

Nineteenth Sunday in Ordinary Time

MESSAGE FROM THE RECTOR

SCRIPTURE BREATHES THE HOLY SPIRIT

Spiritual reading of the Bible is very important. The Word becomes or gives life because it contains and breathes the Holy Spirit. Just as God not only created all things and also dwells in them by his power keeping them in existence, so also as the author of Scripture – the Holy Spirit – dwells in the Word and gives it life.

St. Paul says, “All Scripture is inspired by God” (2 Tm 3:16). The Greek word he uses is *theopneustos*, which is composed of two words: God (*Theos*) and Spirit (*Pneuma*). This is usually translated as “inspired by God.” That is correct, but the Word also has an active meaning in the sense that Scripture “breathes the Holy Spirit.” We can call this “active inspiration.” God is present in his Holy Word and he is Spirit and Life; so the power of God working in and through his Word in the Bible can change a person’s life by breathing new spirit and life into it. The Bible, therefore, is not only inspired by God, but it also breathes forth God. In this sense it not only illuminates the mind, but it also moves the will to love and adoration of God.

The Word of God is both divine and human, just like Jesus Christ himself and the Church founded on the Twelve Apostles. To be truly Catholic and Christian one must acknowledge both the divinity and the humanity of Jesus. Heretics have erred and can still err by stressing one to the neglect of the other. A great mistake is made by fundamentalists and Scripture scholars who limit themselves to a study of the letter and literary sources of Scripture and never penetrate to its spirit. Such an approach is faulty because it emphasizes the human and the historical, and neglects the spiritual and Christological dimension of both the Old Testament and the New Testament.

When the Bible is read under the guidance of the Holy Spirit, one comes to see that everything in it refers to Christ and his Church in one way or another. This is the meaning of the observation of St. Augustine, quoted by Vatican II in the *Constitution on Divine Revelation (16)*, that the New Testament is hidden in the Old, and the Old is made manifest in the New. Spiritual reading, in its full and comprehensive sense, is where the Holy Spirit teaches us to read the New Testament in reference to Jesus and to read the Old and the New Testament together in reference to the Church. Thus, all the books of the Bible share in “active

inspiration,” and so are not only “inspired by the Holy Spirit,” but also breathe him forth if read in faith.

Some today speak of a crisis of faith on the part of some biblical scholars and others in the church who have suffered from spiritual poverty because of the way in which Scripture is taught, as mainly a human product and fact of history. Good scriptural teaching shows that the Church has lived and lives from a spiritual reading of the Bible; indeed, if this path that nourishes the life of piety is cut off, zeal and faith dry up and languish.

Moreover, the liturgy, especially the Mass and the Liturgy of the Hours, is based on the spiritual use of the Bible. If we do not understand that, then we’ll see little or no connection between the worship of the Church and how we live daily. When we pray, we talk to God; when we read Scripture, God talks to us. Both are necessary for a full Christian life, for all who seek to preach the message of Jesus through God’s word in season and out of season. Our lives and teaching should breathe the Holy Spirit.

MENSAJE DEL RECTOR

LAS ESCRITURAS RESPIRAN POR EL ESPÍRITU SANTO

Las lecturas espirituales de la Biblia son muy importantes. La Palabra se hace vida porque contiene y respira el Espíritu Santo. Así como Dios no sólo creo todas las cosas y también habita en ellas por su poder las mantiene en existencia, así también como el autor de la escritura: el Espíritu Santo, mora en la Palabra y le da vida.

San Pablo dice: “Todas las Escrituras son inspiradas por Dios” (2 Tm 3: 16). La palabra griega que se utiliza es *theopneustos*, que se compone de dos palabras: Dios (*Theos*) y Espíritu (*Pneuma*). Esto suele traducirse como “inspirado por Dios”. Eso es correcto, pero la palabra tiene también un significado activo en el sentido de que las Escrituras “respira el Espíritu Santo”. Podemos llamar a esta “inspiración activa”. Dios está presente en su Santa Palabra que es Espíritu y Vida; por lo que el poder de Dios trabaja a través de su Palabra en la Biblia puede cambiar la vida de una persona por la inhalación de nuevo Espíritu y la vida en El. La Biblia, por lo tanto, no es sólo inspirada por Dios, pero también respira a Dios. En este sentido no sólo ilumina la mente, pero también se mueve la voluntad de amar y adorar a Dios.

