

SCHEDULE FOR ASH WEDNESDAY

This Wednesday, February 25, is Ash Wednesday, the beginning of Lent. Catholics are required to abstain from meat on that day and on all the Fridays of Lent. In addition, Catholics are required to fast (which means eating less food than one would ordinarily eat) on Ash Wednesday and Good Friday.

Masses on Ash Wednesday are at 12:10 pm, 5:10 pm, and 7:00 pm in Spanish. Ashes will be distributed at all Masses that day. Ashes will also be distributed between Masses at 10:00 am and 3:00 pm with a brief Scripture service. Downtown workers are encouraged to take advantage of our two daily



Masses (12:10 p.m. and 5:10 p.m.) during the seven weeks of Lent. They are also encouraged to pass the word to other Catholics in the workplace who may not know about our Mass schedule.

Adoration of the Blessed Sacrament will also be held every weekday afternoon during Lent. People are invited to take a break from the rush and noise of the city and spend some time in silence before the monstrance in the Eucharistic Chapel. Other Lenten services include Stations of the Cross every Friday at 12:45 p.m. in English and 7:00 p.m. in Spanish, followed by a Spanish Mass.

RITE OF ELECTION MARCH 1

Saturday, February 28, 2009	7:30 pm Bishop Soto
Sunday, March 1, 2009	3:00 pm Bishop Soto
	7:15 pm Bishop Soto

In the Rite of Christian Initiation for Adults (RCIA), “Inquirers” enter the Catechumenate through the **Rite of Acceptance** held a minimum of four times a year in the Cathedral. As Catechumens, they receive formal instruction and formation in our faith. The **Rite of Election** brings to an end the period of the Catechumenate and inaugurates the Period of Purification. The act of election by the bishop is a proclamation of admission to the reception of the sacraments of initiation at the Easter Vigil (Baptism, Confirmation, Eucharist), and is a significant turning point in the Catechumenate process. The rite celebrates the transition in the life of the catechumen from one who is seeking to one who is ready to stand firm in a commitment. The election is the announcement that the community has discerned that the catechumen is indeed ready to celebrate the Easter Sacraments.

The word “election” is not used as in a representative voting government like ours. **Sacramental “election” is focused on what God has done and is doing in these people’s lives.** It is a public announcement that we, the Cathedral Parish, have seen God at work in them, and that they are ready to enter into the covenant relationship established through the sacraments. Since only a bishop may confer this election, each of the some 105 parishes in the Sacramento Diocese sends its catechumens to the Cathedral during one of the three designated Rites of Election.

LENTEN OBSERVANCE

Abstinence

Everyone over 14 years of age is bound to abstain from meat on **ASH WEDNESDAY** and all **FRIDAYS** of Lent.

Fast

Everyone over 18 and under 59 years of age is bound to fast on **ASH WEDNESDAY** and **GOOD FRIDAY**; continuing the fast on **HOLY SATURDAY** is encouraged.

On these two days of fast, only one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken; but together, they should not equal another full meal. Eating between meals is not permitted, but liquids are allowed.

Holy Communion

The Lenten and Easter Seasons extend from Ash Wednesday, February 25, 2009, through Trinity Sunday, June 7, 2009, inclusive. All Catholics who have been initiated into the Holy Eucharist are bound to receive Holy Communion worthily within this period.

4TH ANNUAL EASTER RAFFLE

Sister Jenny announces the 4th Annual Easter Raffle to benefit the Religious Education Program. Tickets on sale now for only \$1.00 purchase tickets in the vestibule every Sunday after mass. Some of the prizes include a Blu-Ray DVD player, bikes, laptop, wine baskets, entertainment baskets, family and baby baskets. Support our local Religious Education programs and buy some tickets. We have over 500 children in religious education classes throughout the week.

