

WE NEED YOUR HELP FOR NEXT YEAR'S CATECHISM CLASSES

We still need more teachers for our religious education program that begins in the fall. We invite you to consider helping with this most important ministry, passing on our faith to our children. Teachers and helpers will be given training over the summer.

And if you need a new reason to motivate you, consider this. Researchers are finding that senior citizens get more health benefits from volunteering than they do from physical exercise. Several studies have discovered that volunteering is associated with greater psychological well-

being, and that the reduction in mortality rates associated with voluntary work is greater than that associated with doing a good workout. You don't have to be a senior citizen. All of us who volunteer receive more than we give.

No matter what your talents may be, we have a place for you in religious education. Teacher aids are invaluable helpers in classes. Clerical support maintains data bases and produces brochures and other teacher aids. For more information call Sister Jenny at (916) 444-5364.

STAINED GLASS WINDOWS BEING TAKEN OUT FOR RE-LEADING

Restoration of the Cathedral includes repair work on the oldest and most valuable stained glass windows in the sanctuary and transepts. This week, 15 windows in the east end of the building were taken out and will be rebuilt with new lead by stain glass experts (the lifespan of lead in church windows is 100 years).

A team from Hauser Willet Studios has taken out 8 of the windows and has shipped them by truck to their studios in Minnesota where they will rebuild the windows with new lead. Another team from



Cummings Studios has taken out the remaining 7 windows and will rebuild them in their Massachusetts studios. Both firms are specialists in restoring and maintaining stained glass, and have done work in all 50 states and some foreign countries. Their work is expected to be complete by January 2005.

The stained glass windows in question were made in Innsbruck, Austria, and were installed in 1889 or 1890, shortly after the new Cathedral opened. They depict the Nativity, the Last Supper, and the Ascension and other scriptural scenes; also the four evangelists and four of the early church fathers.

CORPUS CHRISTI: THE HUNGER IN ALL OF US FOR SOMETHING DEEPER

The following is a reflection by Mother Teresa of Calcutta on hunger in the world today:



We may not have people hungry for a plate of rice or for a piece of bread in New York City, but there is a tremendous hunger and a

tremendous feeling of unwantedness everywhere. And that is really a very great poverty.

MASSES FOR THE WEEK

MON 6/14/2004

Rdgs: 1 Kgs 21: 1-16; Mt 5: 38-42

7:00 am: All Souls

12:00 noon: Janice Kaye Carr

TUES 6/15/2004

Rdgs: 1 Kgs 21: 17-29; Mt 5: 43-48

7:00 am: All Souls

12:00 noon: George Irwin

WED 6/16/2004

Rdgs: 2 Kgs 2: 1, 6-14; Mt 6: 1-6, 16-18

7:00 am: All Souls

12:00 Noon: All Souls

THURS 6/17/2004

Rdgs: Sir 48: 1-14; Mt 6: 7-15

7:00 am: All Souls

12:00 noon: All Souls

FRI 6/18/2004

Sacred Heart of Jesus

Rdgs: Ez 34: 11-16, Rom 5: 5b-11; Lk 15: 3-7

7:00 am: All Souls

12:00 noon: All Souls

We don't expect hunger here today, in Western countries. We don't expect, maybe, that terrible loneliness. But everywhere today hunger is not only for a piece of bread, but hunger for God, hunger for love.

OUR PARISH PICNIC IS THIS FRIDAY

JUNE 18 AT EAST PORTAL PARK

Our Annual Parish Picnic will be held this Friday, June 18, in East Portal Park at 51st and M Streets in Sacramento. It will begin at 6:30 pm. This picnic is our way of saying "Thank you" to all those who have volunteered in the various ministries throughout the year, including Eucharistic Ministers, Lectors, Ushers, Choir members, Altarservers, Teachers in religious education, collection counters, and St. Vincent de Paul members. Gift certificates to local restaurants and hotels will be given out during the picnic. People whose last name begins with any letter from A to M may bring salads or fruit. People whose last names begin with any letter from N to Z may bring deserts or chips and salsa. The parish will provide the rest.

DIOCESAN SYNOD WEB SITE

The Diocesan Synod, October 11-13, 2004, is an event of great significance for Catholics of the Diocese of Sacramento. If you would like more information and pictures, please check out the Synod Web site available in English and Spanish at <www.synod2004.org>.

SUMMER CAMP FOR GIRLS & BOYS 6-16

Camp Pendola, the official Youth Ministry Summer Camp of the Diocese of Sacramento, is a residential summer camp full of outdoor fun. REGISTER NOW! Sessions from June 20 through August 14 with Family Camp from August 21-22 or September 4-6. Financial assistance for girls and boys available for families who qualify See <www.pendola.org> or call 916-PEN-DOLA. Email CamPendola@aol.com