

FIVE-PART LENT SERIES ON THE FUNDAMENTALS OF CHRISTIANITY

The Cathedral of the Blessed Sacrament is sponsoring a five-part seminar on the fundamentals of Christianity on Sunday afternoons during Lent. Entitled "From the Religious Sense to Christianity," the series will be given by nationally known speakers who will deal with the religious questions that face us today and on "reason" as the true basis of faith. Seminars will run from 3:30 pm to 5:00 pm each Sunday afternoon in the Cathedral Lower Level, beginning on March 12, thus giving participants the option of attending Mass at 5:00 pm on the main level.

The series will begin with a concert of sacred music on Sunday, March 12, from 3:30 pm to 5:00 pm performed by the University of Notre Dame Men's Glee Club. The actual seminars will begin on the following Sunday, March 19 and cover the following topics: on March 19: "The Religious Sense as the Core of Our Being," on March 26: "The Religious Sense,

Reality and Reason," on April 2: "The Religious Sense and Revelation," on April 9th: "The Origin of the Christian Claim," and on April 23: "The Christian as New Being in the World."

The following is the list of speakers: Damian Bacich, Ph.D., instructor at Loyola Marymount University and Mount St Mary's College in Los Angeles; Michael Eppler, M.T.S., instructor at the University of Southern Indiana; Greg Wolf, Ph.D., editor of Image Magazine; Luca Grillo, M.A., graduate student at Princeton University; Holly Peterson, Ed.D., instructor at Christian Brothers High School in Sacramento.

There are no fees for these seminars. Please mark your calendars for these important dates to deepen and rekindle your Christian faith.



RITE OF ELECTION

SATURDAY MARCH 4, 2006 · 7:30PM BISHOP WEIGAND PRESIDING
SUNDAY MARCH 5, 2006 · 3:00PM BISHOP WEIGAND PRESIDING
7:00PM BISHOP GARCIA PRESIDING

In the Rite of Christian Initiation for Adults (RCIA), "Inquirers" enter the Catechumenate through the **Rite of Acceptance** held a minimum of four times a year in the Cathedral. As Catechumens, they receive formal instruction and formation in our faith. The **Rite of Election** brings to an end the period of the Catechumenate and inaugurates the Period of Purification. The act of election by Bishop Weigand or Bishop Garcia is a proclamation of admission to the reception of the sacraments of initiation at the Easter Vigil (Baptism, Confirmation, Eucharist), and is a significant turning point in the Catechumenate process. The rite celebrates the transition in the life of the catechumen from one who is seeking to one who is ready to stand firm in a commitment. The election is the announcement that the community has discerned that the catechumen is indeed ready to celebrate the Easter Sacraments. The word

"election" is not used as in a representative voting government like ours. **Sacramental "election" is focused on what God has done and is doing in these people's lives.** It is a public announcement that we, the Cathedral Parish, have seen God at work in them, and that they are ready to enter into the covenant relationship established through the sacraments. Since only a bishop may confer this election, each of the some 105 parishes in the Sacramento Diocese sends its catechumens to the Cathedral during one of the three designated Rites of Election.

WELCOME BACK FOR EASTER:

A program for non-practicing Catholics who are considering a return to the sacraments and to regular church attendance will be held on six consecutive Wednesdays (7:00-9:00p.m.) from March 15th through April 19th in the Cathedral Lower Level. For more information without obligation, please contact John Poon at 916-346-9969.

LENTEN OBSERVANCE

ABSTINENCE

Everyone over 14 years of age is bound to abstain from meat on **ASH WEDNESDAY** and **ALL FRIDAYS** of Lent.

FAST

Everyone over 18 and under 59 years of age is bound to fast on **ASH WEDNESDAY** and **GOOD FRIDAY**; continuing the fast on **HOLY SATURDAY** is encouraged.

On these two days of fast, only one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken; but together, they should not equal another full meal. Eating between meals is not permitted, but liquids are allowed.

HOLY COMMUNION

The Lenten and Easter Seasons extend from Ash Wednesday, March 1, 2006, through Trinity Sunday, June 11, 2006, inclusive. All Catholics who have been initiated into the Holy Eucharist are bound to receive Holy Communion worthily within this period.

16TH ANNUAL CATHOLIC APPEAL 25% COMES BACK TO PARISHES

You may still make contributions to the Annual Catholic Appeal by depositing your envelopes in any collection at the Cathedral. Envelopes are available at all Cathedral entrances. Remember, 25% of all contributions comes back to the Cathedral Parish for its own ministries.



ADULT CONFIRMATION CLASSES

Bishop Weigand is extending an opportunity to receive the Sacrament of Confirmation to practicing, adult Catholics, who have received religious instruction previously, but for some reason were not confirmed. Confirmation will be conferred by Bishop Weigand on Saturday, May 4. The Cathedral Parish provides instruction and also the reception of Penance and Reconciliation on Tuesday evenings beginning at 7:00 pm in the Cathedral Lower Level. Brochures and registration forms from the diocese are available. Please contact Sr. Jenny at 444-5364.

DIOCESAN RCIA WORKSHOPS

The Diocesan Committee on Christian Initiation of Adults will hold three regional workshops to give a presentation and overview of diocesan guidelines for the implementation of RCIA. Major topics will include the vision of the Church for the ritual process, resources and content for scriptural and doctrinal formation, the process of discernment, and ample time for questions. The Sacramento area workshop will be held at St. Anthony Parish on Saturday March 11, 2006 from 8:30 am to 1:00 pm. The northern California workshop will be held at Our Lady of Mercy Parish in Redding on Saturday April 29, 2006. And a third workshop will be held on Saturday May 13, 2006, at St. John Parish in Quincy. For information and registration, contact John Rieschick at (916) 733-0133 or jrieschi@diocese-sacramento.org.

MASSES FOR THE WEEK

MON 3/6/2006	Lenten Weekday
12:10 pm: Kathy Soria, S.I.	
5:10 pm Barbara Davis +	
TUES 3/7/2006 (St. Perpetua & St. Felicity)	Lenten Weekday
12:10 pm: Mr. & Mrs. Molon Wedding Anniversary	
5:10 pm Ronald Miller +	
WED 3/8/2006 (St. John of God)	Lenten Weekday
12:10 pm: Angelina Esparza +	
5:10 pm: Frederick Golub +	
THURS 3/9/2006 (St. Frances of Rome)	Lenten Weekday
12:10 pm: Catherine Golub +	
5:10 pm: Angelina Esparza +	
FRI 3/10/2006	Lenten Weekday
12:10 pm: Josephina Morales +	
7:30 pm Max Saavedra & Helen Liguori +	

New Parishioner Registration and Change of Address Form

Name: _____ Envelope No.: _____

Phone: (____) _____

Address: _____ ZIP Code: _____

Fill out and deposit in Offertory Basket. Thank You!