REX RALLANKA IN CONCERT TODAY

Cathedral Organist and Choir Director will be playing for the Bachathon today at St. John's Lutheran on 17th and L St in Midtown. The Bachathon is an annual event where local organists play the music of Bach for several hours — Rex will be playing from 2-2:30 pm. Because this is a Mendelssohn year, his music will also be featured. Each organist acquires sponsors for the event, and all proceeds go towards scholarships for new and young organists. Last year, Rex taught a recipient of a scholarship, and he's on his way to becoming a very fine organist. \$5 donation at the door and/or sponsor Rex! For those interested, his program will include: Sonata #3 by Mendelssohn, Nun komm der Heiden Heiland, In dir ist Freude, & Ich ruf zu dir from Orgelbuchlein by Bach, Komm, Heiliger Geist from the Leipzig Chorales by Bach.

LAST WEEK'S COLLECTION (FEB 15)

Our collection last week was **\$7,233.95**. We wish to thank all those who made this collection possible. Because of the high upkeep costs at the Cathedral, our goal is to reach \$14,000 per week. To achieve this goal we encourage parishioners to donate one hour's pay per week to the parish or 3% of income. The motive for this generosity is thankfulness for God's goodness to us - an attitude of gratitude!

MINISTRY OF CONSOLATION TRAINING

The Diocese of Sacramento will present a two day comprehensive training course on consolation on **March 27 & 28** at the Diocesan Pastoral Center for anyone working or interested in bereavement ministry. Barbara Elordi, Director of Ministry of Consolation for the Archdiocese of San Francisco will be the workshop presenter. The \$125 fee includes the comprehensive program, breakfast, lunch, the "How To" manual, and certificate of completion. For more information and to register, call or e-mail **Kathy Conner** at (916) 733-0133 or kconner@diocese-sacramento.org.

LENT STATIONS OF THE CROSS

The beginning of Lent is **Ash Wednesday on February 25**. We invite you to come every Friday of Lent at 12:45 p.m. for the Stations of the Cross, in English. Also, Deacon Don DeHaven

will have a painting of the Divine Mercy from Poland and bless those present with a relic of St. Faustina. Stations of the Cross in Spanish at 7:00 p.m. every Friday of Lent.

LECTURE SERIES AT PASTORAL CENTER



Elsa Tamez, one of the principal developers of the feminist perspective of Latin American liberation theology, will give a lecture titled, "Relevant Ecumenism: Input from Earliest Christianity," on **Tuesday, Feb. 24 at 7:30 p.m.** at the Diocesan Pastoral Center, located at 2110 Broadway in Sacramento. Tamez is professor emeritus of biblical studies at the Latin American Biblical Institute in San Jose, Costa Rica, and the author of many books, including "Bible of the Oppressed," "The Scandalous Message of James," "Amnesty of Grace" and "Jesus and Courageous Women."



CATHEDRAL MASS SCHEDULE

MON 2/23/2008

12:10 pm:
5:10 pm:

ST. POLYCARP, BISHOP & MARTYR

Viola Nanca, S.I.
Delores Miras +

TUES 2/24/2008

12:10 pm:
5:10 pm:

Jerry Hernandez +
Michael Machado +

WED 2/25/2008

12:10 pm:
5:10 pm:

ASH WEDNESDAY

Raul Melendez & Aaron Santos, S.I.
Delores Caverera +

THURS 2/26/2009

12:10 pm:
5:10 pm:

LENTEN WEEKDAY

Sandra Vallejo, S.I.
Laura Costa +

FRI 2/27/2009

12:10 pm:

LENTEN WEEKDAY

Catalina Montenegro +

NO EVENING MASS ON FRIDAYS

**CATHEDRAL TOURS EVERY WEEK
AFTER 9:00 AM AND 11 AM MASSES**

**GIFT SHOP HOURS
MON-THUR 11AM-2PM, CLOSED FRIDAY
SAT 11AM-4PM SUN 10AM-2PM**

New Parishioner Registration and Change of Address Form

Name: _____ Envelope No.: _____

Phone: (____) _____

Address: _____ ZIP Code: _____

Fill out and deposit in Offertory Basket. Thank You!