAME, FIRST NAME) (LAST NAME, FIRST NAME)

ADDRESS: _____
(STREET ADDRESS) (CITY) (STATE) (ZIP CODE)

PHONE: (____) _____ (____) _____ (____) _____
(HOME) (CELL) (WORK)

EMAIL: HOME _____ WORK _____

PREFERRED METHOD OF WEEKLY OFFERING:
_____ OFFERING ENVELOPES (WILL BE SENT TO YOUR HOME)
_____ BILLPAY THROUGH YOUR BANK (USUALLY DONE ON-LINE ON YOUR BANK'S WEB SITE)
_____ CATHEDRAL WEB SITE: WWW.CATHEDRALSACRAMENTO.ORG (ONLINE DONATIONS)

(MAY GOD BLESS YOU FOR YOUR SUPPORT OF OUR BEAUTIFUL CATHEDRAL.)

PLEASE RETURN BY: 1) PUT INTO COLLECTION BASKET AT MASS; 2) SCAN TO PDF FILE AND EMAIL TO: BLESSED@CATHEDRALSACRAMENTO.ORG; 3) FAX TO: 916-443-2749; OR 4) MAIL TO: 1017 11TH STREET, SACRAMENTO, CA 95814.

GOD'S HONOR

A woman waiting for her next flight at an airport bought a paper, a cup of coffee and a bag of cookies. Then she found an empty table at which to sit and relax. Opening her paper, she began to read and sip her coffee. Absorbed in her paper, she was startled to discover that a shabbily dressed young man with wild hair and pierced facial jewelry had taken a seat at her table. She was uncomfortable with his presence, and to her surprise he was eating a cookie! Not wanting to make a scene about the bag of cookies in front of her, she reached out and took one from the bag, as if to say, "These are mine."

She was shocked when the young man reached in the bag and took another cookie. Angry, she took another cookie, trying once more to send the message, "These are mine." This happened a couple of more times until there was only one cookie left. They each stared at the cookie, then the young man with the crazy hair, piercings and shabby clothes reached for the cookie, broke it in half, slid one of the halves of it to the woman, and left.

The woman was furious. She boarded her plane, telling everyone around her about the actions of this horrible young man. When the young man himself boarded the same plane and moved to the rear of the compartment, several passengers glared at him. Imagine the woman's embarrassment when she opened her purse and saw her unopened bag of cookies!

SERMON ON THE MOUNT

Matthew loved symmetry. He wrote his Gospel for Jewish Christians to show them how everything had been completed by Jesus. To do this Matthew used the story of the great lawgiver Moses as a bit of an outline for his Gospel. Moses delivered the Law from the mountain, and in today's reading we see Jesus delivering wisdom from a mountain. Like teaching from the Wisdom literary tradition of the Old Testament, Jesus describes a life situation that makes a connection between a particular behavior and the consequences of that behavior. Moses had given the Law to teach how to love God. Jesus pronounced these Wisdom teachings to help us understand the consequences of loving God.

Today and for the next seven weeks we will hear from Matthew's "Sermon on the Mount." The sermon is far more than just "The Beatitudes." The Beatitudes serve as a preamble to everything that follows. Matthew, and Luke in his Beatitudes, summarized the values taught by Jesus. Luke's Beatitudes come later in his Gospel. Matthew, however, places his summary close to the beginning because everything that follows will build on this summary of Jesus' teaching. For Matthew the Beatitudes are like an orientation. We can see Jesus calling together His disciples and giving them this orientation into Christianity. We must allow ourselves to hear this too, for Matthew's symbolic language tells us that this list of Beatitudes is very important.

At the core of Middle Eastern Mediterranean values was a system of honor and shame. Having honor was more important than wealth and power. Honor determined social standing. Seeking honor and an honorable position was the highest of life's pursuits. To fully appreciate the Beatitudes, we must understand that what Jesus presented as values was contrary to what the people of that culture had long accepted. In fact it was quite the opposite—the behavior Jesus proposed would have normally brought shame!

Matthew's "poor" were not economically disadvantaged as in Luke's Gospel. "The poor" for Matthew were those who had lost their honor. Widows and orphans were the most common example of people who had lost their status and thus their honor. They were culturally obligated to try to restore their honor through another marriage or through attaching themselves to an extended family. They had to be almost shameless in their pursuit.

The word "blessed" refers to having honor with God. The best understanding of "blessed" would be to say, "truly honorable are the poor, for theirs is the kingdom of heaven." Heretofore the poor were thought to be poor because of sin and thus not worthy of the Kingdom. Using the cultural value of honor, Matthew teaches us how Christian honor is achieved. For Jesus, it was not regaining honor that brought honor, but being without status. A person without honor was totally dependent on God. For Jesus, a person does not gain honor on their own; honor is something that comes from God.

