



APRIL 2009

CHILD ABUSE PREVENTION MONTH

April is Child Abuse Prevention Month. It is most appropriate that Child Abuse Prevention Month is held during the Lenten and Easter Seasons. There is no better time than Easter to celebrate the protection of our most valuable gift from God—our children.

Learn to stop inappropriate activity before it happens. Child safety tips: Teach your child to respect the word “stop.” Teach your preschooler that “stop” means “stop,” and that your child has the right to stop people from touching him or her. Obviously, exceptions will have to be made for

doctors or parents, but even parents must listen when a child does not want to be tickled or hugged anymore. Reinforcing this excellent lesson gives your child the power to recognize—and to stop—”bad touching by others if it should happen. For more information about Safe Environment Programs in the Diocese of Sacramento visit www.diocese-sacramento.org.

The Diocese of Sacramento also provides pastoral care for victims of abuse or violence. All those affected by abuse or violence are invited to join these special retreats that focus on healing and turning to God for strength, guidance, and hope. The Journey into Healing: A Silent Retreat” is offered on Friday April 24, 2009 and the “Healing Mind, Body, and Spirit” retreat is offered on Friday October 2, 2009. Both retreats are at Christ the King Retreat Center and run from 9am-4pm. For more information and registration, contact Esther Castillo at (916) 733-0142.

SECOND COLLECTION THIS WEEKEND

The Diocesan Second Collection for Catholic Relief Services will taken up today, March 22. This collection helps build the Church’s international social ministry by funding five agencies: Catholic Relief Services, Catholic Legal Immigration Network, Migration and Refugee Services, Social Development and World Peace, and the Holy Father Relief Fund. Catholic Relief Services was cited for its outstanding support during the tsunami crisis. In addition, a portion of the Catholic Relief Services collection will be allocated for the Catholic Church in Central and Eastern Europe.

RCIA SPONSORS NEEDED

The Cathedral parish has a vibrant Rite of Christian Initiation for Adults (RCIA) program for many candidates and catechumens. Sponsors are needed for these candidates and catechumens to guide them through the sacraments. If you would like to assist with very rewarding program, please contact the Cathedral office, Sr. Jenny, Director of Religious Education at (916) 444-5364 or Carol Pennington, Coordinator at (916) 812-4738 to find out how you can become a sponsor.

LAST WEEK’S COLLECTION (MAR 15)

Our collection last week was \$11,819.40. We wish to thank all those who made this collection possible. To achieve this goal we encourage parishioners to donate one hour's pay per week to the parish or 3% of income. The motive for this generosity is thankfulness for God's goodness to us - an attitude of gratitude!

LENT STATIONS OF THE CROSS

We invite you to come every Friday of Lent at 12:45 p.m. for the Stations of the Cross, in English. Also, Deacon Don DeHaven will have a painting of the Divine Mercy from Poland and bless those present with a relic of St. Faustina. Stations of the Cross in Spanish at 7:00 p.m. every Friday of Lent.

FRANCIS HOUSE FEAST FOR THE STREETS

Francis House's 18th Annual Feast for the Streets is scheduled for April 8th, 2009 at the Scottish Rite Masonic Center and promises



to be an enchanting evening of fun, fine food and wine. Francis House is seeing an unprecedented +25% increase in demand for their vital services to those who are experiencing poverty in our community. Tickets are \$50 and are available now on-line at www.francishouse.info. They can also be purchased by sending your check to 1422 C St, Sacramento CA 95814. Please consider joining us and participating in our

live or silent auctions that are the heart of this fundraising event. Your support makes you a partner in the good work that Francis House does. More information available by calling 443-2646.

SCRIPTURE FOCUS

“Just as Moses lifted up the serpent in the desert so must the Son of Man be lifted up, so that everyone who believes in him may have eternal life. For God so loved the world that he gave his only son, so that everyone who believes in him might not perish but have eternal life. John 3: 15-16

FATHER NICHOLAS HO

Fr. Nicholas Ho will temporarily be assisting Our Lady of Grace Parish in West Sacramento. He still maintains his residence here at the Cathedral and will be present for obligations to our Cathedral Parish.