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La palabra de Dios es divina y humana, al igual que Jesucristo mismo y la iglesia fundada sobre los doce apóstoles. Para ser verdaderamente católico y cristiano hay que reconocer la divinidad y la humanidad de Jesús. Los herejes han cometido un error y pueden todavía destacar una de la negligencia de la otra. Se realiza un gran error por los fundamentalistas y estudiosos de las Escrituras que se limitan a un estudio de la carta y fuentes literarias de las Escrituras y nunca penetran en su espíritu. Este enfoque es defectuoso porque hace hincapié en lo humano y en lo histórico y deja de lado la dimensión espiritual y cristológica del Antiguo y Nuevo Testamento.

Cuando se lee la Biblia bajo el Guía del Espíritu Santo, se llega a ver todo lo que se refiere a Cristo y su iglesia de una manera u otra. Este es el sentido de la observación de San Agustín, citado por el Concilio Vaticano II en la *Constitución en la Revelación Divina (16)*, que el Nuevo Testamento está escondido en el antiguo y el antiguo se manifiesta en el Nuevo. Lectura espiritual, en su sentido amplio y completo, es donde el Espíritu Santo nos enseña a leer el Nuevo Testamento en referencia a Jesús y a leer juntos el antiguo en referencia a la iglesia. Por lo tanto, todos los libros de la parte de la Biblia son “inspiración activa” y también no sólo “inspirados por el Espíritu Santo”, pero también respirándolo si leen con fe.

Algunos hablan hoy de una crisis de confianza por parte de algunos eruditos bíblicos y otros en la iglesia que han padecido la pobreza espiritual debido a la forma en que se enseñan las escrituras, como principalmente un producto humano y el hecho de la historia. Buena enseñanza escritural muestra que la iglesia ha vivido y vive de la lectura espiritual de la Biblia; de hecho, si se corta de este camino que nutre la vida de piedad, celo y fe se secaría y desaparecería.

Además, la liturgia, especialmente la Misa y la Liturgia de las horas, se basa en el uso espiritual de la Biblia. Si no entendemos, vamos a ver poca o ninguna conexión entre el culto de la Iglesia y cómo vivimos diariamente. Cuando oramos, hablamos a Dios; Cuando leemos las escrituras, Dios habla con nosotros. Ambos son necesarios para una vida plena cristiana, para todos los que buscan predicar el mensaje de Jesús a través de la palabra de Dios. Nuestras vidas y la enseñanza deben respirar el Espíritu Santo.

CATHEDRAL TOURS
 EVERY SUNDAY AFTER 9:00 AM AND 11 AM
 MASSES

CATHEDRAL GIFT SHOP
 MONDAY-THURSDAY 11:00 AM TO 2:00 PM
 EVERY SUNDAY 9:00 AM--3:00 PM

WEEK AT A GLANCE

SUN	8/7/2011 9:30 am RCIA Breaking the Word
MON	8/8/2011 6:30 pm Evening Prayer RCIA Team 7:00 pm RCIA Classes 7:30 pm SVDP Feed the Homeless Program
TUES	8/9/2011 7:15 pm Cathedral Men's Club
WED	8/10/2011 7:00 pm Communion and Liberation 7:00 pm Youth Group Meeting 7:30 pm SVDP Feed the Homeless Program
THUR	8/11/2011 7:00 pm Baptismal Class 7:00 pm Marriage Preparation 7:00 pm Prayer Club 7:15 pm Spanish Choir practice
FRI	8/12/2011
SAT	8/13/2011 9:00—12 Noon Stewardship Conference

CATHEDRAL MASS SCHEDULE & INTENTIONS

(NINETEENTH WEEK OF ORDINARY TIME)

MON	8/8/2011 ST. DOMINIC, PRIEST Dt 10: 12-22; Mt 17: 22-27 12:10 pm: Danelle Saldana + 5:10 pm: Timothy Bennett +
TUES	8/9/2011 ST. TERESA BENEDICT OF THE CROSS Dt 31: 1-8; Mt 18: 1-5, 10, 12-14 12:10 pm: Sr. Maria Therese, O.C.D. Golden Jubilee 5:10 pm: Laurie Alianza & Antonio Olsena +
WED	8/10/2011 ST. LAWRENCE, DEACON & MARTYR 2 COR 9: 6-10; Jn 12: 24-26 12:10 pm: Jeanne McQuade, S.I. 5:10 pm: BENEDICTION OF THE BLESSED SACRAMENT
THU	8/11/2011 ST. CLARE, VIRGIN Jos 3: 7-10A, 11, 13-17; Mt 18: 21—19:1 12:10 pm: Titi Kila, S.I. 5:10 pm: Alfredo Rizarri +
FRI	8/12/2011 ST. JANE FRANCES DE CHANTAL Jos: 24: 1-13; Mt 19: 3-12 12:10 pm: Sylvia Morales in Thanksgiving

NO EVENING MASS ON FRIDAYS

The Risk of Faith

“The reason that we seem to lack faith in our time is that we are not doing anything that requires it.”