We should not be too quick to jump to conclusions about what someone seems to be taking from us. Rather, Jesus says think the opposite. Think about giving. ***The Priest***

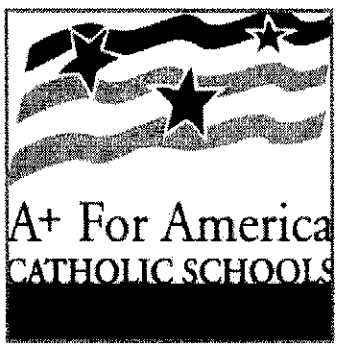
DEAR CATHEDRAL PARISH FAMILY,

On February 7th, 8th & 9th, Redemptorist Missionary Father David Tobin will conduct for us a Parish Mission. This is a wonderful way to re-examine our Catholic Faith; re-dedicate our lives in the love and service of Christ; and renew our Parish Community. From 7:00--8:30 pm each evening, Father will give solid and straightforward answers to the important questions and problems facing Catholics today. I encourage you and your family to participate in this major parish event.

Sincerely in Christ, Father Michael Kiernan

CATHOLIC SCHOOLS WEEK

"A+ for America: Catholic Schools" is the theme for Catholic Schools Week, the annual celebration of Catholic schools and their contribution to their communities. The week runs from Jan. 30 to Feb. 4 in Catholic schools in the Diocese of Sacramento and throughout the nation.

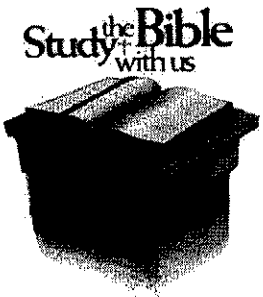


The 2011 theme was chosen to celebrate the fact that Catholic schools are an added value to the nation, according to the National Catholic Educational Association, based in Washington, D.C. Because of their traditionally high academic standards and high graduation rates, all supported by strong moral values, Catholic schools and their graduates make a definite, positive contribution to American society.

Catholic schools give a high level of service (the A+ level) to local communities because of the many service projects students undertake. "Giving back to the community" and "helping others" are values instilled in every Catholic school student. Catholic schools give a high level of service to the nation (the A+ level) by serving students from all economic backgrounds and giving them a strong academic and moral foundation, allowing them to succeed in life, serving in the government, industry, business, nonprofit and educational fields.

A JOURNEY THROUGH SCRIPTURE: BIBLE AND THE SACRAMENTS

The Cathedral is offering a six part BIBLE STUDY (St. Paul Center for Biblical Theology), where you will learn why the sacraments are the foundation to the Christian Life and how they are the stairway to heaven. Classes will begin on January 19, 2011, and continue through February 23, 2011, at 7:00 pm in the Cathedral Lower Level. Parking available. Please contact Sister Jenny at 444-5364 or Brenda Adams at 498-9883.



DAY RETREAT FOR THE PRO-LIFE COMMUNITY

Come be refreshed, encouraged, and strengthened at a DAY RETREAT on Saturday, February 12, 2011 at Mercy Center in Auburn, led by Father Blaise Berg, Pastor of St. John the Baptist in Chico. If you pray at the sidewalk, work for or volunteer at a pregnancy center, are involved in post-abortion ministry or parish ministry, etc, this day is for you. Begins at 9:30 a.m. and concludes after a Vigil Mass at 4 p.m. Cost is $30. For information: contact Nikki Alvarez, (916) 733-0140 or nalvarez@diocese-sacramento.org. Sponsored by the Respect Life Office of the Diocese of Sacramento.

ST. VINCENT DE PAUL SOCIETY FUNDRAISER

The Sacramento District Council, Society of Saint Vincent de Paul, is pleased to announce "Hollywood and Pope John Paul II" ~ 5th Annual "Benefit for the Poor" dinner with Hollywood actor Cary Elwes as the featured speaker, on Saturday evening April 9, 2011 at the Sacramento Radisson. Elwes delivered a dramatic and compelling portrayal of Karol Wojtyla in the movie Pope John Paul II. The role depicts the future Pope growing up in Poland under both Nazi and Soviet occupation in Krakow. Please join us in welcoming Cary Elwes to Sacramento. For information on sponsorships, advertising, table or individual ticket purchases, please go to www.svdp-sacramento.org or call Frank Plavan at 916.715.8666 or Dee Smith at 916.487.6160.

The pathway to success starts here

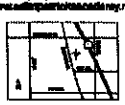
Join us for an Open House at these schools

Sunday, January 30, 2011

HOLY CROSS COLLEGE PREPARATORY ACADEMY
1–3pm
800 Tedhamer Avenue
West Sacramento, CA 95605
(916) 371-1269
www.holycross-westsac.org

SAINT JOSEPH
1–4pm
1715 S Morse Ave.
Sacramento, CA 95822
(916) 525-1450
www.sjschoolsac.org

Saint Patrick SUCCEED Academy
2–4pm
5845 Franklin Blvd.
Sacramento, CA 95824
(916) 421-4083
www.saintpatricksacademy.net



See the benefits of a Catholic education · Tour the school
Meet the administration · Talk to current students and parents
Find out more about affordability and financial aid

For more information, contact Pablo Salazar, Outreach & Enrollment Coordinator, at (916) 739-0271 or visit TheCatholicAdvantage.org.