4TH ANNUAL EASTER RAFFLE

SUPPORT RELIGIOUS EDUCATION!

Sister Jenny announces the 4th Annual Easter Raffle to benefit all the Religious Education Programs here at the Cathedral. Tickets on sale now for only \$1.00 purchase tickets in the vestibule every Sunday after mass or ask any of the many religious education students. Some of the prizes include a Blu-Ray DVD player, bikes, laptop, wine baskets, entertainment baskets, family and baby baskets. Support our local Religious Education programs and buy some tickets. We have over 500 children in religious education classes throughout the week.

WELCOME BACK TO NON-PRACTICING CATHOLICS

Are you a Catholic who has been away from the Church? Or do you know someone who is? The Welcome Back Program recognizes that difficulties may arise among us as God's children because God can never be fully captured in human language or institutions. If you are a non-practicing Catholic, we would love to hear from you. This program is designed to facilitate ongoing dialogue and to help pave the way for a return to the sacraments.

The program begins Wednesday April 15, 2009, and continues each Wednesday through May 20, 2009. Meetings are from 7:15pm to 9:00 pm in the Lower Level of the Cathedral. For more information without obligation, please contact Tim Longdon at (916) 359-5540 or Deacon Jorge Usi or Sr. Jenny Aldeghi at (916) 444-5364. E-mail to welcomeback@cathedralsacramento.org.

HEARING IMPAIRED DEVICES (ALS) AVAILABLE TO PARISHIONERS



Assistive Listening System (ALS) devices are available to any parishioner who is hearing impaired during Cathedral Masses. Please ask an usher for assistance. We have 4 devices for use during any one Mass or event at the Cathedral. We only ask that parishioners surrender a credit card or driver's license in exchange for the devices during their use.

ADULT CONFIRMATION CLASSES

The Cathedral Parish will begin Adult Confirmation Classes on Tuesday March 17 at 7:00 pm in the Lower Level for those who, for whatever reason, have never been confirmed. The Bishop extends this invitation each year providing that candidates have prior instruction. The Adult Confirmation Mass will be celebrated by Bishop Soto on May 30, 2009, the eve of Pentecost.



ADORATION OF BLESSED SACRAMENT

WE NEED THOSE WILLING TO SPEND SILENT TIME IN ADORATION OF THE EXPOSED BLESSED SACRAMENT
Spend time in silent Adoration to Adore Christ, truly present to thank him for his love for us and the whole world... Monday - Thursday 12:45 - 4:45 PM & Friday 12:45 - 2:45 PM For One Hour Commitments Substitutes are also needed for more information please contact: Isabella Cazares (916) 391-1760, (916) 833-1948 or e-mail becaz96@sbcglobal.net



CATHEDRAL MASS SCHEDULE

MON 3/23/2009 (TORIBIO OF MOGROVEJO) LENTEN WEEKDAY
 12:10 p.m.: Natividad Salinas +
 5:10 p.m.: Mary Grace Gallagher Langan +

TUES 3/24/2009 LENTEN WEEKDAY
 12:10 p.m.: Natividad Salinas +
 5:10 p.m.: John Landis Rohrer +

WED 3/25/2009 ANNUNCIATION OF THE LORD
 12:10 pm: Natividad Salinas +
 5:10 p.m.: Rufina Pascual Pobre +

THURS 3/26/2009 LENTEN WEEKDAY
 12:10 p.m.: Ari Shrool +
 5:10 p.m.: Antonio Lopez +

FRI 3/27/2009 LENTEN WEEKDAY
 12:10 p.m.: Lucia Cortes +

NO EVENING MASS ON FRIDAYS

CATHEDRAL TOURS EVERY WEEK
 AFTER 9:00 AM AND 11 AM MASSES

GIFT SHOP HOURS
 MON-FRI 11AM-2PM, CLOSED SATURDAY
 SUNDAY 10AM-2PM

New Parishioner Registration and Change of Address Form

Name: _____ Envelope No.: _____

Phone: (____) _____

Address: _____ ZIP Code: _____

Fill out and deposit in Offertory Basket. Thank You!