Earnest T. Campbell, pastor

Perhaps a look at how we give to the church can help us embrace our Gospel. People understandably became afraid when the mortgage and banking crisis hit the country in 2008 and 2009. Many lost jobs, saw their retirement savings and investments shrivel to almost nothing. Thousands lost their homes to foreclosure. The response was to hold on to cash. Nonessential spending came to a standstill. Consumer spending dropped significantly. People reduced or paid off their debts and began to save. Charitable giving dropped.

Now, almost two years later, we still have fears about the economy and the national debt, but most families have seen their family budgets stabilize, and consumer spending has been rising. Yet one area of “consumer confidence” has not improved. Charitable giving remains lower than it has been since charitable giving has been tracked. Radically reduced charitable giving has affected churches of all denominations. Many churches have had to lay off employees, cut back on ministries, discontinue charities, and some have had to close their doors. The Catholic Church is no exception. Catholics are among the highest of givers to “bricks and mortar,” i.e., building things, but historically Catholics are the lowest givers to collection baskets, so Catholic giving has declined even more.

Are Catholics really stingy? Maybe, although there is another reality. The connection between giving money and praising God is almost nonexistent. Also, parishioners think of their parishes as just another commodity. One Catholic pastor battling a parish deficit continually hears that parishioners are not giving because they do not like how things in the parish are going. This is the type of thinking that clearly manifests the secular religion of consumerism. Giving is based on “What do I get for my dollar?” rather than, “What do I owe God?”

Giving to our parishes must be seen as an act of giving back to God part of what God has given us. It must be seen as an act of gratitude. It must be associated with the goodness of God and all the good He has done for us.

Unfortunately, like the rest of society, many Christians—Catholic and Protestant—look at their churches and ask, “What have you done for me lately?”

Today's Gospel is filled with words about fear: “they were terrified,” “they cried out in fear,” “he became frightened,” “he cried out, ‘Lord, save me!’” What Matthew wants us to see is a lack of trust. Peter, not trusting that who he saw was really Jesus, put Jesus to the test. How many times have we done this? How many times have we asked God to prove to us that we are loved? How many times have we prayed, “God, if you do this for me, then I'll give money to the church?”

Matthew's Gospel passage gives us several things to ponder. The first is that the storm arises when Jesus and the disciples are separated. In our passage we see Jesus' habit of spending time in prayer, and we see that Jesus prays before the storm comes. The disciples pray only in the midst of the storm. Jesus said to the disciples in the boat, “It is I,” but they did not trust him. Peter said, “Prove it!”

Putting Jesus to the test reveals a lack of trust on Peter's part. Yet, when Jesus says, “Come!” Peter takes an immense risk. He gets out of the boat in a storm. Peter was afraid, but he took the risk. Perhaps it's time we trust and, despite all of our fears, respond to

Jesus' call to “Come!” We also read that when Peter did take a risk, he actually walked on water! Peter became afraid again and sank, but we read on that Jesus was still there and that He helped Peter back into the boat.

We may not realize it, but the cross as the symbol of Christianity came late in early Christianity. The cross was seen as an instrument of execution. It was a horror and, therefore, in the early days of the Church, it was never conceived that the cross should be a symbol. Of the early symbols of the Church, one was a boat. The Gospel writers used the boat as a setting for many of Jesus' words and acts to emphasize that it is in the boat that we are kept safe. Jesus rescued Peter so Peter could get back in the boat. When Jesus got in the boat, the storm ended.

We must take risks based on our faith. The risk is to trust Christ and live as if we do—even when we ponder our charity.

The Priest



SACRAMENTO CATHOLIC FORUM

MSGR. JAMES MURPHY

Topic: Mexico's Martyrs and the Secret War Against the Church

Date & Time: August 12, 2011 - 12:00pm

Check-in begins at: 11:30 am

Location: Sacramento Radisson Hotel (500 Leisure Ln.)

