

## ADORATION OF THE BLESSED SACRAMENT IN LENT

Adoration of the Blessed Sacrament will begin at the Cathedral the first week of Lent. Beginning Ash Wednesday, March 1, the Blessed Sacrament will be exposed in the Blessed Sacrament Chapel every afternoon during weekdays. The length of time will depend on the number of volunteers who sign up. Someone must be present at all times when the host is exposed.

Sign-up sheets are available after all the Masses this weekend. Volunteers may choose any hour between 12:45 pm and 4:45 pm, and may



choose just one hour per week or more if they wish. For information please call Luz Stumbo at 447-5891 or 337-2318.

Adoration of the Blessed Sacrament already takes place in a number of parishes throughout the city and is encouraged by Bishop William Weigand. The Blessed Sacrament Chapel at the Cathedral (which was built as a place of silence and private prayer) is a particularly appropriate place for this devotion.

We invite you to volunteer.

## JOSEPHINE BAKHITA FEAST DAY WEDNESDAY



SAINT JOSEPHINE BAKHITA

The feast day of Saint Josephine Bakhita will be celebrated at the Cathedral of the Blessed Sacrament on Wednesday February 8 at the 5:10 pm Mass. A local choir will provide music accompaniment for the Mass. St. Bakhita was canonized by Pope John Paul II in 2000. She was a black African slave who became a member of the Daughters of Charity (Canossians). The Canossian Sisters staff the Cathedral to this day. Sr. Jenny, our Religious Education Director, is a continuous link to St. Bakhita.

The feast day of St. Josephine is part of celebrations for Black History Month, which the Black Catholic Council and the Africa Solidarity Initiative Committee are sponsoring during February. Other events include Saturday, February 11, at 9:00 am, the "Call for Action in Darfur" which will be held at Immaculate Conception Parish, located at Broadway

and 1st Avenue. On Sunday, February 19, individual Diocesan Masses will be held for African solidarity. On February 26, a "Day of Prayer" Mass and reception will be held at 3:00 pm at St. Lawrence the Martyr Church, 4325 Don Julio Blvd, North Highlands. Speaking at the Mass will be Hippolyt Pul, deputy director of Catholic Relief Services West Africa regional office. In addition, the Black Catholic Council is sponsoring an essay contest for Catholic and public high school students entitled "The Catholic Church in Africa." Three winners will be selected and prizes awarded at the February 26 Mass at St. Lawrence. For detailed information, call **Charlene Harris at (916) 733-0160** at the Diocesan Pastoral Center.

### SOCIAL JUSTICE COMMITTEE

A Social Justice Study Group is meeting weekly on Wednesday evenings in the Lower Level of the Cathedral from 7:00-8:30 pm. Parish members are invited to attend and participate while they learn the Church's teaching and ministries of Social Justice. Please contact **David L. Clements, Committee Chairman, at 916-646-1800** for sign up and additional information.

## LAY FORMATION INSTITUTE

The 2006 schedule of Saturday Workshops to be held at the Diocesan Pastoral Center during the year has been published. As part of the Diocesan Synod Initiative No. 5, these workshops will provide opportunities for adults throughout the diocese to become more knowledgeable about the Catholic faith, to grow spiritually, and to receive training for specific ecclesial ministries within the community of faith. A brochure with a complete schedule is available from the Diocesan Lay Formation Institute. All workshops are held on Saturdays from 9:30 am to 3:30 pm and cost \$20 per session or \$200 for the complete 12 sessions.

The next workshop is on February 11, 2006 on the Psalms. Sister Maura Power, RSM, will facilitate the workshop. The Psalms are a compilation of 150 Israelite religious lyrics, poems, and prayers by many authors. For the early Church, the Psalms were both prayer-book and hymn-book. The Psalms play an important part in the celebration of the sacraments.

Other workshops during the year explore the Acts of the Apostles, Wisdom Literature, Contemporary Moral Issues, and Grace, Sin, and Redemption. These adult sessions are designed to assist adults of all ages to come to a greater appreciation and love of the Catholic faith. The sessions include time for prayer, teaching on specific topics, individual reflection, small group sharing, and discussion. The sessions are open to all interested adults.

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## CHINESE NEW YEAR MASS AND DINNER TODAY AT 3:00 PM

The Sacramento Chinese Catholic Community cordially invites all Chinese Catholics and interested parishioners to their New Year's Celebration today, Sunday February 5, 2006, at Holy Spirit Church, 3159 Land Park Drive at 3:00 pm. Bishop Garcia will be the main celebrant. For more information and dinner tickets contact **Gloria Fong at 442-7178** or **Pearl Young at 421-8138**.

## WIVES AND HUSBANDS TO RENEW VOWS WITH BISHOP

Bishop Weigand will preside on Sunday, February 12, at the 11:00 am Mass to celebrate World Marriage Day in which couples married in the Church will renew their vows. An informal reception will follow in the Cathedral Lower Level for couples and their families sponsored by Marriage Encounter. Any couple interested in attending this special occasion is asked to register (names and anniversary year) with the Department of Catholic Faith Formation and call **Claudia at 733-0138**.



## CRACKING THE DA VINCI CODE

The next presentation of the St. Francis High School Alumnae Association Speaker Series features Fr. John Folmer's fascinating discourse "Cracking the Da Vinci Code," on Wednesday, February 15 from 7-9:00 pm at the St. Francis High School Theatre, 5900 Elvas Avenue. Call **Patty Suter at (916) 452-3461, ext 220**, for more information or e-mail to [psuter@stfrancishs.org](mailto:psuter@stfrancishs.org).

## MASSES FOR THE WEEK

**MON 2/6/2006**      **St. Paul Miki & Companions**  
12:10 pm: Virginia Bibby, S.I. (birthday)  
5:10 pm Al Barber

**TUES 2/7/2006**  
12:10 pm: Phillip Fernandez +  
5:10 pm Marcelina Agadier +

**WED 2/8/2006**      **St. Josephine Bakhita**  
12:10 pm: Martin Valdez +  
5:10 pm: Josephine Bakhita, S.I.

**THURS 2/9/2006**  
12:10 pm: Nguyen Van Linh,  
Pham Thi Thien, Hoang, Ouoanh  
5:10 pm: Sally Nanca, S.I.

**FRI 2/10/2006**      **St. Scholastica, virgin**  
12:10 pm: Alejandro Navoa +