Few people realize how brutally the Catholic Church in Mexico was persecuted in the twentieth century. Just south of our borders in the 1920s and 1930s, priests were hunted down and shot, Church property was confiscated, and the teaching of religion was forbidden – even in the privacy of the home. In some places agents of the government burned statues and religious works of art in the streets, then danced around the fire while wearing Mass vestments they found in the sacristy. All this happened in one of the greatest Catholic nations



of Latin America.

Join us at the Sacramento Radisson Hotel at noon on August 12, 2011, as Msgr. James Murphy, vicar general of the Sacramento diocese, brings to light what life was like under President Calles, described as a Mexican version of the brutal Emperor Diocletian. Msgr. Murphy has published a book on St. Toribio Romo, canonized by Pope John Paul II in 2000 and whose relics lie in the main altar of our Cathedral. Currently, Msgr. Murphy is working on a book on the Mexican Martyrs of that epoch, which includes the martyrdom of St. Toribio.

BEGINNING EXPERIENCE

Beginning Experience “Coping With Life Alone” program of healing, hope and encouragement for divorced, separated or widowed persons of all faiths. Meets at St. John the Evangelist Church, 5751 Locust Avenue, Carmichael, on Fridays from 7:00-9:00 P.M. There is a one-time registration fee of \$12.00 and a \$5.00 weekly fee. For more information please call (916) 835-2282 or visit our website at:



www.sacramentobe.org.

RUMMAGE SALE FOR CHOIR

Bargain Hunters Wanted! Rummage Sale August 19 & 20, 7:00am-2:00pm. A Rummage Sale to benefit the Cathedral Choir's Pilgrimage to Spain & Portugal in December, 2011 will happen Friday and Saturday, August 19 & 20 at 1167 4th Avenue, Sacramento, 95818. [In Land Park, off Vallejo Way] Lots of household items, gently used men and women's clothing, some furniture, and more! Do you have items to donate? Please call Carli Zarzana at [916](tel:916)



PLEASE PRINT CLEARLY **CATHEDRAL PARISH REGISTRATION & UPDATE** **THANK YOU**

NAME #1: _____ NAME #2: _____
(LAST NAME, FIRST NAME) (LAST NAME, FIRST NAME)

ADDRESS: _____
(STREET ADDRESS) (CITY) (STATE) (ZIP CODE)

PHONE: (____) _____ (____) _____ (____) _____
(HOME) (CELL) (WORK)

EMAIL: HOME _____ WORK _____

PREFERRED METHOD OF WEEKLY OFFERING:
 OFFERING ENVELOPES (WILL BE SENT TO YOUR HOME)
 BILLPAY THROUGH YOUR BANK (USUALLY DONE ON-LINE ON YOUR BANK'S WEB SITE)
 CATHEDRAL WEB SITE: WWW.CATHEDRALSACRAMENTO.ORG (ONLINE DONATIONS)

(MAY GOD BLESS YOU FOR YOUR SUPPORT OF OUR BEAUTIFUL CATHEDRAL.)

PLEASE RETURN BY: 1) PUT INTO COLLECTION BASKET AT MASS; 2) SCAN TO PDF FILE AND EMAIL TO: BLESSED@CATHEDRALSACRAMENTO.ORG; 3) FAX TO: 916-443-2749; OR 4) MAIL TO: 1017 11TH STREET, SACRAMENTO, CA 95814.



Cathedral Stewardship Conference

*Guided By: Msgr. James Kidder
Pastor, Holy Trinity Parish
(A Stewardship Parish)*

August 13, 2011

9:00-Noon in the Cathedral Hall

***A Wonderful Way To:
Become a Stewardship Parish
Serve Christ With Our Time, Talent
& Treasure***

Continental Breakfast Hosted By Pastoral Council



Cathedral Ministry Conference The New Roman Missal

*Presented By:
Father Michael Hebda
Past Director of Clergy Education*

Saturday, September 10

9:00 am to Noon

***Enrich Your Cathedral Ministry
With A Richer Understanding
The Mass.***

Continental Breakfast & Lunch Provided

DIOCESAN SECOND COLLECTION

**Catholic Communication – Help Us Connect the World with
God’s Word! August 13/14 Next Weekend**

Next week’s Collection is for the Catholic Communication Campaign (CCC). Through your generous donations, CCC is able to spread the gospel message in our community and all over the world. CCC funds the development of traditional and new media programs that inspire and minister to their audiences. Half of the collection from our diocese stays here to support local communication efforts, while the other half supports national Catholic media initiatives. Please give generously in next week’s Collection to help us spread the Good News. To find out more about the work of CCC, please visit www.CatholicCommunicationCampaign.org.

**¡COMUNICACIONES CATÓLICAS – AYÚDENOS A
CONECTAR AL MUNDO CON LA PALABRA DE**

DIOS! Próximo fin de semana

La colecta de la próxima semana es para la Campaña Católica de la Comunicación (CCC). Gracias a su generosa donación, la CCC puede compartir el mensaje del Evangelio en nuestra comunidad y en el mundo. La CCC financia el desarrollo de programas tradicionales y nuevos en el campo de la comunicación que sirven de inspiración y de ministerio a su público. La mitad de la colecta de nuestra diócesis se queda aquí apoyando los esfuerzos locales en el campo de la comunicación, mientras que la otra

mitad apoya iniciativas católicas a nivel nacional en el mismo campo. Por favor, muestre su generosidad en la Colecta de la próxima semana.

FESTIVAL OF TREES AND LIGHTS APPRECIATION WEEKEND

*Thanks to the generosity and caring spirit
of our Cathedral Community,
FOTL Donated \$20,000
to the Cathedral Square Homeless Program
for 2011!*

**PLEASE JOIN US AT OUR THANK YOU GET
TOGETHER**

**August 13 and 14 after all Masses
Mercy Hall – Lower Level
Refreshments and Treats**

We would love to thank you in person!

ENRICHMENT APPEAL COLLECTION TODAY AUGUST 7

1. Funding for Cathedral Square Housing for the poor - \$30,000
2. Office improvements e.g. electrical, plumbing, paint, floor work, repairs, restructuring office space, updating computers and phones \$30,000
3. Manogue renovation project - \$130,000
4. Cathedral Renovation Loan Retirement - \$210,000

The number of active families in our Cathedral Parish, based on statistical evidence, is very conservatively estimated to be 1,200. We are confident, given the simplicity and flexibility of the plan, that everyone will participate, but the goal can be reached through reasonable, comfortable pledge amounts from just 80% of the estimated number of families. Some are able to give in amounts greater than shown here, while others will need to look for future opportunities to get involved, but however the goals are achieved, it is a whole family effort!

The following gift plans are presented for your prayerful consideration. All gifts are tax deductible. Please make checks payable to Cathedral Parish Enrichment Appeal.

SEE FORM BELOW

FIRST SUNDAY OF THE MONTH 2ND COLLECTION

CATHEDRAL PARISH ENRICHMENT APPEAL

APELACIÓN DE ENRIQUECIMIENTO DE LA PARROQUIA DE LA CATEDRAL

Your Gift is a Blessing for Our Church

Su regalo es una bendición para nuestra Iglesia

With your pledge, you build up our Cathedral Parish - the Body of Christ. Fr. Michael

Con su promesa, esta construyendo nuestra parroquia de la catedral - el cuerpo de Cristo. Padre Michael.

With faith in God and my love for the Cathedral of the Blessed Sacrament Parish, I pledge:

Con fe en Dios y mi amor por la Catedral de la parroquia del Santísimo Sacramento, me comprometo:

Monthly Amount (Mensual): \$10 \$20 \$25 \$50 \$100 \$200 Other \$ _____

Quarterly Amount (Trimestral): \$30 \$60 \$75 \$150 \$300 \$600 Other \$ _____

Annual Amount (Anual): \$120 \$240 \$300 \$600 \$1200 \$2400 Other \$ _____

Name (Nombre) _____

Address (Domicilio) _____

City/Zip (Ciudad/Zona Postal) _____ Phone (Telefono) _____

Email _____

Please detach and place in the offering plate or mail to:

Cathedral of the Blessed Sacrament, 1017 11th Street, Sacramento, CA 95814. Thank you.

*Por favor, coloque su forma de donación en la canasta de las ofrendas o por correo:
Catedral del Santísimo Sacramento, 1017 11th Street, Sacramento, CA 95814. Gracias.*



1 KGS 19: 9A, 11-13A:

ROM 9: 1-5:

MT 14: 22-33:

TODAY'S READINGS

GO OUTSIDE AND STAND ON THE MOUNTAIN BEFORE GOD.

I WISH THAT I WERE ACCURSED FOR THE SAKE OF MY OWN PEOPLE.

COMMAND ME TO COME TO YOU ON THE WATER.